

# Women's Outdoor Track & Field



## Champions

Year	Team Champion	Coach	Points	Outstanding Performer	Site
1991	Fairleigh Dickinson	Mike Shea	143.5	Laurie Smith, Mount St. Mary's	W. Long Branch, NJ
1992	Fairleigh Dickinson	Mike Shea	147	Laurie Smith, Mount St. Mary's	Emmitsburg, MD
1993	Mount St. Mary's	Mike Merritt	144	Donise Moore, Fairleigh Dickinson	Lawrenceville, NJ
1994	Fairleigh Dickinson	Mike Shea	172	Sharlene Milwood, Fairleigh Dickinson	Lawrenceville, NJ
1995	Mount St. Mary's	Mike Merritt	163	Donise Moore, Fairleigh Dickinson	Lawrenceville, NJ
1996	Mount St. Mary's	Mike Merritt	171	Sharline White, Fairleigh Dickinson	Emmitsburg, MD
1997	Mount St. Mary's	Mike Merritt	158	Lacy Johnson, Monmouth Rebecca Wassner, Mount St. Mary's	Lawrenceville, MD
1998	Mount St. Mary's	Mike Merritt	137	Tisha Franklin, Long Island	Emmitsburg, MD
1999	Fairleigh Dickinson	Pete Squires	124	Melene Thomas, Fairleigh Dickinson	Baltimore, MD
2000	Monmouth	Joe Compagni	125	Kate Wallace, St. Francis (PA) - Track Nicole Hollman, St. Francis (PA) - Field	Emmitsburg, MD
2001	Monmouth	Joe Compagni	151	Taryn Phelps, Monmouth - Track Cleopatra Borel, UMBC - Field	Baltimore, MD
2002	Monmouth	Joe Compagni	137	Rea Tobitt, Long Island - Track Lisa Ricciardelli, Monmouth - Field	Emmitsburg, MD
2003	St. Francis (PA)	Scott Catone	131.5	Ohita Asein, UMBC - Track Cycerli Ash, St. Francis (PA) - Field	Baltimore, MD
2004	Monmouth	Joe Compagni	172	Katie Wrinkle, Sacred Heart - Track Nicole Downing, Robert Morris - Field	Emmitsburg, MD
2005	St. Francis (PA)	Scott Catone	145	Aisha Thomas, Long Island - Track Nicole Downing, Robert Morris - Field	Emmitsburg, MD
2006	Long Island	Julia Sandiford	145.5	Aisha Thomas, Long Island - Track Nina Victorin, Mount St. Mary's - Field	Emmitsburg, MD

## Most Valuable Performer

2001	Taryn Phelps	Monmouth
2002	Everlyne Cheptoo	Fairleigh Dickinson
2003	Danielle Lyons	Monmouth
2004	Ashley Huffman	Monmouth
2005	Aisha Thomas	Long Island
2006	Aisha Thomas	Long Island

## Rookie of the Meet

2004	Ashley Huffman	Monmouth
2005	Aisha Thomas	Long Island
2006	Tavia Burke	Long Island

## Coach of the Year

1995	Mike Merritt	Mount St. Mary's
1996	Mike Merritt	Mount St. Mary's
1997	Kevin Donner	St. Francis (PA)
1998	Mike Merritt	Mount St. Mary's
1999	Pete Squires	Fairleigh Dickinson
2000	Joe Compagni	Monmouth
2001	Joe Compagni	Monmouth
2002	Joe Compagni	Monmouth
2003	Scott Catone	St. Francis (PA)
2004	Joe Compagni	Monmouth
2005	Scott Catone	St. Francis (PA)
2006	Julia Sandiford	Long Island

### NCAA CHAMPIONSHIP PARTICIPATION

Year	Athlete	Event	Place	Time/Perf.
1992	Sharlene Milwood (FDU)	400 M		
1995	Sharline White (FDU)	Triple Jump		
1996	Sharline White (FDU)	Triple Jump		
2001	Cleopatra Borel (UMBC)*	Shot Put	6th	53' 11.25"
2004	Stephanie Kuhn (RMU)	Javelin - Prelims	23rd	41.70 m
2006	Kaitlyn Gwyther (QU)	5,000 M	15th	16:38.73

\* All-American



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## Records

Category	Performer (School)	Record	Year
High Jump	Laurie Smith (MSM)	1.73 (5-8)	1992
	Lindsey Stefan (SFPA)	1.73 (5-8)	2002
Pole Vault	Mandy Jenkins (MSM)	3.70 (12-01 1/2)	2006
Long Jump	Sharline White (FDU)	5.96 (19-6 3/4)	1996
Triple Jump	Sharline White (FDU)	12.50 (41-0 1/4)	1996
Shot Put	Cleopatra Borel (UMBC)	16.13 (52-11)	2001
Discus	Christina Roadman (RMU)	46.08 (151-02)	2005
Hammer	Nicole Downing (RMU)	55.79 (183-0)	2005
Javelin	Courtney Lenart (RMU)	46.14 (151-04)	2005
100 m	Danielle Lyons (MON)	11.97	2003
200 m	Tisha Franklin (LIU)	24.21	1998
400 m	Fateen Abdel-Baath (LIU)	54.31	1998
800 m	Ohita Asein (UMBC)	2:11.34	2003
1500 m	Jess Totaro (MSM)	4:28.57	1996
3000 m	Amy Kempf (FDU)	10:06.0	1992
3000 m Steeplechase	Kathleen Duffy (SHU)	11:00.83	2006
5000 m	Kaitlyn Gwyther (QU)	16:33.09	2006
10,000 m	Everlyne Cheptoo (FDU)	36:30.56	2002
100 m Hurdles	Melene Thomas (FDU)	14.07	1999
400 m Hurdles	Nicole Dumpson (CCSU)	59.95	2003
4 x 100 Relay	Fairleigh Dickinson	47.05	1999
4 x 400 Relay	Long Island	3:46.48	2006
4 x 800 Relay	UMBC	9:11.78	2003
<b>Team Score</b>	Fairleigh Dickinson	172	1994

## ALL-TIME INDIVIDUAL CHAMPIONSHIPS WON

Athlete	School	Titles	
Laurie Smith	Mount St. Mary's	7	1991-Shot Put, High Jump, Long Jump, Triple Jump 1992-High Jump, Long Jump, Triple Jump
Sharlene Milwood	Fairleigh Dickinson	6	1991-400m, 400m hurdles 1992-400m 1994-200m, 300m, 400 m

# Women's Outdoor Track & Field



## NCAA REGIONAL PARTICIPATION

Year	Athlete	Event	Place	Time/Perf.						
2003	Camilla Harris (LIU)	100 M Hurdles	11th	13.85		Renay McPherson (FDU)	400 m - Prelims	16th	54.99	
	Camilla Harris (LIU)	Long Jump	14th	5.91 m		N'Kelle Anderson (LIU)	400 m Hurdles	25th	1:03.42	
	Danielle Lyons (MON)	100 M	25th	12.17		Erika Jacobs (SFPA)	800 m - Prelims	28th	2:12.48	
	Danielle Lyons (MON)	200 M	23rd	24.40		Kaitlyn Gwyther (QU)	1,500 m - Prelims	17th	4:33.50	
	Destinee McCray (LIU)	400 M	30th	55.29		Katrina Alexander (MON)	5,000 m	32nd	17:31.39	
	Ohita Asein (UMBC)	800 M	20th	2:11.36		Bridget Campbell (SFPA)	3,000 m Steeple	30th	11:11.47	
	Nicole Dumpson (CCSU)	400 M Hurdles	14th	1:00.13		Mount St. Mary's	4x100 Relay - Prelims	18th	47.52	
	Katherine Wrinkle (SHU)	3000 M Steeple	24th	11:16.18	2006	Monmouth	4x400 Relay - Prelims	15th	3:44.93	
	Lindsey Stefan (SFPA)	High Jump		NH		Stephanie Kuhn (RMU)	Javelin	7th	47.07m	
	Erin Walczak (SFPA)	Pole Vault	23rd	3.52 m		Tisifenee Taylor (MON)	Long Jump	25th	5.83m	
	Cycerli Ash (SFPA)	Shot Put	27th	13.08 m		Roseann Hamilton (FDU)	Long Jump	27th	5.80m	
	Nicole Downing (RMU)	Hammer	27th	48.19 m		Lisa Morse (SFPA)	Shot Put	9th	14.90m	
	Courtney Lenart (RMU)	Javelin	19th	39.92 m		Diane Gmitter (SFPA)	Shot Put	10th	14.65m	
	Central Connecticut State	4x100 Relay	17th	47.41		Nina Victorin (MSM)	Shot Put	16th	14.23m	
	Long Island	4x400 Relay	20th	3:45.23			Discus	24th	41.82m	
	Monmouth	4x400 Relay	25th	3:48.68		Long Island	4x100m Relay - Prelims	16th	46.95	
	2004	Roseanne Hamilton (FDU)	100 m - Prelims	23rd	12.09		Long Island	4x400m Relay - Finals	20th	3:48.89
		Renay McPherson (FDU)	400 m - Prelims	25th	55.13		Whitney Schnarr (SFPA)	1500m - Prelims	11th	4:27.35
		Sara Tasber (SHU)	800 m - Prelims	28th	2:32.72			1500m - Finals	9th	4:27.81
		Chioma Ukpai (LIU)	100 m Hurdles	27th	14.57		Latasha Dickson (MON)	400m Hurdles - Prelims	18th	1:01.80
Latasha Dickson (MON)		400 m Hurdles	27th	1:03.41		Toria Williams (MON)	400m - Prelims	25th	57.81	
Amanda Jenkins (MSM)		Pole Vault	22nd	3.61 m		Aisha Thomas (LIU)	200m - Prelims		24.33	
Ashley Huffman (MON)		Long Jump	11th	6.01 m		Kaitlyn Gwyther (QU)	5,000m - Finals	8th	16:23.22	
Nicole Downing (RMU)		Discus	18th	43.93 m		Brittany Humphress (RMU)	Triple Jump	34th	11.73m\	
		Hammer Throw	18th	54.47 m		Mandy Jenkins (MSM)	Pole Vault	16th	3.66m	
Katherine Wrinkle (SHU)		3000 m Steeple	37th	11:29.29		Kathleen Duffy (SHU)	3,000m Steeplechase	41st	11:37.73	
Stephanie Kuhn (RMU)		Javelin	2nd	46.29 m						
Courtney Lenart (RMU)		Javelin	18th	41.22 m						
Monmouth		4x100 Relay - Prelims	17th	48.04						
		4X400 Relay	17th	3:45.19						
2005		Nicole Downing (RMU)	Hammer Throw	9th	52.66m					
			Javelin	10th	44.91m					
		Stephanie Kuhn (RMU)	Javelin	11th	44.48m					
		Courtney Lenart (RMU)	Javelin	16th	42.97m					
		Christina Roadman (RMU)	Discus	18th	42.91m					
	Diane Gmitter (SFPA)	Shot Put	20th	13.40m						
	Linda Dolansky (SFPA)	High Jump		NH						
	Brittany Humphress (RMU)	Triple Jump	30th	11.65m						
	Mandy Jenkins (MSM)	Pole Vault		NH						
	Roseann Hamilton (FDU)	Long Jump	25th	5.56m						
	Tisifenee Taylor (MON)	Long Jump	26th	5.46m						
	Shannon Norris (MSM)	100m Hurdles - Prelims	29th	15.52						
	Aisha Thomas (LIU)	100 m - Prelims	17th	11.97						
		200 m - Prelims	19th	24.48						

# Women's Outdoor Track & Field

## ALL-TIME TEAM CHAMPIONSHIP RESULTS

### 1991

1.	Fairleigh Dickinson	143.5
2.	Mount St. Mary's	128
3.	Wagner	79
4.	Robert Morris	45.5
5.	Monmouth	43
6.	Long Island	41.5
7.	St. Francis (PA)	15
8.	St. Francis (NY)	2.5

### 1994

1.	Fairleigh Dickinson	172
2.	Monmouth	93
	Mount St. Mary's	93
4.	Wagner	56
5.	Robert Morris	46
6.	Rider	36
7.	Marist	27
8.	St. Francis (NY)	18
9.	Long Island	16

### 1997

1.	Mount St. Mary's	158
2.	St. Francis (PA)	109
3.	Rider	81
4.	Monmouth	76
5.	Fairleigh Dickinson	69
6.	Long Island	53
7.	Robert Morris	39.5
8.	Marist	23.5
9.	Wagner	11

### 2000

1.	Monmouth	125
2.	Mount St. Mary's	114
3.	St. Francis (PA)	108
4.	UMBC	96
5.	Central Connecticut State	91.5
	Robert Morris	91.5
7.	Long Island	91
8.	Sacred Heart	36
9.	Wagner	33
10.	St. Francis (NY)	21
11.	Fairleigh Dickinson	11

### 2003

1.	St. Francis (PA)	131.5
2.	Long Island	131
3.	Monmouth	122
4.	UMBC	86
5.	Robert Morris	85.5
6.	Central Connecticut State	71
7.	Fairleigh Dickinson	51
8.	Sacred Heart	50
9.	Wagner	38.33
10.	Mount St. Mary's	34.67
11.	Quinnipiac	16
12.	St. Francis (NY)	2

### 1992

1.	Fairleigh Dickinson	147
2.	Mount St. Mary's	125
3.	Long Island	54
4.	Monmouth	49
5.	Wagner	48
6.	Robert Morris	46
7.	Marist	36
8.	St. Francis (NY)	13
9.	St. Francis (PA)	5

### 1995

1.	Mount St. Mary's	163.0
2.	Fairleigh Dickinson	139.0
3.	Wagner	84.0
4.	St. Francis (NY)	37.0
5.	Monmouth	34.0
6.	Rider	26.0
7.	Long Island	19.0
8.	St. Francis (PA)	17.0
9.	Marist	13.0
10.	Robert Morris	7.0

### 1998

1.	Mount St. Mary's	137
2.	St. Francis (PA)	124
3.	Long Island	123
4.	Robert Morris	112
5.	Fairleigh Dickinson	105
6.	Monmouth	83
7.	Wagner	55
8.	Central Conn. State	33
9.	St. Francis (NY)	2

### 2001

1.	Monmouth	151
2.	Central Connecticut State	130.5
3.	St. Francis (PA)	119
4.	UMBC	90
5.	Robert Morris	71
6.	Long Island	66
7.	Mount St. Mary's	63.5
8.	Wagner	52.5
9.	Sacred Heart	37
10.	St. Francis (NY)	22.5
11.	Fairleigh Dickinson	10
12.	Quinnipiac	5

### 2004

1.	Monmouth	172
2.	Robert Morris	114
3.	St. Francis (PA)	111
4.	Long Island	100
5.	Sacred Heart	88.33
6.	Fairleigh Dickinson	67
7.	Mount St. Mary's	49.66
8.	Quinnipiac	47
9.	Wagner	38
10.	St. Francis (NY)	17
11.	Central Connecticut State	14

### 1993

1.	Mount St. Mary's	144.0
2.	Fairleigh Dickinson	141.5
3.	Wagner	74.0
4.	Long Island	54.0
5.	Monmouth	45.3
6.	Robert Morris	30.8
7.	St. Francis (NY)	23.3
8.	St. Francis (PA)	11.0
9.	Marist	3.0

### 1996

1.	Mount St. Mary's	171
2.	Fairleigh Dickinson	92
3.	Rider	78
4.	Monmouth	41
5.	Long Island	40
6.	Marist	38
	Robert Morris	38
8.	Wagner	28
9.	St. Francis (PA)	19
10.	St. Francis (NY)	13

### 1999

1.	Fairleigh Dickinson	124
2.	Mount St. Mary's	95
3.	St. Francis (PA)	91
	Robert Morris	91
5.	Long Island	85
	Monmouth	85
7.	UMBC	77
	Central Conn. State	77
9.	Wagner	38
10.	St. Francis (NY)	15

### 2002

1.	Monmouth	137
2.	Long Island	128.5
3.	St. Francis (PA)	127
4.	UMBC	85
5.	Fairleigh Dickinson	62
6.	Mount St. Mary's	55
7.	Sacred Heart	51
8.	Robert Morris	50
9.	Central Connecticut State	48
10.	Wagner	41
11.	St. Francis (NY)	18.5
12.	Quinnipiac	15

### 2005

1.	St. Francis (PA)	145
2.	Robert Morris	129
3.	Monmouth	119
4.	Mount St. Mary's	94
5.	Long Island	88
6.	Fairleigh Dickinson	73
7.	Sacred Heart	67
8.	Quinnipiac	33
9.	St. Francis (NY)	31
10.	Wagner	25.5
11.	Central Connecticut State	13.5

# Women's Outdoor Track & Field



## ALL-TIME TEAM CHAMPIONSHIP RESULTS

### **2006**

1.	Long Island	145.5
2.	St. Francis (PA)	141
3.	Monmouth	107
4.	Robert Morris	95
5.	Mount St. Mary's	85
6.	Sacred Heart	68.5
7.	Quinnipiac	61
8.	Wagner	42
9.	Fairleigh Dickinson	35
10.	St. Francis (NY)	31
11.	Central Connecticut State	6

# Women's Outdoor Track & Field

## ALL-TIME CHAMPIONSHIP RESULTS

1991 Championship (April, 13, 1991) West Long Branch, NJ

<b>Shot Put</b>			<b>200 Meters</b>		
1. Laurie Smith (MSM)	9.72 m	10	1. Barbara Witola (MSM)	24.9	10
2. Rita Babikian (FDU)	9.62	8	2. Jackie Israel (MSM)	25.3	8
3. Ingrid Falder (WAG)	9.44	6	3. Crystal Williamson (FDU)	25.6	6
4. Tracey Walsh (WAG)	9.40	4	4. Angie Green (MSM)	26.2	4
5. Angela McNally (LIU)	9.02	2	5. Ingrid Fray (FDU)	26.4	1.5
6. Dawn Gregg (SFPA)	8.63	1	Renee Schickman (LIU)	26.4	1.5
<b>Discus</b>			<b>400 Meter Hurdles</b>		
1. Tracy Walsh (WAG)	30.40 m	10	1. Sharlene Milwood (FDU)	1:04.2	10
2. Martine Verrier (WAG)	25.86	8	2. Vanessa Robinson (LIU)	1:06.3	8
3. Rita Babikian (FDU)	24.44	6	3. Beth Doering (SFPA)	1:07.9	6
4. Kelly Civitts (SFPA)	20.08	4	4. Jackie Gray (RMC)	1:08.5	4
5. Laurie Smith (MSM)	19.92	2	5. Laurie Smith (MSM)	1:08.9	2
6. Barb Dipko (SFPA)	18.96	1	6. Alison Heisey (MSM)	1:09.4	1
<b>Javelin</b>			<b>400 Meters</b>		
1. Ingrid Faller (WAG)	34.80 m	10	1. Sharlene Milwood (FDU)	55.5	10
2. Laurie Smith (MSM)	31.83	8	2. Jackie Israel (MSM)	57.5	8
3. Kathleen McLaughlin (WAG)	30.62	6	3. Ingrid Fray (FDU)	58.1	6
4. Martine Verrier (WAG)	29.47	4	4. Bridgette Montgomery (RMC)	59.7	4
5. Rita Babikian (FDU)	23.43	2	5. Alexandria Waddell (RMC)	1:00.6	2
6. Dawn Gregg (SFPA)	23.07	1	6. Beth Doering (SFPA)	1:00.7	1
<b>4x400 Meter Relay</b>			<b>800 Meters</b>		
1. Fairleigh Dickinson	4:00.3	10	1. Chantal Marneffe (FDU)	2:14.4	10
2. Robert Morris	4:07.2	8	2. Marcia Baker (FDU)	2:18.3	8
3. Long Island	4:12.7	6	3. Jackie O'Rourke (MON)	2:18.4	6
4. Wagner	4:26.4	4	4. Donna Brzyski (MON)	2:18.9	4
5. Monmouth	4:27.1	2	5. Nadine Jamerson (MSM)	2:19.4	2
6. St. Francis (PA)	4:41.8	1	6. Maria Palminer (LIU)	2:25.0	1
<b>High Jump</b>			<b>1500 Meters</b>		
1. Laurie Smith (MSM)	5.06	10	1. Jackie O'Rourke (MON)	4:39.4	10
2. Alexandria Waddell (RMC)	5.02	8	2. Marcia Baker (FDU)	4:41.1	8
3. Michelle Koch (MON)	5.00	6	3. Tara Maguire (WAG)	4:41.4	6
4. Kathleen McLaughlin (WAG)	4.10	3	4. Nadine Jamerson (MSM)	4:45.3	4
Tricia Waring (FDU)	4.10	3	5. Amy Kempf (FDU)	4:57.1	2
6. Maureen Horn (WAG)	4.08	1	6. Jill Cordan (RMC)	5:05.7	1
<b>Long Jump</b>			<b>5000 Meters</b>		
1. Laurie Smith (MSM)	5.53	10	1. Tara Maguire (WAG)	17:17.0	10
2. Sharlene Milwood (FDU)	5.52	8	2. Amy Kempf (FDU)	17:37.5	8
3. Denise Petrucci (FDU)	5.33	6	3. Josephine Piccinic (LIU)	17:54.0	6
4. Tricia Waring (FDU)	5.27	4	4. Michelle Dey (MSM)	18:03.8	4
5. Vanessa Robinson (LIU)	5.19	2	5. Sherry Jenkins (FDU)	18:06.0	2
6. Angie Green (MSM)	5.06	1	6. Toni Granese (MON)	18:34.0	1
<b>Triple Jump</b>			<b>4x100 Meter Relay</b>		
1. Laurie Smith (MSM)	10.78	10	1. Fairleigh Dickinson	48.91	10
2. Jackie Israel (MSM)	10.20	8	2. Robert Morris	51.3	8
3. Tricia Waring (FDU)	10.01	6	3. Monmouth	54.8	6
4. Michelle Koch (MON)	9.71	4	4. Wagner	55.1	4
5. Maureen Linehan (RMC)	9.70	2	5. St. Francis (NY)	57.6	2
6. Denise Petrucci (FDU)	9.56	1	6. Long Island	1:01.8	1
<b>100 Meters</b>			<b>100 Meter Hurdles</b>		
1. Barbara Witola (MSM)	11.8	10	1. Vanessa Robinson (LIU)	15.0	10
2. Angie Green (MSM)	12.5	8	2. Jackie Gray (RMC)	15.1	8
3. Crystal Williamson (FDU)	12.6	5	3. Laurie Smith (MSM)	15.7	6
Renee Schickman (LIU)	12.7	5	4. Michelle Koch (MON)	16.7	4
5. Clarke Reed (WAG)	13.0	2	5. Christina Simpson (MSM)	17.4	2
6. Karen Nethersole (SFNY)	13.3	.5	6. Denise Petrucci (FDU)	17.5	1
Missy Dorrance (RMC)	13.3	.5			

