

Women's Indoor Track & Field

Champions

Year	Team Champion	Coach	Points	Outstanding Performer	Site
1991	Fairleigh Dickinson	Michael Shea	130.0	Laurie Smith (MSM)	Teaneck, NJ
1992	Fairleigh Dickinson	Michael Shea	148.0	Laurie Smith (MSM)	Teaneck, NJ
1993	Fairleigh Dickinson	Michael Shea	130.5	Sharlene Milwood (FDU) Donise Moore (FDU)	Teaneck, NJ
1994	Fairleigh Dickinson	Michael Shea	128.0	Natwon Harp (FDU)	Teaneck, NJ
1995	Mount St. Mary's	Mike Merritt	140.0	Donise Moore (FDU)	Teaneck, NJ
1996	Mount St. Mary's	Mike Merritt	144.0	Sharline White (FDU)	Teaneck, NJ
1997	Mount St. Mary's	Mike Merritt	153.0	Rebecca Wassner (MSM)	Teaneck, NJ
1998	Robert Morris	Bill Hodge	108.5	Heather Moul (MSM) Tisha Franklin (LIU)	Teaneck, NJ
1999	Fairleigh Dickinson	Peter Squires	114.0	Fateen Abdel-Baath (LIU)	Teaneck, NJ
2000	Robert Morris	Drew Dershimer	128.0	Genita Dickey (RMC) - Track Nicole Hollman (SFFA) - Field	New Haven, CT
2001	Central Connecticut State	George Kawecki	134.0	Genita Dickey (RMC) - Track Cleopatra Borel (UMBC) - Field	Landover, MD
2002	Long Island	Julia Sandiford	128.0	Everlyne Cheptoo (FDU) - Track Cleopatra Borel (UMBC) - Field	Landover, MD
2003	Long Island	Julia Sandiford	146.0	Everlyne Cheptoo (FDU) - Track Camilla Harris (LIU) - Field	Landover, MD
2004	Monmouth	Joe Compagni	148.0	Chioma Ukpai (LIU) - Track Nicole Downing (RMU) - Field	Landover, MD
2005	Monmouth	Joe Compagni	137.0	Katina Alexander (MON) - Track Ashley Huffman (MON) - Field	Landover, MD
2006	Long Island	Julia Sandiford	113.0	Aisha Thomas (LIU) - Track Alaina Alfano (WAG) - Field	Landover, MD
2007	Long Island	Julia Sandiford	129.0	Tavia Burke (LIU) - Track Aisha Thomas (LIU) - Track	Landover, MD
2008	Monmouth	Joe Compagni	123.0	Diane Gmitter (SFFA) - Field Michelle Losey (MON) - Track	Landover, MD
2009	Monmouth	Joe Compagni	140.50	Heather Patton (LIU) - Field Jessie Gaines (LIU) - Track Heather Patton (LIU) - Field	Landover, MD

Most Valuable Performer

2001	Genita Dickey	Robert Morris
2002	Camilla Harris	Long Island
2003	Camilla Harris	Long Island
2004	Ashley Huffman	Monmouth
2005	Ashley Huffman	Monmouth
2006	Aisha Thomas	Long Island
2007	Tavia Burke	Long Island
	Aisha Thomas	Long Island
	Ashley Huffman	Monmouth
2008	Alaina Alfano	Wagner
2009	Jessie Gaines	Long Island

NCAA CHAMPIONSHIP PARTICIPATION

Year	Athlete	Event	Place	Perf.
1992	Sharlene Milwood (FDU)	400 m		
1993	Sharlene Milwood (FDU)	400 m		
1995	Sharline White (FDU)	Triple Jump		
1996	Sharline White (FDU) *	Triple Jump		
2001	Cleopatra Borel (UMBC)*	Shot Put	8th	51' 7"
2002	Cleopatra Borel (UMBC)*	Shot Put	1st	57' 5"
2006	Kaitlyn Gwyther (QU)	3,000 m	11th	9:29.16

* All-American

Rookie of the Meet

2004	Ashley Huffman	Monmouth
2005	Aisha Thomas	Long Island
2006	Alaina Alfano	Wagner
2007	Kristen Stevens	Quinnipiac
2008	Ashley DeCruise	Mount St. Mary's
2009	Jessie Gaines	Long Island

Coach of the Year

1995	Mike Merritt	Mount St. Mary's
1996	Mike Merritt	Mount St. Mary's
1997	Mike Merritt	Mount St. Mary's
1998	Bill Hodge	Robert Morris
1999	Peter Squires	Fairleigh Dickinson

2000	Jim Deegan	Mount St. Mary's
2001	George Kawecki	Central Connecticut State
2002	Julia Sandiford	Long Island
2003	Julia Sandiford	Long Island
2004	Joe Compagni	Monmouth
2005	Joe Compagni	Monmouth
2006	Julia Sandiford	Long Island
2007	Julia Sandiford	Long Island
2008	Joe Compagni	Monmouth
2009	Joe Compagni	Monmouth

Women's Indoor Track & Field

Records

Category	Performer (School)	Record	Year
High Jump	Donise Moore (FDU)	1.73 (5-08.00)	1995
	Brittany Dexter (SHU)	1.73 (5-08.00)	2008
Pole Vault	Mandy Jenkins (MSM)	3.74 (12-03.25)	2004
Long Jump	Camilla Harris (LIU)	6.07 (19-11.00)	2003
Triple Jump	Sharline White (FDU)	12.52 (41-01.00)	1996
Shot Put	Cleopatra Borel (UMBC)	16.36 (53-08.25)	2002
Weight Throw	Nicole Downing (RMU)	18.48 (60-07.75)	2005
55M	Tisha Franklin (LIU)	7.03	1998
55M Hurdles	Tracy Ann Moore (FDU)	8.01	1999
60M	Jessie Gaines (LIU)	7.58	2009
60M Hurdles	Tavia Burke (LIU)	8.57	2007
200M	Fateen Abdel-Baaith (LIU)	24.65	1999
300M	Sharlene Milwood (FDU)	39.43	1992
400M	Sharlene Milwood (FDU)	55.9	1992
500M	Genita Dickey (RMC)	1:12.14	2001
800M	Erika Jacobs (SFPA)	2:13.21	2007
1500M	Nadine Jamerson (MSM)	4:40.06	1993
Mile	Kaitlyn Gwyther (QU)	4:51.71	2006
3000M	Kaitlyn Gwyther (QU)	9:46.03	2006
5000M	Anna Hoffman (SFPA)	17:23.11	2008
Distance Medley Relay	Quinnipiac	12:13.68	2005
4x400M Relay	Monmouth	3:50.64	2004
4x800M Relay	Monmouth	9:48.27	1993
Team Score	Mount St. Mary's	153	1997

ALL-TIME INDIVIDUAL CHAMPIONSHIPS WON

Athlete	School	Titles
Camilla Harris	Long Island	7 2001-Long Jump 2002-Triple Jump, 60m hurdles 2003-Long Jump, Triple Jump, 60m, 60m hurdles
Donise Moore	Fairleigh Dickinson	6 1993-Triple Jump, 55m hurdles 1995-High Jump, Long Jump, 55m, 55m hurdles
Aisha Thomas	Long Island	6 2005-200m 2006-60m, 200m, 400m 2007-200m, 400m
Sharlene Milwood	Fairleigh Dickinson	5 1991-400m 1992-300m, 400m 1993-300m, 400m
Fateen Abdel-Baaith	Long Island	5 1996-500m 1997-400m 1998-400m 1999-200m, 400m
Genita Dickey	Robert Morris	5 2000-55m hurdles, 500m 2001-60m hurdles, 200m, 500m

Women's Indoor Track & Field



ALL-TIME CHAMPIONSHIP TEAM RESULTS

1991

1.	Fairleigh Dickinson	130
2.	Mount St. Mary's	104
3.	Wagner	60
4.	Robert Morris	44
5.	Monmouth	41
6.	St. Francis (PA)	13
7.	St. Francis (NY)	5
8.	Long Island	0

1992

1.	Fairleigh Dickinson	148
2.	Mount St. Mary's	89
3.	Monmouth	45
4.	Long Island	43
5.	Wagner	36
6.	Robert Morris	25
7.	Marist	8
8.	St. Francis (NY)	7

1993

1.	Fairleigh Dickinson	130.5
2.	Mount St. Mary's	84.5
3.	Monmouth	64.0
4.	Long Island	61.0
5.	Robert Morris	27.0
6.	Wagner	22.0
7.	St. Francis (NY)	8.0
8.	Marist	6.0

1994

1.	Fairleigh Dickinson	128
2.	Mount St. Mary's	68
3.	Monmouth	54.5
4.	Robert Morris	44
5.	Wagner	37
6.	Rider	36
7.	St. Francis (NY)	23.5
8.	Long Island	21
9.	St. Francis (PA)	15
10.	Marist	7

1995

1.	Mount St. Mary's	140
2.	Fairleigh Dickinson	138
3.	Wagner	43
4.	Monmouth	39
5.	Rider	24
6.	Long Island	18
7.	St. Francis (NY)	14
8.	Robert Morris	9
9.	Marist	8

1996

1.	Mount St. Mary's	144
2.	Fairleigh Dickinson	94
3.	Long Island	74.5
4.	Robert Morris	27
	Rider	27
6.	Marist	20.5
7.	Monmouth	18
8.	Wagner	16
9.	St. Francis (PA)	9
10.	St. Francis (NY)	4

1997

1.	Mount St. Mary's	153
2.	Rider	77
3.	St. Francis (PA)	54
	Fairleigh Dickinson	54
5.	Long Island	51
6.	Monmouth	47
7.	Marist	29
8.	Robert Morris	27
9.	Wagner	2
	St. Francis (NY)	2

1998

1.	Robert Morris	108.5
2.	Mount St. Mary's	107.75
3.	Long Island	100
4.	Monmouth	79.75
5.	Fairleigh Dickinson	75
	St. Francis (PA)	75
7.	Central Connecticut State	42
8.	Wagner	32
9.	St. Francis (NY)	1

1999

1.	Fairleigh Dickinson	114
2.	Long Island	101
3.	Monmouth	97.5
4.	St. Francis (PA)	83
5.	Mount St. Mary's	54
6.	Central Connecticut State	49
7.	Robert Morris	48.5
8.	St. Francis (NY)	29.5
9.	UMBC	24
10.	Wagner	22.50
11.	Quinnipiac	0

2000

1.	Robert Morris	128
2.	Mount St. Mary's	116
3.	Central Connecticut State	82
4.	UMBC	69
5.	St. Francis (PA)	59
6.	Long Island	48
	Monmouth	48
8.	Wagner	36
9.	Sacred Heart	32
10.	St. Francis (NY)	29
11.	Fairleigh Dickinson	15
12.	Quinnipiac	0

2001

1.	Central Connecticut State	134
2.	Monmouth	123
3.	Robert Morris	106.5
4.	Long Island	64
5.	UMBC	62
6.	St. Francis (PA)	53
7.	Mount St. Mary's	41.5
8.	Wagner	32
9.	Sacred Heart	26
10.	St. Francis (NY)	15
11.	Fairleigh Dickinson	5
12.	Quinnipiac	1

2002

1.	Long Island	128
2.	UMBC	84
3.	Monmouth	77
4.	Robert Morris	66
5.	St. Francis (PA)	64
6.	Fairleigh Dickinson	62
7.	Central Connecticut State	44
8.	Mount St. Mary's	39
9.	St. Francis (NY)	35
10.	Wagner	34
11.	Sacred Heart	23
12.	Quinnipiac	6

2003

1.	Long Island	146
2.	UMBC	84
3.	St. Francis (PA)	79
4.	Monmouth	75
5.	Fairleigh Dickinson	65
6.	Central Connecticut State	49
7.	Robert Morris	48
8.	Quinnipiac	34
9.	Mount St. Mary's	28
10.	Sacred Heart	25
11.	Wagner	20
12.	St. Francis (NY)	10

2004

1.	Monmouth	148
2.	Long Island	99
3.	St. Francis (PA)	95
4.	Fairleigh Dickinson	68
5.	Robert Morris	57
	Mount St. Mary's	57
7.	Sacred Heart	53
8.	Quinnipiac	46
9.	Wagner	26
10.	Central Connecticut State	13
11.	St. Francis (NY)	1

2005

1.	Monmouth	137
2.	Long Island	89
3.	St. Francis (PA)	79.5
4.	Mount St. Mary's	74
5.	Robert Morris	65
6.	Sacred Heart	60
7.	Fairleigh Dickinson	52
8.	Quinnipiac	42
9.	St. Francis (NY)	28
10.	Central Connecticut State	23.5
11.	Wagner	13



Women's Indoor Track & Field

ALL-TIME CHAMPIONSHIP TEAM RESULTS

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2006

1. Long Island	113
2. Monmouth	111
3. St. Francis (PA)	96
4. Mount St. Mary's	77
5. Sacred Heart	54
6. Wagner	52
7. Robert Morris	47
8. Quinnipiac	46
9. Fairleigh Dickinson	28
10. St. Francis (NY)	27
11. Central Connecticut State	12

2007

1. Long Island	129
2. Monmouth	127
3. Saint Francis (PA)	102
4. Quinnipiac	62
5. Sacred Heart	61.5
6. Mount St. Mary's	54
7. Robert Morris	45
8. Wagner	30.5
9. St. Francis (NY)	21
10. Central Connecticut State	18
11. Fairleigh Dickinson	13

2008

1. Monmouth	123
2. Long Island	112.5
3. Sacred Heart	100
4. Saint Francis (PA)	89.5
5. Mount St. Mary's	60
6. Robert Morris	55
7. Quinnipiac	53
8. Wagner	43
9. Fairleigh Dickinson	14
10. Central Connecticut State	7
11. St. Francis (NY)	6

2009

1. Monmouth	140.50
2. Long Island	134
3. Sacred Heart	132
4. Mount St. Mary's	56
5. Saint Francis (PA)	42
6. Robert Morris	41.50
7. Quinnipiac	34
8. Fairleigh Dickinson	31
9. Wagner	27
10. Central Connecticut State	18
11. Bryant	4
12. St. Francis (NY)	3

Women's Indoor Track & Field

ALL-TIME CHAMPIONSHIP RESULTS

1991 Championship (February 10, 1991) Teaneck, NJ

Shot Put			400 Meters		
	Distance	Points		Time	Points
1. Rita Babikan (FDU)	10.51 m	10	1. Sharlene Milwood (FDU)	57.7	10
2. Laurie Smith (MSM)	10.31	8	2. Jennifer Achziger (MSM)	59.5	8
3. Tracy Walsh (WAF)	9.90	6	3. Ingrid Fray (FDU)	59.6	6
4. Dawn Gregg (SFPA)	9.10	4	4. Beth Doering (SFPA)	62.0	4
5. Martine Verrier (WAG)	8.94	2	5. Stephanie Stiles (MSM)	67.3	2
6. Lisa Paskewitz (SFNY)	8.63	1	6. Claudine Celestin (SFNY)	67.8	1

High Jump			800 Meters		
	Height	Points		Time	Points
1. Laurie Smith (MSM)	1.62 m	10	1. Marcia Baker	2:14.2	10
2. Alex Waddell (RMC)	1.57	8	2. Chantal Marneffe (FDU)	2:14.9	8
3. Michelle Koch (MON)	1.52	6	3. Donna Brzynski (MON)	2:21.1	6
4. Kathleen McLaughlin (WAG)	1.47	4	4. Pam Alkins (FDU)	2:22.9	4
5. Tricia Waring (FDU)	1.42	2	5. Nadine Jamerson (MSM)	2:26.7	2
6. Chris Anderson (WAG)	1.42	1	6. Alex Waddell (RMC)	2:27.4	1

Long Jump			1500 Meters		
	Distance	Points		Time	Points
1. Laurie Smith (MSM)	5.29 m	10	1. Tara Maguire (WAG)	4:45.5	10
2. Tricia Waring (FDU)	5.07	8	2. Nadine Jamerson (MSM)	4:47.7	8
3. Angela Green (MSM)	4.87	6	3. Amy Kempf (FDU)	4:48.1	6
4. Maureen Linehan (RMC)	4.84	4	4. Jackie O'Rourke (MON)	4:53.6	4
5. Ingrid Faller (WAG)	4.83	2	5. Sherry Jenkins (FDU)	4:56.3	2
6. Kathleen McLaughlin (WAG)	4.77	1	6. Jenn Livingston (WAG)	5:11.8	1

Triple Jump			3000 Meters		
	Distance	Points		Time	Points
1. Kathleen McLaughlin (WAG)	10.04 m	10	1. Tara Maguire (WAG)	10:19.3	10
2. Tricia Waring (FDU)	9.77	8	2. Amy Kempf (FDU)	10:26.7	8
3. Maureen Linehan (RMC)	9.68	6	3. Sherry Jenkins (FDU)	10:50.0	6
4. Michelle Koch (MON)	9.40	4	4. Michelle Dey (MSM)	10:55.9	4
			5. Toni Granese (MON)	11:05.7	2
			6. Geri-Lynn Buckholz (MON)	11:37.8	1

