



2005

# MEN'S CROSS COUNTRY

## News & Notes

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*Central Connecticut State • Fairleigh Dickinson • Long Island • Monmouth • Mount St. Mary's  
Quinnipiac • Robert Morris • Sacred Heart • St. Francis (NY) • St. Francis (PA) • Wagner*

### NEC Men's Cross Country (Week 2 - September 13, 2005)

#### Athlete of the Week

**Randy Hadzor, Monmouth  
So., LaFayette, NY/LaFayette**

Hadzor collects Athlete of the Week after he was Monmouth's top finisher at the Fordham Invitational. Hadzor covered the 8K circuit in a time of 27:30. Hadzor and the Hawks raced to a ninth place finish, the best finish among the four NEC schools competing.

#### Rookie of the Week

**Luis German, Sacred Heart  
Fr., Southampton, NY/Southampton**

German was named Rookie of the Week after he was the Pioneers top runner at the Fordham Invitational. In his first collegiate race, German navigated the 8K course in 28:22. The race featured nationally-ranked Princeton, Providence and Yale.

#### Top Seven Times List

<p><b>Central Connecticut State</b> 9/10 - Dartmouth Invitational (9th out of 9 - 231) 8,000 meters</p> <table border="0"> <tr><td>David Hunt</td><td>27:12.80</td></tr> <tr><td>Ted Varga</td><td>27:38.10</td></tr> <tr><td>Kyle Langlis</td><td>27:47.50</td></tr> <tr><td>Matt Whalen</td><td>28:15.10</td></tr> <tr><td>Charles Ngetich</td><td>28:21.00</td></tr> <tr><td>Kevin Becroft</td><td>29:32.40</td></tr> <tr><td>Jordan Kennedy</td><td>31:00.40</td></tr> </table>	David Hunt	27:12.80	Ted Varga	27:38.10	Kyle Langlis	27:47.50	Matt Whalen	28:15.10	Charles Ngetich	28:21.00	Kevin Becroft	29:32.40	Jordan Kennedy	31:00.40	<p><b>Monmouth</b> 9/10 - Fordham Invitational (9th out of 17 - 269 points) 8,000 meters</p> <table border="0"> <tr><td>Randy Hadzor</td><td>27:30</td></tr> <tr><td>Dustin Coleman</td><td>28:40</td></tr> <tr><td>Steve Chennells</td><td>28:47</td></tr> <tr><td>Jeff Cody</td><td>28:59</td></tr> <tr><td>J.R. Barnes</td><td>29:45</td></tr> <tr><td>Kevin Hart</td><td>29:54</td></tr> <tr><td>Justin Murraray</td><td>30:00</td></tr> </table>	Randy Hadzor	27:30	Dustin Coleman	28:40	Steve Chennells	28:47	Jeff Cody	28:59	J.R. Barnes	29:45	Kevin Hart	29:54	Justin Murraray	30:00	<p><b>St. Francis (NY)</b> 9/10 - Fordham Invitational (15th out of 17 - 428 points) 8,000 meters</p> <table border="0"> <tr><td>Francisco Tapia</td><td>30:37</td></tr> <tr><td>John Paul Montes</td><td>30:39</td></tr> <tr><td>Rafael Paredes</td><td>30:44</td></tr> <tr><td>Jared Halman</td><td>32:10</td></tr> <tr><td>Jeremy Bysch</td><td>32:20</td></tr> <tr><td>Alminko Kojic</td><td>34:31</td></tr> </table>	Francisco Tapia	30:37	John Paul Montes	30:39	Rafael Paredes	30:44	Jared Halman	32:10	Jeremy Bysch	32:20	Alminko Kojic	34:31
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<p><b>Long Island</b> Did not compete last week.</p>	<p><b>Robert Morris</b> Did not compete last week.</p> <p><b>Sacred Heart</b> 9/10 - Fordham Invitational (10th out of 17 - 294 points) 8,000 meters</p> <table border="0"> <tr><td>Luis German</td><td>28:22</td></tr> <tr><td>Tyler Arnett</td><td>29:10</td></tr> <tr><td>David Jones</td><td>29:14</td></tr> <tr><td>Stephen Zito</td><td>29:31</td></tr> <tr><td>Joseph Palma</td><td>29:37</td></tr> <tr><td>John Kenworthy</td><td>29:38</td></tr> <tr><td>Robert Gill</td><td>30:22</td></tr> </table>	Luis German	28:22	Tyler Arnett	29:10	David Jones	29:14	Stephen Zito	29:31	Joseph Palma	29:37	John Kenworthy	29:38	Robert Gill	30:22	<p><b>Wagner</b> 9/10 - Wagner Invitational (3rd out of 3) 8,000 meters</p> <table border="0"> <tr><td>Mouhamed Halwani</td><td>28:16.37</td></tr> <tr><td>Kyle Sultzer</td><td>29:22.84</td></tr> <tr><td>Andrew Keating</td><td>29:31.63</td></tr> <tr><td>Andrew Casas</td><td>30:40.67</td></tr> <tr><td>Allen Koehler</td><td>31:28.26</td></tr> <tr><td>Brian Halling</td><td>32:05.54</td></tr> </table>	Mouhamed Halwani	28:16.37	Kyle Sultzer	29:22.84	Andrew Keating	29:31.63	Andrew Casas	30:40.67	Allen Koehler	31:28.26	Brian Halling	32:05.54														
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#### NEC Men's Cross Country Championships

October 29, 2005  
Hosted by St. Francis (PA)



#### NEC Athlete of the Week

Sept. 7 Matt Caporaso, Monmouth  
Sept. 13 Randy Hadzor, Monmouth

#### NEC Rookie of the Week

Sept. 7 Ted Varga, Central Connecticut  
Sept. 13 Luis German, Sacred Heart