# Women's Outdoor Track & Field

## ALL-TIME CHAMPIONSHIP RESULTS

1992 Championship (April 11-12, 1992) Emmitsburg, MD

<b>Shot Put</b>		<b>Distance</b>	<b>Points</b>	<b>200 Meters</b>		<b>Time</b>	<b>Points</b>
1.	Tracy Walsh (WAG)	10.90 m	10	1.	Jackie Israel (MSM)	25.24	10
2.	Talisa Lawson (FDU)	10.60	8	2.	Mekka Richardson (MSM)	25.91	8
3.	Lori Keys (MAR)	10.49	6	3.	Crystal Williamson (FDU)	25.91	6
4.	Laurie Smith (MSM)	10.51	4	4.	Ava Douglas (LIU)	26.07	4
5.	Rita Babikian (FDU)	10.40	2	5.	Tricia Waring (FDU)	26.18	2
6.	Darrah Metz (MAR)	9.50	1	6.	Nicole Whitehead (RMC)	26.31	1
<b>Discus</b>		<b>Distance</b>	<b>Points</b>	<b>400 Meter Hurdles</b>		<b>Time</b>	<b>Points</b>
1.	Rita Babikian (FDU)	31.66 m	10	1.	Jackie Gray (RMC)	1:04.43	10
2.	Tracy Walsh (WAG)	31.26	8	2.	Rosemary Gioia (WAG)	1:05.26	8
3.	Jen Kraus (MAR)	27.78	6	3.	Natwon Harp (FDU)	1:05.30	6
4.	Laurie Smith (MSM)	26.40	4	4.	Margaret Zelazko (SFNY)	1:07.50	4
5.	Barb Dipko (SPPA)	21.52	2	5.	Michelle Koch (MON)	1:09.71	2
6.	Amy Presnall (MAR)	19.44	1	6.	Crystal Ford (FDU)	1:11.71	1
<b>Javelin</b>		<b>Distance</b>	<b>Points</b>	<b>400 Meters</b>		<b>Time</b>	<b>Points</b>
1.	Lori Keys (MAR)	36.54 m	10	1.	Sharlene Milwood (FDU)	1:00.9	10
2.	Laurie Smith (MSM)	32.45	8	2.	Jackie Grey (MSM)	1:07.3	8
3.	Pkkwan Tsang (MON)	30.33	6	3.	Rosemary Gioia (WAG)	1:09.0	6
4.	Diana Mooney (WAG)	27.72	4	4.	Cheryl Fuller (FDU)	1:10.0	4
5.	Darah Metz (MAR)	27.53	2	5.	Beth Doering (SPPA)	1:12.0	2
6.	Tracy Walsh (FDU)	25.46	1	6.	Laura Rivera (RMC)	1:16.1	1
<b>4 x 400 Relay</b>		<b>Time</b>	<b>Points</b>	<b>800 Meters</b>		<b>Time</b>	<b>Points</b>
1.	Mount St. Mary's	3:57.14	10	1.	Maricia Baker (FDU)	2:16.26	10
2.	Fairleigh Dickinson	4:03.04	8	2.	Jackie O'Rourke (MON)	2:17.94	8
3.	Robert Morris	4:09.09	6	3.	Nadine Jamerson (MSM)	2:18.27	6
4.	St. Francis (NY)	4:12.86	4	4.	Donna Brzyski (MON)	2:18.57	4
5.	Wagner	4:15.02	2	5.	Tracy Crilley (MSM)	2:20.26	2
6.	Monmouth	4:15.19	1	6.	Rahseena Watson (MSM)	2:21.73	1
<b>High Jump</b>		<b>Height</b>	<b>Points</b>	<b>1500 Meters</b>		<b>Time</b>	<b>Points</b>
1.	Laurie Smith (MSM)	1.73 m	10	1.	Amy Kempf (FDU)	4:34.78	10
2.	Cheryl Fuller (FDU)	1.70	8	2.	Jackie O'Rourke (MON)	4:37.29	8
3.	Staci Lutz (RMC)	1.61	6	3.	Nadine Jamerson (MSM)	4:41.16	6
4.	Michelle Koch (MON)	1.52	4	4.	Marcia Baker (FDU)	4:42.13	4
5.	Andrea Macey (MAR)	1.43	2	5.	Jill Cordan (RMC)	4:48.87	2
6.	Maureen Horn (WAG)	1.37	1	6.	Stella Cinoa (MSM)	4:50.20	1
<b>Long Jump</b>		<b>Distance</b>	<b>Points</b>	<b>3000 Meters</b>		<b>Time</b>	<b>Points</b>
1.	Laurie Smith (MSM)	5.59 m	10	1.	Amy Kempf (FDU)	10:06.82	10
2.	Ava Douglas (LIU)	5.55	8	2.	Sherry Jenkins (FDU)	10:36.49	8
3.	Janice Greene (LIU)	5.54	6	3.	Toni Granese (MON)	10:41.28	6
4.	Sharlene Milwood (FDU)	5.13	4	4.	Jen VonSuskil (MAR)	10:49.10	4
5.	Chantae Hendrix (RMC)	5.13	2	5.	Stella Cinoa (MSM)	10:53.13	2
6.	Tricia Waring (FDU)	5.13	1	6.	Amy Linson (MSM)	11:06.21	1
<b>Triple Jump</b>		<b>Distance</b>	<b>Points</b>	<b>4x100 Meter Relay</b>		<b>Time</b>	<b>Points</b>
1.	Laurie Smith (MSM)	10.91 m	10	1.	Mount St. Mary's	48.6	10
2.	Jen Gunther (RMC)	10.66	8	2.	Long Island	48.6	8
3.	Loretto Varbero (WAG)	10.45	6	3.	Fairleigh Dickinson	48.8	6
4.	Sonia Nicholds (FDU)	10.37	4	4.	St. Francis (NY)	51.1	4
5.	Diana Mooney (WAG)	10.21	2	5.	Wagner	52.0	2
6.	Tammy Butland (MAR)	10.12	1	6.	Robert Morris	54.7	1
<b>100 Meters</b>		<b>Time</b>	<b>Points</b>	<b>100 Meter Hurdles</b>		<b>Time</b>	<b>Points</b>
1.	Janice Greene (LIU)	12.35	10	1.	Jackie Gray (RMC)	14.93	10
2.	Mekka Richardson (MSM)	12.49	8	2.	Vanessa Robinson (LIU)	15.16	8
3.	Ava Douglas (LIU)	12.65	6	3.	Laurie Smith (MSM)	15.43	6
4.	Renee Schickman (LIU)	12.91	4	4.	Jennifer Koczan (FDU)	16.48	4
5.	Crystal Williamson (FDU)	12.94	2	5.	Annette Coniglio (WAG)	16.86	2
6.	Karen Nethersole (SFNY)	13.25	1	6.	Jennifer Gunther (RMC)	16.93	1
<b>5000 Meters</b>		<b>Time</b>	<b>Points</b>				
1.	Toni Granese (MON)	18:06.80	10				
2.	Sherry Jenkins (FDU)	18:22.0	8				
3.	Jen Von Suskil (MAR)	18:45.1	6				
4.	Jennifer Livingston (WAG)	18:50.2	4				
5.	Geri-Lynn Buckholz (MON)	20:13.0	2				
6.	Margie Atkins (SPPA)	21:10.0	1				

# Women's Outdoor Track & Field

## ALL-TIME CHAMPIONSHIP RESULTS

1993 Championship (May 1-2, 1993) Lawrenceville, NJ

<b>Shot Put</b>			<b>200 Meters</b>				
	<b>Distance</b>	<b>Points</b>		<b>Time</b>	<b>Points</b>		
1.	Njeri Curtis (FDU)	12.53 m	10	1.	Janice Green (LIU)	25.25	10
2.	Rita Babikian (FDU)	10.92	8	2.	Jackie Israel (MSM)	25.48	8
3.	Tracy Walsh (WAG)	9.95	6	3.	Mekka Richardson (MSM)	25.80	6
4.	Tonya Howerton (MSM)	9.79	4	4.	Donise Moore (FDU)	25.82	4
5.	Rewa Chan (SFNY)	9.54	2	5.	Theresa Jones (MSM)	26.21	2
6.	Dawn Gregg (SFPA)	9.43	1	6.	Karen Nethersole (SFNY)	26.5	0.3
					Gamiliah Johnson (MON)	26.5	0.3
					Nicole Whitehead (RMC)	26.5	0.3

<b>Discus</b>			<b>400 Meter Hurdles</b>				
	<b>Distance</b>	<b>Points</b>		<b>Time</b>	<b>Points</b>		
1.	Rita Babikian (FDU)	34.20 m	10	1.	Jackie Gray (RMC)	1:04.43	10
2.	Tracy Walsh (WAG)	33.24	8	2.	Rosemary Gioia (WAG)	1:05.26	8
3.	Njeri Curtis (FDU)	32.64	6	3.	Natwon Harp (FDU)	1:05.30	6
4.	Shannonae Brown (SFNY)	31.00	4	4.	Margaret Zelazko (SFNY)	1:07.50	4
5.	Heidi Orvosh (RMC)	27.36	2	5.	Michelle Koch (MON)	1:09.71	2
6.	Mirlene Leveille (SFNY)	25.80	1	6.	Crystal Ford (FDU)	1:11.71	1

<b>Javelin</b>			<b>400 Meters</b>				
	<b>Distance</b>	<b>Points</b>		<b>Time</b>	<b>Points</b>		
1.	Stacy Alexander (SFPA)	37.18 m	10	1.	Jackie Israel (MSM)	57.71	10
2.	Njeri Curtis (FDU)	34.04	8	2.	Mirlene Leveille (SFNY)	58.89	8
3.	Pikkwan Tsang (MON)	30.40	6	3.	Lisa Kegler (WAG)	1:00.06	6
4.	Cheryl Fuller (FDU)	27.70	4	4.	Sarah Weller (MSM)	1:01.50	4
5.	Tracy Walsh (WAG)	26.24	2	5.	Crystal Ford (FDU)	1:01.64	2
6.	Diana Mooney (WAG)	25.00	1	6.	Sherry Moss (RMC)	1:02.8	1

<b>4 x 400 Relay</b>			<b>800 Meters</b>				
	<b>Time</b>	<b>Points</b>		<b>Time</b>	<b>Points</b>		
1.	Mount St. Mary's	4:00.30	10	1.	Sandra Burke (LIU)	2:17.56	10
2.	Wagner	4:00.61	8	2.	Nicole Brown (WAG)	2:18.49	8
3.	Long Island	4:06.06	6	3.	Donna Brzyski (MON)	2:19.44	6
4.	Fairleigh Dickinson	4:11.88	4	4.	Maria Palimentero (LIU)	2:23.30	4
5.	St. Francis (NY)	3:29.9	2	5.	Kim Sheekey (MON)	2:23.39	2
6.	Marist	4:29.6	1	6.	Pam Gooltz (MAR)	2:27.48	1

<b>High Jump</b>			<b>1500 Meters</b>				
	<b>Height</b>	<b>Points</b>		<b>Time</b>	<b>Points</b>		
1.	Cheryl Fuller (FDU)	1.68 m	10	1.	Nadine Jamerson (MSM)	4:43.60	10
2.	Michelle Koch (MON)	1.63	8	2.	Stella Cinoa (MSM)	4:52.30	8
3.	Theresa Jones (MSM)	1.63	6	3.	Marta Santiago (WAG)	4:55.78	6
4.	Donise Moore (FDU)	1.63	4	4.	Jill Lynch (MSM)	4:59.67	4
5.	Staci Lutz (RMC)	1.53	1.5	5.	Jennifer Flood (MON)	5:03.04	2
6.	Crystal Ford (FDU)	1.53	1.5	6.	Colleen Carson (MAR)	5:05.52	1

<b>Long Jump</b>			<b>3000 Meters</b>				
	<b>Distance</b>	<b>Points</b>		<b>Time</b>	<b>Points</b>		
1.	Annette Fitz (MSM)	5.74 m	10	1.	Nadine Jamerson (MSM)	10:15.92	10
2.	Gamiliah Johnson (MON)	5.61	8	2.	Jennifer Livingston (WAG)	10:19.8	8
3.	Donise Moore (FDU)	5.53	6	3.	Stella Cinoa (MSM)	10:21.05	6
4.	Janice Greene (LIU)	5.47	4	4.	Sherry Jenkins (FDU)	10:26.72	4
5.	Theresa Jones (MSM)	5.46	2	5.	Toni Granese (MON)	10:47.69	2
6.	Chantae Hendrix (RMC)	5.02	1	6.	Joyce Drake (MSM)	11:16.1	1

<b>Triple Jump</b>			<b>4x100 Meter Relay</b>				
	<b>Distance</b>	<b>Points</b>		<b>Time</b>	<b>Points</b>		
1.	Donise Moore (FDU)	12.21 m	10	1.	Mount St. Mary's	48.08	10
2.	Theresa Jones (MSM)	11.45	8	2.	Long Island	49.12	8
3.	Annette Fitz (MSM)	11.14	6	3.	Fairleigh Dickinson	49.86	6
4.	Jen Gunther (RMC)	10.31	4	4.	St. Francis (NY)	50.17	4
5.	Cara Oliver (LIU)	9.96	2	5.	Wagner	50.2	2
6.	Gamiliah Johnson (MON)	9.96	1	6.	Robert Morris	50.8	1

<b>100 Meters</b>			<b>100 Meter Hurdles</b>				
	<b>Time</b>	<b>Points</b>		<b>Time</b>	<b>Points</b>		
1.	Janice Greene (LIU)	12.31	10	1.	Donise Moore (FDU)	15.13	10
2.	Donise Moore (FDU)	12.72	8	2.	Jackie Gray (RMC)	15.21	8
3.	Mekka Richardson (MSM)	12.80	6	3.	Natwon Harp (FDU)	15.42	6
4.	Natwon Harp (FDU)	12.92	4	4.	Theresa Jones (MSM)	15.5	4
5.	Gamiliah Johnson (MON)	12.93	2	5.	Michelle Koch (MON)	15.76	2
6.	Annette Fitz (MSM)	12.95	1	6.	Jennifer Koczan (FDU)	16.10	1

<b>5000 Meters</b>			
	<b>Time</b>	<b>Points</b>	
1.	Jennifer Livingston (WAG)	18:08.50	10
2.	Sherry Jenkins (FDU)	18:31.60	8
3.	Michelle Dey (MSM)	18:42.67	6
4.	Toni Granese (MON)	19:13.59	4
5.	Amy Linson (MSM)	19:44.6	2
6.	Amy Felci (WAG)	19:49.8	1

# Women's Outdoor Track & Field

## ALL-TIME CHAMPIONSHIP RESULTS

1994 Championship (May 6-7, 1994) Lawrenceville, NJ

<b>Shot Put</b>			<b>Distance</b>	<b>Points</b>	<b>200 Meters</b>			<b>Time</b>	<b>Points</b>
1.	Njeri Curtis (FDU)		13.65 m	10	1.	Sharlene Milwood (FDU)	25.31	10	
2.	Frances Smith (FDU)		11.70	8	2.	Mekka Richardson (MSM)	25.44	8	
3.	Tracy Walsh (WAG)		10.42	6	3.	Lillian Laboy (RID)	25.58	6	
4.	Karen Steiner (RID)		10.30	4	4.	Sharline White (FDU)	26.04	4	
5.	Christine Savage (WAG)		9.97	2	5.	Nicole Whitehead (RMC)	26.08	2	
6.	Laura Westcott (WAG)		9.91	1	6.	Annette Fitz (MSM)	26.67	1	
<b>Discus</b>			<b>Distance</b>	<b>Points</b>	<b>400 Meter Hurdles</b>			<b>Time</b>	<b>Points</b>
1.	Jen Brzucki (MON)		39.04 m	10	1.	Heather Parrish (FDU)	1:06.81	10	
2.	Frances Smith (FDU)		36.58	8	2.	Michelle Koch (MON)	1:10.56	8	
3.	Syretta Wright (MON)		35.06	6	3.	Patsy Schneider (MAR)	1:11.64	6	
4.	Tracy Walsh (WAG)		34.64	4	4.	Carolyn Mercury (MAR)	1:13.23	4	
5.	Laura Westcott (WAG)		33.26	2	5.	Dawn Doty (MAR)	1:13.52	2	
6.	Christine Savage (WAG)		32.98	1	6.	Karen McCracken (RMC)	1:16.00	1	
<b>Javelin</b>			<b>Distance</b>	<b>Points</b>	<b>400 Meters</b>			<b>Time</b>	<b>Points</b>
1.	Njeri Curtis (FDU)		31.22 m	10	1.	Sharlene Milwood (FDU)	57.74	10	
2.	Frances Smith (FDU)		31.16	8	2.	Shalonda Martin (MON)	58.72	8	
3.	Nancy Marchese (RID)		30.96	6	3.	Nicole Whitehead (RMC)	59.52	6	
4.	Lauren Grove (WAG)		29.48	4	4.	Mirleine Leveille (SFNY)	59.96	4	
5.	Diana Mooney (WAG)		26.96	2	5.	Jennifer Godley (WAG)	1:00.82	2	
6.	Stephanie Seward (RID)		23.44	1	6.	Anu Ades (MON)	1:01.23	1	
<b>10,000 Meters</b>			<b>Time</b>	<b>Points</b>	<b>800 Meters</b>			<b>Time</b>	<b>Points</b>
1.	Sherry Jenkins (FDU)		37:47.11	10	1.	Sharlene Milwood (FDU)	2:15.55	10	
2.	Joyce Drake (MSM)		40:07.92	8	2.	Nicole Brown (WAG)	2:16.69	8	
3.	Theresa Hickey (MAR)		40:29.32	6	3.	Maria Palmenteri (LIU)	2:18.49	6	
4.	Ann Marie Prunty (WAG)		41:11.04	4	4.	Laura Rivera (RMC)	2:21.35	4	
5.	Alexis Bequary (MAR)		41:23.45	2	5.	Sarah Weller (MSM)	2:23.62	2	
6.	Amy Linson (MSM)		41:25.63	1	6.	Robin Kloster (MSM)	2:26.68	1	
<b>High Jump</b>			<b>Height</b>	<b>Points</b>	<b>1500 Meters</b>			<b>Time</b>	<b>Points</b>
1.	Michelle Herring (FDU)		1.62 m	10	1.	Robin Kloster (MSM)	4:48.12	10	
2.	Michelle Koch (MON)		1.58	8	2.	Kim Sheekey (MON)	4:56.74	8	
3.	Syretta Wright (MON)		1.58	6	3.	Marmie Desciak (MSM)	5:00.74	6	
4.	Lynette Diaz (LIU)		1.53	4	4.	Jennifer Flood (MON)	5:03.04	4	
5.	Jen Molinelli (RID)		1.53	2	5.	Sherry Jenkins (FDU)	5:01.82	2	
					6.	Christine Spence (MSM)	5:03.81	1	
<b>Long Jump</b>			<b>Distance</b>	<b>Points</b>	<b>3000 Meters</b>			<b>Time</b>	<b>Points</b>
1.	Sharline White (FDU)		5.63 m	10	1.	Stella Cinoa (MSM)	10:08.3	10	
2.	Gamaliah Johnson (MON)		5.45	8	2.	Rebecca Wassner (MSM)	10:26.3	8	
3.	Jen Nauss (RMC)		5.23	6	3.	Kim Sheekey (MON)	10:33.8	6	
4.	Cara Oliver (LIU)		4.81	4	4.	Jessica Machanska (WAG)	10:50.2	4	
5.	Doris Cano (RID)		4.53	2	5.	Kathleen Woodson (MAR)	10:55.6	2	
6.	Jen Gunther (RMC)		4.13	1	6.	Colleen Carson (MAR)	10:58.9	1	
<b>Triple Jump</b>			<b>Distance</b>	<b>Points</b>	<b>4x100 Meter Relay</b>			<b>Time</b>	<b>Points</b>
1.	Sharline White (FDU)		11.66 m	10	1.	Fairleigh Dickinson	48.79	10	
2.	Jen Gunther (RMC)		10.48	8	2.	Robert Morris	49.71	8	
3.	Gamaliah Johnson (MON)		10.32	6	3.	St. Francis (NY)	50.12	6	
4.	Diana Mooney (WAG)		10.10	4	4.	Rider	50.53	4	
5.	Cara Oliver (LIU)		10.08	2	5.	Monmouth	51.54	2	
6.	Pam Hartsell (RID)		9.78	1	6.	Marist	52.19	1	
<b>100 Meters</b>			<b>Time</b>	<b>Points</b>	<b>100 Meter Hurdles</b>			<b>Time</b>	<b>Points</b>
1.	Mekka Richardson (MSM)		12.29	10	1.	Natwon Harp (FDU)	14.54	10	
2.	Lillian Laboy (RID)		12.44	8	2.	Jen Koczan (FDU)	15.65	8	
3.	Yolanda Shakespeare (RMC)		12.51	6	3.	Michelle Koch (MON)	15.72	6	
4.	Natwon Harp (FDU)		12.79	4	4.	Georgia Dahulick (MSM)	15.94	4	
5.	Janelle Richardson (SFNY)		12.82	2	5.	Jen Gunther (RMC)	16.61	2	
6.	Courtney Andrasey (RMC)		12.86	1	6.	Carolyn Mercury (MAR)	17.34	1	
<b>5000 Meters</b>			<b>Time</b>	<b>Points</b>	<b>4 x 400 Relay</b>			<b>Time</b>	<b>Points</b>
1.	Stella Cinoa (MSM)		18:09.36	10	1.	Fairleigh Dickinson	3:54.89	10	
2.	Rebecca Wassner (MSM)		18:17.36	8	2.	Wagner	4:00.09	8	
3.	Kim Sheekey (MON)		18:36.04	6	3.	St. Francis (NY)	4:00.36	6	
4.	Jessica Machanska (WAG)		19:04.41	4	4.	Mount St. Mary's	4:01.26	4	
5.	Kathleen Woodson (MAR)		19:16.93	2	5.	Rider	4:04.45	2	
6.	Joyce Drake (MSM)		19:53.79	1	6.	Robert Morris	4:09.25	1	

