

Northeast Conference Championships 2010 - 5/1/2010 to 5/2/2010

Results at www.cfpitiming.com

Mount St. Mary's Univ. @ Emmitsburg, MD

Results

Women 100 Meter Dash

8 Advance: Top 1 Each Heat plus Next 5 Best Times

World:	10.49	W	7/16/1988	Florence Griffith-Joyner, USA
American:	10.49	A	7/16/1988	Florence Griffith Joyner, World Class AC
Collegiate:	10.93	C	6/2/1989	Dawn Sowell, LSU
NEC Conf.:	11.97	N	2003	Danielle Lyons, Monmouth
ECAC:	12.10	E		

Name	Yr	School	Prelims
Heat 1 Preliminaries Wind: 0.5			
1 DeCruise, Ashlyn		JR Mount St. Mary's	E 12.09 Q
2 Wallace, Lachelle		FR Monmouth	12.21 q
3 Sanjurjo, Amy		SO Central Connecticut	12.23 q
4 Williams, Claudine		SR Fairleigh Dickinson	12.60
5 King, Sydney		JR St. Francis (Pa.)	12.87
6 Liberatore, Mary Claire		FR St. Francis (Pa.)	12.92
7 Stefanowicz, Stacy		SO Robert Morris	13.20
Heat 2 Preliminaries Wind: -0.2			
1 Gaines, Jessie		SO Long Island	12.12 Q
2 Winder, Esteem		SO Monmouth	12.69
3 Cappadona, Julianne		FR Sacred Heart	12.74
4 Cuvilly, Ashley		JR Monmouth	12.78
5 Allien, Shamone		SO Central Connecticut	12.87
6 Tracey, Shushana		FR Sacred Heart	14.60
7 Kerridge, Jordhan		SR St. Francis (N.Y.)	15.47
--- Atagwe, Joyce		SR Long Island	DNS
Heat 3 Preliminaries Wind: -0.9			
1 DeCruise, Ashley		JR Mount St. Mary's	E 12.00 Q
2 Saunders, Torrie		SO Long Island	12.25 q
3 Mitchell, Amber		FR Long Island	12.33 q
4 Hurd, Alexis		FR St. Francis (Pa.)	12.55 q
5 Smith, Nickelle		JR Fairleigh Dickinson	12.67
6 Morey, Julia		SO St. Francis (Pa.)	12.85
7 Binette, Samantha		SR Central Connecticut	13.11
8 Ringuette, Robyn		FR Bryant	14.49

Women 100 Meter Dash

World:	10.49	W	7/16/1988	Florence Griffith-Joyner, USA
American:	10.49	A	7/16/1988	Florence Griffith Joyner, World Class AC
Collegiate:	10.93	C	6/2/1989	Dawn Sowell, LSU
NEC Conf.:	11.97	N	2003	Danielle Lyons, Monmouth
ECAC:	12.10	E		

Name	Yr	School	Finals
Section 1 Finals Wind: -0.1			
1 Gaines, Jessie		SO Long Island	11.86 N
2 DeCruise, Ashley		JR Mount St. Mary's	11.92 N
3 DeCruise, Ashlyn		JR Mount St. Mary's	12.09 E
4 Saunders, Torrie		SO Long Island	12.22
5 Mitchell, Amber		FR Long Island	12.30
6 Wallace, Lachelle		FR Monmouth	12.31
7 Sanjurjo, Amy		SO Central Connecticut	12.35

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Section 1 Finals Wind: -0.1 ... (Women 100 Meter Dash)

Name	Yr	School	Finals
8 Hurd, Alexis	FR	St. Francis (Pa.)	12.58

Women 200 Meter Dash

8 Advance: Top 1 Each Heat plus Next 4 Best Times

World:	21.34	W	9/29/1988	Florence Griffith-Joyner, USA
American:	21.34	A	9/29/1988	Florence Griffith Joyner, World Class AC
Collegiate:	22.04	C	6/2/1989	Dawn Sowell, LSU
NEC Conf.:	24.21	N	1998	Tisha Franklin, Long Island
ECAC:	24.80	E		

Name	Yr	School	Prelims
Heat 1 Preliminaries Wind: -0.7			
1 Saunders, Torrie	SO	Long Island	25.07 Q
2 Williams, Claudine	SR	Fairleigh Dickinson	25.64 q
3 Hurd, Alexis	FR	St. Francis (Pa.)	26.04
4 Smith, Nickelle	JR	Fairleigh Dickinson	26.98
5 Stocking, Ashley	SO	Central Connecticut	27.58
6 Dilley, Amanda	FR	Bryant	27.90
--- Losey, Michelle	SR	Monmouth	DNS
Heat 2 Preliminaries Wind: 0.4			
1 DeCruise, Ashlyn	JR	Mount St. Mary's	E 24.79 Q
2 Wallace, Lachelle	FR	Monmouth	25.65 q
3 Stein, Crystal	SR	Monmouth	26.05
4 Cuvilly, Ashley	JR	Monmouth	26.29
5 Allien, Shamone	SO	Central Connecticut	26.75
6 Stefanowicz, Stacy	SO	Robert Morris	28.23
--- Atagwe, Joyce	SR	Long Island	DNS
Heat 3 Preliminaries Wind: -0.3			
1 Gaines, Jessie	SO	Long Island	25.07 Q
2 Sanjurjo, Amy	SO	Central Connecticut	25.92 q
3 Dean, Karlie	SO	Sacred Heart	26.17
4 Cappadona, Julianne	FR	Sacred Heart	26.33
5 Evins, Francyna	SO	Wagner	27.44
6 Tracey, Shushana	FR	Sacred Heart	30.49
--- Beck, Ashley	FR	Sacred Heart	DNS
Heat 4 Preliminaries Wind: 0.3			
1 DeCruise, Ashley	JR	Mount St. Mary's	E 24.56 Q
2 Mitchell, Amber	FR	Long Island	25.66 q
3 Gibbs, Brittany	SR	Monmouth	26.24
4 Winder, Esteem	SO	Monmouth	26.45
5 Shabazz, Lordess	FR	Fairleigh Dickinson	27.13
6 Payne, Nicole	JR	Quinnipiac	28.14
7 Ellard, Melissa	FR	Bryant	29.22

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Women 200 Meter Dash

World:	21.34	W	9/29/1988	Florence Griffith-Joyner, USA
American:	21.34	A	9/29/1988	Florence Griffith Joyner, World Class AC
Collegiate:	22.04	C	6/2/1989	Dawn Sowell, LSU
NEC Conf.:	24.21	N	1998	Tisha Franklin, Long Island
ECAC:	24.80	E		

Name	Yr	School	Finals
Section 1 Finals Wind: -1.2			
1 DeCruise, Ashley	JR	Mount St. Mary's	24.71 E
2 DeCruise, Ashlyn	JR	Mount St. Mary's	24.84
3 Gaines, Jessie	SO	Long Island	25.41
4 Saunders, Torrie	SO	Long Island	25.61
5 Williams, Claudine	SR	Fairleigh Dickinson	25.86
6 Wallace, Lachelle	FR	Monmouth	26.01
7 Mitchell, Amber	FR	Long Island	26.06
8 Sanjurjo, Amy	SO	Central Connecticut	26.11

Women 400 Meter Dash

8 Advance: Top 1 Each Heat plus Next 4 Best Times

World:	47.60	W	10/6/1985	Marita Koch, GDR
American:	48.70	A	9/17/2006	Sandi Richards, Nike
Collegiate:	50.10	C	6/11/1989	Monique Henderson, UCLA
NEC Conf.:	54.31	N	1998	Tateen Abdel-Baaith, Long Island
ECAC:	55.94	E		

Name	Yr	School	Prelims
Heat 1 Preliminaries			
1 Otu, Lily	JR	Mount St. Mary's	56.03 Q
2 Akello, Monica	FR	Long Island	57.87 q
3 Dombroski, Rachel	FR	Central Connecticut	1:00.20
4 McGuire, Kate	SO	Central Connecticut	1:00.36
5 Crumbaugh, Katherine	FR	Mount St. Mary's	1:01.23
6 Nicholas, Sherika	JR	Bryant	1:02.15
7 Hutchinson, Amy	SO	Bryant	1:04.76
Heat 2 Preliminaries			
1 Shabazz, Lordess	FR	Fairleigh Dickinson	58.27 Q
2 Gibbs, Brittany	SR	Monmouth	58.65 q
3 Dean, Karlie	SO	Sacred Heart	58.88 q
4 Collins, Nicole	SR	Long Island	1:01.70
5 Pytel, Aneta	SO	Central Connecticut	1:02.79
6 Duggan, Amanda	JR	Quinnipiac	1:05.94
Heat 3 Preliminaries			
1 Jones, Christine	JR	Long Island	56.90 Q
2 Venev, Ashley	SR	Long Island	57.23 q
3 Evins, Francyna	SO	Wagner	1:02.70
4 Payne, Nicole	JR	Quinnipiac	1:03.41
5 Murdock, Jasmine	SR	St. Francis (N.Y.)	1:05.37
6 Warner, Kimberly	SO	Bryant	1:10.05
--- Greenaway, Jessica	SO	Fairleigh Dickinson	DNF
Heat 4 Preliminaries			
1 Stein, Crystal	SR	Monmouth	58.21 Q

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Heat 4 Preliminaries ... (Women 400 Meter Dash)

Name	Yr	School	Prelims
2 Delman, Justene	FR	Robert Morris	59.18
3 Taylor, Christine	SO	Fairleigh Dickinson	1:00.10
4 LeQuay, Sherlene	SR	Mount St. Mary's	1:02.35
5 Palmer, Rebecca	FR	Central Connecticut	1:04.30
6 Edwards, Amber	SO	Sacred Heart	1:04.80
--- Losey, Michelle	SR	Monmouth	DNS

Women 400 Meter Dash

World:	47.60	W	10/6/1985	Marita Koch, GDR
American:	48.70	A	9/17/2006	Sandi Richards, Nike
Collegiate:	50.10	C	6/11/1989	Monique Henderson, UCLA
NEC Conf.:	54.31	N	1998	Tateen Abdel-Baath, Long Island
ECAC:	55.94	E		

Name	Yr	School	Finals
Section 1 Finals			
1 Otu, Lily	JR	Mount St. Mary's	55.79 E
2 Jones, Christine	JR	Long Island	56.50
3 Stein, Crystal	SR	Monmouth	56.59
4 Akello, Monica	FR	Long Island	56.71
5 Venev, Ashley	SR	Long Island	57.70
6 Dean, Karlie	SO	Sacred Heart	57.82
7 Shabazz, Lordess	FR	Fairleigh Dickinson	57.98
8 Gibbs, Brittany	SR	Monmouth	58.49

Women 800 Meter Run

8 Advance: Top 1 Each Heat plus Next 3 Best Times

World:	1:53.28	W	7/26/1983	Jarmila Kratochvilova, TCH
American:	1:56.40	A	8/11/1999	Jearl Miles Clark, Reebok
Collegiate:	1:59.11	C	6/1/1990	Suzy Favor, Wisconsin
NEC Conf.:	2:11.34	N	2003	Ohita Asein, UMBC
ECAC:	2:11.44	E		

Name	Yr	School	Prelims
Heat 1 Preliminaries			
1 Munoz, Selina	SR	Long Island	2:16.39 Q
2 Patterson, Megan	JR	Fairleigh Dickinson	2:18.99 q
3 Shields, Anna	FR	Central Connecticut	2:21.54
4 Balling, Jessica	JR	Wagner	2:29.03
5 St. Thomas, Mary	SO	Sacred Heart	2:29.65
6 Clark, Molly	SO	Mount St. Mary's	2:35.60
7 Arouca, Katelyn	SO	Bryant	2:49.36
Heat 2 Preliminaries			
1 MacEwen, Emily	FR	Monmouth	2:18.45 Q
2 Lantigua, Aracelis	SR	Monmouth	2:19.55 q
3 Williams, Danielle	JR	St. Francis (Pa.)	2:21.82
4 Tipping, Maura	SR	Mount St. Mary's	2:26.65
5 Smith, Rebecca	FR	Quinnipiac	2:30.28
6 DeBellis, Christina	JR	Quinnipiac	2:33.02
7 Moulin, Kathrijn	FR	Bryant	2:45.95

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Heat 3 Preliminaries ... (Women 800 Meter Run)

Name	Yr	School	Prelims
Heat 3 Preliminaries			
1 Akello, Monica	FR	Long Island	2:17.93 Q
2 Conley, Desiree	JR	Long Island	2:20.41
3 Viera, Jasmin	FR	St. Francis (N.Y.)	2:21.37
4 Rosario, Emily	SO	Long Island	2:29.67
5 Seitz, Alexandra	FR	Quinnipiac	2:31.79
6 Panik, Nicole	SR	Wagner	2:36.93
7 Frantz, Nicole	FR	Central Connecticut	2:52.05
Heat 4 Preliminaries			
1 Tencza, Sarah	SR	Sacred Heart	2:17.92 Q
2 Eller, Amanda	FR	Monmouth	2:19.18 q
3 O'Shea, Erin	FR	Sacred Heart	2:19.95
4 Smith, Alexandra	SO	Sacred Heart	2:28.11
5 Savino, Kim	SR	Central Connecticut	2:28.83
6 Cianci, Katie	SO	St. Francis (Pa.)	2:31.73
7 Dobosz, Jeannette	SR	St. Francis (N.Y.)	3:00.16
8 Thomas, Tara	SO	Sacred Heart	3:09.13
Heat 5 Preliminaries			
1 Haffner, Jennifer	FR	St. Francis (Pa.)	2:16.78 Q
2 Vozzella, Brianne	SR	Mount St. Mary's	2:20.18
3 Donadio, Hannah	SO	Quinnipiac	2:20.40
4 Webb, Atoya	JR	St. Francis (N.Y.)	2:21.74
5 Paddock, Brigid	SO	Sacred Heart	2:27.71
6 Praydis, Christina	SO	Mount St. Mary's	2:36.14
7 Colon, Laura	SR	Quinnipiac	2:38.14
8 Adler, Alyssa	SO	Fairleigh Dickinson	2:50.26

Women 800 Meter Run

World:	1:53.28	W	7/26/1983	Jarmila Kratochvilova, TCH
American:	1:56.40	A	8/11/1999	Jearl Miles Clark, Reebok
Collegiate:	1:59.11	C	6/1/1990	Suzy Favor, Wisconsin
NEC Conf.:	2:11.34	N	2003	Ohita Asein, UMBC
ECAC:	2:11.44	E		

Name	Yr	School	Finals
Section 1 Finals			
1 Munoz, Selina	SR	Long Island	2:13.24
2 Tencza, Sarah	SR	Sacred Heart	2:15.11
3 Patterson, Megan	JR	Fairleigh Dickinson	2:16.11
4 Eller, Amanda	FR	Monmouth	2:18.87
5 Haffner, Jennifer	FR	St. Francis (Pa.)	2:19.19
6 Lantigua, Aracelis	SR	Monmouth	2:20.70
7 MacEwen, Emily	FR	Monmouth	2:22.61
8 Akello, Monica	FR	Long Island	3:08.76

