



2009-10

INDOOR TRACK & FIELD

News & Notes

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Central Connecticut State • Fairleigh Dickinson • Long Island • Monmouth • Mount St. Mary's
Quinnipiac • Robert Morris • Sacred Heart • St. Francis (NY) • St. Francis (PA) • Wagner



NEC Women's Indoor Track & Field

(January 26, 2010)

Road Runner Sports

NEC Women's Track Athlete of the Week

Michelle Losey, Monmouth

Sr., Sprinter, Piscataway, NJ/Piscataway

Losey walked away from last weekend's Great Dane Classic as the Northeast Conference's leader in three events. Having already run the league's top 400-meter time earlier in the season, Losey added the 60-meter and 200-meter events to her list of top-ranked performances. The senior sprinted to a runner-up finish in the 200-meter dash (24.63), logging an ECAC qualifying time that tops both the NEC leaderboard and Monmouth's record book. Losey came in under the ECAC qualifying standard in the 55-meter dash, too, and, when converted for 60 meters, her time (7.12) would make her the No. 1 seed if the NEC Championships were held today. The Road Runner Sports honor is Losey's second in three weeks of competition since returning Holiday Break.

Road Runner Sports

NEC Women's Field Athlete of the Week

Amanda Gland, Wagner

Sr., Jumps, Woodbury, CT/Nonnewaug

Gland won both horizontal jumping events at the 18th annual John Covert Classic at Lehigh. The senior Seahawk's winning distance (5.58m - 18' 3.75") in the long jump makes her a Northeast Conference event leader. Gland, who came within six centimeters of achieving another seasonal best at Lehigh, owns the NEC's fifth-best triple jump performance.

Road Runner Sports

NEC Women's Rookie of the Week

Emily MacEwen, Monmouth

Fr., Middle Distance, South Glastonbury, CT/Glastonbury

MacEwen becomes the second Monmouth Hawk to capture the Road Runner Sports NEC Women's Rookie of the Week award, joining teammate Alison Day who achieved the feat during the season's opening week. MacEwen took fourth place in the 1000-meter run at last weekend's Great Danes Classic, finishing in between Villanova's Shannon Browne and Seton Hall's Alexa Hehn. Her time (3:02.54) makes her Monmouth's leader in the event.

Road Runner Sports NEC Women's Track

Dec. 8	Angelica Johnson, Sacred Heart
Dec. 15	Kimberly DeLoreto, Sacred Heart
Jan. 12	Michelle Losey, Monmouth
Jan. 19	Monica Akello, Long Island

Road Runner Sports NEC Women's Field

Dec. 8	Gabriella Rinehart, Robert Morris
Dec. 15	Athalia Smith, Sacred Heart
Jan. 12	Christin Bridge, Saint Francis (PA)
Jan. 19	Athalia Smith, Sacred Heart

Road Runner Sports NEC Women's Rookie

Dec. 8	Alison Day, Monmouth
Dec. 15	Deirdre Doyle, Bryant
Jan. 12	Monica Akello, Long Island
Jan. 19	Monica Akello, Long Island



NEC Men's Indoor Track & Field

(January 26, 2010)

Road Runner Sports

NEC Men's Track Athlete of the Week

Chris Rutherford, Monmouth

So., Hurdles/Sprints, Toms River, NJ/TR East

Rutherford qualified for the IC4A Championships in two events by virtue of his performance at last weekend's Great Dane Classic. The second-year Hawk bested the IC4A standard in both the 55-meter hurdles (7.71) and the 500-meter event (1:04.96). In terms of the Northeast Conference leader board, the former ranks third while the latter stands as the fifth-best mark.

Road Runner Sports

NEC Men's Field Athlete of the Week

Dean Brown, St. Francis (NY)

Sr., Jumps, New York, NY/August Martin

Brown upped his high jump mark for a second consecutive week and picked up second straight Road Runner Sports field award as a result. The defending Northeast Conference champion easily bested the high jump field at the Albany Great Dane Classic by clearing 2.10m (6' 10.75"). That winning height was nine centimeters better than that of the runner-up finisher.

Road Runner Sports

NEC Men's Rookie of the Week

Brian Richards, Long Island

Fr., Sprints/Jumps, Toronto, Canada/West Humber

Richards posted IC4A qualifying performances on both the track and in the field at the Albany Great Dane Classic. The first-year Blackbird, who already owned the NEC's top mark in the event, long jumped his way to a bronze medal (7.10m - 23' 3.50") this past weekend. Earning another top-10 finish in what was a deep 200-meter field, Richards sprinted his way to second place on the NEC leader board as he logged a time of 22.08s.

Road Runner Sports NEC Men's Track

Dec. 8	Bertony Jean-Louis, Sacred Heart
Dec. 15	Geoff Navarro, Monmouth
Jan. 12	Bertony Jean-Louis, Sacred Heart
Jan. 19	Nickolei Mahlun, Long Island

Road Runner Sports NEC Men's Field

Dec. 8	Rick Villanova, Mount St. Mary's
Dec. 15	Vincent Elardo, Monmouth
Jan. 12	Brian Richards, Long Island
Jan. 19	Dean Brown, St. Francis (NY)

Road Runner Sports NEC Men's Rookie

Dec. 8	Ahmed Amarouch, Fairleigh Dickinson
Dec. 15	Jeremy Rosado, Sacred Heart
Jan. 12	Brian Richards, Long Island
Jan. 19	Ahmed Amarouch, Fairleigh Dickinson