55 Meters			4x400 Meter Relay		
	Time	Points		Time	Points
1. Barbara Witloa (MSM)	7.0	10	1. Fairleigh Dickinson	4:09.4	10
2. Crystal Williamson (FDU)	7.2	8	2. Mount St. Mary's	4:17.6	8
3. Angela Green (MSM)	7.6	6	3. Robert Morris	4:22.9	6
4. Missy Dorrance (RMC)	7.8	4	4. Wagner	4:31.1	4
5. Karen Nethersole (SFNY)	8.0	2	5. Monmouth	4:42.4	2
6. Erna Faber (SFNY)	9.0	1	6. St. Francis (PA)	4:46.1	1

55 Meter Hurdles			4x800 Meter Relay		
	Time	Points		Time	Points
1. Jackie Gray (RMC)	8.7	10	1. Monmouth	9:58.7	10
2. Laurie Smith (MSM)	8.8	8	2. Wagner	10:02	8
3. Michelle Koch (MON)	9.1	6	3. Mount St. Mary's	10:41.6	6
4. Beth Doering (SFPA)	9.4	4	4. Robert Morris	11:20.4	4
5. Chris Simpson (MSM)	9.6	2			
6. Kathleen McLaughlin (WAG)	9.7	1			

300 Meters		
	Time	Points
1. Crystal Williamson (FDU)	40.6	10
2. Ingrid Fray (FDU)	42.5	8
3. Tricia Waring (FDU)	42.9	6
4. Barbara Witola (MSM)	43.0	4
5. Jennifer Achziger (MSM)	43.4	2
6. Missy Dorrance (RMC)	46.2	1

Women's Indoor Track & Field

ALL-TIME CHAMPIONSHIP RESULTS

1992 Championship (February 15-16, 1992) Teaneck, NJ

<u>Shot Put</u>	<u>Distance</u>	<u>Points</u>	<u>400 Meters</u>	<u>Time</u>	<u>Points</u>
1. Talisa Lawson (FDU)	11.11 m	10	1. Sharlene Milwood (FDU)	55.9	10
2. Tracy Walsh (WAG)	10.64	8	2. Jackie Israel (MSM)	59.7	8
3. Laurie Smith (MSM)	10.34	6	3. Nadine Johnson (FDU)	60.7	6
4. Rita Babikian (FDU)	10.00	4	4. Mirlene Loveille (SFNY)	60.8	4
5. Mirlene Loveille (SFNY)	9.31	2	5. Tricia Waring (FDU)	61.5	2
6. Michelle Koch (MON)	8.69	1	6. Jaqueline Gray (RMC)	63.0	1

<u>High Jump</u>	<u>Height</u>	<u>Points</u>	<u>800 Meters</u>	<u>Time</u>	<u>Points</u>
1. Cheryl Fuller (FDU)	1.69 m	10	1. Marcia Baker (FDU)	2:18.33	10
2. Laurie Smith (MSM)	1.69	8	2. Donna Brzyski (MON)	2:21.75	8
3. Staci Lutz (RMC)	1.64	6	3. Maria Palminteri (LIU)	2:21.96	6
4. Michelle Koch (MON)	1.54	4	4. Kim Sheekey (MON)	2:22.1	4
5. Diana Mooney (WAG)	1.44	2	5. Nadine Jamerson (MSM)	2:22.7	2
6. Laura Khlupsa (MAR)	1.34	1	6. Malta Santiago (WAG)	2:23.1	1

<u>Long Jump</u>	<u>Distance</u>	<u>Points</u>	<u>1500 Meters</u>	<u>Time</u>	<u>Points</u>
1. Laurie Smith (MSM)	5.76 m	10	1. Amy Kempf (FDU)	4:41.3	10
2. Sharlene Milwood (FDU)	5.54	8	2. Jackie O'Rourke (MON)	4:42.6	8
3. Ava Douglas (LIU)	5.47	6	3. Marcia Baker (FDU)	4:53.1	6
4. Jennifer Koczan (FDU)	5.20	4	4. nadine Jamerson (MSM)	4:53.8	4
5. Loretta Varbero (WAG)	5.16	2	5. Jill Cordan (RMC)	4:56.8	2
6. Mekka Richardson (MSM)	5.06	1	6. Stella Cinoa (MSM)	5:01.8	1

<u>Triple Jump</u>	<u>Distance</u>	<u>Points</u>	<u>3000 Meters</u>	<u>Time</u>	<u>Points</u>
1. Laurie Smith (MSM)	10.70 m	10	1. Amy Kempf (FDU)	10:05.47	10
2. Jennifer Gunther (RMC)	10.16	8	2. Sherry Jenkins (FDU)	10:28.29	8
3. Loretta Varbero (WAG)	10.08	6	3. Jackie O'Rourke (MON)	10:31.09	6
4. Sonia Nichols (FDU)	10.04	4	4. Jennifer Livingstone (WAG)	10:37.29	4
5. Diana Mooney (WAG)	10.00	2	5. Toni Granese (MON)	10:39.09	2
6. Jackie Israel (MSM)	9.97	1	6. Jen Von Suskil (MAR)	9:24.82	1

<u>55 Meters</u>	<u>Time</u>	<u>Points</u>	<u>4x400 Meter Relay</u>	<u>Time</u>	<u>Points</u>
1. Talsia Lawson (FDU)	7.10	10	1. Fairleigh Dickinson	4:05.29	10
2. Janice Greene (LIU)	7.18	8	2. Mount St. Mary's	4:05.47	8
3. Ava Douglas (LIU)	7.55	6	3. Long Island	4:09.16	6
4. Crystal Williamson (FDU)	7.58	4	4. Wagner	4:15.63	4
5. Mekka Richardson (MSM)	7.59	2	5. Robert Morris	4:18.70	2
6. Vanessa Robinson (LIU)	7.87	1	6. St. Francis (NY)	4:23.00	1

<u>55 Meter Hurdles</u>	<u>Time</u>	<u>Points</u>	<u>4x800 Meter Relay</u>	<u>Time</u>	<u>Points</u>
1. Vanessa Robinson (LIU)	8.2	10	1. Monmouth	9:56.43	10
2. Laurie Smith (MSM)	8.3	8	2. Mount St. Mary's	10:03.68	8
3. Jen Koczan (FDU)	8.5	6	3. Marist	10:17.73	6
4. Jennifer Gunther (RMC)	9.5	4	4. Wagner	10:25.29	4
5. Michelle Koch (MON)	10.8	2	5. Robert Morris	11:02.18	2

<u>300 Meters</u>	<u>Time</u>	<u>Points</u>
1. Sharlene Milwood (FDU)	39.43	10
2. Jackie Israel (MSM)	42.67	8
3. Crystal Williamson (FDU)	43.22	6
4. Mekka Richardson (MSM)	43.1	4
5. Rosemary Gioia (WAG)	45.1	2
6. Lisa Keglner (WAG)	45.2	1

Women's Indoor Track & Field

ALL-TIME CHAMPIONSHIP RESULTS

1993 Championship (February 19-20, 1993) Teaneck, NJ

Shot Put			400 Meters		
1. Njeri Curtis (FDU)	Distance	Points	1. Sharlene Milwood (FDU)	Time	Points
2. Rita Babikian (FDU)	12.80 m	10	2. Jackie Israel (MSM)	56.2	10
3. Monica Everett (RMC)	11.23	8	3. Mirlene Leveille (SFNY)	58.5	8
4. Elizabeth Heintges (MON)	11.19	6	4. Nadine Jamerson (FDU)	1:00.4	6
5. Tracy Walsh (WAG)	10.67	4	5. Renee Schickman (LIU)	1:01.8	4
6. Gamiliah Johnson (MON)	9.89	2	6. Rosemary Gioia (WAG)	1:02.2	2
	9.41	1		1:02.6	1
High Jump			800 Meters		
1. Cheryl Fuller (FDU)	Height	Points	1. Sandra Burke (LIU)	Time	Points
2. Donise Morre (FDU)	5-07.0 ft	10	2. Donna Bryski (MON)	2:18.59	10
3. Stacy Lutz (RMC)	5-02.0	8	3. Nadine Jamerson (MSM)	2:18.63	8
4. Michelle Koch (MON)	5-02.0	6	4. Maria Palminteri (LIU)	2:19.08	6
5. Crystal Ford (FDU)	5-02.0	4	5. Kim Sheekey (MON)	2:20.47	4
6. Nairobi Soriano (FDU)	5-00.0	2	6. Marta Santiago (WAG)	2:22.70	2
Theresa Jones (MSM)	5-00.0	0.5		2:26.2	1
	5-00.0	0.5			
Long Jump			1500 Meters		
1. Gamiliah Johnson (MON)	Distance	Points	1. Nadine Jamerson (MSM)	Time	Points
2. Annette Fitz (MSM)	5.73 m	10	2. Stella Cinoa (MSM)	4:40.06	10
3. Janice Greene (LIU)	5.69	8	3. Sherry Jenkins (FDU)	4:50.09	8
4. Donise Moore (FDU)	5.62	6	4. Nicole Brown (WAG)	4:52.39	6
5. Sharlene Milwood (FDU)	5.41	4	5. Jennifer Flood (MON)	4:56.16	4
6. Theresa Jones (MSM)	5.38	2	6. Sarah Sheehan (MAR)	4:56.5	2
	5.22	1		5:12.03	1
Triple Jump			3000 Meters		
1. Donise Moore (FDU)	Distance	Points	1. Sherry Jenkins (FDU)	Time	Points
2. Annette Fitz (MSM)	11.75 m	10	2. Michelle Dey (MSM)	10:24.31	10
3. Cara Oliver (LIU)	11.57	8	3. Toni Granese (MON)	10:42.39	8
4. Gamiliah Johnson (MON)	10.06	6	4. Amy Felci (WAG)	10:47.49	6
5. Jennifer Gunther (RMC)	10.38	4	5. Theresa Hickey (MAR)	11:00.34	4
6. Mirlene Leveille (SFNY)	10.24	2	6. Amy Linson (MSM)	11:06.9	2
	10.19	1		11:12.36	1
55 Meters			4x400 Meter Relay		
1. Janice Green (LIU)	Time	Points	1. Mount St. Mary's	Time	Points
2. Sharlene Milwood (FDU)	7.13	10	2. Long Island	4:08.33	10
3. Gamiliah Johnson (MON)	7.36	8	3. Wagner	4:15.41	8
4. Natwon Harp (FDU)	7.50	6	4. Robert Morris	4:15.83	6
5. Donise Moore (FDU)	7.52	4	5. Monmouth	4:24.22	4
6. Nejja Richardson (MSM)	7.56	2	6. Marist	4:31.00	2
	7.59	1		4:52.56	1
55 Meter Hurdles			4x800 Meter Relay		
1. Donise Moore (FDU)	Time	Points	1. Monmouth	Time	Points
2. Jacqueline Gray (RMC)	8.51	10	2. Long Island	9:48.27	10
3. Natwon Harp (FDU)	8.60	8	3. Mount St. Mary's	9:58.27	8
4. Michelle Koch (MON)	8.66	6	4. Wagner	10:04.12	6
5. Jennifer Koozan (FDU)	8.89	4	5. Marist	10:20.13	4
6. Cara Oliver (LIU)	9.04	2	6. St. Francis (NY)	10:22.77	2
	10.17	1		11:08.3	1
300 Meters					
1. Sharlene Milwood (FDU)	Time	Points			
2. Jackie Israel (MSM)	39.68	10			
3. Janice Green (LIU)	42.48	8			
4. Natwon Harp (FDU)	42.52	6			
5. Nicole Whitehead (RMC)	43.14	4			
6. Mekka Richardson (MSM)	43.99	2			
	44.04	1			

Women's Indoor Track & Field

ALL-TIME CHAMPIONSHIP RESULTS

1994 Championship (February 19-20, 1994) Teaneck, NJ

Shot Put			500 Meters		
	Distance	Points		Time	Points
1. Njeri Curtis (FDU)	12.81 m	10	1. Shalonda Martin (MON)	1:18.61	10
2. Kate McGonigle (SFPA)	11.98	8	2. Nancy Marchese (RID)	1:19.39	8
3. Tracy Walsh (WAG)	11.47	6	3. Kristen Hazel (MSM)	1:21.22	6
4. Frances Smith (FDU)	10.91	4	4. Heather Parrish (FDU)	1:21.43	4
5. Monica Everett (RMC)	10.74	2	5. Rosie Gioia (WAG)	1:21.43	2
6. Christine Savage (WAG)	10.34	1	6. Jennifer Godley (WAG)	1:22.36	1

High Jump			800 Meters		
	Height	Points		Time	Points
1. Cheryl Fuller (FDU)	1.68 m	10	1. Laura Rivera (RMC)	2:21.14	10
2. Michelle Herring (FDU)	1.62	8	2. Nicole Brown (WAG)	2:21.59	8
3. Michelle Koch (MON)	1.57	6	3. Maria Palimentari (LIU)	2:21.96	6
4. Stacy Lutz (RMC)	1.57	4	4. Morette Lampkin (SFNY)	2:24.01	4
5. Syreeta Wright (MON)	1.52	2	5. Christine Spence (MSM)	2:24.17	2
6. Lynette Diaz (LIU)	1.47	1	6. Diana Hilser (RID)	2:25.76	1

Long Jump			1500 Meters		
	Distance	Points		Time	Points
1. Cassandra Grant (FDU)	5.98 m	10	1. Robin Kloster (MSM)	4:46.69	10
2. Sharline White (FDU)	5.77	8	2. Kim Sheekey (MON)	4:50.83	8
3. Jen Nauss (RMC)	5.47	6	3. Rebeccah Wassner (MSM)	4:54.41	6
4. Cara Oliver (LIU)	5.19	4	4. Sherry Jenkins (FDU)	4:55.12	4
5. Jen Gunther (RMC)	5.06	2	5. Tabitha Nicolini (SFPA)	4:58.51	2
6. Denise Allen (SFNY)	4.89	1	6. Jennifer Flood (MON)	4:59.22	1

Triple Jump			3000 Meters		
	Distance	Points		Time	Points
1. Sharline White (FDU)	12.32 m	10	1. Kim Sheekey (MON)	10:29.81	10
2. Jen Gunther (RMC)	10.57	8	2. Sherry Jenkins (FDU)	10:34.20	8
3. Denise Allen (SFNY)	10.29	6	3. Stella Cinoa (MSM)	10:50.90	6
4. Cara Oliver (LIU)	10.27	4	4. Rebeccah Wassner (MSM)	10:56.17	4
5. Diana Mooney (WAG)	10.10	2	5. Jessica Machanska (WAG)	10:59.93	2
6. Pam Hartsell (RID)	9.25	1	6. Christine Tarpey (SFPA)	11:21.57	1

55 Meters			4x400 Meter Relay		
	Time	Points		Time	Points
1. Natwon Harp (FDU)	7.39	10	1. Rider	4:05.56	10
2. Cassandra Grant (FDU)	7.39	8	2. St. Francis (NY)	4:08.87	8
3. Lillian Laboy (RID)	7.41	6	3. Mount St. Mary's	4:08.88	6
4. Mekka Richardson (MSM)	7.46	4	4. Long Island	4:12.05	4
5. Sharline White (FDU)	7.60	2	5. Wagner	4:13.28	2
6. Yolanda Shakespeare (RMC)	7.63	1	6. Robert Morris	4:14.13	1

55 Meter Hurdles			Distance Medley Relay		
	Time	Points		Time	Points
1. Natwon Harp (FDU)	8.44	10	1. Monmouth	12:54.81	10
2. Jen Koczan (FDU)	8.95	8	2. Mount St. Mary's	13:06.00	8
3. Michelle Koch (MON)	8.95	6	3. Marist	13:11.91	6
4. Jen Gunther (RMC)	9.18	4	4. St. Francis (PA)	13:18.51	4
5. Cara Oliver (LIU)	9.23	2	5. St. Francis (NY)	13:25.40	2
6. Erika Simms (SFNY)	9.37	1	6. Wagner	13:38.31	1

300 Meters			5000 Meters		
	Time	Points		Time	Points
1. Lillian Laboy (RID)	41.90	10	1. Sherry Jenkins (FDU)	18:41.70	10
2. Mekka Richardson (MSM)	42.10	8	2. Jessica Machanska (WAG)	19:30.16	8
3. Nicole Whitehead (RMC)	42.70	6	3. Joyce Drake (MSM)	19:39.38	6
4. Natwon Harp (FDU)	42.83	4	4. Annmarie Prunty (WAG)	19:50.24	4
5. Shalonda Martin (MON)	42.85	1.5	5. Sallie Beth Johnson (MSM)	20:02.1	2
Mirlene Leveille (SFNY)	42.85	1.5	6. Theresa Hickey (MAR)	20:06.0	1