# Women's Outdoor Track & Field

## ALL-TIME CHAMPIONSHIP RESULTS

1995 Championship (May 6-7, 1995) Lawrenceville, NJ

<b>Shot Put</b>			<b>200 Meters</b>		
1. Njeri Curtis (FDU)	Distance 13.32 m	Points 10	1. Sharline White (FDU)	Time 25.14	Points 10
2. Frances Smith (FDU)	11.44	8	2. Lisa Kaiser (MSM)	25.43	8
3. Mary Kate McGonigle (SFPA)	11.10	6	3. Janelle Richardson (SFNY)	25.60	6
4. Denitra Seals (FDU)	11.10	4	4. Tiphani McKee (RMC)	25.77	4
5. Karen Steiner (RID)	10.76	2	5. Mekka Richardson (MSM)	25.85	2
6. Ramona Johnson (MON)	10.74	1	6. Tracia Barnes (FDU)	26.43	1
<b>Discus</b>			<b>400 Meter Hurdles</b>		
1. Frances Smith (FDU)	Distance 37.92 m	Points 10	1. Aisha Stevens (MSM)	Time 1:12.37	Points 10
2. Alicia Conquest (WAG)	37.16	8	2. Natwon Harp (FDU)	1:06.21	8
3. Laura Westcott (WAG)	32.54	6	3. Shaya Knox (WAG)	1:08.59	6
4. Njeri Curtis (FDU)	30.82	4	4. Jamie Kuhne (MON)	1:09.14	4
5. Denitra Seals (FDU)	30.42	2	5. Michelle Zielinski (RMC)	1:09.81	2
6. Karen Steiner (RID)	28.50	1	6. Patsy Schneider (MAR)	1:10.2	1
<b>Javelin</b>			<b>400 Meters</b>		
1. Njeri Curtis (FDU)	Distance 32.90 m	Points 10	1. Lisa Kaiser (MSM)	Time 58.23	Points 10
2. Rachel Turner (WAG)	31.50	8	2. Crystal Cudjoe (WAG)	58.57	8
3. Lauren Grove (WAG)	30.24	6	3. Joanne Philippe (SFNY)	59.86	6
4. Mary Kate McGonigle (SFPA)	27.48	4	4. Lauren Davila (LIU)	1:00.19	4
5. Marisa Loderhose (MON)	24.10	2	5. Jennifer Miller (LIU)	1:01.27	2
6. Anu Ades (MON)	21.64	1	6. Mirlene Leveille (SFNY)	1:01.8	1
<b>10,000 Meters</b>			<b>800 Meters</b>		
1. Maureen Horn (WAG)	Time 41:15.26	Points 10	1. Heather Moul (MSM)	Time 2:19.09	Points 10
2. Amy Linson (MSM)	41:26.09	8	2. Robin Kloster (MSM)	2:19.70	8
3. Ann Marie Prunty (WAG)	42:55.92	6	3. Nicole Brown (WAG)	2:22.97	6
4. Mandy McTavish (SFPA)	43:09.15	4	4. Morrette Lampkin (SFNY)	2:23.44	4
5. Sallie Beth Johnson (MSM)	44:00.06	2	5. Rasheena Watson (MSM)	2:24.49	2
6. Theresa Hickey (MAR)	44:44.92	1	6. Alison Murray (MAR)	2:24.6	1
<b>High Jump</b>			<b>1500 Meters</b>		
1. Michelle Herring (FDU)	Height 1.63 m	Points 10	1. Robin Kloster (MSM)	Time 4:52.54	Points 10
2. Jen Molinelli (RID)	1.58	8	2. Heather Moul (MSM)	4:53.57	8
3. Marie Greaux (MON)	1.58	6	3. Marnie Desciak (MSM)	4:54.30	6
4. Lynette Diaz (LIU)	1.48	4	4. Jennifer Flood (MON)	4:56.81	4
5. Georgia Dahulich (MSM)	1.48	2	5. Colleen Carson (MAR)	5:02.11	2
			6. Kathleen Woodson (MAR)	5:03.41	1
<b>Long Jump</b>			<b>3000 Meters</b>		
1. Donise Moore (FDU)	Distance 5.63 m	Points 10	1. Rebecca Wassner (MSM)	Time 10:49.33	Points 10
2. Gamiliah Johnson (MON)	5.62	8	2. Amy Debor (MSM)	10:56.36	8
3. Jen Hettell (RID)	5.32	6	3. Mary Brooks (WAG)	11:02.96	6
4. Georgia Dahulich (MSM)	5.03	4	4. Kathleen Woodson (MAR)	11:11.91	4
5. Marie Greaux (MON)	4.92	2	5. Christine Tarpey (SFPA)	11:25.10	2
6. Cara Oliver (LIU)	4.81	1	6. Karen Mangan (MAR)	11:33.36	1
<b>Triple Jump</b>			<b>4x100 Meter Relay</b>		
1. Donise Moore (FDU)	Distance 12.32 m	Points 10	1. Fairleigh Dickinson	Time 48.85	Points 10
2. Aisha Stevens (MSM)	11.84	8	2. St. Francis (NY)	49.40	8
3. Jen Hettell (RID)	10.54	6	3. Mount St. Mary's	49.59	6
4. Gamiliah Johnson (MON)	10.22	4	4. Wagner	50.26	4
5. Cara Oliver (LIU)	10.18	2	5. Long Island	50.30	2
6. Doris Cano (RID)	9.59	1	6. Monmouth	51.40	1
<b>100 Meters</b>			<b>100 Meter Hurdles</b>		
1. Mekka Richardson (MSM)	Time 12.33	Points 10	1. Natwon Harp (FDU)	Time 14.12	Points 10
2. Sharline White (FDU)	12.33	8	2. Donise Moore (FDU)	14.35	8
3. Janelle Richardson (SFNY)	12.44	6	3. Aisha Stevens (MSM)	14.45	6
4. Tracia Barnes (FDU)	12.77	4	4. Georgia Dahulich (MSM)	15.38	4
5. Tihesha Jackson (RID)	12.92	2	5. Jen Koczan (FDU)	15.39	2
6. Gamiliah Johnson (MON)	12.94	1	6. Michelle Zielinski (RMC)	16.66	1
<b>5000 Meters</b>			<b>4 x 400 Relay</b>		
1. Rebecca Wassner (MSM)	Time 18:46.0	Points 10	1. Mount St. Mary's	Time 3:57.05	Points 10
2. Amy Debor (MSM)	18:56.0	8	2. Wagner	4:02.31	8
3. Jessica Machanska (WAG)	19:05.0	6	3. St. Francis (NY)	4:03.5	6
4. Amy Linson (MSM)	19:46.9	4	4. Long Island	4:03.93	4
5. Mandy McTavish (SFPA)	19:53.5	2	5. Marist	4:27.20	2
6. Mary McQuillan (MAR)	19:59.3	1	6. St. Francis (PA)	4:46.64	1

# Women's Outdoor Track & Field

## ALL-TIME CHAMPIONSHIP RESULTS

### 1996 Championship (May 4-5, 1996) Emmitsburg, MD

<b>Shot Put</b>			<b>Distance</b>			<b>Points</b>			<b>200 Meters</b>			<b>Time</b>			<b>Points</b>																																
1.	Alicia Conquest (WAG)	12.38 m (40-7.5 ft)	10	1.	Lisa Kaiser (MSM)	25.26	10	2.	Jenicka Carter (RID)	11.66	8	2.	Cheryl Coleman (MSM)	25.71	8	3.	Denitra Seals (FDU)	11.38	6	3.	Tiphani McKee (RMC)	25.93	6	4.	Mary Kate McGonigle (SFPA)	11.08	4	4.	Tisha Franklin (LIU)	26.08	4	5.	Karen Steiner (RID)	10.90	2	5.	Tracia Barnes (FDU)	26.44	2	6.	Lynda White (LIU)	10.38	1	6.	Christina Rak (RID)	27.56	1
<b>Discus</b>			<b>Distance</b>			<b>Points</b>			<b>400 Meter Hurdles</b>			<b>Time</b>			<b>Points</b>																																
1.	Alicia Conquest (WAG)	38.30 m (125-8 ft)	10	1.	Aisha Stevens (MSM)	1:00.56	10	2.	Denitra Seals (FDU)	34.60	8	2.	Faith Bynoe (LIU)	1:05.99	8	3.	Karen Steiner (RID)	33.60	6	3.	Jamie Kuhne (MON)	1:08.63	6	4.	Jenicka Carter (RID)	32.94	4	4.	Michelle Zielinski (RMC)	1:11.21	4	5.	Mary Kate McGonigle (SFPA)	31.76	2	5.	Tiffany Cordiak (RMC)	1:12.66	2	6.	Melissa Ferrari (WAG)	31.66	1	6.	Mary Arnstein (SFPA)	1:12.88	1
<b>Javelin</b>			<b>Distance</b>			<b>Points</b>			<b>400 Meters</b>			<b>Time</b>			<b>Points</b>																																
1.	Kathleen Guimes (RID)	34.50 m (113-2 ft)	10	1.	Lisa Kaiser (MSM)	56.43	10	2.	Anu Ades (MON)	33.58	8	2.	Tracia Barnes (FDU)	57.48	8	3.	Joanne Philippe (SFNY)	59.36	6	3.	Rachel Turner (WAG)	29.60	4	4.	Linda Wilson (RID)	59.87	4	4.	Melissa Ferrari (WAG)	29.48	2	5.	Nakia Humphrey (RID)	1:00.22	2	5.	Marie Greaux (MON)	29.46	1	6.	Shaya Knox (WAG)	1:00.42	1				
<b>10,000 Meters</b>			<b>Time</b>			<b>Points</b>			<b>800 Meters</b>			<b>Time</b>			<b>Points</b>																																
1.	Farah Ryan (MSM)	39:45.72	10	1.	Heather Moul (MSM)	2:12.81	10	2.	Karen Donahue (MAR)	43:30.29	8	2.	Robin Kloster (MSM)	2:17.92	8	3.	Alison Murray (MAR)	2:18.78	6	3.	Mary McQuillan (MAR)	44:04.54	6	4.	Sheila Valentine (MSM)	2:19.55	4	4.	Cheryl Cicio (SFPA)	44:25.05	4	5.	Janine Minehan (RID)	2:21.91	2	5.	Melissa Zobel (MAR)	44:53.06	2	6.	Laureen Davila (LIU)	2:24.79	1	6.	Alexis Bequary (MAR)	45:35.40	1
<b>High Jump</b>			<b>Height</b>			<b>Points</b>			<b>1500 Meters</b>			<b>Time</b>			<b>Points</b>																																
1.	Michelle Herring (FDU)	1.63 m (5-4.25 ft)	10	1.	Robin Kloster (MSM)	4:32.46	10	2.	Jen Molinelli (RID)	1.63	8	2.	Jess Totaro (MSM)	4:49.85	8	3.	Georgia Dahulich (MSM)	1.58	6	3.	Heather Moul (MSM)	4:50.16	6	4.	Melissa Williamson (MSM)	1.58	4	4.	Laureen Davila (LIU)	4:56.25	4	5.	Marie Greaux (MON)	1.53	2	5.	Meredith Halstead (MAR)	4:58.00	2	6.	Nadine Simon (MAR)	1.53	1	6.	Beth Chaffee (RID)	4:58.17	1
<b>Long Jump</b>			<b>Distance</b>			<b>Points</b>			<b>3000 Meters</b>			<b>Time</b>			<b>Points</b>																																
1.	Sharline White (FDU)	5.96 m (19-6.75 ft)	10	1.	Jess Totaro (MSM)	10:36.43	10	2.	Gamiliah Johnson (MON)	5.37	8	2.	Rebecca Wassner (MSM)	10:36.44	8	3.	Jen Hettel (RID)	5.16	6	3.	Amy DeBor (MSM)	10:45.05	6	4.	Jennifer Billups (RID)	5.04	4	4.	Kathleen Woodson (MAR)	11:01.46	4	5.	Cara Oliver (LIU)	5.03	2	5.	Jennifer Flood (MON)	11:06.99	2	6.	Natalie Moore (MON)	5.03	1	6.	Meredith Halstead (MAR)	11:10.08	1
<b>Triple Jump</b>			<b>Distance</b>			<b>Points</b>			<b>4x100 Meter Relay</b>			<b>Time</b>			<b>Points</b>																																
1.	Sharline White (FDU)	12.50 m (41-0.25 ft)	10	1.	Fairleigh Dickinson	48.91	10	2.	Jennifer Billups (RID)	11.07	8	2.	Robert Morris	49.29	8	3.	Stacey Ritter (RMC)	10.27	6	3.	Long Island	49.42	6	4.	Jennifer Hettel (RID)	10.25	4	4.	Monmouth	49.86	4	5.	Gamiliah Johnson (MON)	10.25	2	5.	Rider	49.87	2	6.	Kim Cerullo (RMC)	9.65	1	6.	Mount St. Mary's	49.92	1
<b>100 Meters</b>			<b>Time</b>			<b>Points</b>			<b>5000 Meter</b>			<b>Time</b>			<b>Points</b>																																
1.	Cheryl Coleman (MSM)	12.43	10	1.	Rebecca Wassner (MSM)	17:58.30	10	2.	Natwon Harp (FDU)	12.73	8	2.	Amy DeBor (MSM)	18:01.50	8	3.	Natalie Moore (MON)	12.81	6	3.	Kathleen Woodson (MAR)	19:01.53	6	4.	Tisha Jackson (RID)	12.82	4	4.	Francesca Charles (SFNY)	20:15.51	4	5.	Sharline White (FDU)	12.83	2	5.	Cheryl Cicio (SFPA)	20:32.48	2	6.	Yolanda Shakespeare (RMC)	13.08	1	6.	Melissa Mendez (MON)	22:51.97	1
<b>100 Meter Hurdles</b>			<b>Time</b>			<b>Points</b>			<b>4 x 400 Relay</b>			<b>Time</b>			<b>Points</b>																																
1.	Natwon Harp (FDU)	14.48	10	1.	Mount St. Mary's	3:53.05	10	2.	Stephanie Toomer (FDU)	14.92	8	2.	Long Island	4:03.82	8	3.	Lisa Whetro (RMC)	15.08	6	3.	Rider	4:04.27	6	4.	Aisha Stevens (MSM)	15.51	4	4.	Robert Morris	4:06.34	4	5.	Lynda White (LIU)	15.63	2	5.	St. Francis (NY)	4:09.41	2	6.	Tawana Headen (SFNY)	15.76	1	6.	Marist	4:10.00	1