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Women 1500 Meter Run

12 Advance: Top 3 Each Heat plus Next 3 Best Times

World: 3:50.46 W 9/11/1993 Yunxia Qu, CHN
 American: 3:57.12 A 7/26/1983 Mary Slaney, Athletics West
 Collegiate: 3:59.90 C 6/7/2009 Jenny Barringer, Colorado
 NEC Conf.: 4:28.57 N 1996 Jess Totaro, Mt. St. Mary's
 ECAC: 4:31.44 E

Name	Yr	School	Prelims
Heat 1 Preliminaries			
1 White, Rebecca	FR	Quinnipiac	4:56.91 Q
2 Cianci, Katie	SO	St. Francis (Pa.)	4:57.42 Q
3 Lynam, Cailin	SR	Monmouth	4:58.51 Q
4 Szulewski, Erin	JR	Monmouth	5:00.40 q
5 McKenna, Tiffany	JR	Monmouth	5:01.42 q
6 Acosta, Johanna	SO	Sacred Heart	5:09.57
7 Webster, Rebecca	FR	St. Francis (Pa.)	5:20.62
8 Renahan, Robin	JR	Long Island	5:37.04
9 Mannuccia, Brianna	SR	Mount St. Mary's	5:51.00
--- Banaian, Holly	SO	Quinnipiac	DNF
Heat 2 Preliminaries			
1 Doyle, Deirdre	FR	Bryant	4:44.23 Q
2 Kinsella, Megan	FR	Mount St. Mary's	4:55.60 Q
3 Smith, Colleen	FR	Mount St. Mary's	4:58.96 Q
4 Massa, Patty	FR	Quinnipiac	5:05.86
5 Delacruz, Alexandra	SO	St. Francis (N.Y.)	5:10.52
6 Lape, Abby	FR	Robert Morris	5:30.35
7 Mahulikar, Kishouri	SR	Quinnipiac	5:37.74
8 Dobosz, Jeannette	SR	St. Francis (N.Y.)	6:03.98
--- Asaro, Amanda	SO	Central Connecticut	DNF
--- DeLoreto, Kimberly	SO	Sacred Heart	DNS
Heat 3 Preliminaries			
1 Franke, Kathryn	FR	Mount St. Mary's	4:51.25 Q
2 Civardi, Olivia	FR	Sacred Heart	4:51.41 Q
3 Beam, Katie	SO	Quinnipiac	4:52.91 Q
4 Embrey, Laura	SR	Monmouth	4:56.27 q
5 Lepas, Stacey	FR	Monmouth	5:07.64
6 Gallagher, Mary	FR	St. Francis (N.Y.)	5:12.29
7 Fredrickson, Taylor	FR	Wagner	5:14.42
8 Gruchala, Lauren	FR	Sacred Heart	5:19.91
9 True, Chelsea	FR	Quinnipiac	5:38.54
--- Santoro, Melissa	SO	Sacred Heart	DNS

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World: 3:50.46 W 9/11/1993 Yunxia Qu, CHN
American: 3:57.12 A 7/26/1983 Mary Slaney, Athletics West
Collegiate: 3:59.90 C 6/7/2009 Jenny Barringer, Colorado
NEC Conf.: 4:28.57 N 1996 Jess Totaro, Mt. St. Mary's
ECAC: 4:31.44 E

Name	Yr	School	Finals
Section 1 Finals			
1 Doyle, Deirdre	FR	Bryant	4:46.96
2 Kinsella, Megan	FR	Mount St. Mary's	4:50.32
3 White, Rebecca	FR	Quinnipiac	4:53.36
4 Franke, Kathryn	FR	Mount St. Mary's	4:53.68
5 Lynam, Cailin	SR	Monmouth	4:53.74
6 Civardi, Olivia	FR	Sacred Heart	4:54.33
7 Embrey, Laura	SR	Monmouth	4:54.70
8 Cianci, Katie	SO	St. Francis (Pa.)	4:55.32
9 Beam, Katie	SO	Quinnipiac	4:56.90
10 Smith, Colleen	FR	Mount St. Mary's	4:57.18
11 Szulewski, Erin	JR	Monmouth	5:06.14
12 McKenna, Tiffany	JR	Monmouth	5:08.29

Women 5000 Meter Run**2 alley start****1-9 on front row of alley 1, 10-16 on front row of alley 2****All remaining runners fill in on second row.**

World: 14:11.15 W 6/6/2008 Tirunesh Dibaba, ETH
American: 14:44.80 A 4/14/2007 Shalane Flanagan, Nike
Collegiate: 15:09.72 C 2004 Kim Smith, Providence
NEC Conf.: 16:33.09 N 2006 Kaitlyn Gwyther, Quinnipiac
ECAC: 17:16.64 E

Name	Yr	School	Finals
Section 1			
1 Drager, Brecken	SR	Wagner	17:48.76
2 Roche, Morgan	SO	Quinnipiac	18:03.35
3 Robertson, Megan	FR	Bryant	18:08.21
4 Hoffman, Anna	SR	St. Francis (Pa.)	18:23.50
5 Altland, Christine	JR	Monmouth	18:32.01
6 Pierret, Lindsey	SR	Quinnipiac	18:36.71
7 Kinsella, Megan	FR	Mount St. Mary's	18:50.02
8 Lynam, Cailin	SR	Monmouth	18:52.35
9 Troy, Samantha	JR	Sacred Heart	18:58.07
10 Franke, Kathryn	FR	Mount St. Mary's	19:00.92
11 Spratford, Courtney	JR	Monmouth	19:05.41
12 Beam, Katie	SO	Quinnipiac	19:08.59
13 Domis, Kristie	FR	Robert Morris	19:17.34
14 Kraus, Lena	JR	Fairleigh Dickinson	19:36.37
15 Stevens, Kristen	SR	Quinnipiac	19:39.10
16 Maher, Kelsey	FR	Monmouth	19:47.21
17 Navarro, Michelle	FR	Sacred Heart	19:50.51
18 Lewis, Maegan	FR	Robert Morris	19:57.23

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Section 1 ... (Women 5000 Meter Run)

Name	Yr	School	Finals
19 Slifko, Ashley	SO	Robert Morris	20:06.43
20 Humphreys, Jill	FR	Quinnipiac	20:10.29
21 Campbell, Theresa	SR	Sacred Heart	20:12.34
22 Ostrander, Debra	SO	Robert Morris	20:13.86
23 Krause, Mekenzie	SO	Sacred Heart	20:35.95
24 Llobell, Brittany	SO	Sacred Heart	20:43.73
25 Grossi, Sarah	JR	St. Francis (Pa.)	20:57.86
26 Smith, Juliet	SO	Monmouth	21:05.35
27 Earley, Megan	FR	Mount St. Mary's	21:09.76
28 Airoidi, Abbey	FR	Quinnipiac	21:26.12
29 Renahan, Robin	JR	Long Island	21:50.60
--- Doyle, Deirdre	FR	Bryant	DNS
--- Ingle, Emily	SR	Robert Morris	DNS
--- Civardi, Olivia	FR	Sacred Heart	DNS

Women 10000 Meter Run

2 alley start

1-9 on front row of alley 1, 10-16 on front row of alley 2

All remaining runners file in on second row.

World:	29:31.78	W	9/8/1993	Junxia Wang, CHN
American:	30:22.22	A	8/15/2008	Shalane Flanagan, Asics
Collegiate:	31:25.45	C	5/4/2008	Sally Kipyego', Texas Tech
NEC Conf.:	36:19.44	N	5/5/2007	Taryn Gibson, St. Francis (Pa.)
ECAC:	37:40.00	E		

Name	Yr	School	Finals
Section 1			
1 Drager, Brecken	SR	Wagner	37:54.39
2 Hoffman, Anna	SR	St. Francis (Pa.)	39:00.62
3 Altland, Christine	JR	Monmouth	39:14.42
4 Pierret, Lindsey	SR	Quinnipiac	39:29.70
5 Troy, Samantha	JR	Sacred Heart	39:51.53
6 Spratford, Courtney	JR	Monmouth	40:02.83
7 Krause, Mekenzie	SO	Sacred Heart	41:05.26
8 Troy, Dana	SO	Sacred Heart	41:10.49
9 Kraus, Lena	JR	Fairleigh Dickinson	41:15.41
10 Smith, Juliet	SO	Monmouth	41:31.35
11 Cole, Alyssa	SR	Central Connecticut	42:08.67
12 Coiteux, Nicole	JR	Central Connecticut	42:52.00
13 Marko, Macey	SO	Monmouth	43:03.73
14 Selmquist, Alyssa	FR	Sacred Heart	43:44.76
15 Sheehan, Allyson	SR	St. Francis (Pa.)	44:06.01
16 Lewis, Maegan	FR	Robert Morris	44:31.98
17 Duffell, Jessica	JR	Robert Morris	44:35.49
18 Clark, Caitlin	SO	Sacred Heart	45:26.46
19 Ellsworth, Sarah	SO	Robert Morris	46:16.11
20 Brombacker, Elizabeth	JR	Sacred Heart	46:56.55
--- Slifko, Ashley	SO	Robert Morris	DNF
--- Bartell, Shayna	FR	Central Connecticut	DNS

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Women 100 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 5 Best Times

World:	12.21	W	8/20/1988	Yordanka Donkova, BUL
American:	12.33	A	7/23/2000	Gail Devers, Nike
Collegiate:	12.48	C	6/9/2006	Ginnie Powell, So. California
NEC Conf.:	14.07	N	1999	Melene Thomas, Fairleigh Dickinson
ECAC:	14.34	E		

Name	Yr	School	Prelims
Heat 1 Preliminaries Wind: 1.1			
1 Saunders, Torrie	SO	Long Island	E 14.24 Q
2 Crawford, Taylor	FR	Robert Morris	14.73 q
3 Harmon, Sarah	SR	St. Francis (Pa.)	15.51
4 Dawson, Tiffany	FR	Wagner	15.52
5 Ameye, Justine	SO	Sacred Heart	15.63
6 Pitino, Brianna	FR	Central Connecticut	16.57
Heat 2 Preliminaries Wind: 0.5			
1 Sullivan, Sonya	SR	Monmouth	14.44 Q
2 Waller, Jazmin	SO	Long Island	14.51 q
3 Watkins, Rachel	FR	Monmouth	14.92 q
4 Monger, Hillary	FR	Robert Morris	15.33 q
5 Edge, Dara	FR	Central Connecticut	15.41
--- Archer, Renee	SR	Central Connecticut	DNF
Heat 3 Preliminaries Wind: 0.2			
1 Gaines, Jessie	SO	Long Island	E 14.11 Q
2 Walsh, Lindsey	SO	Monmouth	15.03 q
3 Wilks, Mary	JR	Monmouth	15.36
4 McKenna, Nadia	FR	Robert Morris	15.57
5 Morey, Julia	SO	St. Francis (Pa.)	15.59
6 Beck, Ashley	FR	Sacred Heart	16.48

Women 100 Meter Hurdles

World:	12.21	W	8/20/1988	Yordanka Donkova, BUL
American:	12.33	A	7/23/2000	Gail Devers, Nike
Collegiate:	12.48	C	6/9/2006	Ginnie Powell, So. California
NEC Conf.:	14.07	N	1999	Melene Thomas, Fairleigh Dickinson
ECAC:	14.34	E		

Name	Yr	School	Finals
Section 1 Finals Wind: -1.0			
1 Gaines, Jessie	SO	Long Island	14.35
2 Saunders, Torrie	SO	Long Island	14.67
3 Sullivan, Sonya	SR	Monmouth	14.91
4 Crawford, Taylor	FR	Robert Morris	15.19
5 Walsh, Lindsey	SO	Monmouth	15.53
6 Watkins, Rachel	FR	Monmouth	15.56
7 Monger, Hillary	FR	Robert Morris	15.66
--- Waller, Jazmin	SO	Long Island	DNF

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Women 400 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 5 Best Times

World: 52.34 W 8/8/2003 Yuliya Pechenkina, RUS
 American: 52.61 A 8/11/1995 Kim Batten, Reebok
 Collegiate: 53.54 C 6/12/2004 Sheenna Johnson, UCLA
 NEC Conf.: 59.95 N 2003 Nicole Dumpson, Cent. Conn. St.
 ECAC: 1:02.54 E

Name	Yr	School	Prelims
Heat 1 Preliminaries			
1 Beckles, Tricia	FR	Long Island	1:03.82 Q
2 Rutecki, Colleen	SO	Monmouth	1:05.14 q
3 Massaquoi, Hawa	SR	Fairleigh Dickinson	1:05.82 q
4 Kline, Kayla	SO	St. Francis (Pa.)	1:07.46
5 McLaughlin, Caitlin	FR	Sacred Heart	1:09.05
6 Brownyard, Nicole	SO	St. Francis (Pa.)	1:11.29
7 Greene, Kelsey	SO	Mount St. Mary's	1:14.82
Heat 2 Preliminaries			
1 Watkins, Rachel	FR	Monmouth	1:03.91 Q
2 Walsh, Lindsey	SO	Monmouth	1:05.14 q
3 Monger, Hillary	FR	Robert Morris	1:07.01
4 Kanner, Stephanie	JR	Sacred Heart	1:07.17
5 Markovitch, Jessica	FR	St. Francis (Pa.)	1:08.15
6 McKenna, Nadia	FR	Robert Morris	1:09.21
7 Rogers, Shannon	SR	Monmouth	1:15.08
8 Harvey, Grace	FR	Quinnipiac	1:22.41
Heat 3 Preliminaries			
1 Sullivan, Sonya	SR	Monmouth	1:02.66 Q
2 Wilks, Mary	JR	Monmouth	1:04.22 q
3 Staily, Christy	SO	St. Francis (Pa.)	1:04.63 q
4 Favat, Jeana	JR	Quinnipiac	1:08.49
5 Ainsworth, Katrina	SO	Central Connecticut	1:10.19
--- Hurkett, Molly	FR	Sacred Heart	DO
--- Walter, Sidney	FR	Robert Morris	DNS

Women 400 Meter Hurdles

World: 52.34 W 8/8/2003 Yuliya Pechenkina, RUS
 American: 52.61 A 8/11/1995 Kim Batten, Reebok
 Collegiate: 53.54 C 6/12/2004 Sheenna Johnson, UCLA
 NEC Conf.: 59.95 N 2003 Nicole Dumpson, Cent. Conn. St.
 ECAC: 1:02.54 E

Name	Yr	School	Finals
Section 1 Finals			
1 Sullivan, Sonya	SR	Monmouth	1:01.71 E
2 Watkins, Rachel	FR	Monmouth	1:03.28
3 Beckles, Tricia	FR	Long Island	1:03.38
4 Wilks, Mary	JR	Monmouth	1:03.92
5 Staily, Christy	SO	St. Francis (Pa.)	1:04.04
6 Walsh, Lindsey	SO	Monmouth	1:04.07
7 Rutecki, Colleen	SO	Monmouth	1:04.09
8 Massaquoi, Hawa	SR	Fairleigh Dickinson	1:07.35

