Athlete of the Week
Cailin Lynam, Monmouth
So., Sparta, NJ/Sparta

Lynam captures Athlete of the Week honors after finishing 17th at the Fordham Invitational with a time of 19:20. Her time was the eighth best time in school history at Van Cortlandt Park in a field that featured 23 schools, including teams from Princeton, Penn, Northwestern, and Rutgers.

Rookie of the Week
Dana Troy, Sacred Heart
Fr., Lebanon, CT/Lyman Memorial

In just her first collegiate meet Troy led all Pioneer harriers at the Fordham Invitational with a time of 19:47. Placing 25th in a field of 233, she helped guide the Pioneers to a twelfth place finish in the 23 school meet.

Top Seven Times List

Central Connecticut State
Did not compete last week.

Fairleigh Dickinson
9/8 - Fordham Invitational
5,000 meters
Megan Patterson 24:33
Jessica Sanders 26:53
Hawa Massaquoi 25:19
Asha Jones 28:29
Dara Jones 28:51
Karino Pinto 29:36

Long Island
Did not compete last week.

Monmouth
9/8 - Fordham Invitational (6th out of 23 - 202 points)
5,000 meters
Cailin Lynam 19:20
Meredith Malloy 20:17
Christine Alland 20:42
Corinne LaChac 20:54
Courtney Spratford 21:04
Laura Embrey 21:32
Tiffany McKenna 22:02

Mount St. Mary's
Did not compete last week.

Quinnipiac
Did not compete last week.

Robert Morris
Did not compete last week.

Sacred Heart
9/8 - Fordham Invitational (12th out of 23 - 296 points)
5,000 meters
Dana Troy 19:47
Kimberly Deloreto 19:49
Samantha Troy 21:44
Mary Coakley 21:56
Erin McPherson 21:57
Theresa Campbell 22:16
Melissa Santoro 23:04

St. Francis (NY)
Did not compete last week.

St. Francis (PA)
Did not compete last week.

Wagner
9/7 - Stony Brook Invitational (4th out of 4)
4,300 meters
Brecken Drager 16:44.68
Meaghan Robbins 17:38.62
Ashley Malin 18:23.90
Jenna Naglieri 18:27.09
Ryan Rogers 19:13.90