# Women's Outdoor Track & Field

## ALL-TIME CHAMPIONSHIP RESULTS

1997 Championship (May 3-4, 1997) Lawrenceville, NJ

<b>Shot Put</b>			<b>Distance</b>			<b>Points</b>			<b>200 Meters</b>			<b>Time</b>			<b>Points</b>								
1.	Nicole Hollman (SFPA)	12.51 m	12.51 m	10	10	1.	Tisha Franklin (LIU)	24.49	24.49	10	10	2.	Fateen Abdel-Baith (LIU)	24.80	24.80	8	8	3.	Cheryl Coleman (MSM)	25.00	25.00	6	6
2.	Lacy Johnson (MON)	12.12	12.12	8	8	3.	Cheryl Coleman (MSM)	25.00	25.00	6	6	4.	Lisa Kaiser (MSM)	25.11	25.11	4	4	4.	Melene Thomas (FDU)	26.04	26.04	2	2
3.	Angel Edwards (SFPA)	11.94	11.94	6	6	5.	Melene Thomas (FDU)	26.04	26.04	2	2	5.	Tiffany Butler (FDU)	26.12	26.12	1	1	6.	Diana Wlodarczyk (MON)	10.90	10.90	1	1
4.	Mary Kate McGonigle (SFPA)	11.18	11.18	4	4	<b>400 Meter Hurdles</b>			<b>Time</b>			<b>Points</b>											
5.	Melissa Ferrari (WAG)	11.01	11.01	2	2	1.	Aisha Stevens (MSM)	1:01.54	1:01.54	10	10	2.	Genesis Small (RID)	1:03.81	1:03.81	8	8						
6.	Diana Wlodarczyk (MON)	10.90	10.90	1	1	3.	Joi Brown (LIU)	1:03.99	1:03.99	6	6	4.	Lisa Whetro (RMC)	1:07.00	1:07.00	4	4						
<b>Discus</b>			<b>Distance</b>			<b>Points</b>			<b>400 Meters</b>			<b>Time</b>			<b>Points</b>								
1.	Lacy Johnson (MON)	38.94 m	38.94 m	10	10	1.	Lisa Kaiser (MSM)	56.87	56.87	10	10	2.	Tiphani McKee (RMC)	58.82	58.82	8	8						
2.	Angel Edwards (SFPA)	38.74	38.74	8	8	3.	Linda Wilson (RID)	58.87	58.87	6	6	3.	Joi Brown (LIU)	1:03.99	1:03.99	6	6						
3.	Andrea Tirpak (RMC)	36.20	36.20	6	6	4.	Anu Ades (MON)	1:00.90	1:00.90	4	4	4.	Melissa Ferrari (WAG)	35.40	35.40	4	4						
4.	Melissa Ferrari (WAG)	35.40	35.40	4	4	5.	Jennifer Miller (LIU)	1:01.21	1:01.21	2	2	5.	Mary Kate McGonigle (SFPA)	34.32	34.32	2	2						
5.	Mary Kate McGonigle (SFPA)	34.32	34.32	2	2	6.	Brandy Weishorn (SFPA)	1:04.12	1:04.12	1	1	6.	Denitra Seals (FDU)	34.12	34.12	1	1						
6.	Denitra Seals (FDU)	34.12	34.12	1	1	<b>Javelin</b>			<b>Distance</b>			<b>Points</b>			<b>400 Meters</b>			<b>Time</b>			<b>Points</b>		
1.	Lynn Murray (MON)	37.34 m	37.34 m	10	10	1.	Lisa Kaiser (MSM)	56.87	56.87	10	10	1.	Lisa Kaiser (MSM)	56.87	56.87	10	10	1.	Lisa Kaiser (MSM)	56.87	56.87	10	10
2.	Marie Greaux (MON)	34.74	34.74	8	8	2.	Tiphani McKee (RMC)	58.82	58.82	8	8	2.	Tiphani McKee (RMC)	58.82	58.82	8	8	2.	Robin Kloster (MSM)	2:21.49	2:21.49	8	8
3.	Stephanie McGill (SFPA)	32.94	32.94	6	6	3.	Linda Wilson (RID)	58.87	58.87	6	6	3.	Linda Wilson (RID)	58.87	58.87	6	6	3.	Diana Hilsner (RID)	2:23.03	2:23.03	6	6
4.	Robyn Rafail (RMC)	32.18	32.18	4	4	4.	Anu Ades (MON)	1:00.90	1:00.90	4	4	4.	Corrie Ward (SFPA)	2:25.06	2:25.06	4	4	4.	Corrie Ward (SFPA)	2:25.06	2:25.06	4	4
5.	Kathleen Guimes (RID)	31.40	31.40	2	2	5.	Jennifer Miller (LIU)	1:01.21	1:01.21	2	2	5.	Heather Berkemeier (SFPA)	2:25.65	2:25.65	2	2	5.	Heather Berkemeier (SFPA)	2:25.65	2:25.65	2	2
6.	Anu Ades (MON)	31.36	31.36	1	1	6.	Brandy Weishorn (SFPA)	1:04.12	1:04.12	1	1	6.	Christine Hillock (MON)	2:25.76	2:25.76	1	1	6.	Christine Hillock (MON)	2:25.76	2:25.76	1	1
<b>10,000 Meters</b>			<b>Time</b>			<b>Points</b>			<b>800 Meters</b>			<b>Time</b>			<b>Points</b>								
1.	Rebeccah Wassner (MSM)	38:37.32	38:37.32	10	10	1.	Heather Moul (MSM)	2:18.10	2:18.10	10	10	1.	Heather Moul (MSM)	2:18.10	2:18.10	10	10	1.	Rebeccah Wassner (MSM)	38:37.32	38:37.32	10	10
2.	Amy DeBor (MSM)	39:13.25	39:13.25	8	8	2.	Robin Kloster (MSM)	2:21.49	2:21.49	8	8	2.	Robin Kloster (MSM)	2:21.49	2:21.49	8	8	2.	Amy DeBor (MSM)	39:13.25	39:13.25	8	8
3.	Kathleen Woodson (MAR)	39:38.61	39:38.61	6	6	3.	Diana Hilsner (RID)	2:23.03	2:23.03	6	6	3.	Diana Hilsner (RID)	2:23.03	2:23.03	6	6	3.	Kathleen Woodson (MAR)	39:38.61	39:38.61	6	6
4.	Cheryl Cicio (SFPA)	41:50.02	41:50.02	4	4	4.	Corrie Ward (SFPA)	2:25.06	2:25.06	4	4	4.	Corrie Ward (SFPA)	2:25.06	2:25.06	4	4	4.	Cheryl Cicio (SFPA)	41:50.02	41:50.02	4	4
5.	Kate Wallace (SFPA)	41:51.00	41:51.00	2	2	5.	Heather Berkemeier (SFPA)	2:25.65	2:25.65	2	2	5.	Heather Berkemeier (SFPA)	2:25.65	2:25.65	2	2	5.	Kate Wallace (SFPA)	41:51.00	41:51.00	2	2
6.	Ken Glover (MAR)	42:12.33	42:12.33	1	1	6.	Christine Hillock (MON)	2:25.76	2:25.76	1	1	6.	Christine Hillock (MON)	2:25.76	2:25.76	1	1	6.	Ken Glover (MAR)	42:12.33	42:12.33	1	1
<b>High Jump</b>			<b>Height</b>			<b>Points</b>			<b>1500 Meters</b>			<b>Time</b>			<b>Points</b>								
1.	Brooke Murray (RID)	1.64 m	1.64 m	10	10	1.	Jessica Totaro (MSM)	4:37.65	4:37.65	10	10	1.	Jessica Totaro (MSM)	4:37.65	4:37.65	10	10	1.	Rebeccah Wassner (MSM)	38:37.32	38:37.32	10	10
2.	Jennifer Molinelli (RID)	1.64	1.64	8	8	2.	Robin Kloster (MSM)	4:38.20	4:38.20	8	8	2.	Robin Kloster (MSM)	4:38.20	4:38.20	8	8	2.	Amy DeBor (MSM)	39:13.25	39:13.25	8	8
3.	Michelle Herring (FDU)	1.64	1.64	6	6	3.	Heather Moul (MSM)	4:39.45	4:39.45	6	6	3.	Heather Moul (MSM)	4:39.45	4:39.45	6	6	3.	Kathleen Woodson (MAR)	39:38.61	39:38.61	6	6
4.	Georgia Dahulich (MSM)	1.59	1.59	4	4	4.	Roberta Pickens (SFPA)	4:50.74	4:50.74	4	4	4.	Roberta Pickens (SFPA)	4:50.74	4:50.74	4	4	4.	Cheryl Cicio (SFPA)	41:50.02	41:50.02	4	4
5.	Marie Greaux (MON)	1.54	1.54	2	2	5.	Tammy Gazia (MON)	4:00.65	4:00.65	2	2	5.	Tammy Gazia (MON)	4:00.65	4:00.65	2	2	5.	Kate Wallace (SFPA)	41:51.00	41:51.00	2	2
6.	Nadine Simon (MAR)	1.54	1.54	1	1	6.	Pilar Olivares (LIU)	4:58.17	4:58.17	1	1	6.	Pilar Olivares (LIU)	4:58.17	4:58.17	1	1	6.	Ken Glover (MAR)	42:12.33	42:12.33	1	1
<b>Long Jump</b>			<b>Distance</b>			<b>Points</b>			<b>3000 Meters</b>			<b>Time</b>			<b>Points</b>								
1.	Jennifer Hettel (RID)	5.17 m	5.17 m	10	10	1.	Jessica Totaro (MSM)	10:09.20	10:09.20	10	10	1.	Jessica Totaro (MSM)	10:09.20	10:09.20	10	10	1.	Rebeccah Wassner (MSM)	38:37.32	38:37.32	10	10
2.	Jill Poplaski (SFPA)	5.10	5.10	8	8	2.	Rebeccah Wassner (MSM)	10:25.94	10:25.94	8	8	2.	Rebeccah Wassner (MSM)	10:25.94	10:25.94	8	8	2.	Amy DeBor (MSM)	39:13.25	39:13.25	8	8
3.	Tenille Redman (MSM)	4.97	4.97	6	6	3.	Amy DeBor (MSM)	10:34.47	10:34.47	6	6	3.	Amy DeBor (MSM)	10:34.47	10:34.47	6	6	3.	Kathleen Woodson (MAR)	39:38.61	39:38.61	6	6
4.	Dominique Pino (MAR)	4.96	4.96	4	4	4.	Roberta Pickens (SFPA)	10:43.43	10:43.43	4	4	4.	Roberta Pickens (SFPA)	10:43.43	10:43.43	4	4	4.	Cheryl Cicio (SFPA)	41:50.02	41:50.02	4	4
5.	Marie Greaux (MON)	4.88	4.88	2	2	5.	Beth Chaffee (RID)	11:13.34	11:13.34	2	2	5.	Beth Chaffee (RID)	11:13.34	11:13.34	2	2	5.	Kate Wallace (SFPA)	41:51.00	41:51.00	2	2
6.	Georgia Dahulich (MSM)	4.82	4.82	1	1	6.	Cheryl Cicio (SFPA)	11:25.43	11:25.43	1	1	6.	Cheryl Cicio (SFPA)	11:25.43	11:25.43	1	1	6.	Ken Glover (MAR)	42:12.33	42:12.33	1	1
<b>Triple Jump</b>			<b>Distance</b>			<b>Points</b>			<b>4x100 Meter Relay</b>			<b>Time</b>			<b>Points</b>								
1.	Jill Poplaski (SFPA)	10.92 m	10.92 m	10	10	1.	Fairleigh Dickinson	47.89	47.89	10	10	1.	Fairleigh Dickinson	47.89	47.89	10	10	1.	Rebeccah Wassner (MSM)	38:37.32	38:37.32	10	10
2.	Shanelle Turner (RID)	10.51	10.51	8	8	2.	Rider	49.52	49.52	8	8	2.	Rider	49.52	49.52	8	8	2.	Amy DeBor (MSM)	39:13.25	39:13.25	8	8
3.	Melene Thomas (FDU)	10.50	10.50	6	6	3.	Robert Morris	49.54	49.54	6	6	3.	Robert Morris	49.54	49.54	6	6	3.	Kathleen Woodson (MAR)	39:38.61	39:38.61	6	6
4.	Chantel Curry (FDU)	10.10	10.10	4	4	4.	Monmouth	51.58	51.58	4	4	4.	Monmouth	51.58	51.58	4	4	4.	Cheryl Cicio (SFPA)	41:50.02	41:50.02	4	4
5.	Jennifer Hettel (RID)	10.02	10.02	2	2	5.	St. Francis (PA)	53.46	53.46	2	2	5.	St. Francis (PA)	53.46	53.46	2	2	5.	Kate Wallace (SFPA)	41:51.00	41:51.00	2	2
6.	Amy Gryshuk (SFPA)	9.94	9.94	1	1	6.	Wagner	53.47	53.47	1	1	6.	Wagner	53.47	53.47	1	1	6.	Ken Glover (MAR)	42:12.33	42:12.33	1	1
<b>100 Meters</b>			<b>Time</b>			<b>Points</b>			<b>5000 Meter</b>			<b>Time</b>			<b>Points</b>								
1.	Tisha Franklin (LIU)	12.06	12.06	10	10	1.	Rebeccah Wassner (MSM)	17:48.08	17:48.08	10	10	1.	Rebeccah Wassner (MSM)	17:48.08	17:48.08	10	10	1.	Rebeccah Wassner (MSM)	38:37.32	38:37.32	10	10
2.	Cheryl Coleman (MSM)	12.31	12.31	8	8	2.	Kate Wallace (SFPA)	19:26.87	19:26.87	8	8	2.	Kate Wallace (SFPA)	19:26.87	19:26.87	8	8	2.	Amy DeBor (MSM)	39:13.25	39:13.25	8	8
3.	Tiffany Butler (FDU)	12.66	12.66	6	6	3.	Cheryl Cicio (SFPA)	19:32.13	19:32.13	6	6	3.	Cheryl Cicio (SFPA)	19:32.13	19:32.13	6	6	3.	Kathleen Woodson (MAR)	39:38.61	39:38.61	6	6
4.	Diane Temple (MON)	12.67	12.67	4	4	4.	Abigail Smith (RID)	19:48.08	19:48.08	4	4	4.	Abigail Smith (RID)	19:48.08	19:48.08	4	4	4.	Cheryl Cicio (SFPA)	41:50.02	41:50.02	4	4
5.	Stephanie Toomer (FDU)	12.71	12.71	2	2	5.	Mary McQuillan (MAR)	19:55.32	19:55.32	2	2	5.	Mary McQuillan (MAR)	19:55.32	19:55.32	2	2	5.	Kate Wallace (SFPA)	41:51.00	41:51.00	2	2
6.	Holly Clever (RMC)	12.80	12.80	1	1	6.	Kelly Fitzpatrick (MON)	20:56.33	20:56.33	1	1	6.	Kelly Fitzpatrick (MON)	20:56.33	20:56.33	1	1	6.	Ken Glover (MAR)	42:12.33	42:12.33	1	1
<b>100 Meter Hurdles</b>			<b>Time</b>			<b>Points</b>			<b>4 x 400 Relay</b>			<b>Time</b>			<b>Points</b>								
1.	Melene Thomas (FDU)	14.67	14.67	10	10	1.	Long Island	3:50.03	3:50.03	10	10	1.	Long Island	3:50.03	3:50.03	10	10	1.	Rebeccah Wassner (MSM)	38:37.32	38:37.32	10	10
2.	Stephanie Toomer (FDU)	15.03	15.03	8	8	2.	Mount St. Mary's	3:52.98	3:52.98	8	8	2.	Mount St. Mary's	3:52.98	3:52.98	8	8	2.	Amy DeBor (MSM)	39:13.25	39:13.25	8	8
3.	Joi Brown (LIU)	15.44	15.44	6	6	3.	Rider	3:58.32	3:58.32	6	6	3.	Rider	3:58.32	3:58.32	6	6	3.	Kathleen Woodson (MAR)	39:38.61	39:38.61	6	6
4.	Georgia Dahulich (MSM)	15.49	15.49	4	4	4.	Fairleigh Dickinson	4:02.02	4:02.02	4	4	4.	Fairleigh Dickinson	4:02.02	4:02.02	4	4	4.	Cheryl Cicio (SFPA)	41:50.02	41:50.02	4	4
5.	Robyn Rafail (RMC)	16.07	16.07	2	2	5.	Robert Morris	4:04.01	4:04.01	2	2	5.	Robert Morris	4:04.01	4:04.01	2	2	5.	Kate Wallace (SFPA)	41:51.00	41:51.00	2	2
6.	T																						

# Women's Outdoor Track & Field

## ALL-TIME CHAMPIONSHIP RESULTS

1998 Championship (May 2-3, 1998) Emmitsburg, MD

<b>Shot Put</b>			<b>Distance</b>			<b>Pts.</b>			<b>100 Hurdles</b>			<b>Time</b>			<b>Pts.</b>			<b>10000 Meters</b>			<b>Time</b>			<b>Pts.</b>																																																																																																											
1.	Nicole Hollman (SFPA)	12.96 m	10	1.	Melene Thomas (FDU)	14.29	10	1.	Amy DeBor (MSM)	39:17.02	10	2.	Kate Wallace (SFPA)	39:35.39	8	2.	Patricia Bernard (WAG)	12.79	8	2.	Tasha Moore (LIU)	14.63	8	2.	Kate Wallace (SFPA)	39:35.39	8	3.	Melissa Dissette (RMC)	12.57	6	3.	Genita Dickey (RMC)	15.00	6	3.	Cheryl Cicio (SFPA)	40:50.16	6	3.	Lacy Johnson (MON)	12.30	5	4.	Joi Brown (LIU)	15.22	5	4.	Heather Gardiner (CCSU)	40:58.15	5	4.	Lacy Johnson (MON)	11.42	4	5.	Robyn Rafail (RMC)	15.70	4	5.	January Zuk (MON)	42:57.82	4	5.	Andrea Tirpak (RMC)	11.18	3	6.	Mandy Bowers (MSM)	16.14	3	6.	Suzanne Weigle (SFPA)	43:55.81	3	6.	Karen Rathfon (SFPA)	11.03	2	7.	Danielle Hayes (MON)	16.41	2	7.	Hope Meinert (RMC)	44:23.56	2	7.	Beth Lawrence (LIU)	10.80	1	8.	Amanda Ricchezza (CCSU)	16.57	1	8.	Ana Taveres (FDU)	44:42.66	1																																
<b>Discus</b>			<b>Distance</b>			<b>Pts.</b>			<b>200 Meters</b>			<b>Time</b>			<b>Pts.</b>			<b>4x100 Meters</b>			<b>Time</b>			<b>Pts.</b>																																																																																																											
1.	Lacy Johnson (MON)	40.28 m	10	1.	Tisha Franklin (LIU)	24.44	10	1.	Long Island	47.06	10	1.	Fateen Abdel-Baath (LIU)	24.61	8	1.	Fairleigh Dickinson	47.83	8	2.	Alicia Conquest (WAG)	39.60	8	2.	Fateen Abdel-Baath (LIU)	24.61	8	2.	Robert Morris	47.87	6	2.	Mount St. Mary's	48.57	5	3.	Karen Rathfon (SFPA)	37.94	6	3.	Michelle Higginbottom (MSM)	25.19	6	3.	Robert Morris	47.87	6	3.	Mount St. Mary's	48.57	5	4.	Andrea Tirpak (RMC)	37.22	5	4.	Cheryl Coleman (MSM)	25.48	5	4.	Mount St. Mary's	50.54	4	4.	Patricia Bernard (WAG)	37.04	4	5.	Kanaa Twyman (RMC)	25.75	4	5.	Monmouth	50.54	4	5.	Angela Iannone (WAG)	36.82	3	6.	Genita Dickey (RMC)	25.96	3	6.	Central Connecticut State	51.11	3	6.	Melissa Dissette (RMC)	35.84	2	7.	Stacey Clark (CCSU)	26.05	2	7.	Wagner	51.22	2	7.	Lilianna Kalinowski (CCSU)	32.44	1	8.	Stephanie Toomer (FDU)	26.20	1	8.	St. Francis (PA)	56.86	1																				
<b>Javelin</b>			<b>Distance</b>			<b>Pts.</b>			<b>400 Meters</b>			<b>Time</b>			<b>Pts.</b>			<b>4x400 Meters</b>			<b>Time</b>			<b>Pts.</b>																																																																																																											
1.	Karen Rathfon (SFPA)	39.98 m	10	1.	Fateen Abdel-Baath (LIU)	54.31	10	1.	Long Island	3:48.24	10	1.	Tiphani McKee (RMC)	57.55	8	1.	Mount St. Mary's	3:52.66	8	2.	Robyn Rafail (RMC)	39.70	8	2.	Lisa Kaiser (MSM)	58.16	6	2.	Mount St. Mary's	3:56.73	6	2.	Lynn Murray (MON)	36.62	6	3.	Sue Klimkowski (FDU)	58.35	5	3.	Fairleigh Dickinson	3:56.73	6	3.	Michelle Gawaldo (RMC)	35.94	5	4.	Chantel Curry (FDU)	58.84	4	4.	Robert Morris	4:00.11	5	4.	Ashley Foley (MSM)	34.56	4	5.	Shayla Knox (WAG)	58.97	3	5.	Central Connecticut State	4:01.90	4	5.	Shawntel Sheehan (CCSU)	33.82	3	6.	Joanne Philippe (SFNY)	1:00.83	2	6.	St. Francis (PA)	4:05.19	3	6.	Stephanie McGill (SFPA)	32.58	2	7.	Nichole Snively (SFPA)	1:01.67	1	7.	Wagner	4:05.35	2	7.	Rebecca Dalcin (SFPA)	30.16	1	8.	Monmouth	4:09.94	1																																
<b>Hammer Throw</b>			<b>Distance</b>			<b>Pts.</b>			<b>400 Hurdles</b>			<b>Time</b>			<b>Pts.</b>			<b>4x800 Meters</b>			<b>Time</b>			<b>Pts.</b>																																																																																																											
1.	Lacy Johnson (MON)	45.68 m	10	1.	Joi Brown (LIU)	1:01.66	10	1.	Mount St. Mary's	9:25.00	10	1.	Takisha Williams (FDU)	1:04.68	8	1.	Long Island	9:37.19	8	2.	Nicole Brown (LIU)	1:05.37	6	2.	Long Island	9:37.19	8	2.	Rebecca Dalcin (SFPA)	40.60	6	2.	Tasha Moore (LIU)	1:05.37	6	2.	Fairleigh Dickinson	9:45.50	6	3.	Angela Iannone (WAG)	40.34	5	3.	Jamie Kuhne (MON)	1:05.57	5	3.	Wagner	9:54.68	5	3.	Lilianna Kalinowski (CCSU)	39.58	4	4.	Robyn Rafail (RMC)	1:06.05	4	4.	St. Francis (PA)	10:01.69	4	4.	Andrea Tirpak (RMC)	35.26	3	5.	Nydia Gonzalez (LIU)	1:07.55	3	5.	Monmouth	10:03.07	3	5.	Diana Wlodarczyk (MON)	34.14	2	6.	Tiffany Corkiak (RMC)	1:09.01	2	6.	Central Connecticut State	10:07.36	2	6.	Karen Markley (SFPA)	31.46	1	7.	Jessica St. Clair (MSM)	1:10.27	1	7.	Robert Morris	10:15.80	1																																
<b>Long Jump</b>			<b>Distance</b>			<b>Pts.</b>			<b>800 Meters</b>			<b>Time</b>			<b>Pts.</b>			<b>4x800 Meters</b>			<b>Time</b>			<b>Pts.</b>																																																																																																											
1.	Amy Gryshuk (SFPA)	5.26 m	10	1.	Heather Moul (MSM)	2:14.24	10	1.	Mount St. Mary's	9:25.00	10	1.	Nicole Brown (LIU)	2:17.81	8	1.	Long Island	9:37.19	8	2.	Patricia Bernard (WAG)	5.21	8	2.	Nicole Brown (LIU)	2:17.81	8	2.	Long Island	9:37.19	8	2.	Fairleigh Dickinson	9:45.50	6	3.	Miesha Barksdale (FDU)	5.17	6	3.	Rachelle Joseph (FDU)	2:22.75	6	3.	Fairleigh Dickinson	9:45.50	6	3.	Wagner	9:54.68	5	4.	Faith Bynoe (LIU)	5.13	5	4.	Ashley Foley (MSM)	2:24.41	5	4.	Wagner	9:54.68	5	4.	Michelle Gawaldo (RMC)	5.08	4	5.	Tammy Pearson (SFPA)	2:25.07	4	5.	St. Francis (PA)	10:01.69	4	5.	Jamie Kuhne (MON)	5.07	3	6.	Tammy Gazia (MON)	2:27.74	3	5.	Monmouth	10:03.07	3	6.	Jessica St. Clair (MSM)	5.04	2	7.	Stephanie Johnson (CCSU)	2:28.32	2	6.	Central Connecticut State	10:07.36	2	7.	Chantel Curry (FDU)	4.83	1	8.	Christine Hillock (MON)	2:33.38	1	7.	Robert Morris	10:15.80	1																				
<b>Triple Jump</b>			<b>Distance</b>			<b>Pts.</b>			<b>1500 Meters</b>			<b>Time</b>			<b>Pts.</b>			<b>4x800 Meters</b>			<b>Time</b>			<b>Pts.</b>																																																																																																											
1.	Michelle Gawaldo (RMC)	10.68 m	10	1.	Heather Moul (MSM)	4:35.02	10	1.	Mount St. Mary's	9:25.00	10	1.	Heather Moul (MSM)	4:35.02	10	1.	Long Island	9:37.19	8	2.	Melene Thomas (FDU)	10.67	8	2.	Gaeraldine McQueen (FDU)	4:41.66	8	2.	Long Island	9:37.19	8	2.	Fairleigh Dickinson	9:45.50	6	3.	Chantel Curry (FDU)	10.64	6	3.	Jess Totaro (MSM)	4:44.59	6	3.	Fairleigh Dickinson	9:45.50	6	3.	Wagner	9:54.68	5	4.	Amy Gryshuk (SFPA)	10.50	5	4.	Jennifer Merschhoff (WAG)	4:53.21	5	4.	Wagner	9:54.68	5	4.	Mandy Bowers (MSM)	10.25	4	5.	Pilar Olivares (LIU)	4:57.10	4	5.	St. Francis (PA)	10:01.69	4	5.	Lynn Murray (MON)	10.01	3	6.	Nicole Brown (LIU)	4:58.57	3	6.	Monmouth	10:03.07	3	6.	Renee Williams (CCSU)	9.65	2	7.	Tammy Gazia (MON)	4:58.79	2	6.	Central Connecticut State	10:07.36	2	7.	Danielle Narducci (LIU)	9.61	1	8.	Michelle Buzon (RMC)	5:00.57	1	7.	Robert Morris	10:15.80	1																				
<b>High Jump</b>			<b>Height</b>			<b>Pts.</b>			<b>3000 Meters</b>			<b>Time</b>			<b>Pts.</b>			<b>4x800 Meters</b>			<b>Time</b>			<b>Pts.</b>																																																																																																											
1.	Tara Bogard (RMC)	1.58 m	10	1.	Amy DeBor (MSM)	10:25.48	10	1.	Mount St. Mary's	9:25.00	10	1.	Geraldine McQueen (FDU)	10:29.40	8	1.	Long Island	9:37.19	8	2.	Patricia Bernard (WAG)	1.49	8	2.	Robert Pickens (SFPA)	10:29.80	6	2.	Long Island	9:37.19	8	2.	Fairleigh Dickinson	9:45.50	6	3.	Jeanine Carlucci (WAG)	1.49	6	3.	Jess Totaro (MSM)	10:43.42	5	3.	Fairleigh Dickinson	9:45.50	6	3.	Wagner	9:54.68	5	4.	Marianne Ploskonka (MON)	1.44	5	4.	Kate Wallace (SFPA)	10:53.93	4	4.	Wagner	9:54.68	5	4.	Amy Lipscomb (RMC)	1.44	4	5.	Pilar Olivares (LIU)	10:58.67	3	5.	St. Francis (PA)	10:01.69	4	5.	Monmouth	10:03.07	3	5.	Cheryl Cicio (SFPA)	11:10.76	2	6.	Central Connecticut State	10:07.36	2	6.	Rebecca Dalcin (SFPA)	31.46	1	6.	Robert Morris	10:15.80	1																																				
<b>100 Meters</b>			<b>Time</b>			<b>Pts.</b>			<b>5000 Meters</b>			<b>Time</b>			<b>Pts.</b>			<b>4x800 Meters</b>			<b>Time</b>			<b>Pts.</b>																																																																																																											
1.	Tisha Franklin (LIU)	11.92	10	1.	Amy DeBor (MSM)	18:03.94	10	1.	Mount St. Mary's	9:25.00	10	1.	Amy DeBor (MSM)	18:03.94	10	1.	Long Island	9:37.19	8	2.	Patricia Bernard (WAG)	1.49	8	2.	Geraldine McQueen (FDU)	10:29.40	8	2.	Long Island	9:37.19	8	2.	Fairleigh Dickinson	9:45.50	6	3.	Melissa Dissette (RMC)	12.57	6	3.	Robert Pickens (SFPA)	10:29.80	6	3.	Fairleigh Dickinson	9:45.50	6	3.	Wagner	9:54.68	5	4.	Michelle Higginbottom (MSM)	12.28	6	4.	Kate Wallace (SFPA)	18:55.44	6	4.	Wagner	9:54.68	5	4.	Mandy Bowers (MSM)	12.30	5	5.	Cheryl Cicio (SFPA)	19:16.09	5	5.	Monmouth	10:03.07	3	5.	Melene Thomas (FDU)	12.30	5	6.	Cheryl Cicio (SFPA)	19:24.30	4	5.	Central Connecticut State	10:07.36	2	6.	Stacey Clark (CCSU)	12.50	4	7.	Jennifer Adamovich (MON)	20:02.59	3	6.	St. Francis (PA)	10:01.69	4	6.	Kanaa Twyman (RMC)	12.55	3	8.	Lisa Frey (MSM)	20:26.03	2	7.	Monmouth	10:03.07	3	7.	Holly Clever (RMC)	12.73	2	8.	January Zuk (MON)	20:39.46	1	7.	Central Connecticut State	10:07.36	2	8.	Genita Dickey (RMC)	12.77	1	8.	Robert Morris	10:15.80	1