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Women 3000 Meter Steeplechase

World:	8:58.81	W	8/17/2008	Gulnara Galkina, RUS
American:	9:12.50	A	8/17/2009	Jenny Barringer, Colorado
Collegiate:	9:25.54	C	6/12/2009	Jenny Barringer, Colorado
NEC Conf.:	11:00.83	N	2006	Kathleen Duffy, Sacred Heart
ECAC:	10:50.24	E		

Name	Yr	School	Finals
Section 1			
1		Grossi, Sarah	JR St. Francis (Pa.) 11:20.53
2		Szarkowicz, Andrea	FR Quinnipiac 11:27.37
3		Bossardet, Katherine	JR Central Connecticut 11:31.94
4		Ostrander, Debra	SO Robert Morris 11:48.67
5		Lanning, Julie	SO Quinnipiac 11:50.32
6		Ingle, Emily	SR Robert Morris 11:52.43
7		Navarro, Michelle	FR Sacred Heart 11:58.51
8		Sheehan, Allyson	SR St. Francis (Pa.) 12:00.54
9		Llobell, Brittany	SO Sacred Heart 12:00.54
10		Pollock, Sara	SO Sacred Heart 12:12.27
11		Campbell, Theresa	SR Sacred Heart 12:19.80
12		Wojciechowski, Nicole	FR Monmouth 12:20.93
13		Reist, Hannah	SO St. Francis (Pa.) 12:25.40
14		McPherson, Erin	SO Sacred Heart 12:41.53
15		Dennis, Kelly	FR Wagner 12:45.49
16		Naglieri, Jenna	SR Wagner 13:02.58
---		Soares, Cristina	SR Sacred Heart DNF
---		Duffell, Jessica	JR Robert Morris DNS

Women 4x100 Meter Relay

World:	41.37	W	10/6/1985	GDR, GDR Möller, Rieger, Auerswald, Göhr
American:	41.47	A	8/9/1997	National Team, USA national team Gaines, Jones, Miller, Devers
Collegiate:	42.50	C	6/3/1989	LSU, LSU Stanley, Sowell, Sheffield, Jones
NEC Conf.:	46.86	N	5/3/2009	Long Island, Long Island J Waller, T Saunders, J Atagwe, J Gaines
ECAC:	47.94	E		

Team	Relay	Finals
Section 1		
1	St. Francis (N.Y.) 1) Hoyte, Vanecia JR	A 2) Brown, Jasmine JR 3) Murdock, Jasmine SR 4) Webb, Atoya JR 49.43
2	Robert Morris 1) Crawford, Taylor FR	A 2) Monger, Hillary FR 3) Lamar, Katrina FR 4) Delman, Justene FR 49.75
3	Wagner 1) Evins, Francyna SO	A 2) Dawson, Tiffany FR 3) Gland, Amanda SR 4) Balling, Jessica JR 50.59
4	Bryant 1) Dilley, Amanda FR	A 2) Ellard, Melissa FR 3) Hutchinson, Amy SO 4) Nicholas, Sherika JR 52.00
Section 2		
1	Mount St. Mary's 1) Lipkins, Chantel FR	A 2) DeCruise, Ashlyn JR 3) Otu, Lily JR 4) DeCruise, Ashley JR 46.36 N
2	Long Island 1) Waller, Jazmin SO	A 2) Gaines, Jessie SO 3) Mitchell, Amber FR 4) Saunders, Torrie SO 46.66 N

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Team	Relay	Finals
3 Monmouth 1) Winder, Esteem SO	A 2) Wallace, Lachelle FR	47.75 E 3) Cuvilly, Ashley JR 4) Gibbs, Brittany SR
4 Central Connecticut 1) Binette, Samantha SR	A 2) Dombroski, Rachel FR	47.82 E 3) Allien, Shamone SO 4) Sanjurjo, Amy SO
5 St. Francis (Pa.) 1) King, Sydney JR	A 2) Staily, Christy SO	48.51 3) Morey, Julia SO 4) Hurd, Alexis FR
6 Sacred Heart 1) Kanner, Stephanie JR	A 2) Dean, Karlie SO	48.53 3) Matakevich, Ashley SO 4) Cappadona, Julianne FR
7 Fairleigh Dickinson 1) Williams, Claudine SR	A 2) Shabazz, Lordess FR	48.58 3) Springer, Jasmine FR 4) Smith, Nickelle JR

Women 4x400 Meter Relay**World: 3:15.17 W 10/1/1988 Soviet Union, URS****Ledovskaya, Nazarova, Pinigina, Bryzgina****American: 3:15.51 A 10/1/1988 National Team, USA national team****Howard, Dixon, Brisco, Joyner****Collegiate: 3:23.75 C 4/3/2004 Texas, Texas****Jones, McIntosh, Chapple, Richards****NEC Conf.: 3:46.42 N 5/6/2007 Monmouth, Monmouth****M Losey, I Blackshear, C Stein, L Dickson****ECAC: 3:51.84 E**

Team	Relay	Finals
Section 1		
1 Robert Morris 1) Delman, Justene FR	A 2) Lueck, Sarah FR	4:07.45 3) Monger, Hillary FR 4) Bowser, Tausha JR
2 St. Francis (N.Y.) 1) Burrus, Dominique SO	A 2) Webb, Atoya JR	4:08.04 3) Murdock, Jasmine SR 4) Viera, Jasmin FR
3 Quinnipiac 1) Donadio, Hannah SO	A 2) Payne, Nicole JR	4:08.29 3) Seitz, Alexandra FR 4) Favat, Jeana JR
4 Bryant 1) Nicholas, Sherika JR	A 2) Hutchinson, Amy SO	4:17.76 3) Ellard, Melissa FR 4) Dilley, Amanda FR
Section 2		
1 Mount St. Mary's 1) DeCruise, Ashlyn JR	A 2) Otu, Lily JR	3:50.05 E 3) Crumbaugh, Katherine FR 4) DeCruise, Ashley JR
2 Long Island 1) Jones, Christine JR	A 2) Veney, Ashley SR	3:52.01 3) Munoz, Selina SR 4) Beckles, Tricia FR
3 Monmouth 1) Sullivan, Sonya SR	A 2) Watkins, Rachel FR	3:57.53 3) Rutecki, Colleen SO 4) Stein, Crystal SR
4 Sacred Heart 1) Kanner, Stephanie JR	A 2) Tencza, Sarah SR	3:59.95 3) McLaughlin, Caitlin FR 4) Dean, Karlie SO
5 Fairleigh Dickinson 1) Shabazz, Lordess FR	A 2) Taylor, Christine SO	4:00.00 3) Williams, Claudine SR 4) Massaquoi, Hawa SR
6 Central Connecticut 1) Dombroski, Rachel FR	A 2) Sanjurjo, Amy SO	4:02.34 3) Ainsworth, Katrina SO 4) McGuire, Kate SO
7 St. Francis (Pa.) 1) Kline, Kayla SO	A 2) Staily, Christy SO	4:06.11 3) Haffner, Jennifer FR 4) Hurd, Alexis FR
8 Wagner 1) Evins, Francyna SO	A 2) Dawson, Tiffany FR	4:11.87 3) Balling, Jessica JR 4) Gland, Amanda SR

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Women 4x800 Meter Relay**2 alley start**

World:	7:50.17	W	8/5/1984	Soviet Union, URS
				Olizarenko, Gurina, Borisova, Podyalovskaya
American:	8:17.91	A	4/25/2009	Tennessee, Tennessee
				McDonald, Price, Bowman, Wright
Collegiate:	8:17.91	C	4/25/2009	Tennessee, Tennessee
				McDonald, Price, Bowman, Wright
NEC Conf.:	9:11.78	N	2003	UMBC, UMBC
ECAC:	9:16.24	E		

Team	Relay	Finals
Section 1		
1 Sacred Heart	A	9:26.40
1) Civardi, Olivia FR	2) Tencza, Sarah SR	3) O'Shea, Erin FR 4) Llobell, Brittany SO
2 Monmouth	A	9:31.58
1) Eller, Amanda FR	2) Lantigua, Aracelis SR	3) Toritto, Danielle FR 4) MacEwen, Emily FR
3 St. Francis (Pa.)	A	9:38.05
1) Williams, Danielle JR	2) Reist, Hannah SO	3) Frydrych, Sarah SO 4) Haffner, Jennifer FR
4 Quinnipiac	A	9:39.01
1) Favat, Jeana JR	2) White, Rebecca FR	3) Donadio, Hannah SO 4) Roche, Morgan SO
5 Long Island	A	9:41.04
1) Munoz, Selina SR	2) Conley, Desiree JR	3) Rosario, Emily SO 4) Collins, Nicole SR
6 Central Connecticut	A	9:48.49
1) Bossardet, Katherine JR	2) Savino, Kim SR	3) Shields, Anna FR 4) Asaro, Amanda SO
7 Bryant	A	9:48.88
1) Robertson, Megan FR	2) Tower, Molly FR	3) Garber, Amanda SO 4) Doyle, Deirdre FR
8 Wagner	A	9:50.97
1) Naglieri, Jenna SR	2) Drager, Brecken SR	3) Balling, Jessica JR 4) Serpe, Dominique FR
9 St. Francis (N.Y.)	A	9:54.21
1) Viera, Jasmin FR	2) Webb, Atoya JR	3) Gallagher, Mary FR 4) Delacruz, Alexandra SO
10 Fairleigh Dickinson	A	10:05.36
1) Patterson, Megan JR	2) Taylor, Christine SO	3) Shabazz, Lordess FR 4) Kraus, Lena JR
11 Robert Morris	A	10:09.54
1) Domis, Kristie FR	2) Ostrander, Debra SO	3) George, Marie SO 4) Stern, Gillian JR
12 Mount St. Mary's	A	10:20.70
1) Tipping, Maura SR	2) LeQuay, Sherlene SR	3) Praydis, Christina SO 4) Vozzella, Brianne SR

Women High Jump**Starting Height is 1.45, NO 5 alive method****Progression is 1.45, 1.50, 1.55, 1.58, 1.61, 1.64, 1.67, 1.70**

World:	2.09m	W	8/30/1987	Stefka Kostadinova, BUL
American:	2.03m	A	7/8/1988	Louise Ritter, Mazda TC
Collegiate:	1.98m	C	5/19/1995	Acuff / Bergqvist/ Hooker, UCLA/ SMU/ Texas
NEC Conf.:	1.73m	N	1992	Smith/ Steffan, MSM/ SFPA
ECAC:	1.70m	E		

Name	Yr	School	Finals
Flight 1			
1 Wilks, Mary	JR	Monmouth	1.70m E 5-07.00
2 Walsh, Lindsey	SO	Monmouth	1.67m 5-05.75
3 Waller, Jazmin	SO	Long Island	1.64m 5-04.50
3 Dantley, Kelly	SR	Monmouth	1.64m 5-04.50
3 Watkins, Rachel	FR	Monmouth	1.64m 5-04.50

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Flight 1 ... (Women High Jump)

Name	Yr	School	Finals	
6 Day, Alison	FR	Monmouth	1.61m	5-03.25
7 Beck, Ashley	FR	Sacred Heart	1.58m	5-02.25
8 Moser, Corinne	JR	Robert Morris	1.55m	5-01.00
9 Tarsan, Jennifer	SR	Monmouth	1.50m	4-11.00
9 McNamara, Mishelle	JR	Wagner	1.50m	4-11.00
9 Prescott, Amanda	SO	Central Connecticut	1.50m	4-11.00
9 Collins, Nicole	SR	Long Island	1.50m	4-11.00
13 Farbotko, Melanie	SR	Bryant	1.50m	4-11.00
14 Chanaj, Joanna	SO	Bryant	1.50m	4-11.00
15 Hurkett, Molly	FR	Sacred Heart	1.45m	4-09.00
15 Kait, Eppinger	JR	Wagner	1.45m	4-09.00
15 Kirkling, Jovanna	SR	Robert Morris	1.45m	4-09.00
18 Davis, Danielle	SO	Bryant	1.45m	4-09.00
--- Warner, Serena	JR	St. Francis (N.Y.)	NH	

Women Pole Vault

Starting Height is 2.45, No 5 Alive

Progression is 2.45, 2.60, 2.75, 2.90, 3.00, 3.10, 3.20, 3.30, 3.35, 3.40, 3.45

World:	5.06m	W	8/28/2009	Yelena Isinbayeva, RUS
American:	4.92m	A	7/6/2008	Jen Stuczynski, adidas
Collegiate:	4.60m	C	5/14/2006	Chelsea Johnson, UCLA
NEC Conf.:	3.70m	N	2006	Mandy Jenkins, Mt. St. Mary's
ECAC:	3.70m	E		

Name	Yr	School	Finals	
Flight 1				
1 Schmidt, Erica	SR	Robert Morris	3.45m	11-03.75
2 Ojeda, Kerry	SR	Sacred Heart	3.35m	10-11.75
3 Huber, Jessica	SO	Mount St. Mary's	3.30m	10-10.00
4 Folga, Casey	FR	Robert Morris	3.20m	10-06.00
5 Sudbey, Lauren	FR	Sacred Heart	3.20m	10-06.00
6 McNamara, Mishelle	JR	Wagner	3.10m	10-02.00
7 Samole, Anna	JR	Robert Morris	3.10m	10-02.00
8 Bowser, Tausha	JR	Robert Morris	3.00m	9-10.00
9 Gula, Heather	FR	Mount St. Mary's	2.60m	8-06.25
10 Neumann, Amy	FR	Central Connecticut	2.45m	8-00.50
--- Furey, Emily	FR	Monmouth	NH	
--- Lueck, Sarah	FR	Robert Morris	NH	

Women Long Jump

Advance 9 top marks plus ties to finals.

