



**2010 NORTHEAST CONFERENCE
OUTDOOR TRACK & FIELD
CHAMPIONSHIP
SCHEDULE
@ Mount St. Mary's**



Saturday, May 1

RUNNING EVENTS

<u>Time</u>	<u>Event</u>	<u>Round</u>	<u>Gender</u>
9:10 am	10,000 Meters	Final	Men
9:50 am	10,000 Meters	Final	Women
12:30 pm	1,500 Meters	Trial	Men
12:50 pm	1,500 Meters	Trial	Women
1:15 pm	110 Hurdles	Trial	Men
1:30 pm	100 Hurdles	Trial	Women
1:45 pm	400 Meters	Trial	Men
2:00 pm	400 Meters	Trial	Women
2:15 pm	100 Meters	Trial	Men
2:30 pm	100 Meters	Trial	Women
2:45 pm	800 Meters	Trial	Men
3:00 pm	800 Meters	Trial	Women
3:15 pm	400 Hurdles	Trial	Men
3:30 pm	400 Hurdles	Trial	Women
3:45 pm	200 Meters	Trial	Men
4:00 pm	200 Meters	Trial	Women
4:15 pm	4 x 800 Relay	Final	Men
4:30 pm	4 x 800 Relay	Final	Women

FIELD EVENTS

<u>Time</u>	<u>Event</u>	<u>Round</u>	<u>Gender</u>
10:30 am	Shot Put	Trial/Final	Men
10:30 am	Hammer	Trial/Final	Women
10:30 am	High Jump	Final	Men
11:00 am	Pole Vault	Trial/Final	Women
1:00 pm	Long Jump	Final	Men
1:00 pm	Long Jump	Final	Women
1:30 pm	Hammer	Trial/Final	Men
2:30 pm	Shot Put	Trial/Final	Women

Runway #1, located near the finish line and shot put area, will be used for the women's long jump and men's triple jump.

Runway #2, located near the steeplechase water jump area, will be used for the men's long jump and women's triple jump.



**2010 NORTHEAST CONFERENCE
OUTDOOR TRACK & FIELD
CHAMPIONSHIP
SCHEDULE
@ Mount St. Mary's**



Sunday, May 2 - All Finals

RUNNING EVENTS

<u>Time</u>	<u>Event</u>	<u>Round</u>	<u>Gender</u>
11:30 am	Steeple	Final	Men
11:55 am	Steeple	Final	Women
12:15 pm	4 x 100 Relay	Final	Men
12:25 pm	4 x 100 Relay	Final	Women
12:35 pm	1,500 Meters	Final	Men
12:45 pm	1,500 Meters	Final	Women
12:55 pm	110 Hurdles	Final	Men
1:05 pm	100 Hurdles	Final	Women
1:15 pm	400 Meters	Final	Men
1:25 pm	400 Meters	Final	Women
1:35pm	100 Meters	Final	Men
1:40 pm	100 Meters	Final	Women
1:45 pm	800 Meters	Final	Men
1:50 pm	800 Meters	Final	Women
2:00 pm	400 Hurdles	Final	Men
2:05 pm	400 Hurdles	Final	Women
2:15 pm	200 Meters	Final	Men
2:20 pm	200 Meters	Final	Women
2:25 pm	5,000 Meters	Final	Men
2:50 pm	5,000 Meters	Final	Women
3:15 pm	4 x 400 Relay	Final	Men
3:25 pm	4 x 400 Relay	Final	Women
3:50 pm	Awards Ceremony		

FIELD EVENTS

<u>Time</u>	<u>Event</u>	<u>Round</u>	<u>Gender</u>
10:00 am	Discus	Trial/Final	Men
10:30 am	High Jump	Final	Women
10:30 am	Javelin	Trial/Final	Women
11:00 am	Pole Vault	Final	Men
12:00 pm	Triple Jump	Trial/Final	Women
12:00 pm	Triple Jump	Trial/Final	Men
1:00 pm	Discus	Trial/Final	Women
1:00 pm	Javelin	Trial/Final	Men

Runway #1, located near the finish line and shot put area, will be used for the women's long jump and men's triple jump.

Runway #2, located near the steeplechase water jump area, will be used for the men's long jump and women's triple jump.