# Women's Outdoor Track & Field

## ALL-TIME CHAMPIONSHIP RESULTS

1999 Championship (May 1-2, 1999) Baltimore, MD

<b>Shot Put</b>			<b>100 Hurdles</b>			<b>10,000 Meters</b>		
1.	Lacy Johnson (MON)	13.39 m	1.	Melene Thomas (FDU)	14.07	1.	Heather Gardiner (CCSU)	37:53.41
2.	Beth Lawrence (LIU)	12.76	2.	Genita Dickey (RMC)	14.44	2.	Leah Peiffer (MSM)	38:36.59
3.	Nicole Hollman (SPPA)	12.67	3.	Stephanie Toomer (FDU)	14.99	3.	Jen Ecker (UMBC)	38:51.43
4.	Patricia Bernard (WAG)	12.37	4.	Tasha Moore (LIU)	15.00	4.	Kate Wallace (SPPA)	39:24.32
5.	Melissa Dissette (RMC)	11.85	5.	Sabriya Williams (WAG)	15.47	5.	Josephine Maceri (FDU)	40:42.99
6.	Meghann Cavanagh (MSM)	11.46	6.	Lauren Tomossone (MON)	15.52	6.	Tracey Molnar (SPPA)	40:53.01
7.	Andrea Tirpak (RMC)	11.03	7.	Cara Coppola (WAG)	15.96	7.	Sarah Eshelman (SPPA)	43:06.02
8.	Melissa Ferrari (WAG)	10.92	8.	Keesha Charles (SfNY)	16.09	8.	Amy Standfest (SPPA)	43:22.59
<b>Discus</b>			<b>200 Meters</b>			<b>4x100 Meters</b>		
1.	Laura Buzzard (RMC)	41.62 m	1.	Melene Thomas (FDU)	24.26	1.	Fairleigh Dickinson	47.05
2.	Angelica Iannone (WAG)	41.38	2.	Fateen Abdel-Baath (LIU)	24.37	2.	Long Island	47.60
3.	Karen Rathfon (SPPA)	39.92	3.	Cheryl Coleman (MSM)	24.95	3.	Mount St. Mary's	47.74
4.	Andrea Tirpak (RMC)	39.44	4.	Stacy Clarke (CCSU)	25.18	4.	Robert Morris	48.17
5.	Meghann Cavanagh (MSM)	38.76	5.	Michelle Higginbottom (MSM)	25.57	5.	Central Connecticut State	48.76
6.	Lacy Johnson (MON)	38.64	6.	Felicia Henderson (FDU)	25.62	6.	Monmouth	49.67
7.	Melissa Ferrari (WAG)	37.68	7.	Adenike Harris (MSM)	26.16	7.	UMBC	49.75
8.	Liliana Kalinowski (CCSU)	36.78	8.	Orinthia Jones (UMBC)	27.13	8.	St. Francis (NY)	49.94
<b>Javelin</b>			<b>400 Meters</b>			<b>4x400 Meters</b>		
1.	Karen Rathfon (SPPA)	39.56 m	1.	Fateen Abdel-Baath (LIU)	55.27	1.	UMBC	3:56.02
2.	Laura Buzzard (RMC)	38.36	2.	Michelle Higginbottom (MSM)	56.59	2.	St. Francis (NY)	3:57.78
3.	Ashley Foley (MSM)	35.90	3.	Orinthia Jones (UMBC)	58.04	3.	Long Island	3:58.08
4.	Robyn Rafail (RMC)	35.84	4.	Joanne Philippe (SfNY)	58.82	4.	Mount St. Mary's	3:58.94
5.	Michelle Gawaldo (RMC)	34.70	5.	Nicole Brown (LIU)	59.96	5.	Fairleigh Dickinson	3:59.29
6.	Kristen Hutter (RMC)	31.06	6.	Patricia Metzger (LIU)	1:00.31	6.	Central Connecticut State	4:00.53
7.	Terra Sarnacki-Royer (MON)	29.22	7.	Talitha Vickers (MON)	1:00.62	7.	Robert Morris	4:02.65
8.	Melissa Ferrari (WAG)	29.10	8.	Brandy Weishorn (SPPA)	1:02.22	8.	St. Francis (PA)	4:08.87
<b>Hammer Throw</b>			<b>400 Hurdles</b>			<b>4x800 Meters</b>		
1.	Lacy Johnson (MON)	49.22 m	1.	Genita Dickey (RMC)	1:00.83	1.	UMBC	9:24.58
2.	Nicole Hollman (SPPA)	47.50	2.	Takisha Williams (FDU)	1:03.64	2.	Central Connecticut State	9:29.57
3.	Angelica Iannone (WAG)	45.96	3.	Odella Muir (UMBC)	1:04.52	3.	Long Island	9:33.17
4.	Liliana Kalinowski (CCSU)	45.44	4.	Danielle Hayes (MON)	1:06.11	4.	Monmouth	9:37.37
5.	Lisa Ricciardelli (MON)	39.98	5.	Amy Bumann (UMBC)	1:07.50	5.	St. Francis (PA)	9:48.66
6.	Andrea Tirpak (RMC)	37.62	6.	Tasha Moore (LIU)	1:07.61	6.	Mount St. Mary's	9:54.32
7.	Katherine Mack (UMBC)	36.06	7.	Patricia Metzger (LIU)	1:12.04	7.	Wagner	9:58.06
8.	Laura Buzzard (RMC)	35.74				8.	Fairleigh Dickinson	10:35.32
<b>Long Jump</b>			<b>800 Meters</b>					
1.	Felicia Henderson (FDU)	5.93 m	1.	Terra Sarnacki-Royer (MON)	2:16.68			
2.	Amy Gryshuk (SPPA)	5.55	2.	Sakinah Patterson (LIU)	2:16.70			
3.	Camilla Harris (LIU)	5.49	3.	Melissa Mullins (CCSU)	2:18.03			
4.	Michelle Higginbottom (MSM)	5.49	4.	Tammy Pearson (SPPA)	2:19.29			
5.	Jessica St Clair (MSM)	5.46	5.	Carrie Cimino (UMBC)	2:21.35			
6.	Lauren Tomossone (MON)	5.39	6.	Rachelle Joseph (FDU)	2:22.88			
7.	Melanece Moore (UMBC)	5.30	7.	Doris Vargas (UMBC)	2:27.30			
8.	Cara Coppola (WAG)	5.20						
<b>Triple Jump</b>			<b>1500 Meters</b>					
1.	Felicia Henderson (FDU)	11.65 m	1.	Stephanie Johnson (CCSU)	4:42.21			
2.	Melanece Moore (UMBC)	10.80	2.	Sakinah Patterson (LIU)	4:44.86			
3.	Amy Gryshuk (SPPA)	10.76	3.	Jess Tataro (MSM)	4:45.02			
4.	Talitha Vickers (MON)	10.74	4.	Jennifer Merschoff (WAG)	4:47.46			
5.	Jessica St Clair (MSM)	10.71	5.	Geraldine McQueen (FDU)	4:49.52			
6.	Amy Pettigrew (MSM)	10.58	6.	Mary Beth Rollins (UMBC)	4:52.15			
7.	Michelle Gawaldo (RMC)	10.56	7.	Michelle Buzon (RMC)	4:54.37			
8.	Zainabu Conteh (FDU)	10.43	8.	Janel Strittmatter (SPPA)	4:58.11			
<b>High Jump</b>			<b>3000 Meters</b>					
1.	Lauren Tomossone (MON)	1.59 m	1.	Geraldine McQueen (FDU)	10:36.75			
2.	Danika Tremba (RMC)	1.54	2.	Roberta Pickens (SPPA)	10:37.63			
	Kristen Hutter (RMC)	1.54	3.	Stephanie Johnson (CCSU)	10:40.42			
4.	Carrie Cimino (UMBC)	1.54	4.	Heather Gardiner (CCSU)	10:47.09			
5.	Kerry Anderson (MON)	1.49	5.	Kate Wallace (SPPA)	10:49.90			
6.	Jessica St Clair (MSM)	1.49	6.	Mary Beth Rollins (UMBC)	10:53.60			
7.	Sabriya Williams (WAG)	1.49	7.	Michelle Buzon (RMC)	10:53.75			
	Angela Lantz (RMC)	1.49	8.	Sarah Wassner (MSM)	10:55.28			
	Amy Pettigrew (MSM)	1.49						
<b>100 Meters</b>			<b>5000 Meters</b>					
1.	Melene Thomas (FDU)	12.14	1.	Geraldine McQueen (FDU)	17:55.45			
2.	Cheryl Coleman (MSM)	12.41	2.	Roberta Pickens (SPPA)	18:02.49			
3.	Stacy Clarke (CCSU)	12.54	3.	Heather Gardiner (CCSU)	18:12.24			
4.	Felicia Henderson (FDU)	12.62	4.	Leah Peiffer (MSM)	18:29.13			
5.	Diane Temple (MON)	12.70	5.	Kate Wallace (SPPA)	18:38.68			
6.	Jaity Tobee (FDU)	13.07	6.	Jen Ecker (UMBC)	18:50.58			
7.	Stephanie Toomer (FDU)	13.14	7.	Madeline Hoos (MON)	19:16.77			
8.	Latoya Washington (CCSU)	13.25	8.	Katie Lerz (CCSU)	19:34.75			

# Women's Outdoor Track & Field

## ALL-TIME CHAMPIONSHIP RESULTS

### 2000 Championship (May 6-7, 2000) Emmitsburg, MD

<b>Shot Put</b>			<b>Distance</b>			<b>Pts.</b>			<b>100 Meters</b>			<b>Time</b>			<b>Pts.</b>			<b>5000 Meters</b>			<b>Time</b>			<b>Pts.</b>																																																																																																											
1.	Cleopatra Borel (UMBC)	13.90 m	10	1.	Stacy Clarke (CCSU)	12.26	10	1.	Katherine Wallace (SFPA)	17:53.94	10	2.	Heather Gardiner (CCSU)	18:02.53	8	2.	Patricia Bernard (WAG)	13.42	8	2.	Adenike Harris (MSM)	12.48	8	3.	Jen Ecker (UMBC)	18:15.23	6	3.	Melissa Dissette (RMC)	13.30	6	3.	Watasha Glasgow (SFNY)	12.54	6	4.	Hannah Benjamin (UMBC)	18:33.11	5	4.	Lacy Johnson (MON)	12.94	5	4.	Camilla Harris (LIU)	12.58	5	5.	Hannah Benjamin (UMBC)	18:33.11	5	5.	Nicole Hollman (SFPA)	12.53	4	5.	Nicola Larmond (CCSU)	12.59	4	5.	Amala Merritt (MON)	18:41.97	4	6.	Laura Buzzard (RMC)	12.22	3	6.	Diane Temple (MON)	12.69	3	6.	Leah Peiffer (MSM)	18:53.67	3	7.	Brandi Blevins (SHU)	11.88	2	7.	LaToya Washington (CCSU)	12.8 (h)	2	7.	Karina Acevedo (WAG)	18:57.40	2	8.	Sonrisa Garcia (LIU)	11.86	1	8.	Crystal Jackson (UMBC)	14.31	1	8.	Sarah Eshelman (SFPA)	19:11.52	1																																
<b>Discus</b>			<b>Distance</b>			<b>Pts.</b>			<b>100 Hurdles</b>			<b>Time</b>			<b>Pts.</b>			<b>10,000 Meters</b>			<b>Time</b>			<b>Pts.</b>																																																																																																											
1.	Vicki Giacone (UMBC)	39.06 m	10	1.	Genita Dickey (RMC)	14.20	10	1.	Jen Ecker (UMBC)	37:24.58	10	2.	Camilla Harris (LIU)	13.98	8	2.	Heather Gardiner (CCSU)	37:36.87	8	2.	Lacy Johnson (MON)	38.98	8	3.	Michelle Higginbottom (MSM)	14.65	6	3.	Katherine Wallace (SFPA)	37:47.02	6	3.	Angelica Iannone (WAG)	38.96	6	4.	Krystal George (RMC)	14.97	5	4.	Amala Merritt (MON)	40:12.74	5	4.	Brandi Blevins (SHU)	38.86	5	5.	Sabriya Williams (WAG)	15.27	4	5.	Sarah Eshelman (SFPA)	40:21.36	4	5.	Patricia Bernard (WAG)	37.24	4	6.	Kemelia Campbell (LIU)	15.37	3	6.	Karina Acevedo (WAG)	40:49.08	3	6.	Daisy Holt (RMC)	36.40	3	7.	Georgette Lewis (LIU)	16.27	2	7.	Suzanne D'Angelo (SHU)	41:06.49	2	7.	Meghann Cavanagh (MSM)	36.36	2	8.	Jessica St Clair (MSM)	17.72	1	8.	Sabrina Kenny (SFNY)	41:27.71	1	8.	Andrea Tirpak (RMC)	36.34	1																																				
<b>Javelin</b>			<b>Distance</b>			<b>Pts.</b>			<b>200 Meters</b>			<b>Time</b>			<b>Pts.</b>			<b>4x100 Meters</b>			<b>Time</b>			<b>Pts.</b>																																																																																																											
1.	Karen Rathfon (SFPA)	38.38 m	10	1.	Michelle Higginbottom (MSM)	25.34	10	1.	Central Connecticut State	47:60	10	2.	Stacy Clarke (CCSU)	25.39	8	2.	Mount St. Mary's	47.71	8	2.	Ashley Foley (MSM)	38.04	8	2.	Orinthia Jones (UMBC)	25.74	6	3.	Robert Morris	48.75	6	3.	Carlin Guarneri (SHU)	35.74	6	3.	Nicola Larmond (CCSU)	25.91	5	3.	Monmouth	48.78	5	4.	Siobhan Towers (SFPA)	35.56	5	4.	Watasha Glasgow (SFNY)	26.14	4	4.	Long Island	49.21	4	5.	Laura Buzzard (RMC)	34.38	4	5.	Nichole Snively (SFPA)	26.30	3	6.	St. Francis (NY)	49.25	3	6.	Michelle Gawaldo (RMC)	33.84	3	6.	Georgette Lewis (LIU)	26.37	2	7.	St. Francis (PA)	49.26	2	7.	Terra Sarnacki-Royer (MON)	28.82	2	7.	Talitha Vickers (MON)	26.84	1	8.	UMBC	49.56	1	8.	Vicki Giacone (UMBC)	28.48	1																																				
<b>Hammer Throw</b>			<b>Distance</b>			<b>Pts.</b>			<b>400 Meters</b>			<b>Time</b>			<b>Pts.</b>			<b>4x400 Meters</b>			<b>Time</b>			<b>Pts.</b>																																																																																																											
1.	Nicole Hollman (SFPA)	55.32 m	10	1.	Orinthia Jones (UMBC)	56.32	10	1.	Long Island	3:51.04	10	2.	Robert Morris	3:54.35	8	2.	Lacy Johnson (MON)	49.74	8	2.	Michelle Higginbottom (MSM)	57.39	8	2.	UMBC	3:55.28	6	3.	Robert Morris	3:55.28	6	3.	Angelica Iannone (WAG)	49.46	6	3.	Brianna Cute (MON)	58.17	6	3.	Mount St. Mary's	3:56.96	5	4.	Lisa Ricciardelli (MON)	44.92	5	4.	Nichole Snively (SFPA)	58.19	5	4.	Monmouth	3:58.98	4	4.	Rebecca Drake (CCSU)	44.72	4	5.	Melanie Snaggs (SFNY)	58.74	4	5.	Monmouth	3:59.08	4	5.	Brandi Blevins (SHU)	43.26	3	6.	Kenya Cameron (RMC)	59.36	3	6.	Central Connecticut State	3:59.00	3	6.	Shannon Knisely (SFPA)	42.46	2	7.	Melanece Moore (UMBC)	59.73	2	7.	St. Francis (PA)	3:59.78	2	7.	Terra Sarnacki-Royer (MON)	42.40	2	8.	Jana Rehkamp (CCSU)	1:01.11	1	8.	St. Francis (NY)	4:01.14	1	8.	Vicki Giacone (UMBC)	42.28	1																								
<b>Pole Vault</b>			<b>Height</b>			<b>Pts.</b>			<b>400 Hurdles</b>			<b>Time</b>			<b>Pts.</b>			<b>4x800 Meters</b>			<b>Time</b>			<b>Pts.</b>																																																																																																											
1.	Jessica Cooper (RMC)	3.38 m	10	1.	Genita Dickey (RMC)	1:00.33	10	1.	Monmouth	9:27.34	10	2.	Long Island	9:33.06	8	2.	Lisa Ricciardelli (MON)	3.00	8	2.	Kemelia Campbell (LIU)	1:00.78	8	2.	Long Island	9:33.06	8	3.	Ashley Foley (MSM)	2.85	6	3.	Patricia Metzger (LIU)	1:03.04	6	3.	Mount St. Mary's	9:33.99	6	3.	Apryle Walko (SFPA)	2.55	5	4.	Georgette Lewis (LIU)	1:06.06	5	3.	St. Francis (PA)	9:39.06	5	4.	Amy Miller (RMC)	2.40	3.5	5.	Nicole Froehlich (MON)	1:07.27	4	4.	St. Francis (PA)	9:39.06	5	5.	Shannon Lindberg (CCSU)	2.40	3.5	6.	Danielle Hayes (MON)	1:09.03	3	5.	UMBC	9:40.06	4	5.	Lauren Tomossone (MON)	2.40	2	7.	Jessica St Clair (MSM)	1:09.49	2	6.	Central Connecticut State	9:48.69	3	6.	Amy Williams (RMC)	2.25	1																																								
<b>Long Jump</b>			<b>Distance</b>			<b>Pts.</b>			<b>800 Meters</b>			<b>Time</b>			<b>Pts.</b>			<b>1500 Meters</b>			<b>Time</b>			<b>Pts.</b>																																																																																																											
1.	Camilla Harris (LIU)	5.74 m	10	1.	Sakinah Patterson (LIU)	2:15.28	10	1.	Taryn Phelps (MON)	4:39.23	10	1.	Taryn Phelps (MON)	4:39.23	10	1.	Talitha Vickers (MON)	11.64 m	10	2.	Terra Sarnacki-Royer (MON)	2:16.35	8	2.	Seejian Metoyu (FDU)	4:44.96	8	2.	Michele Shawah (SHU)	11.52	8	2.	Startisha McNair (UMBC)	2:16.60	6	2.	Michelle Higginbottom (MSM)	5.69	8	3.	Sakinah Patterson (LIU)	4:47.30	6	3.	Fatima Abbas (MSM)	5.65	6	3.	Marquita Hannibal (MON)	2:17.32	5	3.	Fatima Abbas (MSM)	5.65	6	4.	Janel Strittmatter (SFPA)	4:50.63	5	4.	Jessica St Clair (MSM)	5.57	5	4.	Janel Strittmatter (SFPA)	4:50.63	5	4.	Jessica St Clair (MSM)	5.57	5	5.	Mary Beth Rollins (UMBC)	4:51.96	4	5.	Apryle Walko (SFPA)	5.49	4	5.	Mary Beth Rollins (UMBC)	4:51.96	4	5.	Apryle Walko (SFPA)	5.49	4	6.	Kim Heiligman (CCSU)	4:52.47	3	6.	Kemelia Campbell (LIU)	5.48	3	6.	Kim Heiligman (CCSU)	4:52.47	3	6.	Jessica Cooper (RMC)	5.45	2	7.	Jessica Cooper (RMC)	5.45	2	7.	Sara Pinder (SFPA)	4:52.53	2	7.	Jessica Cooper (RMC)	5.45	2	7.	Tammy Pearson (SFPA)	2:21.91	2	8.	Melanece Moore (UMBC)	5.42	1	8.	Sherita Baker (UMBC)	2:25.43	1	8.	Melanece Moore (UMBC)	5.42	1
<b>Triple Jump</b>			<b>Distance</b>			<b>Pts.</b>			<b>3000 Meters</b>			<b>Time</b>			<b>Pts.</b>																																																																																																																				
1.	Talitha Vickers (MON)	11.64 m	10	1.	Katherine Wallace (SFPA)	10:18.87	10	1.	Katherine Wallace (SFPA)	10:18.87	10	1.	Talitha Vickers (MON)	11.64 m	10	2.	Michelle June (MSM)	1.69 m	10	2.	Heather Gardiner (CCSU)	10:32.34	8	2.	Michele Shawah (SHU)	11.52	8	2.	Erin Corna (SFPA)	1.64	8	3.	Hannah Benjamin (UMBC)	10:39.14	6	3.	Fatima Abbas (MSM)	11.45	6	3.	Carla Franklin (MSM)	1.59	6	3.	Heather Stockton (SHU)	10:43.98	5	4.	Melanece Moore (UMBC)	11.34	5	4.	Lauren Tomossone (MON)	1.59	5	4.	Heather Stockton (SHU)	10:43.98	5	4.	Nadege Auguste (CCSU)	11.08	4	5.	Jacqueline Beaulieu (SHU)	1.59	4	5.	Shannon Lindberg (CCSU)	10:48.31	4	5.	Nadege Auguste (CCSU)	11.08	4	6.	Cathy Gombotz (CCSU)	1.59	3	6.	Janel Strittmatter (SFPA)	10:49.45	3	6.	Jessica Cooper (RMC)	10.95	3	6.	Seejian Metoyu (FDU)	10:54.47	2	7.	Jessica Cooper (RMC)	10.95	3	7.	Michelle Buzon (RMC)	11:00.24	1	7.	Kenneath Barnes (RMC)	10.84	2	8.	Michelle Buzon (RMC)	11:00.24	1	8.	Sarah Keenan (SHU)	10.71	1																				
<b>High Jump</b>			<b>Height</b>			<b>Pts.</b>																																																																																																																													
1.	Michelle June (MSM)	1.69 m	10	1.	Michelle June (MSM)	1.69 m	10																																																																																																																												
2.	Erin Corna (SFPA)	1.64	8	2.	Erin Corna (SFPA)	1.64	8																																																																																																																												
3.	Carla Franklin (MSM)	1.59	6	3.	Carla Franklin (MSM)	1.59	6																																																																																																																												
4.	Lauren Tomossone (MON)	1.59	5	4.	Lauren Tomossone (MON)	1.59	5																																																																																																																												
5.	Jacqueline Beaulieu (SHU)	1.59	4	5.	Jacqueline Beaulieu (SHU)	1.59	4																																																																																																																												
6.	Cathy Gombotz (CCSU)	1.59	3	6.	Cathy Gombotz (CCSU)	1.59	3																																																																																																																												
7.	Margaret Vonderosten (SFNY)	1.59	2	7.	Margaret Vonderosten (SFNY)	1.59	2																																																																																																																												
8.	Kenneath Barnes (RMC)	1.59	1	8.	Kenneath Barnes (RMC)	1.59	1																																																																																																																												