World:	7.52m	W	6/11/1988	Galina Chistyakova, URS
American:	7.49m	A	5/22/1994	Jackie Joyner-Kersey, Honda
Collegiate:	6.99m	C	5/4/1985	Jackie Joyner-Kersey, UCLA
NEC Conf.:	6.28m	N	5/5/2007	Tisifenee Taylor, Monmouth
ECAC:	5.80m	E		

Name	Yr	School	Finals	Wind
Flight 1				
1 Brown, Jasmine	JR	St. Francis (N.Y.)	4.95m	16-03.00 +0.0

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Flight 1 ... (Women Long Jump)

Name	Yr	School	Finals		Wind
2 Kyper, Rebecca	FR	Robert Morris	4.77m	15-07.75	-0.3
3 Duggan, Amanda	JR	Quinnipiac	4.65m	15-03.25	-0.4
4 Beck, Ashley	FR	Sacred Heart	4.59m	15-00.75	0.4
5 Pritchard, Tori	FR	Robert Morris	4.42m	14-06.00	-0.2
6 Waller, Jazmin	SO	Long Island	4.04m	13-03.25	+0.0
--- Swan, Jennifer	SR	Monmouth	FOUL		
--- Spivey, Tiffany	JR	St. Francis (N.Y.)	FOUL		
--- Tarsan, Jennifer	SR	Monmouth	FOUL		
--- Slay, Shakaya	JR	St. Francis (N.Y.)	FOUL		
--- Stefanski, Bonnie	FR	Fairleigh Dickinson	FOUL		
--- Shabazz, Lordess	FR	Fairleigh Dickinson	FOUL		

Flight 2

1 Mitchell, Amber	FR	Long Island	5.30m	17-04.75	0.7
2 Binette, Samantha	SR	Central Connecticut	5.28m	17-04.00	-0.8
3 Gibbs, Brittany	SR	Monmouth	5.23m	17-02.00	+0.0
4 Kanner, Stephanie	JR	Sacred Heart	5.21m	17-01.25	+0.0
4 Walsh, Lindsey	SO	Monmouth	5.21m	17-01.25	-0.3
6 McCloud, Lakeshia	SO	Robert Morris	5.15m	16-10.75	-0.2
7 Delman, Justene	FR	Robert Morris	5.12m	16-09.75	-0.5
8 Crawford, Taylor	FR	Robert Morris	5.10m	16-08.75	-0.8
9 Heddings, Fallon	FR	St. Francis (Pa.)	4.95m	16-03.00	-1.0
10 Kilson, Lauren	JR	Fairleigh Dickinson	4.91m	16-01.50	+0.0
11 Springer, Jasmine	FR	Fairleigh Dickinson	4.85m	15-11.00	-0.3
12 Lamar, Katrina	FR	Robert Morris	4.79m	15-08.75	-0.2
13 Wilks, Mary	JR	Monmouth	4.76m	15-07.50	-1.1

Flight 3

1 Gaines, Jessie	SO	Long Island	5.82m E	19-01.25	-0.2
2 Burrus, Dominique	SO	St. Francis (N.Y.)	5.65m	18-06.50	-0.8
3 Walsh, MaryKate	SR	Monmouth	5.54m	18-02.25	-0.4
4 Matakovich, Ashley	SO	Sacred Heart	5.52m	18-01.50	-0.3
5 Jones, Christine	JR	Long Island	5.52m	18-01.50	-0.4
6 Lipkins, Chantel	FR	Mount St. Mary's	5.51m	18-01.00	-0.1
7 Robinson, Teika	FR	Mount St. Mary's	5.47m	17-11.50	-0.3
8 Spencer, Danay	JR	Long Island	5.43m	17-09.75	-0.3
9 Hurd, Alexis	FR	St. Francis (Pa.)	5.36m	17-07.00	-0.6
10 Gland, Amanda	SR	Wagner	5.27m	17-03.50	-0.6
11 Sanjurjo, Amy	SO	Central Connecticut	5.21m	17-01.25	-1.1
11 Massaquoi, Hawa	SR	Fairleigh Dickinson	5.21m	17-01.25	-0.1
--- Dawson, Tiffany	FR	Wagner	FOUL		

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Women Triple Jump

Advance 9 top marks plus ties to finals.

World:	15.50m	W	8/10/1995	Inessa Kravets, UKR
American:	14.45m	A	7/11/2004	Tiombé Hurd, Nike
Collegiate:	14.05m	C	1999	Stacey Bowers, Baylor
NEC Conf.:	12.50m	N	1996	Sharline White, Fairleigh Dickinson
ECAC:	12.05m	E		

Name	Yr	School	Finals	Wind
Flight 1				
1 Lipkins, Chantel	FR	Mount St. Mary's	11.22m	36-09.75 2.0
2 Brown, Jasmine	JR	St. Francis (N.Y.)	10.89m	35-08.75 1.0
3 McCloud, Lakeshia	SO	Robert Morris	10.79m	35-05.00 0.9
4 Chisholm, Aisha	SO	Robert Morris	10.77m	35-04.00 0.6
5 Tarsan, Jennifer	SR	Monmouth	10.56m	34-07.75 2.1
6 Prescott, Amanda	SO	Central Connecticut	10.45m	34-03.50 0.6
7 Duggan, Amanda	JR	Quinnipiac	10.33m	33-10.75 0.6
8 Swan, Jennifer	SR	Monmouth	10.23m	33-06.75 1.5
9 Burrus, Dominique	SO	St. Francis (N.Y.)	10.22m	33-06.50 3.2
10 Knight, Kayla	JR	Wagner	10.18m	33-04.75 0.1
11 Stefanski, Bonnie	FR	Fairleigh Dickinson	10.16m	33-04.00 +0.0
12 Lamar, Katrina	FR	Robert Morris	10.15m	33-03.75 1.6
13 Pritchard, Tori	FR	Robert Morris	9.76m	32-00.25 1.4
--- Slay, Shakaya	JR	St. Francis (N.Y.)	DNS	NWI
Flight 2				
1 Spencer, Danay	JR	Long Island	12.26m	40-02.75 2.1
2 Gibbs, Brittany	SR	Monmouth	11.96m	39-03.00 1.1
3 Gaines, Jessie	SO	Long Island	11.95m	39-02.50 1.8
4 Saunders, Torrie	SO	Long Island	11.88m	38-11.75 3.2
5 Walsh, MaryKate	SR	Monmouth	11.87m	38-11.50 1.8
6 Matakevich, Ashley	SO	Sacred Heart	11.42m	37-05.75 1.7
7 Gland, Amanda	SR	Wagner	11.42m	37-05.75 2.2
8 Robinson, Teika	FR	Mount St. Mary's	11.33m	37-02.25 2.1
9 Dawson, Tiffany	FR	Wagner	11.32m	37-01.75 1.8
10 Springer, Jasmine	FR	Fairleigh Dickinson	11.28m	37-00.25 2.1
11 Heddings, Fallon	FR	St. Francis (Pa.)	11.23m	36-10.25 0.8
12 Cuvilly, Ashley	JR	Monmouth	10.94m	35-10.75 1.8
13 Crawford, Taylor	FR	Robert Morris	10.85m	35-07.25 2.3
14 Kilson, Lauren	JR	Fairleigh Dickinson	10.67m	35-00.25 2.4
15 Kyper, Rebecca	FR	Robert Morris	10.31m	33-10.00 2.0

Women Shot Put

Advance 9 top marks plus ties to finals.

World:	22.63m	W	6/7/1987	Natalya Lisovskaya, URS
American:	20.18m	A	6/25/1988	Ramona Pagel, Mazda TC
Collegiate:	18.99m	C	1983	Meg Ritchie, Arizona
NEC Conf.:	16.13m	N	2001	Cleopatra Borel, UMBC
ECAC:	13.60m	E		

Name	Yr	School	Finals
Flight 1			
1 Ostasewski, Morgan	FR	Mount St. Mary's	11.93m 39-01.75

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Name	Yr	School	Finals	
2 Middleton, Christine	SO	Sacred Heart	11.53m	37-10.00
3 Kendrick, Kathryne	SO	St. Francis (Pa.)	11.51m	37-09.25
4 Green, Megan	FR	Robert Morris	11.43m	37-06.00
5 Toritto, Jessica	SO	Monmouth	11.33m	37-02.25
6 Dantley, Kelly	SR	Monmouth	10.99m	36-00.75
7 Kloc, Monica	SO	Monmouth	10.94m	35-10.75
8 Hegmann, Samantha	JR	Monmouth	10.30m	33-09.50
9 Nicoletti, Miranda	FR	Wagner	10.15m	33-03.75

Flight 2

1 Bridge, Christin	JR	St. Francis (Pa.)	14.54m	E	47-08.50
2 O'Connor, Taryn	JR	Fairleigh Dickinson	13.22m		43-04.50
3 Cress, Carol	SO	Sacred Heart	13.05m		42-09.75
4 Taylor, Sheena	SO	Wagner	12.85m		42-02.00
5 Smith, Athalia	SO	Sacred Heart	12.85m		42-02.00
6 Jean-Romain, Sandra	FR	Monmouth	12.62m		41-05.00
7 Kelley, Amanda	SO	Central Connecticut	12.60m		41-04.25
8 Fisher, Symmone	SO	Monmouth	12.18m		39-11.50
9 Freeland, Dwanya	FR	Fairleigh Dickinson	11.87m		38-11.50
10 Smith, Chantaul	SO	Sacred Heart	10.74m		35-03.00

Women Discus Throw**Advance 9 top marks plus ties to finals.**

World:	76.80m	W	7/9/1988	Gabriele Reinsch, GDR
American:	67.67m	A	3/14/2007	Suzy Powell, Asics
Collegiate:	67.48m	C	4/26/1981	Meg Ritchie, Arizona
NEC Conf.:	48.26m	N	5/5/2007	Lisa Morse, St. Francis (Pa.)
ECAC:	42.50m	E		

Name	Yr	School	Finals	
Flight 1				
1 Cress, Carol	SO	Sacred Heart	36.99m	121-04
2 Green, Megan	FR	Robert Morris	35.64m	116-11
3 Freeland, Dwanya	FR	Fairleigh Dickinson	35.16m	115-04
4 Taylor, Sheena	SO	Wagner	34.80m	114-02
5 Reigles, Melissa	FR	Monmouth	34.42m	112-11
6 Johnson, Melissa	JR	St. Francis (N.Y.)	34.15m	112-00
7 Midles, Madeleine	FR	Mount St. Mary's	33.73m	110-08
8 Jarmulowicz, Jaclyn	JR	Fairleigh Dickinson	29.79m	97-09
9 Faison, Nicolette	FR	Wagner	26.90m	88-03
10 Nicoletti, Miranda	FR	Wagner	26.42m	86-08
--- Dantley, Kelly	SR	Monmouth		FOUL

Flight 2

1 Bridge, Christin	JR	St. Francis (Pa.)	42.22m	138-06
2 Pierce, Margaret	SO	Mount St. Mary's	40.84m	134-00
3 O'Connor, Taryn	JR	Fairleigh Dickinson	40.47m	132-09
4 Kelley, Amanda	SO	Central Connecticut	40.20m	131-11
5 Middleton, Christine	SO	Sacred Heart	39.95m	131-01
6 Toritto, Jessica	SO	Monmouth	38.51m	126-04
7 Kendrick, Kathryne	SO	St. Francis (Pa.)	38.46m	126-02
8 Fisher, Symmone	SO	Monmouth	35.88m	117-08

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Name	Yr	School	Finals	
9 Ostasewski, Morgan	FR	Mount St. Mary's	35.66m	117-00
10 Kloc, Monica	SO	Monmouth	34.05m	111-08
11 Smith, Athalia	SO	Sacred Heart	32.14m	105-05
12 Schueschner, Samantha	JR	Wagner	31.56m	103-06

Women Hammer Throw

Advance 9 top marks plus ties to finals.

World:	77.96m	W	8/22/2009	Anita Wlodarczyk, POL
American:	73.87m	A	6/25/2005	Erin Gilreath, NYAC
Collegiate:	72.94m	C	4/13/2007	Jenny Dahlgren, Georgia
NEC Conf.:	55.79m	N	2005	Nicole Downing, Robert Morris
ECAC:	50.80m	E		

Name	Yr	School	Finals	
Flight 1				
1 Pierce, Margaret	SO	Mount St. Mary's	43.29m	142-00
2 Schueschner, Samantha	JR	Wagner	41.59m	136-05
3 Ostasewski, Morgan	FR	Mount St. Mary's	41.18m	135-01
4 Kirkling, Jovanna	SR	Robert Morris	39.43m	129-04
5 Cress, Carol	SO	Sacred Heart	38.89m	127-07
6 Jean-Romain, Sandra	FR	Monmouth	38.29m	125-07
7 Faison, Nicolette	FR	Wagner	37.62m	123-05
8 Dubois, Hannah	JR	Mount St. Mary's	37.15m	121-10
9 Herbstritt, Rachel	JR	Robert Morris	36.69m	120-04
10 Nicoletti, Miranda	FR	Wagner	35.19m	115-05
11 Jarmulowicz, Jaclyn	JR	Fairleigh Dickinson	34.13m	112-00
12 Green, Megan	FR	Robert Morris	33.44m	109-08
13 Kolch, Chelsea	SO	Robert Morris	30.07m	98-08

Flight 2				
1 Fisher, Symmone	SO	Monmouth	54.50m	E 178-10
2 Smith, Athalia	SO	Sacred Heart	54.27m	E 178-01
3 Middleton, Christine	SO	Sacred Heart	51.80m	E 169-11
4 Toritto, Jessica	SO	Monmouth	48.49m	159-01
5 Dantley, Kelly	SR	Monmouth	48.42m	158-10
6 Midles, Madeleine	FR	Mount St. Mary's	47.85m	157-00
7 Hegmann, Samantha	JR	Monmouth	47.14m	154-08
8 Smith, Chantaul	SO	Sacred Heart	46.56m	152-09
9 Freeland, Dwanya	FR	Fairleigh Dickinson	43.85m	143-10
10 Kelley, Amanda	SO	Central Connecticut	43.68m	143-04
11 O'Connor, Taryn	JR	Fairleigh Dickinson	43.43m	142-06
12 Taylor, Sheena	SO	Wagner	43.32m	142-01
13 Turici, Ashley	SR	Robert Morris	42.92m	140-10
14 Ankrom, Laura	SR	Monmouth	38.36m	125-10

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Women Javelin Throw

Advance 9 top marks plus ties to finals.