Women's Indoor Track & Field



ALL-TIME CHAMPIONSHIP RESULTS

1995 Championship (February 18-19, 1995) Teaneck, NJ

Shot Put			500 Meters		
1. Njeri Curtis (FDU)	Distance 14.35 m	Points 10	1. Aisha Stevens (MSM)	Time 1:17.86	Points 10
2. Frances Smith (FDU)	11.87	8	2. Shalonda Martin (MON)	1:19.48	8
3. Danetria Seals (FDU)	11.33	6	3. Kristen Hazel (MSM)	1:20.46	6
4. Karen Steiner (RID)	10.89	4	4. Sarah Weller (MSM)	1:22.27	4
5. Laura Westcott (WAG)	10.47	2	5. Alison Murray (MAR)	1:22.60	2
6. Shatich Rivers (MON)	10.43	1	6. Morrette Lampkin (SFNY)	1:23.18	1
High Jump			800 Meters		
1. Donise Moore (FDU)	Height 1.73 m	Points 10	1. Robin Kloster (MSM)	Time 2:18.53	Points 10
2. Michelle Herring (FDU)	1.68	8	2. Maria Palminteri (LIU)	2:18.91	8
3. Shatich Rivers (MON)	1.68	6	3. Amy DeBor (MSM)	2:22.28	6
4. Jennifer Molinelli (RID)	1.63	4	4. Heather Parrish (FDU)	2:24.37	4
5. Lynnette Diaz (LIU)	1.48	2	5. Rahseena Watson (MSM)	2:28.0	2
6. Georgia Dahulich (MSM)	1.48	1	6. Vanessa McClure (FDU)	2:29.5	1
Long Jump			1500 Meters		
1. Donise Moore (FDU)	Distance 6.06 m	Points 10	1. Robin Kloster (MSM)	Time 4:46.84	Points 10
2. Sharline White (FDU)	5.70	8	2. Rebecca Wassner (MSM)	4:49.89	8
3. Gamiliah Johnson (MON)	5.69	6	3. Marnie Desciak (MSM)	4:53.53	6
4. Jennifer Hettel (RID)	5.34	4	4. Maureen Horn (WAG)	4:58.88	4
5. Shatich Rivers (MON)	5.31	2	5. Jennifer Flood (MON)	5:06.3	2
6. Aisha Rivers (MSM)	5.20	1	6. Roberta Vassell (SFNY)	5:09.8	1
Triple Jump			3000 Meters		
1. Sharline White (FDU)	Distance 12.13 m	Points 10	1. Rebecca Wassner (MSM)	Time 10:31.30	Points 10
2. Donise Moore (FDU)	11.28	8	2. Stella Cinoa (MSM)	10:38.56	8
3. Aisha Stevens (MSM)	11.21	6	3. Mary Brooks (WAG)	10:47.65	6
4. Jennifer Hettel (RID)	10.62	4	4. Jessica Machanska (WAG)	10:57.1	4
5. Michelle Herring (FDU)	10.18	2	5. Kathleen Woodson (MON)	11:02.1	2
			6. Jennifer Flood (MON)	11:08.2	1
55 Meters			4x400 Meter Relay		
1. Donise Moore (FDU)	Time 7.15	Points 10	1. Mount St. Mary's	Time 3:59.22	Points 10
2. Yolanda Shakespeare (RMC)	7.33	8	2. Fairleigh Dickinson	4:04.82	8
3. Natwon Harp (FDU)	7.38	6	3. Wagner	4:06.33	6
4. Sharline White (FDU)	7.45	3	4. St. Francis (NY)	4:09.9	4
5. Gamiliah Johnson (MON)	7.45	3	5. Monmouth	4:19.60	2
6. Jannelle Richardson (SFNY)	7.54	.5	6. Robert Morris	4:23.19	1
Lisa Kaiser (MSM)	7.54	.5			
55 Meter Hurdles			Distance Medley Relay		
1. Donise Moore (FDU)	Time 8.11	Points 10	1. Mount St. Mary's	Time 12:37.3	Points 10
2. Natwon Harp (FDU)	8.27	8	2. Long Island	13:04.2	8
3. Georgia Dahulich (MSM)	8.95	6	3. Wagner	13:07.8	6
4. Shatich Rivers (MON)	9.09	4	4. Rider	13:15.3	4
5. Jamie Kuhne (MON)	9.1	2	5. Marist	13:20.8	2
6. Aisha Stevens (MSM)	9.5	1	6. St. Francis (NY)	13:24.1	1
300 Meters			5000 Meters		
1. Lisa Kaiser (MSM)	Time 41.96	Points 10	1. Stella Cinoa (MSM)	Time 18:43.26	Points 10
2. Tracia Barnes (FDU)	42.63	8	2. Mary Brooks (WAG)	19:00.10	8
3. Janelle Richardson (SFNY)	42.90	6	3. Jessica Machanska (WAG)	19:23.11	6
4. Lillian Laboy (RID)	43.29	4	4. Joyce Drake (MSM)	19:49.90	4
5. Shalonda Martin (MON)	43.46	2	5. Theresa Hickey (MAR)	20:24.3	2
6. Shaya Knox (WAG)	44.07	1	6. Sallie Beth Johnson (MSM)	20:32.6	1

Women's Indoor Track & Field

ALL-TIME CHAMPIONSHIP RESULTS

1996 Championship (February 17-18, 1996) Teaneck, NJ

Shot Put			500 Meters		
	<u>Distance</u>	<u>Points</u>		<u>Time</u>	<u>Points</u>
1. Njeri Curtis (FDU)	13.85 m	10	1. Fateen Abdel-Baith (LIU)	1:16.47	10
2. Danetria Seals (FDU)	11.94	8	2. Aisha Stevens (MSM)	1:17.28	8
3. Jenicka Carter (RID)	11.65	6	3. Crystal Cudjoe (WAG)	1:19.90	6
4. Mary Kate McGonigle (SFPA)	11.33	4	4. Tracia Barnes (FDU)	1:20.48	4
5. Melissa Ferrari (WAG)	10.88	2	5. Diana Hilser (RID)	1:20.86	2
6. Karen Steiner (RID)	10.37	1	6. Joanne Phippe (SFNY)	1:21.46	1

High Jump			800 Meters		
	<u>Height</u>	<u>Points</u>		<u>Time</u>	<u>Points</u>
1. Michelle Herring (FDU)	1.68 m	10	1. Joi Brown (LIU)	2:18.07	10
2. Jennifer Molinelli (RID)	1.58	8	2. Heather Moul (MSM)	2:18.08	8
3. Georgia Dahulich (MSM)	1.58	6	3. Jessica Totaro (MSM)	2:19.27	6
4. Melissa Williamson (MSM)	1.58	4	4. Melinda Beatty (FDU)	2:25.00	4
5. Nadine Simon (MAR)	1.53	1.5	5. Heather Berkmeier (SFPA)	2:25.19	2
6. Lynnette Diaz (LIU)	1.53	1.5	6. Ronnie Baptiste (SFNY)	2:25.40	1

Long Jump			1500 Meters		
	<u>Distance</u>	<u>Points</u>		<u>Time</u>	<u>Points</u>
1. Sharline White (FDU)	5.86 m	10	1. Amy DeBor (MSM)	4:52.59	10
2. Gamiliah Johnson (MON)	5.70	8	2. Robin Kloster (MSM)	4:55.39	8
3. Faith Bynoe (LIU)	5.41	6	3. Heather Moul (MSM)	4:56.24	6
4. Aisha Rivers (MSM)	5.35	4	4. Laureen Davila (LIU)	5:02.83	4
5. Karla Lawson (MON)	5.14	2	5. Marnie Desciak (MSM)	5:04.35	2
6. Dominique Pino (MAR)	5.11	1	6. Mary Brooks (WAG)	5:06.0	1

Triple Jump			3000 Meters		
	<u>Distance</u>	<u>Points</u>		<u>Time</u>	<u>Points</u>
1. Sharline White (FDU)	12.52 m	10	1. Rebecca Wassner (MSM)	10:22.19	10
2. Aisha Stevens (MSM)	11.11	8	2. Amy DeBor (MSM)	10:48.20	8
3. Jennifer Hettel (RID)	10.57	6	3. Farrah Ryan (MSM)	10:51.95	6
4. Gamiliah Johnson (MON)	10.04	4	4. Kathleen Woodson (MON)	11:05.79	4
5. Michelle Herring (FDU)	9.97	2	5. Sheila Valentine (MSM)	11:10.73	2
6. Kim Cerullo (RMC)	9.52	1	6. Pilar Olivares (LIU)	11:14.1	1

55 Meters			4x400 Meter Relay		
	<u>Time</u>	<u>Points</u>		<u>Time</u>	<u>Points</u>
1. Tiffany Butler (LIU)	7.30	10	1. Long Island	3:59.33	10
2. Natwon Harp (FDU)	7.39	8	2. Mount St. Mary's	4:01.93	8
3. Yolanda Shakespeare (RMC)	7.42	6	3. Robert Morris	4:12.10	6
4. Sharline White (FDU)	7.47	4	4. Fairleigh Dickinson	4:13.20	4
5. Stephanie Toomer (FDU)	7.56	2	5. Monmouth	4:13.36	2
6. Gamiliah Johnson (MON)	7.60	1	6. St. Francis (NY)	4:19.92	1

55 Meter Hurdles			Distance Medley Relay		
	<u>Time</u>	<u>Points</u>		<u>Time</u>	<u>Points</u>
1. Natwon Harp (FDU)	8.20	10	1. Mount St. Mary's	12:43.47	10
2. Stephanie Toomer (FDU)	8.42	8	2. Long Island	13:01.10	8
3. Faith Bynoe (LIU)	8.77	6	3. Marist	13:02.03	6
4. Lisa Whetro (RMC)	8.87	4	4. Rider	13:04.15	4
5. Aisha Stevens (MSM)	8.92	2	5. St. Francis (PA)	13:23.68	2
6. Tawana Headen (SFNY)	9.00	1	6. Monmouth	13:29.3	1

300 Meters			5000 Meters		
	<u>Time</u>	<u>Points</u>		<u>Time</u>	<u>Points</u>
1. Tiphani McKee (RMC)	41.45	10	1. Rebecca Wassner (MSM)	18:14.18	10
2. Tiffany Butler (LIU)	41.90	8	2. Farrah Ryan (MSM)	18:38.08	8
3. Lisa Kaiser (MSM)	42.12	6	3. Kathleen Woodson (MAR)	19:17.38	6
4. Cheryl Coleman (MSM)	42.12	4	4. Jessica Machanska (WAG)	19:27.61	4
5. Crystal Cudjoe (WAG)	43.47	2	5. Karen Donahue (MAR)	19:58.82	2
6. Shaya Knox (WAG)	43.86	1	6. Cheryl Cicio (SFPA)	20:06.6	1

Women's Indoor Track & Field



ALL-TIME CHAMPIONSHIP RESULTS

1997 Championship (February 15-16, 1997) Teaneck, NJ

<u>Shot Put</u>	<u>Distance</u>	<u>Points</u>	<u>500 Meters</u>	<u>Time</u>	<u>Points</u>
1. Kim Vaughn (MON)	12.58 m	10	1. Heather Moul (MSM)	1:15.25	10
2. Nicole Hollman (SFPA)	12.10	8	2. Diana Hilser (RID)	1:18.73	8
3. Diana Wlodarczyk (MON)	11.82	6	3. Anu Ades (MON)	1:20.27	6
4. Lacy Johnson (SFPA)	11.80	4	4. Nakia Humphrey (RID)	1:20.71	4
5. Melissa Ferrari (WAG)	11.56	2	5. Jennifer Miller (LIU)	1:23.41	2
6. Mary Kate McConigle	11.53	1	6. Beth Cimino (MAR)	1:23.42	1

<u>High Jump</u>	<u>Height</u>	<u>Points</u>	<u>800 Meters</u>	<u>Time</u>	<u>Points</u>
1. Michelle Herring (FDU)	1.63 m	10	1. Aisha Stevens (MSM)	2:15.55	10
2. Georgia Dahulich (MSM)	1.63	8	2. Robin Kloster (MSM)	2:16.57	8
3. Brooke Murray (RID)	1.63	6	3. Janine Minehan (RID)	2:21.77	6
4. Jennifer Molinelli (RID)	1.58	4	4. Alison Murray (MAR)	2:24.18	4
5. Marie Greaux (MON)	1.58	2	5. Corrie Ward (SFPA)	2:25.77	2
6. Nadine Simon (MAR)	1.53	1	6. Karen Mangan (MAR)	2:28.02	1

<u>Long Jump</u>	<u>Distance</u>	<u>Points</u>	<u>Mile</u>	<u>Time</u>	<u>Points</u>
1. Jennifer Hettel (RID)	5.31 m	10	1. Amy DeBor (MSM)	5:07.64	10
2. Dominique Pino (MAR)	5.29	8	2. Rebecca Wassner (MSM)	5:08.96	8
3. Jillian Poplaski (SFPA)	5.24	6	3. Jessica Totaro (MSM)	5:10.59	6
4. Marie Greaux (MON)	5.08	4	4. Roberta Pickens (SFPA)	5:19.13	4
5. Shanelle Turner (RID)	5.05	2	5. Sheila Valentine (MSM)	5:19.84	2
6. Faith Bynoe (LIU)	4.97	1	6. Pilar Olivares (LIU)	5:32.16	1

<u>Triple Jump</u>	<u>Distance</u>	<u>Points</u>	<u>3000 Meters</u>	<u>Time</u>	<u>Points</u>
1. Jillian Poplaski (SFPA)	11.10 m	10	1. Rebecca Wassner (MSM)	10:12.64	10
2. Melene Thomas (FDU)	10.59	8	2. Amy DeBor (MSM)	10:47.61	8
3. Jennifer Hettel (RID)	10.31	6	3. Jessica Totaro (MSM)	10:47.81	6
4. Shanelle Turner (RID)	10.26	4	4. Beth Chaffee (RID)	10:52.35	4
5. Amy Gryshuk (SFPA)	10.22	2	5. Kathleen Woodson (MAR)	10:55.02	2
6. Michelle Herring (FDU)	10.14	1	6. Tara Quinn (MAR)	10:57.48	1

<u>55 Meters</u>	<u>Time</u>	<u>Points</u>	<u>5000 Meters</u>	<u>Time</u>	<u>Points</u>
1. Tisha Franklin (LIU)	7.17	10	1. Rebecca Wassner (MSM)	18:02.96	10
2. Cheryl Coleman (MSM)	7.29	8	2. Amy DeBor (MSM)	18:54.64	8
3. Jaity Tobee (FDU)	7.33	6	3. Kathleen Woodson (MAR)	19:11.15	6
4. Holly Clever (RMC)	7.35	4	4. Kate Wallace (SFPA)	19:15/88	4
5. Stephanie Toomer (FDU)	7.39	2	5. Cheryl Cicio (SFPA)	19:24.86	2
6. Tracia Barnes (FDU)	7.43	1	6. Karen Donahue (MAR)	20:02.05	1

<u>55 Meter Hurdles</u>	<u>Time</u>	<u>Points</u>	<u>4x400 Meter Relay</u>	<u>Time</u>	<u>Points</u>
1. Melene Thomas (FDU)	8.27	10	1. Mount St. Mary's	3:55.42	10
2. Stephanie Toomer (FDU)	8.38	8	2. Long Island	3:59.32	8
3. Lisa Whetro (RMC)	8.49	6	3. Robert Morris	4:02.66	6
4. Robyn Rafail (RMC)	8.66	4	4. Rider	4:02.87	4
5. Georgia Dahulich (MSM)	9.08	2	5. Fairleigh Dickinson	4:07.73	2
6. Tenille Redmean (MSM)	9.66	1	6. Monmouth	4:15.35	1

<u>200 Meters</u>	<u>Time</u>	<u>Points</u>	<u>Distance Medley</u>	<u>Time</u>	<u>Points</u>
1. Tisha Franklin (LIU)	25.16	10	1. Mount St. Mary's	12:36.64	10
2. Fateen Abdel-Baaith (LIU)	25.21	8	2. St. Francis (PA)	12:55.27	8
3. Lisa Kaiser (MSM)	25.93	6	3. Rider	13:01.79	6
4. Cheryl Coleman (MSM)	25.93	4	4. Marist	13:10.60	4
5. Tracia Barnes (FDU)	26.11	2	5. Monmouth	13:29.67	2
6. Holly Clever (RMC)	26.28	1	6. Long Island	13:30.61	1

<u>400 Meters</u>	<u>Time</u>	<u>Points</u>	<u>Weight Throw</u>	<u>Distance</u>	<u>Points</u>
1. Fateen Abdel-Baaith (LIU)	57.09	10	1. Lacy Johnson (MON)	14.09 m	10
2. Lisa Kaiser (MSM)	57.84	8	2. Jenicka Carter (RID)	12.57	8
3. Tiphani McKee (RMC)	57.94	6	3. Nicole Hollman (SFPA)	12.11	6
4. Genesis Small (RID)	1:00.32	4	4. Denitra Seals (FDU)	12.03	4
5. Joanne Philippe (SFNY)	1:00.79	2	5. Kim Vaughn (MON)	11.95	2
6. Linda Wilson (RID)	1:01.01	1	6. Mary Kate McConigle (SFPA)	11.81	1