# Women's Outdoor Track & Field

## ALL-TIME CHAMPIONSHIP RESULTS

### 2001 Championship (May 5-6, 2001) Baltimore, MD

<b>Shot Put</b>			<b>100 Meters</b>			<b>5000 Meters</b>		
	<b>Distance</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>
1. Cleopatra Borel (UMBC)	16.13 m	10	1. Stacy Clarke (CCSU)	12.62	10	1. Erika Suhy (RMC)	17:40.61	10
2. Melissa Mackel (SFPA)	12.20	8	2. Watasha Glasgow (SFNY)	12.65	8	2. Heather Gardiner (CCSU)	17:45.75	8
3. Laura Buzzard (RMC)	12.20	6	3. Nicola Larmond (CCSU)	12.67	6	3. Shannon Lindberg (CCSU)	17:59.20	6
4. Patricia Bernard (WAG)	12.09	5	4. Nadege Auguste (CCSU)	12.91	5	4. Katherine Winkle (SHU)	18:11.44	5
5. Sonrisa Garcia (LIU)	11.80	4	5. Nichole Snively (SFPA)	12.94	4	5. Jenn Merschoff (WAG)	18:13.18	4
6. Lauren Webb (MON)	11.60	3	6. Latoya Washington (CCSU)	13.06	3	6. Kimberly Crowley (CCSU)	18:22.14	3
7. Meghann Cavanagh (MSM)	11.23	2	7. Adenike Harris (MSM)	13.31	2	7. Fredyla Urena (FDU)	18:26.94	2
8. Karen Rathfon-Brooks (SFPA)	10.89	1				8. Hannah Benjamin (UMBC)	18:33.15	1
<b>Discus</b>			<b>100 High Hurdles</b>			<b>10,000 Meters</b>		
	<b>Distance</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>
1. Patricia Bernard (WAG)	41.80 m	10	1. Cinnamon McMillian (UMBC)	14.57	10	1. Heather Gardiner (CCSU)	37:00.7h	10
2. Laura Buzzard (RMC)	39.02	8	2. Sabriya Williams (WAG)	14.91	8	2. Erika Suhy (RMC)	39:13.7h	8
3. Karen Rathfon-Brooks (SFPA)	38.70	6	3. Patrice Malloy (UMBC)	14.92	6	3. Karina Acevedo (WAG)	39:53.7h	6
4. Kristen Eckert (SHU)	36.32	5	4. Akilah Wallace (SFPA)	15.02	5	4. Amala Merritt (MON)	39:59.4h	5
5. Tara Ferraiuolo (WAG)	36.26	4	5. Georgette Lewis (LIU)	15.24	4	5. Carolyn Robin (QUIN)	40:15.1h	4
6. Tiffany Masuhr (MON)	35.84	3	6. Nicole Froehlich (MON)	15.58	3	6. Sarah Eshelman (SFPA)	40:33.5h	3
7. Kimberly Sima (CCSU)	32.60	2	7. Cara Coppola (WAG)	15.59	2	7. Kim Wolozen (SHU)	40:57.3h	2
8. Meghann Cavanagh (MSM)	32.02	1	8. Krystal George (RMC)	15.67	1	8. Kimberly Almeida (MON)	42:14.5h	1
<b>Javelin</b>			<b>200 Meters</b>			<b>4x100 Meters</b>		
	<b>Distance</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>
1. Alicia Westover (SFPA)	40.16 m	10	1. Nicola Larmond (CCSU)	25.56	10	1. Central Connecticut State	47.70	10
2. Karen Rathfon-Brooks (SFPA)	39.22	8	2. Brianna Cute (MON)	25.83	8	2. Monmouth	48.39	8
3. Tiffany Masuhr (MON)	36.82	6	3. Watasha Glasgow (SFNY)	25.91	6	3. Robert Morris	48.86	6
4. Tara Ferraiuolo (WAG)	34.44	5	4. Destinee McCray (LIU)	25.96	5	4. St. Francis (PA)	49.22	5
5. Laura Buzzard (RMC)	34.10	4	5. Nichole Snively (SFPA)	26.03	4	5. Mount St. Mary's	49.38	4
6. Ashley Foley (MSM)	33.24	3	6. Georgette Lewis (LIU)	26.18	3	6. St. Francis (NY)	50.01	3
7. Siobhan Towers (SFPA)	32.96	2	7. Latoya Washington (CCSU)	26.26	2	7. Wagner	51.12	2
8. Sonya Greaves (CCSU)	32.26	1	8. Talitha Vickers (MON)	27.72	1	8. UMBC	51.34	1
<b>Hammer Throw</b>			<b>400 Meters</b>			<b>4x400 Meters</b>		
	<b>Distance</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>
1. Cleopatra Borel (UMBC)	51.28 m	10	1. Brianna Cute (MON)	56.86	10	1. Long Island	3:51.37	10
2. Lauren Webb (MON)	46.08	8	2. Destinee McCray (LIU)	57.24	8	2. Central Connecticut State	3:52.88	8
3. Lisa Ricciardelli (MON)	43.46	6	3. Jana Rehkamp (CCSU)	57.66	6	3. Robert Morris	3:54.76	6
4. Rebecca Drake (CCSU)	43.08	5	4. Jessica Pratt (MON)	59.48	5	3. Robert Morris	3:54.76	6
5. Tiffany Masuhr (MON)	38.44	4	5. Melanee Moore (UMBC)	59.50	4	4. Monmouth	3:58.5	5
6. Meghann Cavanagh (MSM)	38.28	3	6. Nneka London (SFNY)	59.75	3	5. UMBC	3:59.54	4
7. Daisy Holt (RMC)	38.12	2	7. Carolee Clarke (SFPA)	59.88	2	6. St. Francis (PA)	4:00.18	3
8. Megan Lipari (MSM)	36.14	1	8. Talitha Vickers (MON)	1:00.34	1	7. St. Francis (NY)	4:02.86	2
						8. Mount St. Mary's	4:03.77	1
<b>Pole Vault</b>			<b>400 Int. Hurdles</b>			<b>4x800 Meters</b>		
	<b>Height</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>
1. Jessica Cooper (RMC)	3.25 m	10	1. Georgette Lewis (LIU)	1:02.15	10	1. Monmouth	9:24.4h	10
2. Ashley Foley (MSM)	3.15	8	2. Kemeia Campbell (LIU)	1:02.74	8	2. Central Connecticut State	9:25.8h	8
3. Lisa Ricciardelli (MON)	2.95	6	3. Patricia Metzger (LIU)	1:04.08	6	3. Wagner	9:30.3h	6
4. Melanie Loughlin (SFPA)	2.85	5	4. Elena Roberts (SFPA)	1:04.71	5	4. UMBC	9:33.1h	5
5. Erin Walczak (SFPA)	2.85	4	5. Brianna O'Driscoll (SFPA)	1:05.35	4	5. Sacred Heart	9:35.2h	4
6. Sonya Greaves (CCSU)	2.85	3	6. Jenn Dircks (MON)	1:07.11	3	6. St. Francis (PA)	9:39.4h	3
7. Angela Webb (MON)	2.65	2	7. Julie Woloshin (RMC)	1:08.99	2	7. Long Island	9:43.6h	2
8. Alia Pimpinella (MON)	2.50	1	8. Nicole Froehlich (MON)	1:10.38	1	8. Robert Morris	9:54.0h	1
<b>Long Jump</b>			<b>800 Meters</b>			<b>1500 Meters</b>		
	<b>Distance</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>
1. Nicole Armfield (SFPA)	5.68 m	10	1. Taryn Phelps (MON)	2:12.74	10	1. Taryn Phelps (MON)	4:44.96	10
2. Fatima Abbas (MSM)	5.50	8	2. Sherita Baker (UMBC)	2:13.32	8	2. Seeyan Metoyu (FDU)	4:45.73	8
3. Nicole Dumpson (CCSU)	5.44	6	3. Ohita Asein (UMBC)	2:14.02	6	3. Ohita Asein (UMBC)	4:46.75	6
4. Melanee Moore (UMBC)	5.40	5	4. Sara Tasber (SHU)	2:14.68	5	4. Sara Pinder (SFPA)	4:48.11	5
5. Maudelyn Debrosse (LIU)	5.39	4	5. Marquita Hannibal (MON)	2:18.42	4	5. Michelle Rafeedie (MSM)	4:49.36	4
6. Nicola Larmond (CCSU)	5.36	3	6. Jamie Gasbarro (RMC)	2:18.74	3	6. Elizabeth Pile (SFPA)	4:51.92	3
7. Ashley Foley (MSM)	5.27	2	7. Sakinah Patterson (LIU)	2:18.93	2	7. Janel Strittmatter (SFPA)	4:52.48	2
8. Apryle Walko (SFPA)	5.25	1	8. Tammy Pearson (SFPA)	2:21.94	1	8. Kati Panasuk (QUIN)	4:53.07	1
<b>Triple Jump</b>			<b>3000 Steeplechase</b>					
	<b>Distance</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>
1. Fatima Abbas (MSM)	11.60 m	10	1. Amala Merritt (MON)	11:15.08	10			
2. Talitha Vickers (MON)	11.45	8	2. Shannon Lindberg (CCSU)	11:19.83	8			
3. Melanee Moore (UMBC)	11.26	6	3. Heather Stockton (SHU)	11:39.05	6			
4. Michele Shawah (SHU)	11.18	5	4. Hannah Benjamin (UMBC)	11:51.48	5			
5. Nicole Armfield (SFPA)	10.98	4	5. Leanne Haslbeck (MSM)	12:17.87	4			
6. Nadege Auguste (CCSU)	10.91	3	6. Patricia Goodreau (SHU)	12:19.73	3			
7. Michele Gawaldo (RMC)	10.81	2	7. Kristin Hutter (RMC)	12:24.01	2			
8. Sarah Keenan (SHU)	10.73	1	8. Kelly Reap (SFPA)	12:49.92	1			
<b>High Jump</b>								
	<b>Height</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>
1. Lindsey Stefan (SFPA)	1.66 m	10						
2. Jewonda Bright (MON)	1.61	8						
3. Michelle June (MSM)	1.61	6						
4. Carla Franklin (MSM)	1.56	4.5						
5. Cathy Gombotz (CCSU)	1.56	4.5						
6. Carrie Cimino (UMBC)	1.56	3						
7. Erica Sullivan (SHU)	1.51	2						
8. Cara Coppola (WAG)	1.51	.5						
Margaret VonDer Osten (SFNY)	1.51	.5						

# Women's Outdoor Track & Field

## ALL-TIME CHAMPIONSHIP RESULTS

### 2002 Championship (May 4-5, 2002) Emmitsburg, MD

<b>Shot Put</b>			<b>Distance</b>			<b>Pts.</b>			<b>100 Meters</b>			<b>Time</b>			<b>Pts.</b>			<b>5000 Meters</b>			<b>Time</b>			<b>Pts.</b>																																																																																							
1.	Somrisa Garcia (LIU)	13.63 m	10	1.	Rea Tobitt (LIU)	12.19	10	1.	Everlyn Cheptoo (FDU)	17:35.12	10	2.	Dana White (FDU)	13.48	8	2.	Nicola Larmond (CCSU)	12.24	8	2.	Karina Acevedo (WAG)	18:04.72	8	3.	Melissa Mackel (SFPA)	12.70	6	3.	Wataasha Glasgow (SFNY)	12.30	6	3.	Hannah Benjamin (UMBC)	18:11.41	6	4.	Halie Kennie (SHU)	12.60	5	4.	Nadege Auguste (CCSU)	12.61	5	4.	Katherine Wrinkle (SHU)	18:26.11	5	5.	Katrina Hansen (MON)	12.40	4	5.	Chioma Ukpai (LIU)	12.64	4	5.	Kim Wolozen (MON)	18:29.58	4	6.	Tara Ferraiuolo (WAG)	12.16	3	6.	Akaliah Wallace (SFPA)	12.68	3	6.	Beth Pile (SFPA)	18:34.44	3	7.	Nicole Downing (RMU)	12.09	2	7.	Jessica Kelly (CCSU)	12.73	2	7.	Laura Beach (SFPA)	18:34.56	2	8.	Katie Pachuta (MON)	11.72	1	8.	Clair Perry (SFNY)	12.98	1	8.	Kelly Reap (SFPA)	18:51.42	1																
<b>Discus</b>			<b>Distance</b>			<b>Pts.</b>			<b>100 Hurdles</b>			<b>Time</b>			<b>Pts.</b>			<b>10,000 Meters</b>			<b>Time</b>			<b>Pts.</b>																																																																																							
1.	Katie Pachuta (MON)	38.33 m	10	1.	Akaliah Wallace (SFPA)	14.32	10	1.	Everlyn Cheptoo (FDU)	36:30.56	10	2.	Nicole Downing (RMU)	17.38	8	2.	Hannah Benjamin (UMBC)	37:15.61	8	2.	Nicola Larmond (CCSU)	14.32	10	2.	Karina Acevedo (WAG)	37:19.11	6	3.	Kate Lyon (MON)	36.97	6	3.	Chioma Ukpai (LIU)	14.45	6	3.	Jennifer Ecker (UMBC)	37:19.11	6	4.	Tara Ferraiuolo (WAG)	36.85	5	4.	Camilla Harris (LIU)	14.84	5	4.	Karina Acevedo (WAG)	37:36.64	5	5.	Kristin Eckert (SHU)	36.00	4	5.	Melanie Porterfield (FDU)	14.85	4	5.	Carolyn Robin (QU)	38:29.31	4	6.	Amy Roger (UMBC)	35.94	3	6.	Alesia Hovatter (UMBC)	14.95	3	6.	Beth Pile (SFPA)	38:35.35	3	7.	Katrina Hansen (MON)	35.29	2	7.	Fatumatu Abbas (MSM)	15.58	2	7.	Tracey Molnar (SFPA)	38:41.35	2	8.	Halie Kennie (SHU)	33.17	1	8.	Georgette Lewis (LIU)	15.63	1	8.	Janel Strittmatter (SFPA)	38:59.66	1												
<b>Javelin</b>			<b>Distance</b>			<b>Pts.</b>			<b>200 Meters</b>			<b>Time</b>			<b>Pts.</b>			<b>4x100 Meters</b>			<b>Time</b>			<b>Pts.</b>																																																																																							
1.	Tiffany Masuhr (MON)	42.14 m	10	1.	Rea Tobitt (LIU)	25.11	10	1.	Long Island	47.62	10	2.	Tara Ferraiuolo (WAG)	41.03	8	2.	Nicola Larmond (CCSU)	25.35	8	2.	Central Connecticut State	48.33	8	3.	Alicia Westover (SFPA)	40.69	6	3.	Destinee McCray (LIU)	25.55	6	3.	Monmouth	48.45	6	4.	Nicole Downing (RMU)	39.47	5	4.	Mary Robinson (UMBC)	25.59	5	4.	St. Francis (PA)	48.92	5	5.	Cassidy Yeager (SFPA)	38.60	4	5.	Suraya Kornegay (MON)	25.71	4	5.	Fairleigh Dickinson	49.27	4	6.	Melissa Mackel (SFPA)	37.79	3	6.	Crystal Jackson (UMBC)	25.96	3	6.	Mount St. Mary's	49.91	3	7.	Abbey Noll (MSM)	34.67	2	7.	Danielle Lyons (MON)	26.02	2	7.	St. Francis (NY)	49.98	2	8.	Siobhan Towers (SFPA)	34.55	1	8.	Chioma Ukpai (LIU)	26.44	1	8.	Wagner	50.40	1																
<b>Hammer Throw</b>			<b>Distance</b>			<b>Pts.</b>			<b>400 Meters</b>			<b>Time</b>			<b>Pts.</b>			<b>4x400 Meters</b>			<b>Time</b>			<b>Pts.</b>																																																																																							
1.	Lisa Ricciardelli (MON)	48.93 m	10	1.	Suraya Kornegay (MON)	55.47	10	1.	Monmouth	3:46.55	10	2.	Rebecca Drake (CCSU)	47.59	8	2.	Destinee McCray (LIU)	56.39	8	2.	Long Island	3:48.26	8	3.	Lauren Webb (MON)	46.82	6	3.	Talitha Vickers (MON)	57.26	6	3.	UMBC	3:50.13	6	4.	Kristin Eckert (SHU)	46.18	5	4.	Missy Saharic (MON)	57.52	5	4.	Central Connecticut State	3:55.13	5	5.	Nicole Froehlich (MON)	44.94	4	5.	Colleen Rankine (CCSU)	57.95	4	5.	St. Francis (PA)	3:56.90	4	6.	Nicole Downing (RMU)	44.25	3	6.	Brianna Cute (MON)	58.11	3	6.	Mount St. Mary's	3:57.07	3	7.	Melissa Mackel (SFPA)	43.43	2	7.	N'Kelle Anderson (LIU)	58.48	2	7.	Sacred Heart	4:00.48	2	8.	Tiffany Masuhr (MON)	41.83	1	8.	Nicole Barbante (MON)	59.37	1	8.	Mount St. Mary's	4:01.20	1																
<b>Pole Vault</b>			<b>Height</b>			<b>Pts.</b>			<b>400 Hurdles</b>			<b>Time</b>			<b>Pts.</b>			<b>4x800 Meters</b>			<b>Time</b>			<b>Pts.</b>																																																																																							
1.	Lisa Ricciardelli (MON)	3.45 m	10	1.	Georgette Lewis (LIU)	1:01.63	10	1.	UMBC	9:20.15	10	2.	Erin Walzack (SFPA)	3.35	8	2.	Kemelia Campbell (LIU)	1:02.81	8	2.	Sacred Heart	9:29.34	8	3.	Melanie Loughlin (SFPA)	3.25	6	3.	Melanie Porterfield (FDU)	1:03.01	6	3.	Monmouth	9:34.10	6	4.	Ashley Swope (MSM)	3.05	5	4.	Krystal George (RMU)	1:03.54	5	4.	Fairleigh Dickinson	9:45.37	5	5.	Krystyn Kozlowski (RMU)	2.95	4	5.	Adenah Sledge (MSM)	1:05.23	4	5.	St. Francis (PA)	9:47.13	4	6.	Julie Griffith (MSM)	2.75	3	6.	Elena Roberts (SFPA)	1:06.46	3	6.	Wagner	9:49.63	3	7.	Amy Williams (RMU)	2.65	2	7.	Alia Pimpinella (MON)	1:07.21	2	7.	Mount St. Mary's	10:05.49	2	8.	Christine Giblin (SHU)	2.65	1	8.	Laura Dogery (WAG)	1:09.15	1																				
<b>Long Jump</b>			<b>Distance</b>			<b>Pts.</b>			<b>800 Meters</b>			<b>Time</b>			<b>Pts.</b>																																																																																																
1.	Camilla Harris (LIU)	5.70 m	10	1.	Ohita Asein (UMBC)	2:13.50	10	1.	Ohita Asein (UMBC)	2:13.50	10	2.	Erin Walzack (SFPA)	5.58	8	2.	Yasmin Fields (UMBC)	2:13.82	8	2.	Kemelia Campbell (LIU)	5.58	8	3.	Jamie Gasbarro (RMU)	2:17.11	6	3.	Melanie Porterfield (FDU)	1:03.01	6	3.	Melanie Loughlin (SFPA)	5.50	6	4.	La'Kel Chester (MON)	2:17.13	5	4.	Krystal George (RMU)	2:17.49	4	4.	Kemelia Campbell (LIU)	5.43	5	5.	Kerry McKinney (RMU)	2:17.49	4	5.	Brianna Palazzi (SFPA)	5.34	4	6.	Michelle Rafedie (MSM)	2:18.63	3	6.	Alia Pimpinella (MON)	2:19.85	2	6.	Calicia Burke (FDU)	5.33	3	7.	Sara Tasber (SHU)	2:19.85	2	7.	LaToya Thompson (MON)	5.32	2	8.	Marquita Hannibal (MON)	2:21.76	1	8.	Tia Wright (FDU)	5.31	1																												
<b>Triple Jump</b>			<b>Distance</b>			<b>Pts.</b>			<b>1500 Meters</b>			<b>Time</b>			<b>Pts.</b>																																																																																																
1.	Camilla Harris (LIU)	12.29 m	10	1.	Kelly Reap (SFPA)	4:42.25	10	1.	Kelly Reap (SFPA)	4:42.25	10	2.	Tara Ferraiuolo (WAG)	12.01	8	2.	Cara Wetlaufer (UMBC)	4:43.95	8	2.	Fatumatu Abbas (MSM)	11.67	6	3.	Devon Moran (MSM)	4:44.40	6	3.	Talitha Vickers (MON)	11.67	6	3.	Devon Moran (MSM)	4:44.40	6	4.	Brianna Palazzi (SFPA)	11.53	5	4.	Ohita Asein (UMBC)	4:47.67	5	4.	Nicole Downing (RMU)	11.53	5	5.	Sherita Baker (UMBC)	4:49.38	4	5.	Destiny Morris (FDU)	11.21	4	5.	Katrina Panasuk (QU)	4:50.49	3	5.	Destiny Morris (FDU)	11.21	4	6.	Erin Doak (QU)	4:51.08	2	6.	N'Kelle Anderson (LIU)	11.20	3	6.	Laura Beach (SFPA)	4:54.12	1	7.	Tia Wright (FDU)	11.00	2	7.	Laura Beach (SFPA)	4:54.12	1	7.	Tia Wright (FDU)	11.00	2	8.	Erica Sullivan (SHU)	10.99	1																				
<b>High Jump</b>			<b>Height</b>			<b>Pts.</b>			<b>3000 Steeplechase</b>			<b>Time</b>			<b>Pts.</b>																																																																																																
1.	Lindsey Stefan (SFPA)	1.73 m	10	1.	Katherine Wrinkle (SHU)	11:13.63	10	1.	Katherine Wrinkle (SHU)	11:13.63	10	2.	Tracee Murren (SFNY)	1.64	8	2.	Bridget Campbell (SFPA)	11:37.46	8	2.	Tracee Murren (SFNY)	1.64	8	3.	Carolyn Robin (QU)	11:45.41	6	3.	Fatumatu Abbas (MSM)	1.64	6	3.	Carolyn Robin (QU)	11:45.41	6	3.	Fatumatu Abbas (MSM)	1.64	6	4.	Fredyla Urena (FDU)	11:49.97	5	4.	Kim Duke (SFPA)	1.59	5	4.	Fredyla Urena (FDU)	11:49.97	5	4.	Kim Duke (SFPA)	1.59	5	5.	Rachael Knous (WAG)	12:02.15	4	5.	Siobhan Fogarty (SHU)	1.59	4	5.	Rachael Knous (WAG)	12:02.15	4	5.	Siobhan Fogarty (SHU)	1.59	4	6.	Erica Sullivan (SHU)	1.59	3	6.	Elizabeth Kaba (WAG)	12:13.42	3	6.	Erica Sullivan (SHU)	1.59	3	7.	Leanne Haslbeck (MSM)	12:25.25	2	7.	Taneesha Harris (LIU)	1.54	1.5	7.	Leanne Haslbeck (MSM)	12:25.25	2	7.	Taneesha Harris (LIU)	1.54	1.5	8.	Margaret Von der Osten (SFNY)	1.54	1.5	8.	Kara Frankhouser (SFPA)	12:31.17	1	8.	Margaret Von der Osten (SFNY)	1.54	1.5