World:	72.28m	W	9/13/2008	Barbora Špotáková, CZE
American:	64.19m	A	5/16/2007	Kim Kreiner, Nike
Collegiate:	61.82m	C	6/13/2003	Irina Kharun, Indiana
NEC Conf.:	50.44m	N	5/5/2007	Stephanie Kuhn, Robert Morris
ECAC:	41.60m	E		

Name	Yr	School	Finals	
Flight 1				
1 Kelley, Amanda	SO	Central Connecticut	36.33m	119-02
2 Cress, Carol	SO	Sacred Heart	34.92m	114-07
3 Dubois, Hannah	JR	Mount St. Mary's	34.75m	114-00
4 Kolch, Chelsea	SO	Robert Morris	33.19m	108-11
5 Middleton, Christine	SO	Sacred Heart	31.70m	104-00
6 Schueschner, Samantha	JR	Wagner	30.03m	98-06
7 Faison, Nicolette	FR	Wagner	18.86m	61-10
8 Gilfov, Emileigh	FR	Bryant	11.63m	38-02
--- Matthews, Emily	SR	St. Francis (N.Y.)	DNS	
Flight 2				
1 Wilks, Mary	JR	Monmouth	43.77m E	143-07
2 Turici, Ashley	SR	Robert Morris	41.89m E	137-05
3 Cardullo, Allyson	JR	Monmouth	40.54m	133-00
4 Moccia, Anne	FR	Monmouth	38.82m	127-04
5 Kilis, Bonnie	JR	Sacred Heart	38.82m	127-04
6 Herbstritt, Rachel	JR	Robert Morris	38.24m	125-05
7 Lomotev, Nabliisa	FR	Central Connecticut	36.77m	120-08
8 Trostle, Brandie	FR	Mount St. Mary's	36.74m	120-06
9 Massaquoi, Hawa	SR	Fairleigh Dickinson	33.79m	110-10
10 Jarmulowicz, Jaclyn	JR	Fairleigh Dickinson	33.46m	109-09

Men 100 Meter Dash

8 Advance: Top 1 Each Heat plus Next 5 Best Times

World:	9.58	W	8/16/2009	Usain Bolt, JAM
American:	9.69	A	9/20/2009	Tyson Gay, adidas
Collegiate:	9.92	C	6/1/1996	Ato Boldon, UCLA
NEC Conf.:	10.42	N	2000	Aaron Johnson, UMBC
IC4A:	10.85	I		

Name	Yr	School	Prelims
Heat 1 Preliminaries Wind: 0.6			
1 Gladman, Charles	JR	Robert Morris	I 10.84 Q
2 Paul, Josue	JR	Central Connecticut	11.05 q
3 Lewis, Harry	JR	Central Connecticut	11.11
4 Swope, Tyler	FR	Mount St. Mary's	11.16
5 Armstead, Tony	SO	St. Francis (Pa.)	11.35
6 Arons, Michael	FR	Bryant	11.82
--- Radden, Aaron	FR	Central Connecticut	DNS
Heat 2 Preliminaries Wind: -0.7			
1 Brown, Chadwich	JR	Mount St. Mary's	I 10.62 Q
2 Mahlung, Nickolei	SO	Long Island	I 10.70 q
3 Taiwo, Chris	SR	Monmouth	I 10.85 q

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Heat 2 Preliminaries Wind: -0.7 ... (Men 100 Meter Dash)

Name	Yr	School	Prelims
4 Velez, William	SR	St. Francis (Pa.)	10.97 q
5 Corbett, Kyle	JR	Long Island	11.24
6 Bettis, Donald	JR	Robert Morris	11.57
--- Connell, Issa	FR	St. Francis (Pa.)	FS

Heat 3 Preliminaries Wind: -2.8

1 Navarro, Geoff	SO	Monmouth	11.03 Q
2 Green, Terrance	JR	Robert Morris	11.04 q
3 Richards, Brian	FR	Long Island	11.06
4 Lewis, Miles	FR	Long Island	11.07
5 McDonald, Raldaine	FR	Fairleigh Dickinson	11.46
6 Boyd-Carter, Keith	FR	Central Connecticut	11.47
7 Haberkorn, Charles	JR	Mount St. Mary's	12.22
8 Ferrara, Richard	SR	Wagner	12.75

Men 100 Meter Dash

World:	9.58	W	8/16/2009	Usain Bolt, JAM
American:	9.69	A	9/20/2009	Tyson Gay, adidas
Collegiate:	9.92	C	6/1/1996	Ato Boldon, UCLA
NEC Conf.:	10.42	N	2000	Aaron Johnson, UMBC
IC4A:	10.85	I		

Name	Yr	School	Finals
Section 1 Finals Wind: 1.0			
1 Mahlung, Nickolei	SO	Long Island	10.68 I
2 Brown, Chadwich	JR	Mount St. Mary's	10.71 I
3 Navarro, Geoff	SO	Monmouth	10.73 I
4 Taiwo, Chris	SR	Monmouth	10.78 I
5 Gladman, Charles	JR	Robert Morris	10.80 I
6 Velez, William	SR	St. Francis (Pa.)	10.84 I
7 Green, Terrance	JR	Robert Morris	10.91
8 Paul, Josue	JR	Central Connecticut	11.07

Men 200 Meter Dash**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

World:	19.19	W	8/20/2009	Usain Bolt, JAM
American:	19.32	A	8/1/1996	Michael Johnson, Nike
Collegiate:	19.69	C	5/25/2007	Walter Dix, Florida State
NEC Conf.:	21.03	N	2000	Aaron Johnson, UMBC
IC4A:	21.80	I		

Name	Yr	School	Prelims
Heat 1 Preliminaries Wind: -0.6			
1 Gladman, Charles	JR	Robert Morris	22.07 Q
2 Lyhne, Matthew	FR	Sacred Heart	22.48
3 Campbell, Darren	JR	Fairleigh Dickinson	22.62
4 McDonald, Raldaine	FR	Fairleigh Dickinson	23.25
5 Bettis, Donald	JR	Robert Morris	23.69
6 Reidy, Matt	SR	Wagner	24.14
--- Radden, Aaron	FR	Central Connecticut	DNS
Heat 2 Preliminaries Wind: -0.3			
1 Egadu, Samuel	JR	Long Island	I 21.80 Q

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Heat 2 Preliminaries Wind: -0.3 ... (Men 200 Meter Dash)

Name	Yr	School	Prelims
2 Jean-Louis, Bertony	SO	Sacred Heart	21.90 q
3 Green, Terrance	JR	Robert Morris	22.05
4 Barnes, Robert	SO	Long Island	22.23
5 Engel, Alexander	SR	Bryant	22.58
6 Swope, Tyler	FR	Mount St. Mary's	23.54
7 Arons, Michael	FR	Bryant	24.15

Heat 3 Preliminaries Wind: -0.8

1 Taiwo, Chris	SR	Monmouth	I 21.73 Q
2 Lewis, Miles	FR	Long Island	22.10
3 Roman, Joshua	FR	Sacred Heart	22.16
4 Connell, Issa	FR	St. Francis (Pa.)	22.41
5 O'Connor, Thomas	JR	Bryant	22.44
6 Pugliano, Joseph	FR	Bryant	23.33

Heat 4 Preliminaries Wind: -0.1

1 Brown, Chadwich	JR	Mount St. Mary's	I 21.61 Q
2 Richards, Brian	FR	Long Island	21.82 q
3 Navarro, Geoff	SO	Monmouth	21.87 q
4 Mahlung, Nickolei	SO	Long Island	21.90 q
5 Velez, William	SR	St. Francis (Pa.)	22.22
6 Barrett, Sean	JR	Sacred Heart	22.92
7 Falanga, Joseph	FR	Mount St. Mary's	24.63

Men 200 Meter Dash

World:	19.19	W	8/20/2009	Usain Bolt, JAM
American:	19.32	A	8/1/1996	Michael Johnson, Nike
Collegiate:	19.69	C	5/25/2007	Walter Dix, Florida State
NEC Conf.:	21.03	N	2000	Aaron Johnson, UMBC
IC4A:	21.80	I		

Name	Yr	School	Finals
Section 1 Finals Wind: -1.1			
1 Brown, Chadwich	JR	Mount St. Mary's	21.65 I
2 Richards, Brian	FR	Long Island	21.71 I
3 Taiwo, Chris	SR	Monmouth	21.71 I
4 Gladman, Charles	JR	Robert Morris	21.86
5 Egadu, Samuel	JR	Long Island	21.99
6 Navarro, Geoff	SO	Monmouth	22.02
7 Mahlung, Nickolei	SO	Long Island	22.07
8 Jean-Louis, Bertony	SO	Sacred Heart	22.09

Men 400 Meter Dash**8 Advance: Top 1 Each Heat plus Next 3 Best Times**

World:	43.18	W	8/26/1999	Michael Johnson, USA
American:	43.18	A	8/26/1999	Michael Johnson, Nike
Collegiate:	44.00	C	6/6/1992	Quincy Watts, So. California
NEC Conf.:	45.91	N	2003	Richard James, Long Island
IC4A:	48.50	I		

Name	Yr	School	Prelims
Heat 1 Preliminaries			
1 O'Connor, Thomas	JR	Bryant	49.10 Q

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Heat 1 Preliminaries ... (Men 400 Meter Dash)

Name	Yr	School	Prelims
2 Boyd, Corryl	JR	Long Island	49.80
3 Johnson, Weymour	FR	Fairleigh Dickinson	49.81
4 Krupka, Zachary	JR	Monmouth	49.90
5 Polichronopoulos, Ben	SO	Bryant	51.84
6 Barrett, Sean	JR	Sacred Heart	51.88
--- McLeod, Reginald	JR	Monmouth	DNF

Heat 2 Preliminaries

1 Goffe, Sheldon	SR	Long Island	48.82 Q
2 Duffy, Hayden	FR	Mount St. Mary's	49.28
3 Kymingham, Jason	JR	Mount St. Mary's	49.71
4 Campbell, Darren	JR	Fairleigh Dickinson	49.92
5 Rusonis, Anthony	SO	St. Francis (Pa.)	50.03
6 Brewington, Christopher	JR	Mount St. Mary's	51.22
7 Morales, Anthony	FR	St. Francis (N.Y.)	52.61

Heat 3 Preliminaries

1 Egadu, Samuel	JR	Long Island	I 48.26 Q
2 Merrigan, Kevin	SO	Monmouth	49.15 q
3 Kelsey, Jason	JR	Monmouth	49.37
4 Smith, Kiechen	SR	St. Francis (N.Y.)	49.75
5 Pugliano, Joseph	FR	Bryant	50.24
6 Jukes, Shakor	SO	Fairleigh Dickinson	54.77
7 Danso, Frederick	SO	Fairleigh Dickinson	55.36

Heat 4 Preliminaries

1 Tyler, Eric	SR	Long Island	49.12 Q
2 Barnes, Robert	SO	Long Island	49.23
3 Fay, Eric	JR	Monmouth	50.30
4 Soule, Jason	SR	Sacred Heart	50.87
5 Hopper, Dan	FR	Central Connecticut	51.13
6 Galanto, Daniel	JR	Sacred Heart	52.00
7 Reidy, Matt	SR	Wagner	53.17

Heat 5 Preliminaries

1 Mutekanga, Julius	SR	Long Island	I 48.28 Q
2 Engel, Alexander	SR	Bryant	48.52 q
3 Lyhne, Matthew	FR	Sacred Heart	49.03 q
4 Roman, Joshua	FR	Sacred Heart	49.29
5 DiBella, Michael	JR	Bryant	50.28
6 Mason, Myles	SO	Central Connecticut	51.95
7 Rohlf, Timothy	FR	Mount St. Mary's	53.45

Men 400 Meter Dash

World:	43.18	W	8/26/1999	Michael Johnson, USA
American:	43.18	A	8/26/1999	Michael Johnson, Nike
Collegiate:	44.00	C	6/6/1992	Quincy Watts, So. California
NEC Conf.:	45.91	N	2003	Richard James, Long Island
IC4A:	48.50	I		

Name	Yr	School	Finals
Section 1 Finals			
1 Egadu, Samuel	JR	Long Island	47.74 I
2 Goffe, Sheldon	SR	Long Island	48.00 I

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Section 1 Finals ... (Men 400 Meter Dash)

Name	Yr	School	Finals
3 Mutekanga, Julius	SR	Long Island	48.03 I
4 Engel, Alexander	SR	Bryant	48.33 I
5 O'Connor, Thomas	JR	Bryant	48.50 I
6 Tyler, Eric	SR	Long Island	48.86
7 Lyhne, Matthew	FR	Sacred Heart	48.92
8 Merrigan, Kevin	SO	Monmouth	48.97

Men 800 Meter Run

8 Advance: Top 1 Each Heat plus Next 3 Best Times

World:	1:41.11	W	8/24/1997	Wilson Kipketer, DEN
American:	1:42.60	A	8/28/1985	Johnny Gray, Santa Monica TC
Collegiate:	1:44.55	C	5/4/1996	Julius Achon, George Mason
NEC Conf.:	1:50.88	N	2000	James Bare, Fairleigh Dickinson
IC4A:	1:51.80	I		

Name	Yr	School	Prelims
Heat 1 Preliminaries			
1 Palmer, Ford	FR	Monmouth	1:55.51 Q
2 Orsulak, Joseph	SO	Mount St. Mary's	1:55.64 q
3 DuBois, Ryan	SO	St. Francis (Pa.)	1:58.13
4 Langianese, Colton	JR	Monmouth	1:58.63
5 Stabile, Nico	FR	Fairleigh Dickinson	1:58.81
6 Faulkner, Clifford	SO	Sacred Heart	1:58.99
Heat 2 Preliminaries			
1 Mutekanga, Julius	SR	Long Island	1:56.30 Q
2 Kearney, Kevin	SR	Wagner	1:56.48
3 Mitchell, William	SR	Mount St. Mary's	1:57.91
4 Amato, Michael	SO	Sacred Heart	2:01.99
5 Bernardo, Mark	FR	Monmouth	2:03.27
6 Mancuso, Anthony	SO	Wagner	2:05.82
7 Bezner, Ryan	FR	Sacred Heart	2:12.14
Heat 3 Preliminaries			
1 Welch, Chris	FR	Long Island	1:54.77 Q
2 Amarouch, Ahmed	FR	Fairleigh Dickinson	1:54.90 q
3 Foster, Lloyd	SO	St. Francis (Pa.)	1:56.24
4 Ahern, John	SO	Sacred Heart	1:59.43
5 Lynch, Sean	SR	St. Francis (N.Y.)	2:09.16
6 Mazza, Anthony	JR	Sacred Heart	2:10.29
--- Gangemi, Vincent	JR	Long Island	DNS
Heat 4 Preliminaries			
1 Hrezi, Mohamed	FR	Central Connecticut	1:56.33 Q
2 Robinson, Michael	FR	Robert Morris	1:57.91
3 Renahan, Dan	SR	Long Island	1:58.59
4 Thornton, Anthony	SO	Robert Morris	1:59.79
5 Goffe, Sheldon	SR	Long Island	2:01.36
6 Chelimo, Johnathan	SR	Fairleigh Dickinson	2:05.81
7 Pineiro, Frank	SR	St. Francis (N.Y.)	2:09.76
Heat 5 Preliminaries			
1 Gilhuley, Joseph	FR	St. Francis (N.Y.)	1:55.61 Q
2 Egan, Pat	FR	Monmouth	1:55.62 q

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Heat 5 Preliminaries ... (Men 800 Meter Run)

Name	Yr	School	Prelims
3 Neckles, Elmo	JR	Long Island	1:56.34
4 Arena, Nicholas	FR	Sacred Heart	1:59.03
5 DelFattore, Chris	FR	Monmouth	2:03.34
6 Quiroz, Joseph	SR	Fairleigh Dickinson	2:12.31

Men 800 Meter Run

World:	1:41.11	W	8/24/1997	Wilson Kipketer, DEN
American:	1:42.60	A	8/28/1985	Johnny Gray, Santa Monica TC
Collegiate:	1:44.55	C	5/4/1996	Julius Achon, George Mason
NEC Conf.:	1:50.88	N	2000	James Bare, Fairleigh Dickinson
IC4A:	1:51.80	I		

Name	Yr	School	Finals
Section 1 Finals			
1 Mutekanga, Julius	SR	Long Island	1:51.04 I
2 Orsulak, Joseph	SO	Mount St. Mary's	1:53.73
3 Palmer, Ford	FR	Monmouth	1:54.12
4 Hrezi, Mohamed	FR	Central Connecticut	1:54.13
5 Amarouch, Ahmed	FR	Fairleigh Dickinson	1:54.26
6 Welch, Chris	FR	Long Island	1:55.64
7 Egan, Pat	FR	Monmouth	1:56.10
8 Gilhuley, Joseph	FR	St. Francis (N.Y.)	1:56.54