Women's Indoor Track & Field

ALL-TIME CHAMPIONSHIP RESULTS

1998 Championship (February 20-21, 1998) Teaneck, NJ

Shot Put			Dist.	Pts.	400 Meters			Time	Pts.	Distance Medley			Time	Pts.	
1.	Nicole Hollman (SFPA)	13.00 m	10	1.	Fateen Abdel-Baath (LIU)	56.86	10	1.	Fairleigh Dickinson	12:37.45	10	2.	Mount St. Mary's	12:39.67	8
2.	Patricia Bernard (WAG)	12.53	8	2.	Nicole Brown (LIU)	58.48	8	3.	Long Island	12:45.96	6	3.	Wagner	13:01.24	5
3.	Lacy Johnson (MON)	12.29	6	3.	Lisa Kaiser (MSM)	59.29	6	4.	Tiphani McKee (RMC)	59.90	5	4.	Central Connecticut State	13:04.92	4
4.	Melissa Disette (RMC)	11.75	5	4.	Tiphani McKee (RMC)	59.90	5	5.	Cheryl Coleman (MSM)	1:00.83	4	5.	Robert Morris	13:09.27	3
5.	Diana Wlodarczyk (MON)	11.75	4	5.	Cheryl Coleman (MSM)	1:00.83	4	6.	Nicole Snively (SFPA)	1:01.17	3	6.	Monmouth	13:13.44	2
6.	Andrea Tirpak (RMC)	11.47	3	6.	Nicole Snively (SFPA)	1:01.17	3	7.	Shaya Knox (WAG)	1:01.74	2	7.	St. Francis (PA)	13:15.70	1
7.	Karen Rathfon (SFPA)	11.15	2	7.	Shaya Knox (WAG)	1:01.74	2	8.	Yolande Rose (FDU)	1:02.59	1				
8.	Beth Lawrence (LIU)	10.74	1	8.	Yolande Rose (FDU)	1:02.59	1								
High Jump			Height	Pts.	500 Meters			Time	Pts.	Weight Throw			Dist.	Pts.	
1.	Marie Greaux (MON)	1.58 m	10	1.	Joi Brown (LIU)	1:16.10	10	1.	Lacy Johnson (MON)	15.52 m	10	2.	Nicole Hollman (SFPA)	15.00	8
2.	Heather Copenhaver (RMC)	1.53	8	2.	Genita Dickey (RMC)	1:19.74	8	2.	Andrea Tirpak (RMC)	13.72	6	3.	Lilianna Kalinowski (CCSU)	13.52	5
3.	Lynn Murray (MON)	1.48	6	3.	Ashley Foley (MSM)	1:20.61	6	4.	Angelica Iannone (WAG)	12.01	4	4.	Melissa Disette (RMC)	11.11	3
4.	Amy Lipscomb (RMC)	1.43	5	4.	Kelly Malone (FDU)	1:21.50	5	5.	Diana Wlodarczyk (MON)	10.90	2	5.	Karen Rathfon (SFPA)	10.61	1
	Larissa Swartzlander (LIU)	1.43	4	5.	Haley Sutman (CCSU)	1:21.99	4								
	Jeanine Carlucci (WAG)	1.43	3	6.	Kristi Godley (MON)	1:22.92	3								
7.	Jessica St. Clair (MSM)	1.43	0.75	800 Meters			Time	Pts.							
	Tara Bogard (RMC)	1.43	0.75	1.	Heather Moul (MSM)	2:14.00	10	1.	Heather Moul (MSM)	5:11.80	10				
	Marianne Ploskonka (MON)	1.43	0.75	2.	Nicole Brown (LIU)	2:19.47	8	2.	Amy DeBor (MSM)	5:14.44	8				
	Tiffany Cordiak (RMC)	1.43	0.75	3.	Rachelle Joseph (FDU)	2:22.37	6	3.	Robert a Pickens (SFPA)	5:19.00	6				
				4.	Jennifer Marshoff (WAG)	2:23.05	5	4.	Tammy Gazia (MON)	5:23.59	5				
				5.	Melissa Mullins (CCSU)	2:24.18	4	5.	Pilar Olivares (LIU)	5:24.98	4				
				6.	Michelle Buzon (RMC)	2:25.79	3	6.	Ana Tavares (FDU)	5:33.11	3				
				7.	Tammy Gazia (MON)	2:27.89	2	7.	Christine Hillock (MON)	5:36.66	2				
				8.	Haley Sutman (CCSU)	2:36.99	1	8.	Barrett Marlan (CCSU)	5:38.53	1				
Long Jump			Dist.	Pts.	Mile			Time	Pts.						
1.	Miesha Barksdale (FDU)	5.33 m	10	1.	Heather Moul (MSM)	5:11.80	10								
2.	Michelle Gawaldo (RMC)	5.23	8	2.	Amy DeBor (MSM)	5:14.44	8								
3.	Amy Gryshuk (SFPA)	5.20	6	3.	Robert a Pickens (SFPA)	5:19.00	6								
4.	Jessica St. Clair (MSM)	5.11	5	4.	Tammy Gazia (MON)	5:23.59	5								
5.	Jamie Kuhne (MON)	5.05	4	5.	Pilar Olivares (LIU)	5:24.98	4								
6.	Angela Lantz (RMC)	4.97	3	6.	Ana Tavares (FDU)	5:33.11	3								
7.	Lynn Murray (MON)	4.75	2	7.	Christine Hillock (MON)	5:36.66	2								
8.	Kathy Voss (MSM)	4.72	1	8.	Barrett Marlan (CCSU)	5:38.53	1								
Triple Jump			Dist.	Pts.	3000 Meters			Time	Pts.						
1.	Melene Thomas (FDU)	10.89 m	10	1.	Amy DeBor (MSM)	10:20.02	10	1.	Amy DeBor (MSM)	18:30.23	10				
2.	Michelle Gawaldo (RMC)	10.80	8	2.	Robert a Pickens (SFPA)	10:23.70	8	2.	Heather Gardiner (CCSU)	18:36.87	8				
3.	Lynn Murray (MON)	10.56	6	3.	Heather Gardiner (CCSU)	10:46.97	6	3.	Cheryl Cicio (SFPA)	19:00.10	6				
4.	Mandy Bowers (MSM)	10.44	5	4.	Pilar Olivares (LIU)	10:51.63	5	4.	Katherine Wallace (SFPA)	19:05.55	5				
5.	Amy Gryshuk (SFPA)	10.39	4	5.	Katherine Wallace (SFPA)	10:53.78	4	5.	January Zuk (MON)	19:57.49	4				
6.	Stacy Clark (CCSU)	10.37	3	6.	Cheryl Cicio (SFPA)	10:57.63	3	6.	Jennifer Adamovich (MON)	20:07.98	3				
7.	Iisha Tribble (MSM)	9.55	2	7.	Jennifer Merschoff (WAG)	11:18.56	2	7.	Suzanne Weigle (SFPA)	20:22.86	2				
8.	Shalonne Scott (SFPA)	9.51	1	8.	Erin Donnelly (MON)	11:34.95	1	8.	Sabrina Kenny (SFNY)	20:25.64	1				
55 Meters			Time	Pts.	5000 Meters			Time	Pts.						
1.	Tisha Franklin (LIU)	7.03	10	1.	Amy DeBor (MSM)	18:30.23	10								
2.	Holly Clever (RMC)	7.23	8	2.	Heather Gardiner (CCSU)	18:36.87	8								
3.	Stephanie Toomer (FDU)	7.29	6	3.	Cheryl Cicio (SFPA)	19:00.10	6								
4.	Michelle Higginbottom (MSM)	7.30	5	4.	Katherine Wallace (SFPA)	19:05.55	5								
5.	Kanaa Twyman (RMC)	7.49	4	5.	January Zuk (MON)	19:57.49	4								
6.	Nicole Berube (CCSU)	7.55	3	6.	Jennifer Adamovich (MON)	20:07.98	3								
7.	Jaity Tobee (FDU)	7.63	2	7.	Suzanne Weigle (SFPA)	20:22.86	2								
8.	Angela Lantz (RMC)	7.64	1	8.	Sabrina Kenny (SFNY)	20:25.64	1								
55 Meter Hurdles			Time	Pts.	4x400 Meter Relay			Time	Pts.						
1.	Stephanie Toomer (FDU)	8.20	10	1.	Long Island	3:55.18	10	1.	Long Island	3:55.18	10				
2.	Genita Dickey (RMC)	8.34	8	2.	Robert Morris	3:57.51	8	2.	Robert Morris	3:57.51	8				
3.	Melene Thomas (FDU)	8.37	6	3.	Mount St. Mary's	3:57.71	6	3.	Mount St. Mary's	3:57.71	6				
4.	Tasha Moore (LIU)	8.50	5	4.	St. Francis (PA)	4:12.92	5	4.	St. Francis (PA)	4:12.92	5				
5.	Robyn Rafail (RMC)	8.69	4	5.	Monmouth	4:15.98	4	5.	Monmouth	4:15.98	4				
6.	Mandy Bowers (MSM)	9.13	3	6.	Central Connecticut State	4:17.45	3	6.	Central Connecticut State	4:17.45	3				
7.	Danielle Hayes (MON)	9.24	2	7.	Wagner	4:18.70	2	7.	Wagner	4:18.70	2				
8.	Lynn Murray (MON)	9.37	1	8.	Fairleigh Dickinson	4:23.01	1	8.	Fairleigh Dickinson	4:23.01	1				
200 Meters			Time	Pts.											
1.	Tisha Franklin (LIU)	25.16	10												
2.	Fateen Abdel-Baath (LIU)	25.21	8												
3.	Lisa Kaiser (MSM)	25.93	6												
4.	Cheryl Coleman (MSM)	25.93	4												
5.	Tracia Barnes (FDU)	26.11	2												
6.	Holly Clever (RMC)	26.28	1												

Women's Indoor Track & Field



ALL-TIME CHAMPIONSHIP RESULTS

1999 Championship (February 20-21, 1999) Teaneck, NJ

High Jump			200 Meters			4x400 Meters		
	Height	Pts.		Time	Pts.		Time	Pts.
1. Lauren Tomossone (MON)	1.63 m	10	1. Fateen Abdel-Baith (LIU)	24.65	10	1. Long Island	3:55.99	10
2. Kerry Anderson (MON)	1.58	8	2. Melene Thomas (FDU)	24.87	8	2. Fairleigh Dickinson	4:01.39	8
3. Amy Pettigrew (MSM)	1.58	6	3. Cheryl Coleman (MSM)	25.77	6	3. Mount St. Mary's	4:01.54	6
4. Kristen Hutter (RMC)	1.53	5	4. Michelle Higginbottom (MSM)	25.82	5	4. St. Francis (NY)	4:02.28	5
5. Marianne Ploskonka (MON)	1.48	2.5	5. Tracy Ann Moore (FDU)	25.90	4	5. Robert Morris	4:03.14	4
6. Keesha Charles (SFNY)	1.48	2.5	6. Holly Clever (RMC)	25.95	3	6. St. Francis (PA)	4:03.88	3
Amy Lipscomb (RMC)	1.48	2.5	7. Stacy Clarke (CCSU)	26.03	2	7. UMBC	4:07.23	2
Sabriya Williams (WAG)	1.48	2.5	8. Tasha Moore (LIU)	26.35	1	8. Monmouth	4:12.44	1
Long Jump			400 Meters			Distance Medley		
	Dist.	Pts.		Time	Pts.		Time	Pts.
1. Felicia Henderson (FDU)	5.40 m	10	1. Fateen Abdel-Baith (LIU)	56.22	10	1. Monmouth	12:43.92	10
2. Lauren Tomossone (MON)	5.27	8	2. Michelle Higginbottom (MSM)	57.07	8	2. Central Connecticut State	12:45.90	8
3. Jessica St Clair (MSM)	5.25	6	3. Nicole Brown (LIU)	58.45	6	3. UMBC	12:48.28	6
4. Stephanie Toomer (FDU)	5.25	5	4. Jamali Moses (SFNY)	58.91	5	4. Long Island	12:52.72	5
5. Amy Gryshuk (SFPA)	5.23	4	5. Orinthia Jones (UMBC)	59.03	4	5. St. Francis (PA)	12:55.49	4
6. Jillian Poplaski (SFPA)	5.20	3	6. Nichole Snively (SFPA)	59.60	3	6. Wagner	13:06.23	3
7. Michelle Gawaldo (RMC)	5.18	2	7. Melanie Snaggs (SFNY)	59.82	2	7. Mount St. Mary's	13:09.76	2
8. Camilla Harris (LIU)	5.17	1	8. Terra Sarnacki-Royer (MON)	1:02.73	1	8. Robert Morris	13:27.24	1
Triple Jump			500 Meters					
	Dist.	Pts.		Time	Pts.			
1. Felicia Henderson (FDU)	11.50 m	10	1. Patricia Metzger (LIU)	1:18.11	10			
2. Talitha Vickers (MON)	11.10	8	2. Tasha Moore (LIU)	1:18.93	8			
3. Michelle Gawaldo (RMC)	10.85	6	3. Kim Heiligman (CCSU)	1:20.00	6			
4. Danika Tremba (RMC)	10.79	5	4. Joanne Philippe (SFNY)	1:20.42	5			
5. Amy Pettigrew (MSM)	10.76	4	5. Melanie Snaggs (SFNY)	1:21.61	4			
6. Michelle Edwards (UMBC)	10.51	3	6. Talitha Vickers (MON)	1:22.60	3			
7. Amy Gryshuk (SFPA)	10.50	2	7. Amanda Brodeur (CCSU)	1:23.45	2			
8. Zainabu Conteh (FDU)	10.48	1						
Shot Put			800 Meters					
	Dist.	Pts.		Time	Pts.			
1. Nicole Hollman (SFPA)	13.02 m	10	1. Sakina Patterson (LIU)	2:17.14	10			
2. Melissa Disette (RMC)	12.66	8	2. Lisa Flood (MON)	2:18.28	8			
3. Lacy Johnson (MON)	12.60	6	3. Melissa Mullins (CCSU)	2:18.90	6			
4. Meghann Cavanagh (MSM)	11.95	5	4. Nicole Brown (LIU)	2:22.21	5			
5. Patricia Bernard (WAG)	11.82	4	5. Terra Sarnacki-Royer (MON)	2:22.68	4			
6. Vicki Giacone (UMBC)	11.50	3	6. Tammy Pearson (SFPA)	2:22.85	3			
7. Laura Buzzard (RMC)	11.36	2	7. Carrie Cimino (UMBC)	2:22.90	2			
8. Melissa Ferrari (WAG)	11.21	1	8. Jamie Gasbarro (RMC)	2:25.76	1			
Weight Throw			Mile					
	Dist.	Pts.		Time	Pts.			
1. Nicole Hollman (SFPA)	16.59 m	10	1. Lisa Flood (MON)	5:01.76	10			
2. Lacy Johnson (MON)	15.17	8	2. Stephanie Johnson (CCSU)	5:10.49	8			
3. Lilianna Kalinowski (CCSU)	14.01	6	3. Roberta Pickens (SFPA)	5:11.90	6			
4. Melissa Disette (RMC)	13.23	5	4. Tanya Sotillo (LIU)	5:17.41	5			
5. Angelica Iannone (WAG)	13.22	4	5. Janel Strittmatter (SFPA)	5:20.45	4			
6. Vicki Giacone (UMBC)	12.75	3	6. Jessica Totaro (MSM)	5:23.14	3			
7. Andrea Tirpak (RMC)	12.54	2	7. Shannon Lindberg (CCSU)	5:23.77	2			
8. Gina Reilly (UMBC)	11.80	1	8. Pilar Olivares (LIU)	5:27.16	1			
55 Meters			3000 Meters					
	Time	Pts.		Time	Pts.			
1. Melene Thomas (FDU)	7.04	10	1. Geraldine McQueen (FDU)	10:27.32	10			
2. Tracy Ann Moore (FDU)	7.17	8	2. Roberta Pickens (SFPA)	10:33.08	8			
3. Jaity Tobee (FDU)	7.21	6	3. Tanya Sotillo (LIU)	10:39.22	6			
4. Fateen Abdel-Baith (LIU)	7.22	5	4. Heather Gardiner (CCSU)	10:47.79	5			
5. Stacy Clarke (CCSU)	7.24	4	5. Kate Wallace (SFPA)	10:56.92	4			
6. Cheryl Coleman (MSM)	7.27	3	6. Janel Strittmatter (SFPA)	10:57.99	3			
7. Diane Temple (MON)	7.29	2	7. Pilar Olivares (LIU)	11:02.38	2			
8. Holly Clever (RMC)	7.36	1	8. Tammy Gazia (MON)	11:07.93	1			
55 Meter Hurdles			5000 Meters					
	Time	Pts.		Time	Pts.			
1. Tracy Ann Moore (FDU)	8.01	10	1. Kate Wallace (SFPA)	18:47.58	10			
2. Melene Thomas (FDU)	8.19	8	2. Geraldine McQueen (FDU)	18:53.59	8			
3. Tasha Moore (LIU)	8.24	6	3. Sabrina Kenny (SFNY)	19:26.41	6			
4. Stephanie Toomer (FDU)	8.36	5	4. Tracey Molnar (SFPA)	19:29.43	5			
5. Cara Coppola (WAG)	8.56	4	5. Tammy Gazia (MON)	19:32.93	4			
6. Lauren Tomossone (MON)	8.62	3	6. Josephine Maceri (FDU)	19:33.20	3			
7. Sabriya Williams (WAG)	8.64	2	7. Wendy Roth (WAG)	19:53.18	2			
8. Genita Dickey (RMC)	11.59	1	8. Sarah Eshalman (SFPA)	20:04.76	1			

