

Northeast Conference 2009 Outdoor Track & Field Championship Monmouth University



Schedule of Events Saturday, May 2



TRACK EVENTS

Time	Event	Round	Gender
9:10 am	10,000 Meters	Final	Women
9:50 am	10,000 Meters	Final	Men
1:00 pm	1,500 Meters	Trial	Women
1:20 pm	1,500 Meters	Trial	Men
1:45 pm	110 Hurdles	Trial	Women
2:00 pm	110 Hurdles	Trial	Men
2:15 pm	400 Meters	Trial	Women
2:30 pm	400 Meters	Trial	Men
2:45 pm	100 Meters	Trial	Women
3:00 pm	100 Meters	Trial	Men
3:15 pm	800 Meters	Trial	Women
3:30 pm	800 Meters	Trial	Men
3:45 pm	400 Hurdles	Trial	Women
4:00 pm	400 Hurdles	Trial	Men
4:15 pm	200 Meters	Trial	Women
4:30 pm	200 Meters	Trial	Men
4:45 pm	4 x 800 Relay	Final	Women
5:00 pm	4 x 800 Relay	Final	Men

FIELD EVENTS

Time	Event	Round	Gender
9:30 am	Long Jump	Final	Women
11:00 am	Pole Vault	Trial/Final	Women
11:00 am	High Jump	Final	Men
11:00 am	Discus	Trial/Final	Men
11:00 am	Javelin	Trial/Final	Women
1:00 pm	Long Jump	Final	Men
1:30 pm	Discus	Trial/Final	Women
1:30 pm	Javelin	Trial/Final	Men



Northeast Conference 2009 Outdoor Track & Field Championship

Schedule of Events

Sunday, May 3

TRACK EVENTS

Time	Event	Round	Gender
12:00 pm	Steeple	Final	Women
12:25 pm	Steeple	Final	Men
12:45 pm	4 x 100 Relay	Final	Women
12:55 pm	4 x 100 Relay	Final	Men
1:05 pm	1,500 meters	Final	Women
1:15 pm	1,500 meters	Final	Men
1:25 pm	100 Hurdles	Final	Women
1:35 pm	110 Hurdles	Final	Men
1:45 pm	400 Meters	Final	Women
1:55 pm	400 Meters	Final	Men
2:05 pm	100 meters	Final	Women
2:10 pm	100 meters	Final	Men
2:15 pm	800 meters	Final	Women
2:20 pm	800 meters	Final	Men
2:30 pm	400 Hurdles	Final	Women
2:35 pm	400 Hurdles	Final	Men
2:45 pm	200 Meters	Final	Women
2:50 pm	200 Meters	Final	Men
2:55 pm	5,000 Meters	Final	Women
3:20 pm	5,000 Meters	Final	Men
3:45 pm	4 x 400 Relay	Final	Women
3:55 pm	4 x 400 Relay	Final	Men
4:20 pm	Closing awards ceremony		

FIELD EVENTS

Time	Event	Round	Gender
9:30 am	Triple Jump	Trial/Final	Women
10:00 am	Shot Put	Trial/Final	Men
10:30 am	Hammer	Trial/Final	Women
11:00 am	Pole Vault	Trial/Final	Men
11:00 am	High Jump	Final	Women
12:00 pm	Triple Jump	Trial/Final	Men
1:00 pm	Shot Put	Trial/Final	Women
1:00 pm	Hammer	Trial/Final	Men