Men 1500 Meter Run

12 Advance: Top 3 Each Heat plus Next 3 Best Times

World:	3:26.00	W	7/14/1998	Hicham El Guerrouj, MAR
American:	3:29.30	A	8/28/2005	Bernard Lagat, Nike
Collegiate:	3:35.30	C	6/6/1981	Sydney Maree, Villanova
NEC Conf.:	3:49.97	N	2001	Matthew Hartman, St. Francis- PA
IC4A:	3:51.00	I		

Name	Yr	School	Prelims
Heat 1 Preliminaries			
1 Nersten, Brian	FR	St. Francis (N.Y.)	3:59.21 Q
2 Gilhuley, Joseph	FR	St. Francis (N.Y.)	3:59.25 Q
3 Behre, Chris	JR	St. Francis (Pa.)	3:59.40 Q
4 Lusignan, Jeffrey	SO	Sacred Heart	3:59.66 q
5 Bett, Kimutai	SO	Fairleigh Dickinson	4:01.50 q
6 Mulligan, Ryan	SO	Monmouth	4:04.64
7 DeBlasio, Garth	SO	Monmouth	4:06.86
8 Gladysz, James	FR	Sacred Heart	4:13.50
9 Berger, David	FR	Monmouth	4:24.92
10 Bellio, Michael	JR	Sacred Heart	4:27.16
11 Werner, William	FR	Long Island	4:35.99
Heat 2 Preliminaries			
1 Gibson, Kyle	SO	St. Francis (Pa.)	4:02.16 Q
2 Iannacone, Thomas	SO	Wagner	4:02.36 Q
3 Ksepka, Rafal	SO	St. Francis (N.Y.)	4:02.96 Q
4 Kealey, Brian	SO	St. Francis (Pa.)	4:03.28
5 Forgach, Peter	SR	Monmouth	4:04.62
6 Apgar, Todd	SO	Monmouth	4:09.80

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Name	Yr	School	Prelims
7 Harlow, Kent	FR	Sacred Heart	4:10.08
8 Driscoll, Matthew	FR	Wagner	4:11.44
9 Bezner, Ryan	FR	Sacred Heart	4:20.70
10 McAuliffe, John	SO	Mount St. Mary's	4:33.44
11 Carullo, Michael	SO	St. Francis (N.Y.)	4:42.14
12 Britton, Justin	SO	Sacred Heart	4:43.20

Heat 3 Preliminaries

1 Lakritz, Jason	SR	Long Island	3:57.69 Q
2 Schmid, Jeremy	SO	Central Connecticut	3:58.88 Q
3 Busby, Ryan	SO	Bryant	4:00.76 Q
4 Twardowski, Scott	JR	Bryant	4:01.23 q
5 Renahan, Dan	SR	Long Island	4:03.67
6 Bertocchi, Mike	SO	Monmouth	4:08.56
7 Moulton, Dylan	SO	Wagner	4:14.71
8 Swisko, Christopher	FR	Mount St. Mary's	4:19.40
9 Rammelkamp, Derek	JR	Wagner	4:24.51
10 Perry, Joe	FR	Mount St. Mary's	4:26.25
11 Pineiro, Frank	SR	St. Francis (N.Y.)	4:27.13

Men 1500 Meter Run

World:	3:26.00	W	7/14/1998	Hicham El Guerrouj, MAR
American:	3:29.30	A	8/28/2005	Bernard Lagat, Nike
Collegiate:	3:35.30	C	6/6/1981	Sydney Maree, Villanova
NEC Conf.:	3:49.97	N	2001	Matthew Hartman, St. Francis- PA
IC4A:	3:51.00	I		

Name	Yr	School	Finals
Section 1 Finals			
1 Behre, Chris	JR	St. Francis (Pa.)	4:00.24
2 Lakritz, Jason	SR	Long Island	4:00.54
3 Schmid, Jeremy	SO	Central Connecticut	4:00.57
4 Ksepka, Rafal	SO	St. Francis (N.Y.)	4:00.64
5 Iannacone, Thomas	SO	Wagner	4:00.84
6 Lusignan, Jeffrey	SO	Sacred Heart	4:00.94
7 Gibson, Kyle	SO	St. Francis (Pa.)	4:01.04
8 Twardowski, Scott	JR	Bryant	4:01.14
9 Gilhuley, Joseph	FR	St. Francis (N.Y.)	4:02.34
10 Nersten, Brian	FR	St. Francis (N.Y.)	4:02.94
11 Bett, Kimutai	SO	Fairleigh Dickinson	4:06.24
12 Busby, Ryan	SO	Bryant	4:17.44

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Mount St. Mary's Univ. @ Emmitsburg, MD

Results

Men 5000 Meter Run

2 alley start

1-9 on front row of alley 1, 10-16 on front row of alley 2

All remaining runners file in on second row.

World: 12:37.35 W 5/31/2004 Kenenisa Bekele, ETH
 American: 12:56.27 A 8/28/2009 Dathan Ritzenhein, Nike
 Collegiate: 13:08.4h C 4/8/1978 Henry Rono, Washington Sate
 NEC Conf.: 14:26.28 N 2001 Brian Sell, St. Francis- PA
 IC4A: 14:36.00 I

Name	Yr	School	Finals
Section 1			
1 Mills, Chris	SO	St. Francis (Pa.)	15:10.79
2 Hutterer, Ben	JR	Monmouth	15:18.32
3 Sanderson, Ry	JR	Central Connecticut	15:24.62
4 Bernard, Dylan	SO	Mount St. Mary's	15:32.00
5 Alexander, Sam	SO	Central Connecticut	15:35.38
6 Hunt, Craig	FR	Central Connecticut	15:39.23
7 Spector, Zachary	SO	Wagner	15:44.23
8 Lakritz, Jason	SR	Long Island	15:47.01
9 Opp, Greg	SO	Robert Morris	15:56.16
10 Leathers, Arthur	SO	Robert Morris	15:59.62
11 Gibson, Kyle	SO	St. Francis (Pa.)	16:01.94
12 Collura, Dan	SO	Monmouth	16:04.94
13 Connelly, Christopher	FR	Sacred Heart	16:08.16
14 Murdoch, Ryan	JR	Sacred Heart	16:16.45
15 Foley, Shaun	FR	St. Francis (Pa.)	16:17.48
16 DeBlasio, Garth	SO	Monmouth	16:21.35
17 Schmid, Jeremy	SO	Central Connecticut	16:25.55
18 Hartnett, Sean	FR	Monmouth	16:26.54
19 Hurley, David	FR	Bryant	16:29.47
20 Ryan, Kyle	SO	Mount St. Mary's	16:31.58
21 Rosenberg, Chris	FR	Central Connecticut	16:32.09
22 DiGiorgio, Brent	JR	St. Francis (Pa.)	16:35.52
23 Rammelkamp, Thomas	JR	Wagner	16:41.70
24 Ascough, Jeff	FR	Monmouth	16:43.07
25 Mulligan, Ryan	SO	Monmouth	16:49.11
26 Chorney, Matthew	SR	Sacred Heart	16:53.00
27 Tiernan, Kevin	SO	Central Connecticut	16:53.73
28 Rayner, Kenny	SO	Bryant	16:54.54
29 Gladysz, James	FR	Sacred Heart	16:59.43
30 Gannon, Colin	FR	Bryant	17:17.17
31 Mengel, Adam	SO	St. Francis (Pa.)	17:40.14
32 Caskey, Sean	FR	Mount St. Mary's	18:18.82
--- Marcello, Richard	SO	Sacred Heart	DNF
--- Iannacone, Thomas	SO	Wagner	DNF
--- Kenworthy, John	SR	Sacred Heart	DNF
--- Driscoll, Matthew	FR	Wagner	DNS
--- Twardowski, Scott	JR	Bryant	DNS
--- McKernen, Thomas	JR	St. Francis (N.Y.)	DNS
--- Rath, Michael	FR	Mount St. Mary's	DNS

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Results

Section 1 ... (Men 5000 Meter Run)

Name	Yr	School	Finals
--- Wertner, Tim	JR	St. Francis (Pa.)	DNS

Men 10000 Meter Run

2 alley start

1-9 on front row of alley 1, 10-16 on front row of alley 2

All remaining runners file in on second row.

World: 26:17.53	W	8/26/2005	Kenenisa Bekele, ETH
American: 27:13.98	A	5/4/2001	Meb Keflezighi, Nike
Collegiate: 27:28.48	C	4/24/2007	Sam Chelanga, Liberty
NEC Conf.: 29:31.29	N	5/5/2007	Samuel Chelanga, Fairleigh Dickin
IC4A: 31:08.00	I		

Name	Yr	School	Finals
Section 1			
1 Sanderson, Ry	JR	Central Connecticut	31:06.12 I
2 Mills, Chris	SO	St. Francis (Pa.)	31:07.25 I
3 Alexander, Sam	SO	Central Connecticut	31:32.91
4 Marcello, Richard	SO	Sacred Heart	32:00.17
5 Hunt, Craig	FR	Central Connecticut	32:09.71
6 Spector, Zachary	SO	Wagner	32:16.82
7 Bernard, Dylan	SO	Mount St. Mary's	32:32.76
8 Rickert, Brendan	SR	Sacred Heart	32:37.12
9 Hutterer, Ben	JR	Monmouth	32:37.20
10 Murdoch, Ryan	JR	Sacred Heart	32:42.98
11 Connelly, Christopher	FR	Sacred Heart	32:53.44
12 Krell, John	FR	Central Connecticut	33:02.26
13 Seaver, Andrew	SR	Monmouth	33:45.92
14 Benoit, Stephen	JR	Sacred Heart	34:00.46
15 DeLaney, Chris	FR	St. Francis (Pa.)	34:18.24
16 Brown, Andy	JR	St. Francis (Pa.)	34:34.86
17 Wertner, Tim	JR	St. Francis (Pa.)	34:41.88
18 Leathers, Arthur	SO	Robert Morris	34:48.76
19 DiGiorgio, Brent	JR	St. Francis (Pa.)	34:52.80
20 Mydlowski, Evan	SO	Monmouth	35:10.51
21 Berger, William	SR	Wagner	35:40.88
--- Patschak, Michael	FR	Robert Morris	DNF
--- Opp, Greg	SO	Robert Morris	DNF
--- Curran, James	JR	Sacred Heart	DNS

Men 110 Meter Hurdles

8 Advance: Top 2 Each Heat plus Next 4 Best Times

World: 12.87	W	6/12/2008	Dayron Robles, CUB
American: 12.90	A	7/11/2006	Dominique Arnold, Nike
Collegiate: 13.00	C	5/6/1979	Renaldo Nehemiah, Maryland
NEC Conf.: 14.18	N	1996	Gary Gooden, St. Francis- NY
IC4A: 14.85	I		

Name	Yr	School	Prelims
Heat 1 Preliminaries Wind: -0.1			
1 Gissendanner, Terrell	SR	Monmouth	I 14.27 Q
2 Rosado, Jeremy	FR	Sacred Heart	I 14.54 Q

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Heat 1 Preliminaries Wind: -0.1 ... (Men 110 Meter Hurdles)

Name	Yr	School	Prelims
3 Rowe, Keith	SR	Sacred Heart	15.10 q
4 FitzSimons, Thomas	SO	Mount St. Mary's	15.12 q
5 Monteiro, Anthony	SO	Bryant	15.59
6 Morton, Tyler	FR	Robert Morris	15.89
7 Uccellini, John	JR	Robert Morris	16.47
8 Nelson, Phil	JR	Wagner	16.78

Heat 2 Preliminaries Wind: 0.5

1 Jean-Louis, Bertony	SO	Sacred Heart	I 14.27 Q
2 Rutherford, Chris	SO	Monmouth	15.02 Q
3 Hudson, Dewitt	JR	Robert Morris	15.07 q
4 Ignaczak, Arthur	SR	Mount St. Mary's	15.15 q
5 McLoughlin, Justin	FR	Sacred Heart	15.68
6 DePaolo, Clinton	SR	Central Connecticut	15.87
7 Kopeloff, Alan	FR	Wagner	16.40
8 Bills, Rich	FR	Monmouth	19.36

Men 110 Meter Hurdles

World:	12.87	W	6/12/2008	Dayron Robles, CUB
American:	12.90	A	7/11/2006	Dominique Arnold, Nike
Collegiate:	13.00	C	5/6/1979	Renaldo Nehemiah, Maryland
NEC Conf.:	14.18	N	1996	Gary Gooden, St. Francis- NY
IC4A:	14.85	I		

Name	Yr	School	Finals
Section 1 Finals Wind: -1.8			
1 Gissendanner, Terrell	SR	Monmouth	14.40 I
2 Jean-Louis, Bertony	SO	Sacred Heart	14.48 I
3 Rosado, Jeremy	FR	Sacred Heart	14.58 I
4 Rutherford, Chris	SO	Monmouth	14.74 I
5 Hudson, Dewitt	JR	Robert Morris	15.31
6 Rowe, Keith	SR	Sacred Heart	15.37
7 Ignaczak, Arthur	SR	Mount St. Mary's	15.42
8 FitzSimons, Thomas	SO	Mount St. Mary's	15.66

Men 400 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

World:	46.78	W	8/6/1992	Kevin Young, USA
American:	46.78	A	8/6/1992	Kevin Young, Foot Locker AC
Collegiate:	47.56	C	6/11/2005	Kerron Clement, Florida
NEC Conf.:	51.54	N	2000	Jim Baughman, Robert Morris
IC4A:	53.84	I		

Name	Yr	School	Prelims
Heat 1 Preliminaries			
1 Fitzgerald, Andrew	JR	Bryant	54.82 Q
2 Masey, Daquan	SR	St. Francis (N.Y.)	55.03 q
3 McLoughlin, Justin	FR	Sacred Heart	55.09 q
4 Monteiro, Anthony	SO	Bryant	57.83
5 Lindblom, Nick	FR	Central Connecticut	59.32
6 Fitzgerald, Sean	FR	Mount St. Mary's	1:01.40

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Results

Heat 2 Preliminaries ... (Men 400 Meter Hurdles)

Name	Yr	School	Prelims
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Heat 2 Preliminaries

1	Tyler, Eric	SR	Long Island	54.04	Q
2	Gissendanner, Terrell	SR	Monmouth	55.13	q
3	Smith, DJ	JR	Robert Morris	56.41	
4	Morton, Tyler	FR	Robert Morris	57.78	
5	Uccellini, John	JR	Robert Morris	58.24	
6	Kasper, Scott	JR	Sacred Heart	58.41	

Heat 3 Preliminaries

1	Rutherford, Chris	SO	Monmouth	I 53.57	Q
2	Rosado, Jeremy	FR	Sacred Heart	54.09	q
3	Villane, Matthew	SR	Wagner	55.03	q
4	Fitzpatrick, Dan	JR	Monmouth	56.96	
5	Andrews, Anthony	SR	St. Francis (N.Y.)	57.85	
6	Galanto, Daniel	JR	Sacred Heart	1:00.00	
7	Peacock, Ben	SR	St. Francis (Pa.)	1:01.16	