Women's Indoor Track & Field

ALL-TIME CHAMPIONSHIP RESULTS

2000 Championship (February 20-21, 2000) New Haven, CT

High Jump			55 Meter Hurdles			5000 Meters		
1. Michelle June (MSM)	1.67 m	10	1. Genita Dickey (RMC)	8.16	10	1. Kate Wallace (SFPA)	17:40.50	10
2. Carla Franklin (MSM)	1.62	8	2. Michelle Higginbottom (MSM)	8.49	8	2. Jen Ecker (UMBC)	17:49.19	8
3. Kenneath Barnes (RMC)	1.57	6	3. Cara Coppola (WAG)	8.62	6	3. Karina Acevedo (WAG)	17:58.26	6
4. Cathy Gombotz (CCSU)	1.57	5	4. Krystal George (RMC)	8.65	5	4. Heather Gardiner (CCSU)	18:12.36	5
5. Jacqueline Beaulieu (SHU)	1.57	4	5. Sabriya Williams (WAG)	8.68	4	5. Amala Merritt (MON)	18:13.86	4
6. Lauren Tomossone (MON)	1.52	3	6. Patrice Malloy (UMBC)	8.69	3	6. Hannah Benjamin (UMBC)	18:28.36	3
7. Amy Lipscomb (RMC)	1.52	2	7. Michelle June (MSM)	8.82	2	7. Leah Peiffer (MSM)	18:35.16	2
8. Kristen Hutter (RMC)	1.52	1	8. Jessica St Clair (MSM)	8.83	1	8. Kim Wolozen (MON)	18:46.79	1
Pole Vault			200 Meters			4x400 Meters		
1. Jessica Cooper (RMC)	2.74 m	10	1. Stacy Clarke (CCSU)	25.81	10	1. Robert Morris	3:54.34	10
2. Martha Giske (MSM)	2.59	8	2. Nicola Larmond (CCSU)	25.97	8	2. Long Island	3:56.36	8
3. Ashley Foley (MSM)	2.44	6	3. Michelle Higginbottom (MSM)	26.11	6	3. St. Francis (NY)	3:59.22	6
4. Shannon Lindberg (CCSU)	2.44	5	4. Holly Clever (RMC)	26.27	5	4. Central Connecticut State	4:10.89	5
5. Amy Miller (RMC)	2.44	4	5. Watasha Glasgow (SFNY)	26.48	4	5. Mount St. Mary's	4:11.98	4
6. Lisa Ricciardelli (MON)	2.29	3	6. Suzanne Klimkowski (FDU)	26.57	3	6. Monmouth	4:14.18	3
7. Kelly Wallin (MSM)	2.29	2	7. Georgette Lewis (LIU)	26.63	2	7. Sacred Heart	4:18.67	2
8. Erin Walczak (SFPA)	2.13	5	8. Orinthia Jones (UMBC)	26.76	1	8. St. Francis (PA)	4:21.21	1
Apryle Walko (SFPA)	2.13	5	400 Meters			Distance Medley		
Long Jump			1. Orinthia Jones (UMBC)	58.81	10	1. Mount St. Mary's	12:34.49	10
1. Jessica St Clair (MSM)	5.46 m	10	2. Jamali Moses (SFNY)	59.01	8	2. St. Francis (PA)	12:44.78	8
2. Michelle Higginbottom (MSM)	5.38	8	3. Melanie Snaggs (SFNY)	59.65	6	3. Robert Morris	12:49.68	6
3. Holly Clever (RMC)	5.37	6	4. Nichole Snively (SFPA)	59.97	5	4. Monmouth	12:56.01	5
4. Fatima Abbas (MSM)	5.29	5	5. Kemia Campbell (LIU)	1:00.04	4	5. UMBC	13:01.55	4
5. Kemia Campbell (LIU)	5.27	4	6. Suzanne Klimkowski (FDU)	1:00.05	3	6. Central Connecticut State	13:07.97	3
6. Michelle Gawaldo (RMC)	5.16	3	7. Brianna Cute (MON)	1:00.51	2	7. Wagner	13:15.32	2
7. Lauren Tomossone (MON)	5.15	2	8. Kenya Cameron (RMC)	1:00.91	1	8. Sacred Heart	13:22.80	1
8. Amy Gryshuk (SFPA)	5.13	1	500 Meters			800 Meters		
Triple Jump			1. Genita Dickey (RMC)	1:14.39	10	1. Sakinah Patterson (LIU)	2:17.54	10
1. Michele Shawah (SHU)	11.44 m	10	2. Michelle Higginbottom (MSM)	1:17.23	8	2. Jamie Gasbarro (RMC)	2:18.49	8
2. Fatima Abbas (MSM)	11.15	8	3. Patricia Metzger (LIU)	1:18.51	6	3. Tammy Pearson (SFPA)	2:21.08	6
3. Kenneath Barnes (RMC)	11.10	6	4. Melanie Snaggs (SFNY)	1:18.73	5	4. Startisha McNair (UMBC)	2:22.06	5
4. Talitha Vickers (MON)	11.06	5	5. Kim Heiligman (CCSU)	1:20.71	4	5. Ohita Asein (UMBC)	2:22.89	4
5. Jessica Cooper (RMC)	10.86	4	6. Doris Vargas (UMBC)	1:21.43	3	6. Terra Sarnacki-Royer (MON)	2:22.90	3
6. Michelle Gawaldo (RMC)	10.85	3	7. Talitha Vickers (MON)	1:22.73	2	7. Shannon Kosaber (RMC)	2:22.96	2
7. Danika Tremba (RMC)	10.79	2	8. Terra Sarnacki-Royer (MON)	1:22.77	1	8. Rachelle Joseph (FDU)	2:33.05	1
8. Melanece Moore (UMBC)	10.66	1	800 Meters			Mile		
Shot Put			1. Sakinah Patterson (LIU)	5:14.32	10	1. Sakinah Patterson (LIU)	5:14.32	10
1. Cleopatra Borel (UMBC)	14.04 m	10	2. Jamie Gasbarro (RMC)	5:14.79	8	2. Devon Moran (MSM)	5:14.79	8
2. Nicole Hollman (SFPA)	13.27	8	3. Tammy Pearson (SFPA)	5:15.67	6	3. Jenn Merschoff (WAG)	5:15.67	6
3. Brandi Blevins (SHU)	12.71	6	4. Startisha McNair (UMBC)	5:17.14	5	4. Kim Heiligman (CCSU)	5:17.14	5
4. Melissa Dissette (RMC)	12.61	5	5. Ohita Asein (UMBC)	5:20.24	4	5. Lisa Flood (MON)	5:20.24	4
5. Patricia Bernard (WAG)	12.61	4	6. Terra Sarnacki-Royer (MON)	5:23.33	3	6. Seeyian Metoyu (FDU)	5:23.33	3
6. Laura Buzzard (RMC)	12.09	3	7. Shannon Kosaber (RMC)	5:23.82	2	7. Mary Beth Rollins (UMBC)	5:23.82	2
7. Meghann Cavanaugh (MSM)	12.05	2	8. Rachelle Joseph (FDU)	5:25.42	1	8. Shannon Lindberg (CCSU)	5:25.42	1
8. Karen Rathfon (SFPA)	11.69	1	3000 Meters			55 Meters		
Weight Throw			1. Amala Merritt (MON)	10:12.42	10	1. Stacy Clarke (CCSU)	7.18	10
1. Nicole Hollman (SFPA)	17.58 m	10	2. Kate Wallace (SFPA)	10:15.58	8	2. Nicola Larmond (CCSU)	7.47	8
2. Cleopatra Borel (UMBC)	16.20	8	3. Heather Gardiner (CCSU)	10:19.49	6	3. LaToya Washington (CCSU)	7.51	6
3. Brandi Blevins (SHU)	15.07	6	4. Karina Acevedo (WAG)	10:25.86	5	4. Holly Clever (RMC)	7.54	5
4. Melissa Dissette (RMC)	14.42	5	5. Jen Ecker (UMBC)	10:37.93	4	5. Georgette Lewis (LIU)	7.56	4
5. Laura Buzzard (RMC)	14.07	4	6. Heather Stockton (SHU)	10:39.12	3	6. Jaity Tobee (FDU)	7.57	3
6. Angelica Iannone (WAG)	13.84	3	7. Hannah Benjamin (UMBC)	10:39.80	2	7. Suzanne Klimkowski (FDU)	7.71	2
7. Andrea Tirpak (RMC)	13.68	2	8. Mary Beth Rollins (UMBC)	10:48.85	1	-- Nadege Auguste (CCSU)	FS	FS
8. Rebecca Drake (CCSU)	13.62	1						

Women's Indoor Track & Field



ALL-TIME CHAMPIONSHIP RESULTS

2001 Championship (February 17-18, 2001) Prince George's Sports & Learning Complex, Landover, MD

High Jump			60 Meters			3000 Meters		
	Height	Pts.		Time	Pts.		Time	Pts.
1. Lindsey Stefan (SFPA)	1.68 m	10	1. Stacy Clarke (CCSU)	7.67	10	1. Heather Gardiner (CCSU)	10:26.69	10
2. Michelle June (MSM)	1.68	8	2. Watasha Glasgow (SFNY)	7.88	8	2. Kimberly Crowley (CCSU)	10:26.87	8
3. Kim Duke (SFPA)	1.58	6	3. Camilla Harris (LIU)	7.94	6	3. Janel Strittmatter (SFPA)	10:30.66	6
4. Fatima Abbas (MSM)	1.58	5	4. Nadege Auguste (CCSU)	8.02	5	4. Amala Merritt (MON)	10:32.08	5
5. Cathy Gombotz (CCSU)	1.58	4	5. Latoya Washington (CCSU)	8.07	4	5. Erika Suhly (RMC)	10:35.70	4
6. Cara Coppola (WAG)	1.53	3	6. Claire Perry (SFNY)	8.10	3	6. Hannah Benjamin (UMBC)	10:38.92	3
7. Nanette Solomon (UMBC)	1.53	2	7. Georgette Lewis (LIU)	8.12	2	7. Katherine Wrinkle (SHU)	10:46.87	2
8. Carla Franklin (MSM)	1.53	.5	8. Cassidy Yeager (SFPA)	8.14	1	8. Carolyn Robin (QUIN)	10:51.57	1
Amy Lipscomb (RMC)	1.53	.5						
Pole Vault			60 Meter Hurdles			5000 Meters		
	Height	Pts.		Time	Pts.		Time	Pts.
1. Jessica Cooper (RMC)	3.15 m	10	1. Genita Dickey (RMC)	8.59	10	1. Heather Gardiner (CCSU)	17:50.37	10
2. Sonya Greaves (CCSU)	2.85	8	2. Camilla Harris (LIU)	8.76	8	2. Hannah Benjamin (UMBC)	18:11.31	8
3. Ashley Foley (MSM)	2.70	6	3. Krystal George (RMC)	9.12	6	3. Erika Suhly (RMC)	18:13.48	6
4. Lisa Ricciardelli (MON)	2.70	5	4. Sabriya Williams (WAG)	9.18	5	4. Amala Merritt (MON)	18:32.34	5
5. Alia Pimpinella (MON)	2.55	4	5. Patrice Malloy (UMBC)	9.42	4	5. Seeyian Metoyu (FDU)	19:06.68	4
6. Angela Webb (MON)	2.55	3	6. Georgette Lewis (LIU)	9.59	3	6. Kimberly Almeida (SHU)	19:10.17	3
7. Amy Miller (RMC)	2.40	1	7. Alessia Cirilli (MON)	9.69	2	7. Heather Stockton (SHU)	19:11.07	2
Katharine Casaubon (SHU)	2.40	1	8. Cara Coppola (WAG)	10.16	1	8. Suzanne D'Angelo (SHU)	19:13.98	1
Erin Miller (UMBC)	2.40	1						
Long Jump			200 Meters			4x400 Meters		
	Dist.	Pts.		Time	Pts.		Time	Pts.
1. Camilla Harris (LIU)	5.61 m	10	1. Genita Dickey (RMC)	24.85	10	1. Robert Morris	3:58.94	10
2. Fatima Abbas (MSM)	5.41	8	2. Orinthia Jones (UMBC)	25.43	8	2. Central Connecticut State	3:59.87	8
3. Kemelia Campbell (LIU)	5.29	6	3. Stacy Clarke (CCSU)	25.88	6	3. Monmouth	4:00.68	6
4. Nicole Dumpson (CCSU)	5.22	5	4. Latoya Washington (CCSU)	25.90	5	4. Long Island	4:00.73	5
5. Melanece Moore (UMBC)	5.14	4	5. Krystal George (RMC)	26.00	4	5. UMBC	4:03.30	4
6. Michele Gawaldo (RMC)	5.13	3	6. Nicola Larmond (CCSU)	26.03	3	6. Wagner	4:08.62	3
7. Jessica Cooper (RMC)	5.12	2	7. Watasha Glasgow (SFNY)	26.47	2	7. St. Francis (NY)	4:09.65	2
8. Nicole Armfield (SFPA)	5.10	1	8. Jana Rehkamp (CCSU)	26.77	1	8. St. Francis (PA)	4:10.93	1
Triple Jump			400 Meters			Distance Medley		
	Dist.	Pts.		Time	Pts.		Time	Pts.
1. Talitha Vickers (MON)	11.53 m	10	1. Nicole Dumpson (CCSU)	57.24	10	1. Monmouth	12:29.87	10
2. Michele Shawah (SHU)	11.45	8	2. Orinthia Jones (UMBC)	57.60	8	2. St. Francis (PA)	12:36.98	8
3. Fatima Abbas (MSM)	11.38	6	3. Brianna Cute (MON)	58.04	6	3. Mount St. Mary's	12:40.59	6
4. Nicole Dumpson (CCSU)	11.29	5	4. Jana Rehkamp (CCSU)	58.84	5	4. Wagner	12:44.45	5
5. Nadege Auguste (CCSU)	10.92	4	5. Patricia Metzger (LIU)	59.21	4	5. Central Connecticut State	12:52.82	4
6. Michele Gawaldo (RMC)	10.79	3	6. Krystal George (RMC)	59.39	3	6. Sacred Heart	12:53.22	3
7. Melanece Moore (UMBC)	10.73	2	7. Adenah Sledge (MSM)	59.54	2	7. Robert Morris	12:53.58	2
8. Ashley Hamilton (RMC)	10.72	1	8. Kemelia Campbell (LIU)	1:00.24	1	8. Fairleigh Dickinson	13:09.28	1
Shot Put			500 Meters			800 Meters		
	Dist.	Pts.		Time	Pts.		Time	Pts.
1. Cleopatra Borel (UMBC)	14.83 m	10	1. Genita Dickey (RMC)	1:12.14	10	1. Sakinah Patterson (LIU)	2:15.09	10
2. Lacy Johnson (MON)	13.69	8	2. Talitha Vickers (MON)	1:16.15	8	2. Taryn Phelps (MON)	2:16.91	8
3. Patricia Bernard (WAG)	13.20	6	3. Terra Sarnacki-Royer (MON)	1:19.19	6	3. Sara Tasber (SHU)	2:18.87	6
4. Melissa Disette (RMC)	12.40	5	4. Marcella Hughes (SFPA)	1:19.24	5	4. Terra Sarnacki-Royer (MON)	2:20.14	5
5. Melissa Mackel (SFPA)	12.02	4	5. Tammy Pearson (SFPA)	1:20.76	4	5. Erin Ehman (RMC)	2:21.64	4
6. Laura Buzzard (RMC)	11.99	3	6. Jessica Pratt (MON)	1:21.21	3	6. Tantra Daley (WAG)	2:22.26	3
7. Lauren Webb (MON)	11.63	2	7. Kimberly Heiligman (CCSU)	1:22.05	2	7. Jamie Gasbarro (RMC)	2:24.64	2
8. Karen Rathfon (SFPA)	11.34	1	8. Shannon Kosaber (RMC)	1:22.19	1	8. Patricia Metzger (LIU)	2:25.90	1
Weight Throw			Mile			1 Mile		
	Dist.	Pts.		Time	Pts.		Time	Pts.
1. Lacy Johnson (MON)	17.49 m	10	1. Taryn Phelps (MON)	5:07.76	10	1. Taryn Phelps (MON)	5:07.76	10
2. Cleopatra Borel (UMBC)	16.99	8	2. Sakinah Patterson (LIU)	5:12.93	8	2. Sakinah Patterson (LIU)	5:12.93	8
3. Rebecca Drake (CCSU)	13.92	6	3. Janel Strittmatter (SFPA)	5:13.89	6	3. Janel Strittmatter (SFPA)	5:13.89	6
4. Angelica Iannone (WAG)	13.58	5	4. Shannon Lindberg (CCSU)	5:16.92	5	4. Shannon Lindberg (CCSU)	5:16.92	5
5. Laura Buzzard (RMC)	13.14	4	5. Kimberly Crowley (CCSU)	5:18.50	4	5. Kimberly Crowley (CCSU)	5:18.50	4
6. Lisa Ricciardelli (MON)	13.04	3	6. Amy Werner (MON)	5:19.94	3	6. Amy Werner (MON)	5:19.94	3
7. Daisy Holt (RMC)	12.90	2	7. Kimberly Heiligman (CCSU)	5:21.31	2	7. Kimberly Heiligman (CCSU)	5:21.31	2
8. Tiffany Masuhr (MON)	12.85	1	8. Jenn Merschoff (WAG)	5:22.90	1	8. Jenn Merschoff (WAG)	5:22.90	1