# Women's Outdoor Track & Field

## ALL-TIME CHAMPIONSHIP RESULTS

### 2003 Championship (May 3-4, 2003) Baltimore, MD

<b>Shot Put</b>			<b>100 Meters</b>			<b>5000 Meters</b>		
Rank	Name (School)	Distance	Rank	Name (School)	Time	Rank	Name (School)	Time
1.	Cylerli Ash (SFPA)	13.46 m	1.	Danielle Lyons (MON)	11.97	1.	Everlyne Cheptoo (FDU)	17:52.42
2.	Dana White (FDU)	13.21	2.	Jessica Kelly (CCSU)	12.01	2.	Stefanie Thomas (UMBC)	18:01.11
3.	Katrina Hansen (MON)	12.97	3.	Rea Tobitt (LIU)	12.18	3.	Katie Wrinkle (SHU)	18:10.85
4.	Sonrisa Garcia (LIU)	12.62	4.	Camilla Harris (LIU)	12.19	4.	Tara Losito (MON)	18:21.40
5.	Nicole Downing (RMU)	12.36	5.	Erika Goodwine (CCSU)	12.22	5.	Kari McCarty (MSM)	18:28.17
6.	Melissa Mackel (SFPA)	12.26	6.	Chioma Ukpai (LIU)	12.26	6.	Brittany McCann (MSM)	18:33.11
7.	Halie Kennie (SHU)	12.20	7.	Nicola Larmond (CCSU)	12.29	7.	Kim Wolozen (MON)	18:39.18
8.	Katie Fisher (RMU)	12.14	8.	Zekara Riggsbee (MON)	12.51	8.	Kristin Wallace (MON)	18:46.66

  

<b>Discus</b>			<b>100 High Hurdles</b>			<b>10,000 Meters</b>		
Rank	Name (School)	Distance	Rank	Name (School)	Time	Rank	Name (School)	Time
1.	Cylerli Ash (SFPA)	45.11 m	1.	Camilla Harris (LIU)	14.10	1.	Everlyne Cheptoo (FDU)	37:01.78
2.	Nicole Downing (RMU)	44.09	2.	Krystal George (RMU)	14.37	2.	Stefanie Thomas (UMBC)	37:27.95
3.	Tara Ferraiuolo (WAG)	43.40	3.	Chioma Ukpai (LIU)	14.53	3.	Carolyn Robin (QU)	38:28.23
4.	Stephanie Eder (WAG)	42.80	4.	Zekara Riggsbee (MON)	14.66	4.	Kim Wolozen (MON)	38:30.55
5.	Katih Pachuta (MON)	41.77	5.	Akilah Wallace (SFPA)	14.73	5.	Rachael Knous (WAG)	39:13.13
6.	Katie Selby (RMU)	40.04	6.	Alessia Hovatter (UMBC)	14.89	6.	Laura Beach (SFPA)	39:50.51
7.	Courtney Lenart (RMU)	39.77	7.	Danielle Watson (LIU)	15.28	7.	Kristina Plourde (SHU)	39:55.23
8.	Kristin Eckert (SHU)	39.32	8.	Nicole Armfield (SFPA)	15.59	8.	Suzanne Neglia (SHU)	40:19.31

  

<b>Javelin</b>			<b>200 Meters</b>			<b>4x100 Meters</b>		
Rank	Name (School)	Distance	Rank	Name (School)	Time	Rank	Name (School)	Time
1.	Alicia Westover (SFPA)	42.95 m	1.	Danielle Lyons (CCSU)	24.55	1.	Central Connecticut State	47.16
2.	Melissa Mackel (SFPA)	41.18	2.	Rea Tobitt (LIU)	25.12	2.	Long Island	47.31
3.	Courtney Lenart (RMU)	40.56	3.	Destinee McCray (LIU)	25.38	3.	Monmouth	47.45
4.	Nicole Downing (RMU)	40.26	4.	Jessica Kelly (CCSU)	25.43	4.	St. Francis (PA)	48.76
5.	Tara Ferraiuolo (WAG)	38.22	5.	Erika Goodwine (CCSU)	25.62	5.	Robert Morris	49.38
6.	Ashley Ferra (CCSU)	35.78	6.	Suraya Kornegay (MON)	25.66	6.	Mount St. Mary's	49.78
7.	Fallow Daniels (WAG)	34.16	7.	Toria Williams (MON)	25.67	7.	Sacred Heart	50.46
8.	Meghan Walsh (MSM)	33.52	8.	Chioma Ukpai (LIU)	25.98	8.	Fairleigh Dickinson	50.72

  

<b>Hammer Throw</b>			<b>400 Meters</b>			<b>4x400 Meters</b>		
Rank	Name (School)	Distance	Rank	Name (School)	Time	Rank	Name (School)	Time
1.	Nicole Downing (RMU)	49.92 m	1.	Destinee McCray (LIU)	55.76	1.	Monmouth	3:47.08
2.	Kristin Eckert (SHU)	48.58	2.	Toria Williams (MON)	56.26	2.	Long Island	3:48.50
3.	Melissa Mackel (SFPA)	46.61	3.	Suraya Kornegay (MON)	56.58	3.	UMBC	3:50.28
4.	Katie Fisher (RMU)	44.85	4.	N'Kelle Anderson (LIU)	57.59	4.	Central Connecticut State	3:52.50
5.	Stephanie Eder (WAG)	41.67	5.	Nicole Barbante (MON)	59.07	5.	St. Francis (PA)	3:55.34
6.	Nicole Froehlich (MON)	40.62	6.	Crystal Jackson (UMBC)	59.25	6.	Robert Morris	3:56.14
7.	Cylerli Ash (SFPA)	40.21	7.	Missy Saharic (MON)	59.74	7.	Sacred Heart	3:58.23
8.	Tara Ferraiuolo (WAG)	40.16	8.	Brianna Cute (MON)	1:04.21	8.	Wagner	4:04.49

  

<b>Pole Vault</b>			<b>400 Int. Hurdles</b>			<b>4x800 Meters</b>		
Rank	Name (School)	Height	Rank	Name (School)	Time	Rank	Name (School)	Time
1.	Erin Walczak (SFPA)	3.66 m	1.	Nicole Dumpson (CCSU)	59.95	1.	UMBC	9:11.78
2.	Melanie Loughlin (SFPA)	3.35	2.	Kemelia Campbell (LIU)	1:01.62	2.	Monmouth	9:30.26
3.	Meghan Walsh (MSM)	3.20	3.	Frances Bundy (SHU)	1:02.20	3.	Central Connecticut State	9:32.79
4.	Ashley Swope (MSM)	3.20	4.	Elena Roberts (SFPA)	1:02.87	4.	Wagner	9:38.99
5.	Darcy Thompson (RMU)	3.05	5.	Patricia Metzger (LIU)	1:04.17	5.	Sacred Heart	9:40.38
6.	Hannah Wolfe (SFPA)	3.05	6.	Caitlin Graham (MON)	1:05.18	6.	St. Francis (PA)	9:59.90
7.	Anita Lauver (UMBC)	3.05	7.	Alia Pimpinella (MON)	1:05.24	7.	Mount St. Mary's	10:00.09
8.	Katie Koenig (SFPA)	3.05	8.	Missy Saharic (MON)	1:16.71	8.	Quinnipiac	10:14.09

  

<b>Long Jump</b>			<b>800 Meters</b>		
Rank	Name (School)	Distance	Rank	Name (School)	Time
1.	Camilla Harris (LIU)	5.78 m	1.	Ohita Asein (UMBC)	2:11.34
2.	Suzanne Montecalvo (RMU)	5.56	2.	Jaimie Smith (LIU)	2:14.99
3.	Tyishua Johnson (UMBC)	5.55	3.	Sara Tasber (SHU)	2:15.35
4.	N'Kelle Anderson (LIU)	5.50	4.	La'Kel Chester (MON)	2:15.96
5.	Tracie Clair (SFPA)	5.48	5.	Marcella Hughes (SFPA)	2:16.14
6.	Tia Wright (FDU)	5.41	6.	Sherita Baker (UMBC)	2:16.80
7.	Jessica Kelly (CCSU)	5.40	7.	Yasmin Fields (UMBC)	2:17.83
8.	Fatumatu Abbas (MSM)	5.33	8.	Kerry McKinney (RMU)	2:19.50

  

<b>Triple Jump</b>			<b>1500 Meters</b>		
Rank	Name (School)	Distance	Rank	Name (School)	Time
1.	Nicole Armfield (SFPA)	11.81 m	1.	Ohita Asein (UMBC)	4:45.66
2.	Camilla Harris (LIU)	11.80	2.	Kari McCarty (MSM)	4:46.79
3.	Nicole Dumpson (CCSU)	11.57	3.	Cara Wettlaufer (UMBC)	4:47.41
4.	Tyishua Johnson (UMBC)	11.37	4.	Tara Losito (MON)	4:53.26
5.	Tia Wright (FDU)	11.29	5.	Kristin Wallace (MON)	4:54.26
6.	N'Kelle Anderson (LIU)	11.25	6.	Kimberly Crowley (CCSU)	4:56.84
7.	Nakia Serrant (LIU)	11.19	7.	Fredyla Urena (FDU)	4:59.03
8.	Fatumatu Abbas (MSM)	11.13	8.	Erin Landon (CCSU)	4:59.06

  

<b>High Jump</b>			<b>3000 Steeplechase</b>		
Rank	Name (School)	Height	Rank	Name (School)	Time
1.	Lindsey Stefan (SFPA)	1.70 m	1.	Katie Wrinkle (SHU)	11:03.47
2.	Michele Roth (RMU)	1.64	2.	Fredyla Urena (FDU)	11:32.84
3.	Ericka Frazee (RMU)	1.59	3.	Elizabeth Kaba (WAG)	11:36.14
4.	Dana White (FDU)	1.59	4.	Danielle Green (QU)	11:45.26
5.	Katrina Nathaniel (UMBC)	1.59	5.	Carolyn Robin (QU)	11:48.72
6.	Kim Duke (SFPA)	1.59	6.	Bridget Campbell (SFPA)	11:56.11
7.	Tracee Murren (SFNY)	1.59	7.	Shannon Lindberg (CCSU)	11:59.65
8.	Fatumatu Abbas (MSM)	1.54	8.	Kara Frankhouser (SFPA)	12:29.74
	Meghan Walsh (MSM)	1.54			
	Tiffany Alford (WAG)	1.54			

# Women's Outdoor Track & Field

## ALL-TIME CHAMPIONSHIP RESULTS

### 2004 Championship (May 1-2, 2004) Emmitsburg, MD

<b>Shot Put</b>			<b>100 Meters</b>			<b>5000 Meters</b>					
1.	Brianne Carmichael (FDU)	14.30 m	10	1.	Roseann Hamilton (FDU)	12.28	10	1.	Katie Wrinkle (SHU)	18:04.75	10
2.	Melissa Mackel (SFPA)	13.17	8	2.	Rea Tobitt (LIU)	12.37	8	2.	Taryn Gibson (SFPA)	18:19.80	8
3.	Nicole Downing (RMU)	13.05	6	3.	Jessica Kelley (CCSU)	12.45	6	3.	Kristin Wallace (MON)	18:29.85	6
4.	Diane Gmitter (SFPA)	12.89	5	4.	Shannon Norris (MSM)	12.49	5	4.	Katrina Alexander (MON)	18:39.30	5
5.	Katrina Hansen (MON)	12.52	4	5.	Chioma Ukpai (LIU)	12.53	4	5.	Suzanne Neglia (SHU)	18:40.35	4
6.	Katie Fisher (RMU)	12.39	3	6.	Destinee McCray (LIU)	12.54	3	6.	Carolyn Robin (QUIN)	18:45.06	3
7.	Nina Victorin (MSM)	12.33	2	7.	Ashley Huffman (MON)	12.62	2	7.	Whitney Schnarr (SFPA)	18:50.77	2
8.	Katie Pachuta (MON)	12.07	1	8.	Clair Perry (SFNY)	12.64	1	8.	Brittany McCann (MSM)	18:57.66	1
<b>Discus</b>			<b>100 High Hurdles</b>			<b>10,000 Meters</b>					
1.	Nicole Downing (RMU)	41.24 m	10	1.	Chioma Ukpai (LIU)	14.23	10	1.	Carolyn Robin (QUIN)	39:22.54	10
2.	Stephanie Eder (WAG)	39.21	8	2.	Zekara Riggsbee (MON)	14.30	8	2.	Taryn Gibson (SFPA)	39:35.65	8
3.	Courtney Lenart (RMU)	39.17	6	3.	Ashley Huffman (MON)	14.55	6	3.	Suzanne Neglia (SHU)	39:47.00	6
4.	Christina Roadman (RMU)	35.50	5	4.	Denise Tetkowski (MSM)	15.65	5	4.	Sarah Defreitas (QUIN)	40:02.93	5
5.	Katie Selby (RMU)	35.24	4	5.	Ashaley Davis (RMU)	15.73	4	5.	Janna Pisani (SHU)	40:59.33	4
6.	Tara Ferraiuolo (WAG)	35.21	3	6.	Alia Pimpinella (MON)	16.02	3	6.	Christin Mullen (SFNY)	41:24.13	3
7.	Amanda Klingensmith (SFPA)	35.17	2	7.	Brittany Humphress (RMU)	16.02	2	7.	Erin Guinther (MON)	41:24.78	2
8.	Kristin Eckert (SHU)	34.79	1					8.	Alicia Welsh (WAG)	41:54.66	1
<b>Javelin</b>			<b>200 Meters</b>			<b>4x100 Meters</b>					
1.	Courtney Lenart (RMU)	45.13	10	1.	Renay McPherson (FDU)	25.62	10	1.	Monmouth	47.70	10
2.	Alicia Westover (SFPA)	43.13	8	2.	Rea Tobitt (LIU)	25.88	8	2.	Long Island	47.76	8
3.	Nicole Downing (RMU)	42.99	6	3.	Nicole Barbante (MON)	26.05	6	3.	Fairleigh Dickinson	48.14	6
4.	Stephanie Kuhn (RMU)	41.25	5	4.	Shannon Norris (MSM)	26.08	5	4.	Mount St. Mary's	48.46	5
5.	Christina Roadman (RMU)	40.66	4	5.	Jessica Kelley (CCSU)	26.10	4	5.	St. Francis (NY)	49.00	4
6.	Fallon Daniels (MSM)	40.30	3	6.	N'Kelle Anderson (LIU)	26.11	3	6.	Sacred Heart	50.08	3
7.	Tara Ferraiuolo (WAG)	39.45	2	7.	Chioma Ukpai (LIU)	26.45	2	7.	Robert Morris	50.29	2
8.	Melissa Mackel (SFPA)	38.21	1	8.	Toria Williams (MON)	27.33	1	8.	St. Francis (PA)	50.80	1
<b>Hammer Throw</b>			<b>400 Meters</b>			<b>4x400 Meters</b>					
1.	Nicole Downing (RMU)	55.17 m	10	1.	Renay McPherson (FDU)	55.71	10	1.	Monmouth	3:50.16	10
2.	Katie Pachuta (MON)	50.07	8	2.	Suraya Kornegay (MON)	55.94	8	2.	Long Island	3:53.98	8
3.	Melissa Mackel (SFPA)	49.12	6	3.	Nicole Barbante (MON)	56.61	6	3.	Mount St. Mary's	3:58.33	6
4.	Katie Fisher (RMU)	48.48	5	4.	Toria Williams (MON)	57.31	5	4.	Fairleigh Dickinson	3:59.36	5
5.	Tara Ferraiuolo (WAG)	45.24	4	5.	N'Kelle Anderson (LIU)	57.41	4	5.	St. Francis (NY)	3:59.75	4
6.	Brianne Carmichael (FDU)	41.60	3	6.	Naderia Monteith (FDU)	58.34	3	6.	Robert Morris	4:00.68	3
7.	Kate Lyon (MON)	40.82	2	7.	Marcella Hughes (SFPA)	58.37	2	7.	St. Francis (PA)	4:02.89	2
8.	Amanda Klingensmith (SFPA)	39.92	1	8.	Melissa Chery (FDU)	59.21	1	8.	Sacred Heart	4:04.92	1
<b>Pole Vault</b>			<b>400 Int. Hurdles</b>			<b>4x800 Meters</b>					
1.	Melanie Loughlin (SFPA)	3.30 m	10	1.	Latasha Dickson (MON)	1:03.20	10	1.	Sacred Heart	9:30.94	10
2.	Darcy Thompson (RMU)	3.10	8	2.	Morgan Gantt (LIU)	1:03.86	8	2.	Quinnipiac	9:39.59	8
3.	Ashley Swope (MSM)	2.90	6	3.	Alia Pimpinella (MON)	1:04.85	6	3.	Monmouth	9:42.26	6
4.	Andrea Genesi (SFPA)	2.90	5	4.	Lauren Torelli (MON)	1:05.77	5	4.	St. Francis (PA)	9:48.03	5
5.	Katie Dirkes (MON)	2.75	4	5.	Frances Bundy (SHU)	1:06.00	4	5.	Long Island	9:55.54	4
6.	Melissa Isolda (MON)	2.75	3	6.	Elena Roberts (SFPA)	1:06.41	3	6.	Wagner	9:56.12	3
7.	Brittany Crum (SFPA)	2.75	2	7.	Asha Arnett (MON)	1:06.86	2	7.	Mount St. Mary's	10:10.92	2
8.	Kayla Miller (MSM)	2.75	.33	8.	Noemie Wilson (WAG)	1:06.92	1	8.	Central Connecticut State	10:27.87	1
	Anne Duffy (SHU)	2.75	.33								
	Erica Crockett (MSM)	2.75	.33								
<b>Long Jump</b>			<b>800 Meters</b>			<b>1500 Meters</b>					
1.	Ashley Huffman (MON)	5.79 m	10	1.	Sara Tasber (SHU)	2:15.20	10	1.	Kaitlyn Gwyther (QUIN)	4:37.46	10
2.	Roseann Hamilton (FDU)	5.78	8	2.	Jaimie Smith (LIU)	2:17.91	8	2.	Whitney Schnarr (SFPA)	4:43.24	8
3.	Tisifenee Taylor (MON)	5.50	6	3.	Temi Akojie (LIU)	2:19.95	6	3.	Michelle Rafeedie (MSM)	4:45.05	6
4.	N'Kelle Anderson (LIU)	5.49	5	4.	Joanna Perez (QUIN)	2:22.88	5	4.	Kaitlin Clark (SHU)	4:51.91	5
5.	Frances Bundy (SHU)	5.30	4	5.	Danielle Neukirch (MON)	2:25.27	4	5.	Kristin Wallace (MON)	4:55.50	4
6.	Melissa Wakeman (SHU)	5.29	3	6.	Julianne Foito (QUIN)	2:27.87	3	6.	Ashley Hill (CCSU)	4:58.72	3
7.	Nicole Armfield (SFPA)	5.27	2	7.	Shayla Wallace (LIU)	2:30.74	2	7.	Katrina Alexander (MON)	5:05.89	2
8.	Suzanne Montecalvo (RMU)	5.26	1	8.	Naderia Monteith (FDU)	2:44.18	1	8.	Maris Reutzel (WAG)	5:06.73	1
<b>Triple Jump</b>			<b>3000 Steeplechase</b>			<b>5000 Meters</b>					
1.	Nicole Armfield (SFPA)	11.93 m	10	1.	Katie Wrinkle (SHU)	11:05.13	10	1.	Katie Wrinkle (SHU)	18:04.75	10
2.	Dionne Williams (LIU)	11.58	8	2.	Elizabeth Kaba (WAG)	11:48.29	8	2.	Taryn Gibson (SFPA)	18:19.80	8
3.	Brittany Humphress (RMU)	11.44	6	3.	Kathleen Duffy (SHU)	11:59.76	6	3.	Kristin Wallace (MON)	18:29.85	6
4.	Andreen Francis (SFNY)	11.34	5	4.	Erin Vaccaro (MON)	12:10.78	5	4.	Katrina Alexander (MON)	18:39.30	5
5.	Jessica Bindyke (RMU)	11.25	4	5.	Erin Roche (SHU)	12:32.17	4	5.	Suzanne Neglia (SHU)	18:40.35	4
6.	Kristen Risch (WAG)	11.15	3	6.	Danielle Green (QUIN)	12:46.33	3	6.	Carolyn Robin (QUIN)	18:45.06	3
7.	Anna Kalema (MSM)	11.10	2	7.	Katelyn Botsford (SHU)	12:49.98	2	7.	Whitney Schnarr (SFPA)	18:50.77	2
8.	N'Kelle Anderson (LIU)	11.08	1	8.	Ann Duffy (SHU)	13:21.69	1	8.	Brittany McCann (MSM)	18:57.66	1
<b>High Jump</b>			<b>10,000 Meters</b>			<b>10,000 Meters</b>					
1.	Ashley Huffman (MON)	1.70 m	10	1.	Carolyn Robin (QUIN)	39:22.54	10	1.	Carolyn Robin (QUIN)	39:22.54	10
2.	Kim Duke (SFPA)	1.65	7	2.	Taryn Gibson (SFPA)	39:35.65	8	2.	Taryn Gibson (SFPA)	39:35.65	8
	Erica Frazee (RMU)	1.65	7	3.	Suzanne Neglia (SHU)	39:47.00	6	3.	Suzanne Neglia (SHU)	39:47.00	6
4.	Lindsey Stefan (SFPA)	1.65	5	4.	Sarah Defreitas (QUIN)	40:02.93	5	4.	Sarah Defreitas (QUIN)	40:02.93	5
5.	Tiffany Alford (WAG)	1.60	4	5.	Janna Pisani (SHU)	40:59.33	4	5.	Janna Pisani (SHU)	40:59.33	4
6.	Michelle Roth (RMU)	1.60	3	6.	Christin Mullen (SFNY)	41:24.13	3	6.	Christin Mullen (SFNY)	41:24.13	3
7.	Latoya Morton (MON)	1.60	2	7.	Erin Guinther (MON)	41:24.78	2	7.	Erin Guinther (MON)	41:24.78	2
8.	Anna Kalema (MSM)	1.50	1	8.	Alicia Welsh (WAG)	41:54.66	1	8.	Alicia Welsh (WAG)	41:54.66	1