Men 400 Meter Hurdles

World:	46.78	W	8/6/1992	Kevin Young, USA
American:	46.78	A	8/6/1992	Kevin Young, Foot Locker AC
Collegiate:	47.56	C	6/11/2005	Kerron Clement, Florida
NEC Conf.:	51.54	N	2000	Jim Baughman, Robert Morris
IC4A:	53.84	I		

Name	Yr	School	Finals
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Section 1 Finals

1	Rutherford, Chris	SO	Monmouth	51.94	I
2	Tyler, Eric	SR	Long Island	52.62	I
3	Rosado, Jeremy	FR	Sacred Heart	53.78	I
4	Gissendanner, Terrell	SR	Monmouth	54.09	
5	Massey, Daquan	SR	St. Francis (N.Y.)	54.10	
6	Fitzgerald, Andrew	JR	Bryant	54.21	
7	Villane, Matthew	SR	Wagner	55.84	
8	McLoughlin, Justin	FR	Sacred Heart	57.06	

Men 3000 Meter Steeplechase

World:	7:53.63	W	9/3/2004	Saif Shaheen, QAT
American:	8:08.82	A	7/14/2006	Daniel Lincoln, Nike
Collegiate:	8:05.4h	C	5/13/1978	Henry Rono, Washington State
NEC Conf.:	9:08.66	N	2001	Brian Sell, St. Francis- PA
IC4A:	9:15.00	I		

Name	Yr	School	Finals
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Section 1

1	Caskey, Sean	FR	Mount St. Mary's	10:07.12
2	Rickert, Brendan	SR	Sacred Heart	10:10.85
3	Coughlin, Benjamin	JR	Bryant	10:17.25
4	McKee, Andrew	JR	St. Francis (Pa.)	10:23.52
5	Miller, Matthew	SR	Sacred Heart	10:55.63
6	Phillips, Stephen	SO	Sacred Heart	10:55.89
7	Pinto, Sonny	SO	Robert Morris	11:32.59
---	Carullo, Michael	SO	St. Francis (N.Y.)	DNS

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Results

Section 2 ... (Men 3000 Meter Steeplechase)

Name	Yr	School	Finals
Section 2			
1 Johnston, James	SR	Wagner	9:38.14
2 Kirby, Sean	FR	St. Francis (Pa.)	9:46.36
3 Kenworthy, John	SR	Sacred Heart	9:47.56
4 Cherkis, Robert	FR	Fairleigh Dickinson	9:47.95
5 Gilhuley, Paul	FR	St. Francis (N.Y.)	9:53.84
6 Koehler, Daniel	JR	Sacred Heart	9:55.16
7 Seidl, Colin	FR	Sacred Heart	9:57.06
8 Ingle, Ben	FR	Robert Morris	9:57.07
9 Gonsalves, Anthony	SO	Central Connecticut	10:03.56
10 Foley, Shaun	FR	St. Francis (Pa.)	10:17.59
11 Mengel, Adam	SO	St. Francis (Pa.)	10:21.42
12 Dowd, Billy	JR	Monmouth	10:25.78
13 Moore, Taylor	SO	St. Francis (Pa.)	10:30.54
14 Apgar, Todd	SO	Monmouth	10:39.04

Men 4x100 Meter Relay

World:	37.10	W	8/22/2008	JAM, JAM Carter, Frater, Bolt, Powell
American:	37.40	A	8/8/1992	National Team, USA national team Marsh, Burrell, Mitchell, Lewis
Collegiate:	38.04	C	6/5/1998	TCU, TCU Howard, Holloway, Williams, Spencer
NEC Conf.:	40.91	N	5/4/2008	Sacred Heart, Sacred Heart M Barrett, A Dixon, J Soule, S Giordano
IC4A:	42.50	I		

Team	Relay	Finals
Section 1		
1 Robert Morris	A	42.07 I
1) Hudson, Dewitt JR	2) Green, Terrance JR	3) Morton, Tyler FR
4) Gladman, Charles JR		
2 Fairleigh Dickinson	A	42.45 I
1) McDonald, Raldaine FR	2) Johnson, Weymour FR	3) Harris, Waydell FR
4) Campbell, Darren JR		
3 Bryant	A	42.68
1) Fitzgerald, Andrew JR	2) Engel, Alexander SR	3) DiBella, Michael JR
4) O'Connor, Thomas JR		
4 St. Francis (N.Y.)	A	44.50
1) Massey, Daquan SR	2) Smith, Kiechen SR	3) Morales, Anthony FR
4) Andrews, Anthony SR		
Section 2		
1 Long Island	A	40.94 I
1) Barnes, Robert SO	2) Lewis, Miles FR	3) Mahlung, Nickolei SO
4) Richards, Brian FR		
2 Monmouth	A	41.00 I
1) Krupka, Zachary JR	2) Navarro, Geoff SO	3) Kelsey, Jason JR
4) Taiwo, Chris SR		
3 Mount St. Mary's	A	41.89 I
1) Swope, Tyler FR	2) Brewington, Christopher JR	3) Huguley, Quinton SO
4) Brown, Chadwich JR		
4 Sacred Heart	A	42.10 I
1) Lyhne, Matthew FR	2) Jean-Louis, Bertony SO	3) Roman, Joshua FR
4) Rosado, Jeremy FR		
5 Central Connecticut	A	43.66
1) Boyd-Carter, Keith FR	2) Hopper, Dan FR	3) Lewis, Harry JR
4) Paul, Josue JR		
--- St. Francis (Pa.)	A	DNF
1) Armstead, Tony SO	2) Velez, William SR	3) Rusonis, Anthony SO
4) Connell, Issa FR		

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Results****Men 4x400 Meter Relay**

World:	2:54.29	W	8/22/1993	USA, USA Watts, Valmon, Reynolds, Johnson
American:	2:54.20	A	7/22/1998	National Team, USA national team Young, Pettigrew, Washington, Johnson
Collegiate:	2:59.59	C	6/11/2005	LSU, UCLA Dardar, Willie, Brazell, Carter
NEC Conf.:	3:09.98	N	1998	Mount St. Mary's, Mount St. Mary's Stimms, Chandler, Hyppolite, Scoon
IC4A:	3:17.60	I		

Team	Relay	Finals
Section 1		
1 Central Connecticut	A	3:22.24
1) Hopper, Dan FR	2) Mason, Myles SO	3) Waterbury, Mike FR
2 Robert Morris	A	3:22.84
1) Gladman, Charles JR	2) Robinson, Michael FR	3) Morton, Tyler FR
3 St. Francis (Pa.)	A	3:24.26
1) Rusonis, Anthony SO	2) Foster, Lloyd SO	3) Kealey, Brian SO
4 Wagner	A	3:31.51
1) Macdonald, Colin SO	2) Kearney, Kevin SR	3) Reidy, Matt SR
4) Doxey, Brian JR		
Section 2		
1 Long Island	A	3:15.32 I
1) Goffe, Sheldon SR	2) Tyler, Eric SR	3) Barnes, Robert SO
4) Neckles, Elmo JR		
2 Bryant	A	3:16.26 I
1) DiBella, Michael JR	2) Pugliano, Joseph FR	3) O'Connor, Thomas JR
4) Engel, Alexander SR		
3 Mount St. Mary's	A	3:16.51 I
1) Kymingham, Jason JR	2) Duffy, Hayden FR	3) Orsulak, Joseph SO
4) FitzSimons, Thomas SO		
4 Sacred Heart	A	3:16.95 I
1) Roman, Joshua FR	2) Soule, Jason SR	3) Lyhne, Matthew FR
4) Jean-Louis, Bertony SO		
5 Fairleigh Dickinson	A	3:17.19 I
1) Campbell, Darren JR	2) Johnson, Weymour FR	3) Harris, Waydell FR
4) Amarouch, Ahmed FR		
6 Monmouth	A	3:19.00
1) Fay, Eric JR	2) Krupka, Zachary JR	3) Kelsey, Jason JR
4) Rutherford, Chris SO		
7 St. Francis (N.Y.)	A	3:22.25
1) Massey, Daquan SR	2) Smith, Kiechen SR	3) Andrews, Anthony SR
4) Ksepka, Rafal SO		

Men 4x800 Meter Relay**2 alley start**

World:	7:02.43	W	8/25/2006	Kenya, KEN Mutua, Yiamпой, Kombich, Bungei
American:	7:02.82	A	8/25/2006	National Team, USA national team Harris, Robinson, Burley, Krummenacker
Collegiate:	7:08.96	C	4/7/1984	Arizona State, Arizona State Richardson, Davis, Scott, Stahr
NEC Conf.:	7:40.32	N	2000	Fairleigh Dickinson, Fairleigh Dickinson Walsh, Lancaster, Ondieki, Bare
IC4A:	7:43.00	I		

Team	Relay	Finals
Section 1		
1 St. Francis (N.Y.)	A	7:43.06
1) Gilhuley, Paul FR	2) Gilhuley, Joseph FR	3) Nersten, Brian FR
4) Ksepka, Rafal SO		
2 Long Island	A	7:44.23
1) Goffe, Sheldon SR	2) Neckles, Elmo JR	3) Mutekanga, Julius SR
4) Welch, Chris FR		
3 St. Francis (Pa.)	A	7:44.56
1) Kealey, Brian SO	2) DuBois, Ryan SO	3) Foster, Lloyd SO
4) Behre, Chris JR		

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Team	Relay	Finals
4 Central Connecticut 1) Waterbury, Mike FR	A 2) Tiernan, Kevin SO	7:54.21 4) Hrezi, Mohamed FR
5 Sacred Heart 1) Chorney, Matthew SR	A 2) Koehler, Daniel JR	7:55.09 4) Lusignan, Jeffrey SO
6 Wagner 1) Johnston, James SR	A 2) Kearney, Kevin SR	7:57.27 4) Doxey, Brian JR
7 Fairleigh Dickinson 1) Bett, Kimutai SO	A 2) Johnson, Weymour FR	7:58.36 4) Stabile, Nico FR
8 Monmouth 1) Forgach, Peter SR	A 2) Langianese, Colton JR	8:03.85 4) Palmer, Ford FR
9 Bryant 1) Twardowski, Scott JR	A 2) Hurley, David FR	8:04.29 4) Busby, Ryan SO
10 Robert Morris 1) Ingle, Ben FR	A 2) Robinson, Michael FR	8:15.48 4) Smith, DJ JR
11 Mount St. Mary's 1) Swisko, Christopher FR	A 2) Duffy, Hayden FR	8:37.90 4) Mitchell, William SR

Men High Jump

Starting height is 1.74/ No 5 alive method

Progression is 1.74, 1.79, 1.84, 1.89, 1.92, 1.95, 1.98

2.01, 2.04

World:	2.45m	W	7/27/1993	Javier Sotomayor, CUB
American:	2.40m	A	8/7/1991	Charles Austin, unattached
Collegiate:	2.38m	C	6/3/1989	Hollis Conway, S. W. Louisiana
NEC Conf.:	2.18m	N	2003	Huguens Jean, UMBC
IC4A:	2.04m	I		

Name	Yr	School	Finals
Flight 1			
1 Berube, Matt	SO	Central Connecticut	2.04m I 6-08.25
2 Brown, Dean	SR	St. Francis (N.Y.)	2.01m 6-07.00
3 Rodriguez, Julio	JR	Monmouth	1.95m 6-04.75
4 Dyson, Jordan	JR	Robert Morris	1.95m 6-04.75
5 Trifone, Nick	SO	Central Connecticut	1.92m 6-03.50
6 Phillips, Nicholas	SO	Sacred Heart	1.92m 6-03.50
7 Fedder, Andrew	FR	Monmouth	1.92m 6-03.50
8 Bills, Rich	FR	Monmouth	1.89m 6-02.25
8 Conaway, Adham	SO	Long Island	1.89m 6-02.25
10 Lawrence, William	FR	Mount St. Mary's	1.89m 6-02.25
11 Rowe, Keith	SR	Sacred Heart	1.84m 6-00.50
11 Rathbun, Eric	JR	Central Connecticut	1.84m 6-00.50
13 FitzSimons, Thomas	SO	Mount St. Mary's	1.84m 6-00.50
14 Ferguson, Jordan	FR	Robert Morris	1.79m 5-10.50
15 Kalindaga, Amos	FR	Bryant	1.74m 5-08.50
--- Polis, Scott	FR	Sacred Heart	NH
--- Bartlett, Jake	FR	Monmouth	DNS

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Starting Height is 3.60, No 5 Alive

Progression is 3.60, 3.75, 3.90, 4.05, 4.20, 4.30,

4.40, 4.50, 4.60, 4.65, 4.70, 4.75, 4.80

World: 6.14m W 7/31/1994 Sergey Bubka, UKR
 American: 6.04m A 6/8/2008 Brad Walker, Nike
 Collegiate: 5.98m C 5/25/1996 Lawrence Johnson, Tennessee
 NEC Conf.: 4.81m N 2004 David Hinton, Mt. St. Mary's
 IC4A: 4.80m I

Name	Yr	School	Finals	
Flight 1				
1 Trunzo, Anthony	SR	Robert Morris	4.60m	15-01.00
2 FitzSimons, Thomas	SO	Mount St. Mary's	4.60m	15-01.00
3 Matano, Pete	SO	Monmouth	4.60m	15-01.00
4 Timmons, Jason	SO	Monmouth	4.50m	14-09.00
5 Cabral, Brandon	SO	Monmouth	4.50m	14-09.00
6 Spataro, Chris	JR	Robert Morris	4.40m	14-05.25
6 Villanova, Rick	SO	Mount St. Mary's	4.40m	14-05.25
8 Rice, Scott	FR	Mount St. Mary's	4.30m	14-01.25
9 Rowe, Keith	SR	Sacred Heart	4.30m	14-01.25
10 Polis, Scott	FR	Sacred Heart	4.20m	13-09.25
11 Galanto, Daniel	JR	Sacred Heart	4.05m	13-03.50
12 Caravello, Jeffrey	SO	Wagner	3.90m	12-09.50
13 Untisz, Mark	FR	Monmouth	3.75m	12-03.50
14 Mann, Josh	FR	Monmouth	3.60m	11-09.75
--- Mitchell, Nate	SO	Central Connecticut	DNS	

Men Long Jump

Advance 9 top marks plus ties to finals.