N E C R e c o r d B o o k

Women's Indoor Track & Field

ALL-TIME CHAMPIONSHIP RESULTS

2002 Championship (February 16-17, 2002) Prince George's Sports & Learning Complex, Landover, MD

High Jump			60 Meters			3000 Meters		
Height	Pts.		Time	Pts.		Time	Pts.	
1. Lindsey Stefan (SFPA)	1.70 m	10	1. Watasha Glasgow (SFNY)	7.69	10	1. Everlyn Cheptoo (FDU)	10:22.47	10
2. Margaret Von der Osten (SFNY)	1.65	8	2. Nicola Larmond (CCSU)	7.83	8	2. Karina Acevedo (WAG)	10:26.19	8
3. Kim Duke (SFPA)	1.60	6	3. Chioma Ukpai (LIU)	7.84	6	3. Katherine Wrinkle (SHU)	10:26.92	6
4. Stobhan Fogarty (SHU)	1.55	4	4. Camilla Harris (LIU)	7.88	5	4. Kimberly Crowley (CCSU)	10:27.43	5
Cathy Gombotz (CCSU)	1.55	4	5. Destinee McCray (LIU)	7.91	4	5. Fredyla Urena (FDU)	10:29.09	4
Taneesha Harris (LIU)	1.55	4	6. Clair Perry (SFNY)	7.92	3	6. Rachael Knous (WAG)	10:30.11	3
7. Nanette Solomon (UMBC)	1.50	2	7. Georgette Lewis (LIU)	7.94	2	7. Laura Beach (SFPA)	10:32.21	2
8. Fatumatu Abbas (MSM)	1.50	1	8. Rea Tobitt (LIU)	7.95	1	8. Erin Doak (QU)	10:36.27	1
Pole Vault			60 Meter Hurdles			5000 Meters		
Height	Pts.		Time	Pts.		Time	Pts.	
1. Lisa Ricciardelli (MON)	3.25 m	10	1. Camilla Harris (LIU)	8.74	10	1. Everlyn Cheptoo (FDU)	18:03.64	10
2. Melanie Loughlin (SFPA)	3.15	8	2. Krystal George (RMU)	8.80	8	2. Rachael Knous (WAG)	18:08.20	8
3. Anita Lauver (UMBC)	3.05	6	3. Chioma Ukpai (LIU)	8.88	6	3. Hannah Benjamin (UMBC)	18:18.60	6
4. Amy Williams (RMU)	2.95	5	4. Georgette Lewis (LIU)	9.03	5	4. Beth Pile (SFPA)	18:23.52	5
5. Darcy Thompson (RMU)	2.95	4	5. Akaliah Wallace (SFPA)	9.07	4	5. Kimberly Crowley (CCSU)	18:24.11	4
6. Krystyn Kozlowski (RMU)	2.85	2.5	6. Melanie Porterfield (FDU)	9.10	3	6. Karina Acevedo (WAG)	18:24.55	3
Erin Walzack (SFPA)	2.85	2.5	7. Zekara Riggsbee (MON)	9.21	2	7. Laura Beach (SFPA)	18:25.02	2
8. Ashley Swope (MSM)	2.85	1	8. Alesia Hovatter (UMBC)	9.28	1	8. Jennifer Ecker (UMBC)	18:36.62	1
Long Jump			200 Meters			4x400 Meters		
Dist.	Pts.		Time	Pts.		Time	Pts.	
1. Calicia Burke (FDU)	5.51 m	10	1. Nicola Larmond (CCSU)	25.40	10	1. Long Island	3:56.30	10
2. Camilla Harris (LIU)	5.46	8	2. Rea Tobitt (LIU)	25.53	8	2. Robert Morris	3:56.56	8
3. Tia Wright (FDU)	5.45	6	3. Clair Perry (SFNY)	25.57	6	3. UMBC	3:59.58	6
4. Kemelia Campbell (LIU)	5.35	5	4. Destinee McCray (LIU)	25.68	5	4. Monmouth	4:02.98	5
5. Fatumatu Abbas (MSM)	5.33	4	5. Watasha Glasgow (SFNY)	25.69	4	5. St. Francis (NY)	4:03.75	4
6. Deisha Barnes (MON)	5.30	3	6. Krystal George (RMU)	25.79	3	6. Central Connecticut State	4:04.67	3
7. Alessia Cirilli (MON)	5.23	2	7. Georgette Lewis (LIU)	25.80	2	7. Wagner	4:06.22	2
8. Brianna Palazzi (SFPA)	5.17	1	8. Calicia Burke (FDU)	26.05	1	8. Fairleigh Dickinson	4:08.87	1
Triple Jump			400 Meters			Distance Medley		
Dist.	Pts.		Time	Pts.		Time	Pts.	
1. Camilla Harris (LIU)	11.80 m	10	1. Destinee McCray (LIU)	58.05	10	1. UMBC	12:19.05	10
2. Fatumatu Abbas (MSM)	11.65	8	2. Kerry McKinney (RMU)	58.10	8	2. Mount St. Mary's	12:21.89	8
3. Talitha Vickers (MON)	11.24	6	3. Krystal George (RMU)	58.13	6	3. St. Francis (PA)	12:29.92	6
4. Nadege Auguste (CCSU)	11.17	5	4. Calicia Burke (FDU)	58.80	5	4. Monmouth	12:39.75	5
5. Kristen Risch (WAG)	10.95	4	5. Rea Tobitt (LIU)	59.32	4	5. Sacred Heart	12:44.92	4
6. Nicole Armfield (SFPA)	10.91	3	6. Dellisa Williams (UMBC)	1:00.34	3	6. Wagner	12:48.41	3
7. Destiny Morris (FDU)	10.72	2	7. Jamie Gasbarro (RMU)	1:00.46	2	7. Quinnipiac	13:07.44	2
8. Erica Sullivan (SHU)	10.70	1	8. Missy Saharic (MON)	1:01.92	1	8. Central Connecticut State	12:15.85	1
Shot Put			500 Meters					
Dist.	Pts.		Time	Pts.				
1. Cleopatra Borel (UMBC)	16.36 m	10	1. Patricia Metzger (LIU)	1:16.99	10			
2. Sonrisa Garcia (LIU)	12.88	8	2. Suraya Kornegay (MON)	1:17.00	8			
3. Dana White (FDU)	12.66	6	3. Sara Tasber (SHU)	1:17.19	6			
4. Katrina Hansen (MON)	12.62	5	4. Shamika Griffin (UMBC)	1:17.27	5			
5. Melissa Mackel (SFPA)	12.58	4	5. Talitha Vickers (MON)	1:18.99	4			
6. Tara Ferraiuolo (WAG)	12.46	3	6. Marcella Hughes (SFPA)	1:19.05	3			
7. Halie Kennie (SHU)	12.27	2	7. N'Kelle Anderson (LIU)	1:20.00	2			
8. Katie Pachuta (MON)	11.76	1	8. Adenah Sledge (MSM)	1:20.23	1			
Weight Throw			800 Meters					
Dist.	Pts.		Time	Pts.				
1. Cleopatra Borel (UMBC)	18.03 m	10	1. Kerry McKinney (RMU)	2:15.09	10			
2. Lauren Webb (MON)	15.24	8	2. Ohita Asein (UMBC)	2:17.18	8			
3. Lisa Ricciardelli (MON)	14.37	6	3. Michelle Rafeedie (MSM)	2:17.78	6			
4. Tiffany Masuhr (MON)	14.08	5	4. Sherita Baker (UMBC)	2:18.97	5			
5. Nicole Downing (RMU)	13.96	4	5. Jamie Gasbarro (RMU)	2:19.84	4			
6. Rebecca Drake (CCSU)	13.93	3	6. Sakinah Patterson (LIU)	2:20.42	3			
7. Laura Buzzard (RMU)	13.46	2	7. La'Kel Chester (MON)	2:22.95	2			
8. Kimberly Sima (CCSU)	13.31	1	8. Taryn Phelps (MON)	2:26.77	1			
			Mile					
			Time	Pts.				
			1. Kari McCarty (MSM)	5:08.29	10			
			2. Kelly Reap (SFPA)	5:09.56	8			
			3. Ohita Asein (UMBC)	5:09.97	6			
			4. Cara Wettlaufer (UMBC)	5:11.61	5			
			5. Fredyla Urena (FDU)	5:16.59	4			
			6. Erin Doak (QU)	5:16.93	3			
			7. Taryn Phelps (MON)	5:18.19	2			
			8. Tara Losito (MON)	5:18.85	1			

Women's Indoor Track & Field

ALL-TIME CHAMPIONSHIP RESULTS

2004 Championship (February 14 & 15, 2004) Prince George's Sports & Learning Complex, Landover, MD

High Jump		Height	Pts.	60 Meters		Time	Pts.	3000 Meters		Time	Pts.
1.	Michele Roth (RMU)	1.65 m	10	1.	Chioma Ukpai (LIU)	7.83	10	1.	Carolyn Robin (QU)	10:08.42	10
2.	Lindsey Stefan (SFPA)	1.65	7	2.	Rea Tobitt (LIU)	7.84	8	2.	Katherine Wrinkle (SHU)	10:13.33	8
	Ashley Huffman (MON)	1.65	7	3.	Roseann Hamilton (FDU)	7.89	6	3.	Kristin Wallace (MON)	10:26.39	6
4.	Erica Frazee (RMU)	1.60	5	4.	Shannon Norris (MSM)	7.89	5	4.	Whitney Schnarr (SFPA)	10:27.08	5
5.	Siobhan Fogarty (SHU)	1.60	4	5.	Zekara Riggsbee (MON)	7.89	4	5.	Katina Alexander (MON)	10:30.05	4
6.	Taneesha Harris (LIU)	1.60	3	6.	Ashley Huffman (MON)	7.94	3	6.	Maris Reutzel (WAG)	10:36.87	3
7.	Kim Duke (SFPA)	1.60	2	7.	Destinee McCray (LIU)	7.97	2	7.	Laura Beach (SFPA)	10:44.89	2
8.	Anna Kalema (MSM)	1.55	1	8.	Jessica Kelley (CCSU)	7.97	1	8.	Sarah Defreitas (QU)	10:48.84	1
Pole Vault		Height	Pts.	60 Meter Hurdles		Time	Pts.	5000 Meters		Time	Pts.
1.	Mandy Jenkins (MSM)	3.74 m	10	1.	Chioma Ukpai (LIU)	8.65	10	1.	Carolyn Robin (QU)	17:43.25	10
2.	Melanie Loughlin (SFPA)	3.40	8	2.	Zekara Riggsbee (MON)	8.78	8	2.	Katherine Wrinkle (SHU)	17:55.33	8
3.	Darcy Thompson (RMU)	3.10	6	3.	Ashley Huffman (MON)	9.12	6	3.	Kristin Wallace (MON)	18:16.62	6
4.	Erica Crockett (MSM)	3.00	5	4.	Ashaley Davis (RMU)	9.21	5	4.	Maris Reutzel (WAG)	18:37.32	5
5.	Andrea Genesi (SFPA)	3.00	4	5.	Denise Tetkowski (MSM)	9.27	4	5.	Suzanne Neglia (SHU)	18:39.56	4
6.	Rachel Graf (SHU)	2.75	2	6.	Nicole Armfield (SFPA)	9.34	3	6.	Sarah Defreitas (QU)	18:44.59	3
	Ashley Swope (MSM)	2.75	2	7.	Shannon Norris (MSM)	9.35	2	7.	Laura Beach (SFPA)	18:46.90	2
	Katie Dirkes (MON)	2.75	2	8.	Akilah Wallace (SFPA)	9.45	1	8.	Allison Ruggiero (QU)	19:10.48	1
Long Jump		Dist.	Pts.	200 Meters		Time	Pts.	4x400 Meters		Time	Pts.
1.	Ashley Huffman (MON)	5.71 m	10	1.	Rea Tobitt (LIU)	25.21	10	1.	Monmouth	3:50.64	10
2.	Calicia Burke (FDU)	5.70	8	2.	Renay McPherson (FDU)	25.38	8	2.	Fairleigh Dickinson	3:54.51	8
3.	Roseann Hamilton (FDU)	5.57	6	3.	Suraya Kornegay (MON)	25.56	6	3.	Long Island	3:55.18	6
4.	N'Kelle Anderson (LIU)	5.57	5	4.	Toria Williams (MON)	25.73	5	4.	Mount St. Mary's	4:00.14	5
5.	Suzanne Montecalvo (RMU)	5.32	4	5.	N'Kelle Anderson (LIU)	25.74	4	5.	Robert Morris	4:02.10	4
6.	Denise Tetkowski (MSM)	5.23	3	6.	Destinee McCray (LIU)	25.84	3	6.	Wagner	4:06.17	3
7.	Nakia Serrant (LIU)	5.04	2	7.	Chioma Ukpai (LIU)	26.04	2	7.	St. Francis (PA)	4:08.61	2
8.	Nicole Armfield (SFPA)	4.98	1	8.	Nicole Barbante (MON)	26.06	1	8.	Sacred Heart	4:08.67	1
Triple Jump		Dist.	Pts.	400 Meters		Time	Pts.	Distance Medley		Time	Pts.
1.	Nicole Armfield (SFPA)	11.24 m	10	1.	Suraya Kornegay (MON)	56.82	10	1.	Quinnipiac	12:31.52	10
2.	Anna Kalema (MSM)	11.20	8	2.	N'Kelle Anderson (LIU)	57.47	8	2.	Wagner	12:40.09	8
3.	N'Kelle Anderson (LIU)	11.19	6	3.	Nicole Dumpson (CCSU)	57.54	6	3.	Monmouth	12:41.78	6
4.	Nicole Dumpson (CCSU)	11.14	5	4.	Renay McPherson (FDU)	57.73	5	4.	St. Francis (PA)	12:51.91	5
5.	Tia Wright (FDU)	10.98	4	5.	Rea Tobitt (LIU)	57.79	4	5.	Sacred Heart	12:57.62	4
6.	Taneisha Cantave (SHU)	10.90	3	6.	Deanna Paulson (MON)	59.36	3	6.	Mount St. Mary's	13:04.88	3
7.	Angie Jones (MSM)	10.89	2	7.	Destinee McCray (LIU)	59.55	2	7.	Long Island	13:16.13	2
8.	Dionne Williams (LIU)	10.83	1	8.	Melisa Chery (FDU)	59.62	1	8.	St. Francis (NY)	13:43.60	1
Shot Put		Dist.	Pts.	500 Meters		Time	Pts.				
1.	Brianne Carmichael (FDU)	13.62 m	10	1.	Toria Williams (MON)	75.18	10				
2.	Nicole Downing (RMU)	13.56	8	2.	Nicole Barbante (MON)	76.18	8				
3.	Melissa Mackel (SFPA)	13.54	6	3.	Latasha Dickson (MON)	78.39	6				
4.	Katrina Hansen (MON)	13.38	5	4.	Calicia Burke (FDU)	79.70	5				
5.	Diane Gmitter (SFPA)	12.44	4	5.	Lauren DellaVolpe (SHU)	79.70	4				
6.	Sonrisa Garcia (LIU)	12.35	3	6.	Lauren Torelli (MON)	1:20.74	3				
7.	Nina Victorin (MSM)	12.28	2	7.	Emily Marks (SHU)	1:21.53	2				
8.	Tara Ferraiuolo (WAG)	12.03	1	8.	Laura Dogery (WAG)	1:22.36	1				
Weight Throw		Dist.	Pts.	800 Meters		Time	Pts.				
1.	Nicole Downing (RMU)	18.33 m	10	1.	La'Kel Chester (MON)	2:16.72	10				
2.	Melissa Mackel (SFPA)	16.99	8	2.	Jamie Smith (LIU)	2:17.27	8				
3.	Kristin Eckert (SHU)	15.36	6	3.	Erika Jacobs (SFPA)	2:17.70	6				
4.	Katie Fisher (RMU)	15.23	5	4.	Naderia Monteith (FDU)	2:18.12	5				
5.	Brianne Carmichael (FDU)	15.02	4	5.	Michelle Rafeedia (MSM)	2:19.30	4				
6.	Katie Pachuta (MON)	14.69	3	6.	Sara Tasber (SHU)	2:19.47	3				
7.	Tara Ferraiuolo (WAG)	13.77	2	7.	Marcella Hughes (SFPA)	2:19.86	2				
8.	Diane Gmitter (SFPA)	13.55	1	8.	Joanna Perez (QU)	2:20.31	1				
				Mile		Time	Pts.				
				1.	Kaitlyn Gwyther (QU)	5:04.87	10				
				2.	Erika Jacobs (SFPA)	5:11.21	8				
				3.	Whitney Schnarr (SFPA)	5:13.99	6				
				4.	Katina Alexander (MON)	5:16.20	5				
				5.	Kaitlin Clark (SHU)	5:22.51	4				
				6.	Annie MacLennan (WAG)	5:23.62	3				
				7.	Amy Shoemaker (SFPA)	5:23.79	2				
				8.	Ashley Hill (CCSU)	5:25.29	1				

Women's Indoor Track & Field



ALL-TIME CHAMPIONSHIP RESULTS

N E C R E C O R D B O O K

2005 Championship (February 12 & 13, 2005) Prince George's Sports & Learning Complex, Landover, MD

High Jump			60 Meters			3000 Meters		
1. Ashley Huffman (MON)	Height 1.67m	Pts. 10	1. Roseann Hamilton (FDU)	Time 7.75	Pts. 10	1. Kathleen Duffy (SHU)	Time 10:11.18	Pts. 10
2. Tiffany Alford (WAG)	1.64	8	2. Aisha Thomas (LIU)	7.77	8	2. Katina Alexander (MON)	10:11.21	8
3. Jamie Kilis (SHU)	1.64	6	3. Ashley Huffman (MON)	7.84	6	3. Cristin Mullen (SFNY)	10:27.15	6
4. Laura Jezek (MSM)	1.61	5	4. Chioma Ukpai (LIU)	7.851	5	4. Caitlin Brady (QU)	10:28.43	5
5. Latasha Leake (MON)	1.58	4	5. Erika Goodwine (CCSU)	7.853	4	5. Kristin Wallace (MON)	10:32.49	4
6. Ericka Frazee (RMU)	1.58	3	6. Shannon Norris (MSM)	7.90	3	6. Jenna Pisani (SHU)	10:39.12	3
7. Corey Lindley (CCSU)	1.55	1.5	7. N'Kelle Anderson (LIU)	7.94	2	7. Kim Najem (MSM)	10:39.24	2
Linda Dobransky (SFPA)	1.55	1.5	8. Angie Jones (MSM)	7.95	1	8. Laura Beach (SFPA)	10:47.07	1
Pole Vault			60 Meter Hurdles			5000 Meters		
1. Mandy Jenkins (MSM)	Height 3.58	Pts. 10	1. Chioma Ukpai (LIU)	Time 8.61	Pts. 10	1. Katina Alexander (MON)	Time 17:38.01	Pts. 10
2. Kayla Miller (MSM)	3.30	8	2. Ashley Huffman (MON)	8.69	8	2. Kathleen Duffy (SHU)	17:45.07	8
3. Darcy Thompson (RMU)	3.10	6	3. Denise Tetkowski (MSM)	9.00	6	3. Kristin Wallace (MON)	17:59.80	6
4. Brittany Crum (SFPA)	3.00	5	4. Zekara Riggsbee (MON)	9.07	5	4. Cristin Mullen (SFNY)	18:02.28	5
5. Krystle Kensky (RMU)	3.00	4	5. Laura Jezek (MSM)	9.11	4	5. Jenna Pisani (SHU)	18:29.99	4
6. Nikki Zwartjes (MON)	2.90	3	6. Shannon Norris (MSM)	9.12	3	6. Kim Najem (MSM)	18:30.86	3
7. Colleen McLaughlin (RMU)	2.75	2	7. Corina Campbell (RMU)	9.29	2	7. Laura Beach (SFPA)	18:34.98	2
8. Bridget Campbell (SFPA)	2.75	1	8. Brittany DeMudd (RMU)	9.39	1	8. Sarah Defreitas (QU)	18:42.68	1
Long Jump			200 Meters			4x400 Meters		
1. Ashley Huffman (MON)	Dist. 6.03m	Pts. 10	1. Aisha Thomas (LIU)	Time 24.95	Pts. 10	1. Monmouth	Time 3:52.95	Pts. 10
2. Roseann Hamilton (FDU)	5.84	8	2. Ashley Huffman (MON)	25.49	8	2. Long Island	3:56.41	8
3. Tisifenee Taylor (MON)	5.55	6	3. Suraya Kornegay (MON)	25.51	6	3. Mount St. Mary's	3:57.27	6
4. N'Kelle Anderson (LIU)	5.44	5	4. Renay McPherson (FDU)	25.66	5	4. Fairleigh Dickinson	3:57.77	5
5. Denise Tetkowski (MSM)	5.30	4	5. Shannon Norris (MSM)	25.69	4	5. St. Francis (NY)	4:04.82	4
6. Frances Bundy (SHU)	5.26	3	6. N'Kelle Anderson (LIU)	25.93	3	6. Robert Morris	4:06.46	3
7. Joanne Shia (MON)	5.13	2	7. Kora Hardy (SFPA)	26.20	2	7. Wagner	4:06.58	2
8. Brittany Humphress (RMU)	5.08	1	8. Melisa Chery (FDU)	26.49	1	8. Sacred Heart	4:09.82	1
Triple Jump			400 Meters			Distance Medley		
1. Andreen Francis (SFNY)	Dist. 11.80m	Pts. 10	1. Suraya Kornegay (MON)	Time 56.24	Pts. 10	1. Quinnipiac	Time 12:13.68	Pts. 10
2. Angie Jones (MSM)	11.46	8	2. Renay McPherson (FDU)	56.89	8	2. Sacred Heart	12:37.48	8
3. N'Kelle Anderson (LIU)	11.42	6	3. N'Kelle Anderson (LIU)	58.43	6	3. Saint Francis (PA)	12:40.88	6
4. Dionne Williams (LIU)	11.26	5	4. Naderia Monteith (FDU)	59.83	5	4. Central Connecticut State	12:47.97	5
5. Brittany Humphress (RMU)	11.13	4	5. Eva Terry (LIU)	60.67	4	5. Robert Morris	12:51.28	4
6. Lauren Torelli (MON)	10.77	3	6. Crista Strachan (LIU)	61.90	3	6. Wagner	12:51.41	3
7. Taneisha Cantave (SHU)	10.76	2	7. Kora Hardy (SFPA)	62.60	2	7. Monmouth	13:03.31	2
8. Ebony Ramos (FDU)	10.63	1	8. Jessica Mugavero (SHU)	62.63	1	8. Mount St. Mary's	13:09.53	1
Shot Put			500 Meters					
1. Diane Gmitter (SFPA)	Dist. 13.92m	Pts. 10	1. Toria Williams (MON)	Time 76.49	Pts. 10			
2. Nicole Downing (RMU)	13.77	8	2. Nicole Dumpson (CCSU)	77.444	8			
3. Marsha Locke (SHU)	13.71	6	3. Janel McFarlane (LIU)	77.446	6			
4. Brianne Carmicheal (FDU)	13.66	5	4. Jaimie Smith (LIU)	77.64	5			
5. Katie Fisher (RMU)	13.19	4	5. Latasha Dickson (MON)	77.75	4			
6. Lisa Morse (SFPA)	13.17	3	6. Andreen Francis (SFNY)	79.16	3			
7. Megan Sommers (SFPA)	12.68	2	7. Denise Tetkowski (MSM)	79.51	2			
8. Balkis Bernard (SHU)	12.21	1	8. Leslie Conley (RMU)	1:20.22	1			
Weight Throw			800 Meters					
1. Nicole Downing (RMU)	Dist. 18.48m	Pts. 10	1. Erika Jacobs (SFPA)	Time 2:16.53	Pts. 10			
2. Katie Fisher (RMU)	17.04	8	2. Joanna Perez (QU)	2:19.45	8			
3. Amanda Klingensmith (SFPA)	16.46	6	3. Kaitlin Clark (SHU)	2:19.59	6			
4. Diane Gmitter (SFPA)	15.38	5	4. Erin O'Connell (QU)	2:20.02	5			
5. Megan Sommers (SFPA)	14.92	4	5. Naderia Monteith (FDU)	2:20.29	4			
6. Lisa Morse (SFPA)	14.44	3	6. Jaimie Smith (LIU)	2:22.70	3			
7. Katie Pachuta (MON)	13.80	2	7. Nicole Carter (RMU)	2:23.21	2			
8. Jenna Brian (SFPA)	13.79	1	8. Stephanie Oberheim (SHU)	2:24.40	1			
			Mile					
			1. Kaitlyn Gwyther (QU)	Time 4:57.77	Pts. 10			
			2. Erika Jacobs (SFPA)	5:06.09	8			
			3. Whitney Schnarr (SFPA)	5:06.80	6			
			4. Ashley Hill (CCSU)	5:09.66	5			
			5. Brittany McCann (MSM)	5:18.37	4			
			6. Jenna Nechamen (QU)	5:21.73	3			
			7. Kerry McKinney (RMU)	5:22.80	2			
			8. Bridget Campbell (SFPA)	5:30.26	1			

Women's Indoor Track & Field

ALL-TIME CHAMPIONSHIP RESULTS

2007 Championship (February 10 & 11, 2007) Prince George's Sports & Learning Complex, Landover, MD

High Jump		Height	Pts.	60 Meters		Time	Pts.	3000 Meters		Time	Pts.
1.	Brittany Dexter (SHU)	1.70m	10	1.	Tavia Burke (LIU)	7.74	10	1.	Kristen Stevens (QU)	10:03.12	10
2.	Shelby Heggie (LIU)	1.60	8	2.	Aisha Thomas (LIU)	7.79	8	2.	Kathleen Henry (SHU)	10:05.88	8
3.	Alaina Alfano (WAG)	1.60	5.5	3.	Joyce Atagwe (LIU)	7.87	6	3.	Anna Hoffman (SFPA)	10:22.11	6
4.	Melissa Kostaan (SHU)	1.60	5.5	4.	Kora Hardy (SFPA)	7.87	5	4.	Brecken Drager (WAG)	10:23.19	5
5.	Ashley Huffman (MON)	1.60	4	5.	Reannah Lewis (SFNY)	7.99	4	5.	Cristin Mullen (SFNY)	10:23.29	4
6.	Latasha Leake (MON)	1.60	3	6.	Brittini Smallwood (SFPA)	8.02	3	6.	Sarah Defreitas (QU)	10:26.37	3
7.	Cari Christenson (CCSU)	1.55	1	7.	Angie Jones (MSM)	8.02	2	7.	Susan Ashe (QU)	10:31.91	2
	Shannon Rogers (MON)	1.55	1	8.	Denise Tetkowski (MSM)	8.03	1	8.	Lindsey Pierret (QU)	10:32.45	1
	Sarana Hyatt (SHU)	1.55	1								
Pole Vault		Height	Pts.	60 Meter Hurdles		Time	Pts.	5000 Meters		Time	Pts.
1.	Mandy Jenkins (MSM)	3.50m	10	1.	Tavia Burke (LIU)	8.57	10	1.	Kristen Stevens (QU)	17:28.12	10
2.	Nikki Zwartjes (MON)	3.40	8	2.	Ashley Huffman (MON)	8.63	8	2.	Kathleen Henry (SHU)	17:29.64	8
3.	Christine Fatale (MON)	3.20	6	3.	Corina Campbell (RMU)	8.90	6	3.	Susan Ashe (QU)	17:54.83	6
4.	Brianne Hudak (SHU)	3.20	5	4.	Alaina Alfano (WAG)	8.97	5	4.	Anna Hoffman (SFPA)	18:05.13	5
5.	Dana Collins (MSM)	3.20	4	5.	Denise Tetkowski (MSM)	9.03	4	5.	Cristin Mullen (SFNY)	18:07.35	4
6.	Rachel Cassata (MON)	3.20	3	6.	Jordhanna White (RMU)	9.05	3	6.	Ashley Reichelt (QU)	18:10.14	3
7.	Laura Myers (MON)	3.05	2	7.	Noemie Wilson (WAG)	9.23	2	7.	Sarah Defreitas (QU)	18:11.18	2
8.	Kerry Ojeda (SHU)	2.90	1	8.	Melissa Kostaan (SHU)	9.31	1	8.	Lindsey Pierret (QU)	18:13.36	1
Long Jump		Dist.	Pts.	200 Meters		Time	Pts.	4x400 Meters		Time	Pts.
1.	Ashley Huffman (MON)	5.92m	10	1.	Aisha Thomas (LIU)	24.89	10	1.	Monmouth	3:52.39	10
2.	Angie Jones (MSM)	5.60	8	2.	Ashley Huffman (MON)	25.30	8	2.	Long Island	3:52.69	8
3.	Alaina Alfano (WAG)	5.47	6	3.	Tavia Burke (LIU)	25.52	6	3.	Fairleigh Dickinson	4:02.46	6
4.	Melitta Brown (RMU)	5.37	5	4.	Reannah Lewis (SFNY)	25.59	5	4.	Robert Morris	4:03.77	5
5.	Denise Tetkowski (MSM)	5.33	4	5.	Kora Hardy (SFPA)	25.90	4	5.	Wagner	4:05.05	4
6.	Kora Hardy (SFPA)	5.24	3	6.	Michelle Losey (MON)	25.90	3	6.	Sacred Heart	4:06.03	3
7.	Jill Albee (SFPA)	5.14	2	7.	Dara Jones (FDU)	26.03	2	7.	Central Connecticut State	4:10.62	2
8.	Latasha Leake (MON)	5.11	1	8.	Deanna Paulson (MON)	26.11	1	8.	Saint Francis (PA)	4:15.76	1
Triple Jump		Dist.	Pts.	400 Meters		Time	Pts.	Distance Medley		Time	Pts.
1.	Brittany Humphress (RMU)	11.68m	10	1.	Aisha Thomas (LIU)	56.83	10	1.	Monmouth	12:33.70	10
2.	Angie Jones (MSM)	11.54	8	2.	Michelle Losey (MON)	57.21	8	2.	Long Island	12:37.61	8
3.	Brittany Gibbs (MON)	11.38	6	3.	Illiana Blackshear (MON)	58.62	6	3.	Sacred Heart	12:40.61	6
4.	Sara Scott (RMU)	11.36	5	4.	Dara Jones (FDU)	58.74	5	4.	Quinnipiac	12:42.44	5
5.	Jordhanna White (RMU)	11.04	4	5.	Aniecia Williams (LIU)	58.92	4	5.	St. Francis (NY)	12:43.24	4
6.	Leesa Mullins (CCSU)	10.57	3	6.	Shaneqwa Warren (LIU)	58.93	3	6.	Central Connecticut State	12:47.56	3
7.	Jennifer Tarsan (MON)	10.47	2	7.	Mary Stocking (CCSU)	58.96	2	7.	Robert Morris	13:01.05	2
8.	Amanda Gland (WAG)	10.40	1	8.	Denele DeVerteuil (LIU)	58.97	1	8.	Wagner	13:18.80	1
Shot Put		Dist.	Pts.	500 Meters		Time	Pts.				
1.	Diane Gmitter (SFPA)	15.04m	10	1.	Latasha Dickson (MON)	1:15.44	10				
2.	Lisa Morse (SFPA)	14.44	8	2.	Leslie Conley (RMU)	1:16.14	8				
3.	Marsha Locke (SHU)	14.39	6	3.	Crystal Strachan (LIU)	1:16.45	6				
4.	Nina Victorin (MSM)	14.04	5	4.	Janel McFarlane (LIU)	1:17.23	5				
5.	Megan Sommers (SFPA)	12.50	4	5.	Crystal Stein (MON)	1:19.00	4				
6.	Kayla Herron (SFPA)	12.41	3	6.	Chelsea Bolleman (QU)	1:20.97	3				
7.	Christina Roadman (RMU)	12.09	2	7.	Crista Strachan (LIU)	1:20.98	2				
8.	Elise Pearce (SFPA)	11.91	1	8.	Katie Gioe (CCSU)	1:21.42	1				
Weight Throw		Dist.	Pts.	800 Meters		Time	Pts.				
1.	Diane Gmitter (SFPA)	17.90m	10	1.	Erika Jacobs (SFPA)	2:13.21	10				
2.	Amanda Klingensmith (SFPA)	16.80	8	2.	Denele DeVerteuil (LIU)	2:18.50	8				
3.	Kayla Herron (SFPA)	16.73	6	3.	Aniecia Williams (LIU)	2:18.76	6				
4.	Marsha Locke (SHU)	16.60	5	4.	Asha Arneith (MON)	2:18.96	5				
5.	Nina Victorin (MSM)	15.88	4	5.	Erin O'Connell (QU)	2:19.21	4				
6.	Lisa Morse (SFPA)	15.29	3	6.	Nicole Carter (RMU)	2:21.30	3				
7.	Christina Roadman (SHU)	15.28	2	7.	Leslie Conley (LIU)	2:21.92	2				
8.	Ashley Simon (WAG)	15.01	1	8.	Joanna Perez (QU)	2:22.45	1				
				Mile		Time	Pts.				
				1.	Erika Jacobs (SFPA)	5:02.01	10				
				2.	Erin O'Connell (QU)	5:05.86	8				
				3.	Ashley Hill (CCSU)	5:11.17	6				
				4.	Cailin Lynam (MON)	5:12.31	5				
				5.	Elizabeth Kessler (MSM)	5:13.76	4				
				6.	Laura Embrey (MON)	5:13.81	3				
				7.	Lisa Zino (QU)	5:14.09	2				
				8.	Caitlin Brady (QU)	5:14.13	1				