World: 8.95m W 8/30/1991 Mike Powell, USA
 American: 8.95m A 8/30/1991 Mike Powell, Foot Locker AC
 Collegiate: 8.74m C 4/2/1994 Erick Walder, Arkansas
 NEC Conf.: 7.55m N 2002 Jarrad Pencek, Robert Morris
 IC4A: 7.10m I

Name	Yr	School	Finals	Wind
Flight 1				
1 Boyd, Corryl	JR	Long Island	7.24m I	23-09.00 1.3
2 Lawrence, William	FR	Mount St. Mary's	6.50m	21-04.00 1.3
3 Ha, Steven	FR	Mount St. Mary's	6.44m	21-01.50 1.5
4 Velez, William	SR	St. Francis (Pa.)	6.38m	20-11.25 1.8
5 Rathbun, Eric	JR	Central Connecticut	6.06m	19-10.75 1.5
6 Freidhoff, Christopher	SO	St. Francis (Pa.)	6.02m	19-09.00 1.7
7 Polis, Scott	FR	Sacred Heart	5.95m	19-06.25 1.7
8 Morton, Paul	SO	Long Island	5.87m	19-03.25 1.5
9 Nelson, Phil	JR	Wagner	5.82m	19-01.25 1.0
--- Maldari, Christopher	FR	Mount St. Mary's	FOUL	
--- Hardeman, Brian	SO	Bryant	FOUL	
--- Trifone, Nick	SO	Central Connecticut	FOUL	
--- Mercorelli, Daniel	JR	Wagner	FOUL	

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Results

Flight 2 ... (Men Long Jump)

Name	Yr	School	Finals	Wind
Flight 2				
1 Richards, Brian	FR	Long Island	7.50m I 24-07.25	1.3
2 Gissendanner, Terrell	SR	Monmouth	7.43m 24-04.50	2.5
3 Huguley, Quinton	SO	Mount St. Mary's	7.30m 23-11.50	2.2
4 Solomon, Amire	SO	Long Island	7.29m I 23-11.00	1.7
5 Kelsey, Jason	JR	Monmouth	7.26m 23-10.00	2.6
6 Lewis, Joshua	SO	Monmouth	7.16m I 23-06.00	1.0
7 FitzSimons, Thomas	SO	Mount St. Mary's	7.12m I 23-04.50	1.3
8 Rowe, Keith	SR	Sacred Heart	7.06m 23-02.00	2.3
9 Berube, Matt	SO	Central Connecticut	6.82m 22-04.50	+0.0
10 Reevey, Kollon	SR	Monmouth	6.65m 21-10.00	1.6
11 Brida, Chris	SO	Bryant	6.61m 21-08.25	0.8
12 Fitzgerald, Andrew	JR	Bryant	6.57m 21-06.75	0.8
13 Obemeata, Aboshioma	FR	St. Francis (N.Y.)	6.44m 21-01.50	0.8
--- Stubblefield, Wilmot	FR	Long Island	DNS	NWI

Men Triple Jump

Advance 9 top marks plus ties to finals.

World:	18.29m	W	8/7/1995	Jonathan Edwards, GBR
American:	18.09m	A	7/27/1996	Kenny Harrison, Nike
Collegiate:	17.57m	C	6/5/1982	Keith Connor, SMU
NEC Conf.:	15.56m	N	5/4/2008	Nasim Siddeeq, Robert Morris
IC4A:	14.50m	I		

Name	Yr	School	Finals	Wind
Flight 1				
1 Berube, Matt	SO	Central Connecticut	14.00m 45-11.25	+0.0
2 Washington, Lance	FR	Robert Morris	13.24m 43-05.25	1.0
3 Hardeman, Brian	SO	Bryant	12.99m 42-07.50	1.4
4 Phillips, Nicholas	SO	Sacred Heart	12.83m 42-01.25	2.0
5 Maldari, Christopher	FR	Mount St. Mary's	12.58m 41-03.25	0.8
6 Rathbun, Eric	JR	Central Connecticut	12.57m 41-03.00	0.9
7 Dyson, Jordan	JR	Robert Morris	12.53m 41-01.50	2.2
8 Ferguson, Jordan	FR	Robert Morris	12.15m 39-10.50	0.2
9 Morton, Paul	SO	Long Island	12.12m 39-09.25	0.5
10 Freidhoff, Christopher	SO	St. Francis (Pa.)	11.98m 39-03.75	0.5
--- Waltman, Nick	FR	Monmouth	FOUL	
--- Nelson, Phil	JR	Wagner	DNS	NWI
Flight 2				
1 Solomon, Amire	SO	Long Island	14.55m I 47-09.00	0.4
2 Obemeata, Aboshioma	FR	St. Francis (N.Y.)	14.36m 47-01.50	0.3
3 Jean-Louis, Bertony	SO	Sacred Heart	14.21m 46-07.50	+0.0
4 Smith, Kiechen	SR	St. Francis (N.Y.)	14.21m 46-07.50	0.8
5 Taiwo, Chris	SR	Monmouth	14.16m 46-05.50	+0.0
6 Brown, Dean	SR	St. Francis (N.Y.)	13.91m 45-07.75	1.5
7 Brida, Chris	SO	Bryant	13.80m 45-03.50	0.2
8 Kamguia, Senghor	SO	Fairleigh Dickinson	13.63m 44-08.75	1.5
9 Huguley, Quinton	SO	Mount St. Mary's	13.15m 43-01.75	1.3
10 Mann, Josh	FR	Monmouth	13.12m 43-00.50	2.3
11 Ha, Steven	FR	Mount St. Mary's	13.03m 42-09.00	0.1

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Flight 2 ... (Men Triple Jump)

Name	Yr	School	Finals	Wind
--- Stubblefield, Wilmot	FR	Long Island	DNS	NWI

Men Shot Put

Advance 9 top marks plus ties to finals.

World:	23.12m	W	5/20/1990	Randy Barnes, USA
American:	23.13m	A	5/20/1990	Randy Barnes, Mazda TC
Collegiate:	22.00m	C	6/3/1995	John Godina, UCLA
NEC Conf.:	18.97m	N	2002	Jonathan Kalnas, Monmouth
IC4A:	15.60m	I		

Name	Yr	School	Finals
Flight 1			
1 Miccio, Philip	FR	Sacred Heart	13.86m 45-05.75
2 Thurner-Diaz, Chuck	FR	Robert Morris	13.80m 45-03.50
3 Saltsgiver, Robert	FR	Robert Morris	13.40m 43-11.75
4 Petrucci, Chase	SO	Sacred Heart	12.96m 42-06.25
5 Coulson, Alan	SO	Mount St. Mary's	12.35m 40-06.25
6 Snyder, Ryan	FR	Monmouth	11.75m 38-06.75
7 Sill, Bryan	JR	St. Francis (Pa.)	11.59m 38-00.25
8 Jeffries, Tyler	JR	Wagner	10.22m 33-06.50
9 Almendarez, Mathew	FR	St. Francis (Pa.)	9.77m 32-00.75
--- Telesford, Michael	FR	Fairleigh Dickinson	FOUL

Flight 2			
1 Elardo, Vincent	JR	Monmouth	17.31m I 56-09.50
2 Lundy, Larry	SR	Monmouth	17.17m I 56-04.00
3 Sabo, Shawn	SR	Monmouth	16.21m I 53-02.25
4 Mitchell, Stephen	FR	Robert Morris	16.12m I 52-10.75
5 Williams, Rashad	SO	Central Connecticut	15.40m 50-06.25
6 Ahmed, Zacharia	SO	Fairleigh Dickinson	15.17m 49-09.25
7 Morales, Brendan	FR	Robert Morris	15.00m 49-02.50
8 Carle, Shane	FR	Monmouth	14.88m 48-10.00
9 Ray, Collin	FR	Robert Morris	14.47m 47-05.75
10 Rizzotto, Victor	SR	Monmouth	13.83m 45-04.50
--- Berisha, Nik	SR	Fairleigh Dickinson	FOUL

Men Discus Throw

Advance 9 top marks plus ties to finals.

World:	74.08m	W	6/6/1986	Jurgen Schult, GDR
American:	72.34m	A	7/7/1981	Ben Plucknett, SoCal Striders
Collegiate:	67.66m	C	5/29/2004	Hannes Hopley, SMU
NEC Conf.:	53.53m	N	5/5/2007	Evan Lasher, Sacred Heart
IC4A:	47.50m	I		

Name	Yr	School	Finals
Flight 1			
1 Snyder, Ryan	FR	Monmouth	39.33m 129-00
2 Bookhamer, Terry	SO	St. Francis (Pa.)	38.89m 127-07
3 Morales, Brendan	FR	Robert Morris	38.73m 127-01
4 Berisha, Nik	SR	Fairleigh Dickinson	37.65m 123-06
5 Mahl, Christopher	SO	Sacred Heart	36.67m 120-04
6 Thurner-Diaz, Chuck	FR	Robert Morris	36.66m 120-03

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Name	Yr	School	Finals	
7 Lowery, Jordan	JR	Robert Morris	36.60m	120-01
8 Miccio, Philip	FR	Sacred Heart	34.32m	112-07
9 Almendarez, Mathew	FR	St. Francis (Pa.)	33.77m	110-09
10 Jeffries, Tyler	JR	Wagner	25.84m	84-09
--- Sill, Bryan	JR	St. Francis (Pa.)	FOUL	

Flight 2

1 Elardo, Vincent	JR	Monmouth	48.13m	I 157-11
2 Sabo, Shawn	SR	Monmouth	47.19m	154-10
3 Ray, Collin	FR	Robert Morris	46.97m	154-01
4 Saltsgiver, Robert	FR	Robert Morris	43.79m	143-08
5 Lundy, Larry	SR	Monmouth	43.18m	141-08
6 Brady, Edward	SR	Mount St. Mary's	42.06m	138-00
7 Coulson, Alan	SO	Mount St. Mary's	41.41m	135-10
8 Wagner, Matthew	FR	Sacred Heart	39.62m	130-00
9 Ahmed, Zacharia	SO	Fairleigh Dickinson	36.91m	121-01
10 Telesford, Michael	FR	Fairleigh Dickinson	35.87m	117-08
--- Carle, Shane	FR	Monmouth	FOUL	
--- Williams, Rashad	SO	Central Connecticut	DNS	

Men Hammer Throw**Advance 9 top marks plus ties to finals.**

World:	86.74m	W	8/30/1986	Yuriy Sedykh, RUS
American:	82.52m	A	9/7/1996	Lance Deal, NYAC
Collegiate:	81.94m	C	5/19/1995	Balazs Kiss, So. California
NEC Conf.:	63.01m	N	5/6/2007	Ed Skowronski, Monmouth
IC4A:	53.00m	I		

Name	Yr	School	Finals	
Flight 1				
1 Fernandez, Jon	SO	Mount St. Mary's	44.56m	146-02
2 Clark, Charles	JR	Sacred Heart	42.88m	140-08
3 Rizzotto, Victor	SR	Monmouth	42.51m	139-06
4 Ray, Collin	FR	Robert Morris	41.98m	137-09
5 Telesford, Michael	FR	Fairleigh Dickinson	41.76m	137-00
6 Mitchell, Stephen	FR	Robert Morris	41.44m	135-11
7 Ahmed, Zacharia	SO	Fairleigh Dickinson	37.80m	124-00
8 Schreiber, Jack	FR	Robert Morris	36.39m	119-05
9 Coulson, Alan	SO	Mount St. Mary's	36.14m	118-07
10 Miccio, Philip	FR	Sacred Heart	35.27m	115-08
11 Lowery, Jordan	JR	Robert Morris	35.18m	115-05
12 Bulagay, Antonio	FR	Fairleigh Dickinson	32.30m	106-00
--- Brady, Edward	SR	Mount St. Mary's	FOUL	

Flight 2

1 Elardo, Vincent	JR	Monmouth	59.92m	I 196-07
2 Lundy, Larry	SR	Monmouth	54.83m	I 179-11
3 Megerdichian, Matthew	SR	St. Francis (N.Y.)	50.69m	166-04
4 Williams, Rashad	SO	Central Connecticut	50.46m	165-07
5 Sabo, Shawn	SR	Monmouth	50.02m	164-01
6 Berisha, Nik	SR	Fairleigh Dickinson	48.95m	160-07
7 Morales, Brendan	FR	Robert Morris	48.71m	159-10

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Name	Yr	School	Finals	
8 Bowman, Michael	SR	Robert Morris	47.35m	155-04
9 Bookhamer, Terry	SO	St. Francis (Pa.)	44.97m	147-06
10 Mahl, Christopher	SO	Sacred Heart	43.99m	144-04
11 Snyder, Ryan	FR	Monmouth	41.38m	135-09
12 Wagner, Matthew	FR	Sacred Heart	39.42m	129-04
--- Conklin, Mark	SO	Sacred Heart	FOUL	

Men Javelin Throw

Advance 9 top marks plus ties to finals.

World:	98.48m	W	5/25/1996	Jan Zelezny, CZE
American:	91.29m	A	6/21/2007	Breaux Greer, adidas
Collegiate:	89.10m	C	3/24/1990	Patrik Boden, Texas
NEC Conf.:	68.39m	N	2002	Peter Alouise, St. Francis- PA
IC4A:	58.70m	I		

Name	Yr	School	Finals	
Flight 1				
1 Bowman, Michael	SR	Robert Morris	53.90m	176-10
2 Brady, Edward	SR	Mount St. Mary's	51.16m	167-10
3 Haberkorn, Charles	JR	Mount St. Mary's	48.26m	158-04
4 Mitchell, Stephen	FR	Robert Morris	47.74m	156-07
5 Ward, Kevin	SR	Bryant	46.09m	151-02
6 Smith, Michael	SR	Monmouth	42.76m	140-03
7 Schreiber, Jack	FR	Robert Morris	39.12m	128-04
8 Bulagay, Antonio	FR	Fairleigh Dickinson	35.62m	116-10
--- Abouhala, Andre	FR	Bryant	DNS	

Flight 2

1 Easley, Marion	SR	Monmouth	65.70m	I	215-07
2 Rizzotto, Victor	SR	Monmouth	63.13m	I	207-01
3 DuVernois, Vincent	FR	Monmouth	61.59m	I	202-01
4 Fernandez, Jon	SO	Mount St. Mary's	60.09m	I	197-02
5 Rothenburger, Sean	JR	Sacred Heart	58.36m		191-06
6 Megerdichian, Matthew	SR	St. Francis (N.Y.)	57.96m		190-02
7 FitzSimons, Thomas	SO	Mount St. Mary's	56.39m		185-00
8 Mizerek, Matt	SR	Monmouth	54.09m		177-05
9 Paul, Eric	SR	Monmouth	48.80m		160-01
--- Gooding, Peter	JR	Bryant	DNS		

Women - Team Rankings - 21 Events Scored

1) Monmouth	202	2) Long Island	145
3) Mount St. Mary's	101	4) Sacred Heart	97
5) St. Francis (Pa.)	68	6) Robert Morris	46
7) Quinnipiac	39	8) Fairleigh Dickinson	33
9) Wagner	31	10) Central Connecticut	29
11) Bryant	18	12) St. Francis (N.Y.)	9

Men - Team Rankings - 21 Events Scored

1) Monmouth	214.5	2) Long Island	137.5
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3) Central Connecticut	79	4) Mount St. Mary's	78.5
5) Sacred Heart	74	6) Robert Morris	59.5
7) St. Francis (N.Y.)	57	8) St. Francis (Pa.)	47
9) Wagner	24	9) Bryant	24
9) Fairleigh Dickinson	24		