Women's Indoor Track & Field

ALL-TIME CHAMPIONSHIP RESULTS

2008 Championship (February 9-10, 2008) Prince George's Sports & Learning Complex, Landover, MD

High Jump	Height	Pts.	60 Meters	Time	Pts.	3000 Meters	Time	Pts.
1. Brittany Dexter (SHU)	1.73 m	10	1. Angelica Johnson (SHU)	7.76	10	1. Kristen Stevens (QU)	10:05.64	10
2. Alaina Alfano (WAG)	1.64	8	2. Joyce Atagwe (LI)	7.83	8	2. Cailin Lynam (MON)	10:10.06	8
3. Latasha Leake (MON)	1.58	5.5	3. Ashley DeCruise (MSM)	7.84	6	3. Anna Hoffman (SFPA)	10:20.36	6
Heather Patton (LI)	1.58	5.5	4. Jordhanna White (RM)	7.88	5	4. Susan Ashe (QU)	10:24.54	5
5. Jennifer Tarson (MON)	1.58	4	5. Ashlynn DeCruise (MSM)	7.89	4	5. Dana Troy (SHU)	10:32.72	4
6. Kim Wartschow (CCSU)	1.58	3	6. Michelle Losey (MON)	7.96	3	6. Shannon Kovack (SFPA)	10:38.17	3
7. Tyler Teaton (SHU)	1.58	1.5	7. Kora Hardy (SFPA)	8.04	2	7. Lindsey Pierret (QU)	10:42.23	2
Brianne Hudak (SHU)	1.58	1.5	8. Sara Ann Brown (MSM)	8.05	1	8. Brecken Drager (WAG)	10:43.35	1

Pole Vault	Height	Pts.	60 Meter Hurdles	Time	Pts.	5000 Meters	Time	Pts.
1. Elizabeth DeMedal (SFPA)	3.40 m	10	1. Jordhanna White (RM)	8.95	10	1. Anna Hoffman (SFPA)	17:23.11	10
2. Nikki Zwartjes (MON)	3.40	8	2. Alaina Alfano (WAG)	9.07	8	2. Susan Ashe (QU)	17:39.90	8
3. Mishelle McNamara (WAG)	3.30	6	3. Brittany DeMudd (RM)	9.30	6	3. Dana Troy (SHU)	18:24.76	6
4. Dana Collins (MSM)	3.30	5	4. Melissa Kostan (SHU)	9.33	5	4. Shannon Kovack (SFPA)	18:27.81	5
5. Erica Schmidt (RM)	3.20	4	5. Latasha Leake (MON)	9.33	4	5. Lindsey Pierret (QU)	18:39.66	4
6. Kerry Ojeda (SHU)	3.05	3	6. Sarana Hyatt (SHU)	9.35	3	6. Megan Jaswell (CCSU)	18:43.45	3
7. Laura Myers (MON)	3.05	1.5	7. Corina Campbell (RM)	9.50	2	7. Samantha Troy (SHU)	18:45.81	2
Brittany Crum (SFPA)	3.05	1.5	8. Bonnie Kilis (SHU)	9.79	1	8. Christine Aldland (MON)	18:56.39	1

Long Jump	Height	Pts.	200 Meters	Time	Pts.	4x400 Meters	Time	Pts.
1. Melitta Brown (RM)	5.66 m	10	1. Ashley DeCruise (MSM)	25.39	10	1. Monmouth	3:53.94	10
2. Alaina Alfano (WAG)	5.47	8	2. Michelle Losey (MON)	25.40	8	2. Mount St. Mary's	3:54.86	8
3. Lily Otu (MSM)	5.41	6	3. Ashlynn DeCruise (MSM)	25.52	6	3. Long Island	3:57.25	6
4. Sarana Hyatt (SHU)	5.27	5	4. Melissa Kostan (SHU)	25.98	5	4. Sacred Heart	4:02.57	5
5. Latasha Leake (MON)	5.24	4	5. Crystal Stein (MON)	26.04	4	5. Fairleigh Dickinson	4:03.59	4
6. MaryKateWalsh (MON)	5.15	3	6. Joyce Atagwe (LI)	26.05	3	6. St. Francis (NY)	4:06.45	3
7. Heather Patton (LI)	5.13	2	7. Crystal Strachan (LI)	26.24	2	7. Wagner	4:07.37	2
8. Brittany Gibbs (MON)	5.07	1	8. Sara Ann Brown (MSM)	26.48	1	8. Robert Morris	4:07.46	1

Triple Jump	Height	Pts.	400 Meters	Time	Pts.	Distance Medley	Time	Pts.
1. Heather Patton (LI)	11.72 m	10	1. Michelle Losey (MON)	56.81	10	1. Quinnipiac	12:17.15	10
2. Danay Spencer (LI)	11.66	8	2. Denele DeVerteuil (LI)	58.38	8	2. Long Island	12:29.25	8
3. Melitta Brown (RM)	11.62	6	3. Illiana Blackshear (MON)	58.78	6	3. Mount St. Mary's	12:44.73	6
4. Brittany Gibbs (MON)	11.48	5	4. Brittany Gibbs (MON)	59.16	5	4. Monmouth	12:50.61	5
5. Alaina Alfano (WAG)	11.44	4	5. Dara Jones (FDU)	59.66	4	5. Sacred Heart	12:55.83	4
6. Jennifer Tarsan (MON)	11.15	3	6. Tierra Chavis (SFNY)	1:00.35	3	6. Robert Morris	12:56.80	3
7. Jordhanna White (RM)	10.93	2	7. Aniecia Williams (LI)	1:00.57	2	7. Wagner	12:59.06	2
8. Mallory Longfield (MSM)	10.79	1	8. Jessica Sanders (FDU)	1:00.89	1	8. Central Connecticut State	13:09.04	1

Shot Put	Distance	Pts.	500 Meters	Time	Pts.
1. Lisa Morse (SFPA)	14.66 m	10	1. Crystal Strachan (LI)	1:15.74	10
2. Marsha Locke (SHU)	14.60	8	2. Crystal Stein (MON)	1:16.30	8
3. Jamie Kilis (SHU)	13.51	6	3. Sheena Simpkins (MSM)	1:16.61	6
4. Taryn O'Conner (FDU)	12.90	5	4. Crista Strachan (LI)	1:16.90	5
5. Kayla Herron (SFPA)	12.85	4	5. Nicole Payne (QU)	1:19.96	4
6. Lenahndem Tankeng (SHU)	12.74	3	6. Samantha Simile (RM)	1:20.38	3
7. Megan Sommers (SFPA)	12.66	2	7. Jessica Ford (WAG)	1:20.52	2
8. Stephanie Harrison (RM)	12.43	1	8. Bonnie Kilis (SHU)	1:20.82	1

Weight Throw	Distance	Pts.	800 Meters	Time	Pts.
1. Kayla Herron (SFPA)	17.44 m	10	1. Aniecia Williams (LI)	2:16.72	10
2. Elise Pearce (SFPA)	15.71	8	2. Denele DeVerteuil (LI)	2:17.65	8
3. Christine Yakubec (SHU)	15.59	6	3. Sarah Tencza (SHU)	2:19.36	6
4. Lisa Morse (SFPA)	15.54	5	4. Desiree Conley (LI)	2:20.59	5
5. Lenahndem Tankeng (SHU)	15.52	4	5. Leslie Conley (LI)	2:21.37	4
6. Jenna Brian (SFPA)	14.73	3	6. Selina Munoz (LI)	2:21.41	3
7. Megan Sommers (SFPA)	14.53	2	7. Nicole Carter (RM)	2:21.58	2
8. Crystal Smith (WAG)	13.99	1	8. Aracelis Lantigua (MON)	2:22.42	1

Mile	Time	Pts.
1. Chelsea Bollerman (QU)	5:01.08	10
2. Cailin Lynam (MON)	5:02.45	8
3. Anna Hoffmna (SFPA)	5:05.27	6
4. Selina Munoz (LI)	5:14.37	5
5. Christine Aldland (MON)	5:15.07	4
6. Laura Embrey (MON)	5:15.46	3
7. Shannon Kovack (SFPA)	5:21.34	2
8. Brecken Drager (WAG)	5:21.85	1

Women's Indoor Track & Field



ALL-TIME CHAMPIONSHIP RESULTS

2009 Championship (February 21-22, 2009) Prince George's Sports & Learning Complex, Landover, MD

High Jump			60 Meter Dash			5000 Meters		
1. Brittany Dexter (SPPA)	Height	Pts.	1. Jessie Gaines (LIU)	Time	Pts.	1. Anna Hoffman (SPPA)	Time	Pts.
2. Melitta Brown (RMU)	1.76m	10	2. Ashley DeCruise (MSM)	7.60	10	2. Abbey Gosling (QU)	17:54.05	10
3. Sarana Hyatt (SHU)	1.67	8	3. Angelica Johnson (SHU)	7.70	8	3. Mekenzie Krause (SHU)	18:04.54	8
Heather Patton (LIU)	1.61	5	4. Ashlynn DeCruise (MSM)	7.75	6	4. Dana Troy (SHU)	18:08.03	6
Mary Wilks (MU)	1.61	5	5. Altagracia Vasquez (FDU)	7.75	5	5. Christine Altland (MU)	18:08.29	5
6. Lindsey Walsh (MU)	1.61	5	6. Torrie Saunders (LIU)	7.77	4	6. Kathleen Henry (SHU)	18:10.92	4
7. Alaina Alfano (WC)	1.61	3	7. Michelle Losey (MU)	7.81	3	7. Allyson Sheehan (SPPA)	18:20.48	3
8. Jazmin Waller (LIU)	1.61	2	8. Joyce Atagwe (LIU)	7.84	2	8. Lindsey Pierret (QU)	18:35.13	2
	1.61	1		7.87	1		18:42.15	1
Pole Vault			200 Meters			60 Meter Hurdles		
1. Kerry Ojeda (SHU)	Height	Pts.	1. Ashlynn DeCruise (MSM)	Time	Pts.	1. Jessie Gaines (LIU)	Time	Pts.
2. Michelle Telofski (MU)	3.30m	10	2. Ashley DeCruise (MSM)	24.94	10	2. Torrie Saunders (LIU)	8.59	10
Laura Myers (MU)	3.15	7	3. Michelle Losey (MU)	25.18	8	3. Alaina Alfano (WC)	8.87	8
4. Dana Collins (MSM)	3.15	7	4. Torrie Saunders (LIU)	25.38	6	4. Evana Edwards (FDU)	8.91	6
5. Mishelle McNamara (WC)	3.15	5	5. Angelica Johnson (SHU)	25.86	5	5. Sarana Hyatt (SHU)	8.97	5
6. Elizabeth DeMedal (SPPA)	3.15	4	6. Ajda Dotday (MU)	25.91	4	6. Jazmin Waller (LIU)	8.99	4
7. Erica Schmidt (RMU)	3.15	3	7. Karlie Dean (SHU)	26.01	3	7. Melitta Brown (RMU)	9.07	3
Christine Fatale (MU)	3.00	1.5	8. Ashley Veney (LIU)	26.27	2	8. Brittany Dexter (SHU)	9.12	2
	3.00	1.5		26.33	1		9.28	1
Long Jump			400 Meters			4x400 Meters		
1. Heather Patton (LIU)	Distance	Pts.	1. Michelle Losey (MU)	Time	Pts.	1. Mount St. Mary's 'A'	Time	Pts.
2. Melitta Brown (RMU)	5.64m	10	2. Illiana Blackshear (MU)	56.58	10	2. Monmouth 'A'	3:53.83	10
3. Alaina Alfano (WC)	5.60	8	3. Ashley Veney (LIU)	58.50	8	3. Long Island 'A'	3:54.46	8
4. Jessie Gaines (LIU)	5.60	6	4. Karlie Dean (SHU)	58.60	6	4. Fairleigh Dickinson 'A'	3:58.33	6
5. Sarana Hyatt (SHU)	5.56	5	5. Brittany Gibbs (MU)	59.38	5	5. Sacred Heart 'A'	3:58.46	5
6. Danay Spencer (LIU)	5.54	4	6. Christine Jones (LIU)	59.71	4	6. St. Francis (NY) 'A'	4:05.69	4
7. Amanda Gland (WC)	5.36	3	7. Aniecia Williams (LIU)	1:00.07	3	7. Robert Morris 'A'	4:06.53	3
8. Altagracia Vazquez (FDU)	5.34	2	8. Jessica Sanders (FDU)	1:00.18	2	8. Central Conn. St. 'A'	4:10.61	2
	5.24	1		1:00.71	1		4:11.51	1
Triple Jump			500 Meters			Distance Medley		
1. Heather Patton (LIU)	Distance	Pts.	1. Crystal Stein (MU)	Time	Pts.	1. Quinnipiac 'A'	Time	Pts.
2. Jessie Gaines (LIU)	12.50m	10	2. Sheena Simpkins (MSM)	1:16.42	10	2. Saint Francis (PA) 'A'	12:32.87	10
3. Danay Spencer (LIU)	11.93	8	3. Aisha Hillian (LIU)	1:16.49	8	3. Monmouth 'A'	12:36.73	8
4. Melitta Brown (RMU)	11.83	6	4. Dara Jones (FDU)	1:19.67	6	4. Long Island 'A'	12:37.83	6
5. Brittany Gibbs (MU)	11.74	5	5. Kate McGuire (CCSU)	1:20.27	5	5. Sacred Heart 'A'	12:43.98	5
6. Alaina Alfano (WC)	11.64	4	6. Justine Douvadjian (BU)	1:20.57	4	6. Central Conn. St. 'A'	12:44.24	4
7. MaryKate Walsh (MU)	11.56	3	7. Veronique Williams (LIU)	1:20.60	3	7. Fairleigh Dickinson 'A'	13:01.41	3
8. Torrie Saunders (LIU)	11.22	2	8. Colleen Rutecki (MU)	1:20.62	2	8. Bryant 'A'	13:12.39	2
	11.18	1		1:20.81	1		13:14.15	1
Shot Put			800 Meters					
1. Jamie Kilis (SHU)	Distance	Pts.	1. Aniecia Williams (LIU)	Time	Pts.			
2. Carol Cress (SHU)	13.66m	10	2. Danica Krivanos (MU)	2:19.00	10			
3. Christine Bridge (SPPA)	13.28	8	3. Megan Patterson (FDU)	2:19.75	8			
4. Gabriella Rinehart (RMU)	13.17	6	4. Aracelis Lantigua (MU)	2:20.91	6			
5. Symmone Fisher (MU)	12.98	5	5. Jessica Balling (WC)	2:22.14	5			
6. Kelly Dantley (MU)	12.56	4	6. Katie Lima (CCSU)	2:23.31	4			
7. Taryn O'Connor (FDU)	12.45	3	7. Brianna Vozzella (MSM)	2:24.26	3			
8. Amanda Kelley (CCSU)	12.37	2	8. Selina Munoz (LIU)	2:25.54	2			
	12.27	1		2:27.02	1			
Weight Throw			Mile					
1. Jamie Kilis (SHU)	Distance	Pts.	1. Cailin Lynam (MU)	Time	Pts.			
2. Athalia Smith (SHU)	17.24m	10	2. Laura Embrey (MU)	5:08.61	10			
3. Amanda Kelley (CCSU)	16.42	8	3. Morgan Roche (QU)	5:10.16	8			
4. Symmone Fisher (MU)	15.60	6	4. Kimberly DeLoreto (SHU)	5:11.22	6			
5. Ashley Turici (RMU)	14.70	5	5. Brittany Llobell (SHU)	5:14.46	5			
6. Elise Pearce (SPPA)	14.42	4	6. Selina Munoz (LIU)	5:16.90	4			
7. Chantaul Smith (SHU)	14.36	3	7. Jessica Jones (MU)	5:16.92	3			
8. Kelly Dantley (MU)	14.00	2	8. Johanna Acosta (SHU)	5:19.65	2			
	14.00	1		5:23.05	1			
			3000 Meters					
			1. Anna Hoffman (SPPA)	Time	Pts.			
			2. Dana Troy (SHU)	10:07.06	10			
			3. Emily Ingle (RMU)	10:13.91	8			
			4. Morgan Roche (QU)	10:20.74	6			
			5. Abbey Gosling (QU)	10:21.59	5			
			6. Mekenzie Krause (SHU)	10:25.23	4			
			7. Christine Altland (MU)	10:26.01	3			
			8. Cailin Lynam (MU)	10:26.28	2			
				10:27.61	1			