# Women's Outdoor Track & Field

## ALL-TIME CHAMPIONSHIP RESULTS

2005 Championship (May 7-8, 2005) Emmitsburg, MD

<b>Shot Put</b>			<b>100 Meters</b>			<b>5000 Meters</b>		
	<b>Distance</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>
1. Diane Gmiter (SFPA)	13.71m	10	1. Aisha Thomas (LIU)	11.66	10	1. Katina Alexander (MON)	17:47.25	10
2. Nicole Downing (RMU)	13.67	8	2. Kora Hardy (SFPA)	11.89	8	2. Sophy Yapsabila (FDU)	18:08.43	8
3. Lisa Morse (SFPA)	13.49	6	3. Roseann Hamilton (FDU)	11.91	6	3. Whitney Schnarr (SFPA)	18:13.78	6
4. Katie Fisher (RMU)	13.39	5	4. Shannon Norris (MSM)	12.02	5	4. Cristin Mullen (SFNY)	18:18.35	5
5. Nina Victorin (MSM)	12.91	4	5. N'kelle Anderson (LIU)	12.09	4	5. Kim Najem (MSM)	18:30.43	4
6. Brianne Carmichael (FDU)	12.66	3	6. Angie Jones (MSM)	12.30	3	6. Krisitin Wallace (MON)	18:33.56	3
7. Megan Sommers (SFPA)	12.66	2	7. Renay McPherson (FDU)	12.38	2	7. Kathleen Duffy (SHU)	18:39.56	2
8. Balkis Bernard (SHU)	12.65	1	8. Britini Smallwood (SFPA)	12.43	1	8. Caitlin Brady (QU)	19:00.48	1
<b>Discus</b>			<b>100 High Hurdles</b>			<b>10,000 Meters</b>		
	<b>Distance</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>
1. Christina Roadman (RMU)	46.08m	10	1. Shannon Norris (MSM)	14.22	10	1. Sophy Yapsabila (FDU)	37:39.35	10
2. Lisa Morse (SFPA)	44.26	8	2. Zekara Riggsbee (MON)	14.25	8	2. Krisitin Wallace (MON)	38:01.68	8
3. Courtney Lenart (RMU)	43.35	6	3. Laura Jezek (MSM)	14.27	6	3. Cristin Mullen (SFNY)	38:03.80	6
4. Christine Yakubec (SHU)	42.55	5	4. Denise Tetkowski (MSM)	14.57	5	4. Shannon Kovack (SFPA)	38:58.04	5
5. Kayla Herron (SFPA)	42.26	4	5. Brittany DeMudd (RMU)	14.96	4	5. Kim Najem (MSM)	39:08.66	4
6. Stephanie Eder (WAG)	40.90	3	6. Shaleeha Potts (SFPA)	14.97	3	6. Jenna Pisani (SHU)	39:19.83	3
7. Jenna Brian (SFPA)	40.29	2	7. Brittany Humphress (RMU)	15.25	2	7. Susan Ashe (QU)	39:34.24	2
8. Katie Pachuta (MON)	40.15	1	<b>200 Meters</b>				<b>Time</b>	<b>Pts.</b>
<b>Javelin</b>				<b>Time</b>	<b>Pts.</b>	<b>4x100 Meters</b>		
	<b>Distance</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>
1. Courtney Lenart (RMU)	46.14m	10	1. Aisha Thomas (LIU)	23.79	10	1. Mount St. Mary's	47.34	10
2. Nicole Downing (RMU)	43.43	8	2. Renay McPherson (FDU)	24.23	8	2. Long Island	47.68	8
3. Stephanie Kuhn (RMU)	41.88	6	3. Suraya Kornegay (MON)	24.26	6	3. Fairleigh Dickinson	47.90	6
4. Tiffany Hahn (MON)	41.07	5	4. Kora Hardy (SFPA)	24.67	5	4. Monmouth	48.44	5
5. Gwendolyn Moore (WAG)	40.91	4	5. Shannon Norris (MSM)	24.97	4	5. Saint Francis (PA)	48.92	4
6. Christina Roadman (RMU)	40.53	3	6. Melisa Chery (FDU)	25.40	3	6. Robert Morris	49.56	3
7. Jamie Kilis (SHU)	39.92	2	7. Roseann Hamilton (FDU)	25.45	2	7. Sacred Heart	50.18	2
8. Bridgid Thies (MON)	38.25	1	8. Reannah Lewis (SFNY)	25.93	1	8. Wagner	50.78	1
<b>Hammer Throw</b>			<b>400 Meters</b>			<b>4x400 Meters</b>		
	<b>Distance</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>
1. Nicole Downing (RMU)	55.79m	10	1. Renay McPherson (FDU)	55.03	10	1. Monmouth	3:47.72	10
2. Katie Pachuta (MON)	49.98	8	2. Suraya Kornegay (MON)	55.17	8	2. Long Island	3:50.55	8
3. Megan Sommers (SFPA)	48.70	6	3. Toria Williams (MON)	56.75	6	3. Mount St. Mary's	3:52.80	6
4. Katie Fisher (RMU)	48.49	5	4. Janel McFarlane (LIU)	57.48	5	4. Fairleigh Dickinson	3:55.41	5
5. Kayla Herron (SFPA)	46.85	4	5. Crystal Strachan (LIU)	58.54	4	5. St. Francis (NY)	3:57.42	4
6. Amanda Klingensmith (SFPA)	46.72	3	6. Crista Strachan (LIU)	58.65	3	6. Robert Morris	3:59.39	3
7. Christine Yakubec (SHU)	45.07	2	7. Sara Ann Brown (MSM)	58.93	2	7. Sacred Heart	4:04.18	2
8. Diane Gmiter (SFPA)	45.07	1	8. Melisa Chery (FDU)	59.22	1	8. Wagner	4:04.27	1
<b>Pole Vault</b>			<b>400 Int. Hurdles</b>			<b>4x800 Meters</b>		
	<b>Height</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>
1. Mandy Jenkins (MSM)	3.60m	10	1. N'kelle Anderson (LIU)	1:01.09&	10	1. Sacred Heart	9:32.03	10
2. Darcy Thompson (RMU)	3.30	8	2. Nicole Dumpson (CCSU)	1:01.98&	8	2. Robert Morris	9:34.70	8
3. Brittany Crum (SFPA)	3.20	6	3. Frances Bundy (SHU)	1:02.78	6	3. Quinnipiac	9:37.17	6
4. Kayla Miller (MSM)	3.20	5	4. Latasha Dickson (MON)	1:03.51	5	4. Long Island	9:40.21	5
5. Brianne Hudak (SHU)	2.90	4	5. Morgan Gant (LIU)	1:04.77	4	5. Monmouth	9:43.49	4
6. Coleen McLaughlin (RMU)	2.90	3	6. Shanequa Warren (LIU)	1:05.07	3	6. St. Francis (NY)	9:50.53	3
7. Melissa Isolda (MON)	2.75	2	7. Corina Campbell (RMU)	1:05.70	2	7. Wagner	9:51.96	2
8. Nikki Zwartjes (MON)	2.75	1	8. Lauren Torelli (MON)	1:06.66	1	8. Fairleigh Dickinson	9:59.87	1
<b>Long Jump</b>			<b>800 Meters</b>			<b>1500 Meters</b>		
	<b>Distance</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>
1. Ashley Huffman (MON)	6.15m	10	1. Erika Jacobs (SFPA)	2:11.73	10	1. Kaitlyn Gwyther (QU)	4:36.82	10
2. Roseann Hamilton (FDU)	5.99	8	2. Whitney Schnarr (SFPA)	2:14.45	8	2. Whitney Schnarr (SFPA)	4:47.58	8
3. Tisifenee Taylor (MON)	5.98	6	3. Valerie Mellon (SFNY)	2:16.66	6	3. Erika Jacobs (SFPA)	4:47.75	6
4. Denise Tetkowski (MSM)	5.80	5	4. Jaimie Smith (LIU)	2:17.08	5	4. Jenna Nechamen (QU)	4:48.64	5
5. N'kelle Anderson (LIU)	5.73	4	5. Danielle LaPresta (RMU)	2:18.29	4	5. Antonia Artise (SFPA)	4:50.39	4
6. Frances Bundy (SHU)	5.54	3	6. Temi Akojie (LIU)	2:19.59	3	6. Caitlin Brady (QU)	4:52.03	3
7. Angie Jones (MSM)	5.52	2	7. Erin O'Connell (QU)	2:20.68	2	7. Nicole Carter (RMU)	4:53.64	2
8. Joanne Shia (MON)	5.49	1	8. Kayla Miller (MSM)	2:27.77	1	8. Kaitlin Clark (SHU)	4:54.04	1
<b>Triple Jump</b>			<b>3000 Steeplechase</b>					
	<b>Distance</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>
1. Brittany Humphress (RMU)	11.65m	10	1. Bridget Campbell (SFPA)	11:01.84	10	1. Linda Dolansky (SFPA)	1.64m	10
2. Angie Jones (MSM)	11.40	8	2. Kathleen Duffy (SHU)	11:03.46	8	2. Jamie Kilis (SHU)	1.61	8
3. Taneisha Cantave (SHU)	11.32	6	3. Elizabeth Kaba (WAG)	11:27.71	6	3. Ericka Frazee (RMU)	1.61	6
4. Lauren Torelli (MON)	11.06	5	4. Jillian Zita (SFNY)	12:11.67	5	4. Corey Lindley (CCSU)	1.58	4.5
5. Kristen Risch (WAG)	11.04	4	5. Kristen Bork (SFPA)	12:19.96	4	5. Tiffany Alford (WAG)	1.58	4.5
6. Jessica Bindyke (RMU)	10.80	3	6. Danielle Green (QU)	12:26.09	3	6. Latoya Morton (MON)	1.58	3
7. N'kelle Anderson (LIU)	10.79	2	7. Kathryn O'Connor (SHU)	12:30.58	2	7. Ashley Huffman (MON)	1.55	2
8. Alicia Browne (SFNY)	10.78	1	8. Abbey Gosling (QU)	12:41.80	1	8. Cari Christenson (CCSU)	1.55	1
<b>High Jump</b>								
	<b>Height</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>		<b>Time</b>	<b>Pts.</b>

# Women's Outdoor Track & Field



## ALL-TIME CHAMPIONSHIP RESULTS

### 2006 Championship (May 6-7, 2006) Emmitsburg, MD

<b>Shot Put</b>			<b>Distance</b>			<b>Pts.</b>								
1.	Nina Victorin (MSM)	15.06m	10	<b>100 Meters</b>			<b>Time</b>							
2.	Lisa Morse (SFPA)	14.79	8	1.	Aisha Thomas (LIU)	12.13	10	<b>Pts.</b>						
3.	Diane Gmitter (SFPA)	14.53	6	2.	Tavia Burke (LIU)	12.28	8	<b>5000 Meters</b>						
4.	Marsha Locke (SHU)	14.04	5	3.	Shannon Norris (MSM)	12.58	6	1.	Kaitlyn Gwyther (QU)	16:33.09	10			
5.	Katie Fisher (RMU)	13.17	4	4.	Kora Hardy (SFPA)	12.61	5	2.	Taryn Gibson (SFPA)	17:21.59	8			
6.	Megan Sommers (SFPA)	12.91	3	5.	Roseann Hamilton (FDU)	12.62	4	3.	Whitney Schnarr (SFPA)	17:35.79	6			
7.	Jamie Kilis (SHU)	12.81	2	6.	Angie Jones (MSM)	12.76	3	4.	Katina Alexander (MON)	17:40.83	5			
8.	Tara Maxwell (RMU)	12.20	1	7.	Chioma Ukpai (LIU)	12.85	2	5.	Brittany McCann (MSM)	18:01.99	4			
<b>Discus</b>			<b>Distance</b>			<b>Pts.</b>			<b>Time</b>					
1.	Nina Victorin (MSM)	45.67m	10	<b>100 High Hurdles</b>			<b>Time</b>			<b>Pts.</b>				
2.	Lisa Morse (SFPA)	43.22	8	1.	Shannon Norris (MSM)	14.32	10	<b>10,000 Meters</b>			<b>Time</b>			
3.	Christina Roadman (RMU)	42.81	6	2.	Chioma Ukpai (LIU)	14.36	8	1.	Katina Alexander (MON)	36:47.68	10			
4.	Stephanie Eder (WAG)	39.74	5	3.	Tavia Burke (LIU)	14.60	6	2.	Kathleen Henry (SHU)	37:29.33	8			
5.	Jamie Kilis (SHU)	39.63	4	4.	Corina Campbell (RMU)	14.67	5	3.	Taryn Gibson (SFPA)	37:51.86	6			
6.	Crystal Smith (WAG)	38.36	3	5.	Jordhanna White (RMU)	14.80	4	4.	Cristin Mullen (SFNY)	39:09.82	5			
7.	Tara Maxwell (RMU)	37.64	2	6.	Brittany Humphress (RMU)	14.98	3	5.	Susan Ashe (QU)	39:27.44	4			
8.	Leeja Carter (FDU)	37.36	1	7.	Alaina Alfano (WAG)	15.06	2	6.	Sarah Defreitas (QU)	39:29.74	3			
<b>Javelin</b>			<b>Distance</b>			<b>Pts.</b>			<b>Time</b>			<b>Pts.</b>		
1.	Stephanie Kuhn (RMU)	45.74m	10	<b>200 Meters</b>			<b>Time</b>			<b>Pts.</b>				
2.	Diane Gmitter (SFPA)	39.89	8	1.	Aisha Thomas (LIU)	24.49	10	<b>4x100 Meters</b>			<b>Time</b>			
3.	Christina Roadman (RMU)	39.37	6	2.	Tavia Burke (LIU)	24.99	8	1.	Long Island	47.06	10			
4.	Rachel Ferdinand (MON)	39.35	5	3.	Kora Hardy (SFPA)	25.12	6	2.	Fairleigh Dickinson	48.23	8			
5.	Brigid Thies (MON)	39.03	4	4.	Shannon Norris (MSM)	25.22	5	3.	Mount St. Mary's	48.30	6			
6.	Tiffany Hahn (MON)	38.78	3	5.	Toria Williams (MON)	25.25	4	4.	Wagner	49.36	5			
7.	Jamie Kilis (SHU)	38.16	2	6.	Eva Terry (LIU)	25.83	3	5.	St. Francis (NY)	49.37	4			
8.	Gwendolyn Moore (WAG)	36.83	1	7.	Brittini Smallwood (SFPA)	26.07	2	6.	Robert Morris	50.00	3			
<b>Hammer Throw</b>			<b>Distance</b>			<b>Pts.</b>			<b>Time</b>			<b>Pts.</b>		
1.	Amanda Klingsmith (SFPA)	52.39m	10	<b>400 Meters</b>			<b>Time</b>			<b>Pts.</b>				
2.	Katie Fisher (RMU)	51.23	8	1.	Toria Williams (MON)	55.84	10	<b>4x400 Meters</b>			<b>Time</b>			
3.	Megan Sommers (SFPA)	50.29	6	2.	Latasha Dickson (MON)	56.34	8	1.	Long Island	3:46.48	10			
4.	Diane Gmitter (SFPA)	48.42	5	3.	Illiana Blackshear (MON)	57.63	6	2.	Monmouth	3:47.15	8			
5.	Lenahdem Tankeng (SHU)	44.54	4	4.	Crystal Strachan (LIU)	58.04	5	3.	Fairleigh Dickinson	3:54.98	6			
6.	Jenna Brian (SFPA)	44.18	3	5.	Melissa Chery (FDU)	58.16	4	4.	St. Francis (NY)	3:47.53	5			
7.	Tara Maxwell (RMU)	44.07	2	6.	Eva Terry (LIU)	58.40	3	5.	Robert Morris	3:59.06	4			
8.	Sarah Klemic (MSM)	40.27	1	7.	Janel McFarlane (LIU)	59.03	2	6.	Sacred Heart	3:59.44	3			
<b>Pole Vault</b>			<b>Height</b>			<b>Pts.</b>			<b>Time</b>			<b>Pts.</b>		
1.	Mandy Jenkins (MSM)	3.70m	10	<b>400 Int. Hurdles</b>			<b>Time</b>			<b>Pts.</b>				
2.	Nikki Zwartjes (MON)	3.40	8	1.	Latasha Dickson (MON)	1:01.82	10	<b>4x800 Meters</b>			<b>Time</b>			
3.	Christine Fatale (MON)	3.20	6	2.	Shanequa Warren (LIU)	1:02.72	8	1.	Long Island	9:22.97	10			
4.	Brittany Crum (SFPA)	3.20	5	3.	Qiana Smith (LIU)	1:03.33	6	2.	Quinnipiac	9:31.81	8			
5.	Brianne Hudak (SHU)	3.10	4	4.	Melissa Koston (SHU)	1:04.27	5	3.	Saint Francis (PA)	9:36.59	6			
6.	Laura Myers (MON)	3.10	3	5.	Morgan Gantt (LIU)	1:05.22	4	4.	Sacred Heart	9:37.65	5			
7.	Dana Collins (MSM)	3.00	2	6.	Crista Strachan (LIU)	1:05.03	3	5.	Central Connecticut State	9:39.04	4			
8.	Melissa Isolda (MON)	2.75	1	7.	Corina Campbell (RMU)	1:06.66	2	6.	Wagner	9:40.89	3			
<b>Long Jump</b>			<b>Distance</b>			<b>Pts.</b>			<b>Time</b>			<b>Pts.</b>		
1.	Roseann Hamilton (FDU)	5.91m	10	<b>800 Meters</b>			<b>Time</b>			<b>Pts.</b>				
2.	Alaina Alfano (WAG)	5.89	8	1.	Jaimie Smith (LIU)	2:13.39	10	<b>1500 Meters</b>			<b>Time</b>			
3.	Tisifenee Taylor (MON)	5.77	6	2.	Whitney Schnarr (SFPA)	2:13.89	8	1.	Kaitlyn Gwyther (QU)	4:33.22	10			
4.	Angie Jones (MSM)	5.40	5	3.	Erin O'Connell (QU)	2:14.49	6	2.	Whitney Schnarr (SFPA)	4:42.12	8			
5.	Joanne Shia (MON)	5.39	4	4.	Leslie Conley (LIU)	2:17.97	5	3.	Erika Jacobs (SFPA)	4:42.50	6			
6.	Brittany Humphress (RMU)	5.37	3	5.	Temi Akojie (LIU)	2:18.19	4	4.	Brittany McCann (MSM)	4:43.77	5			
7.	Andreen Francis (SFNY)	5.32	2	6.	Fachara Jajoute (SFNY)	2:24.32	3	5.	Caitlin Brady (QU)	4:47.65	4			
8.	Heather Patton (LIU)	5.24	1	7.	Shayla Wallace (LIU)	2:26.12	2	6.	Antonia Artise (SFPA)	4:48.72	3			
<b>Triple Jump</b>			<b>Distance</b>			<b>Pts.</b>			<b>Time</b>			<b>Pts.</b>		
1.	Brittany Humphress (RMU)	11.95m	10	<b>3000 Steeplechase</b>			<b>Time</b>			<b>Pts.</b>				
2.	Andreen Francis (SFNY)	11.89	8	1.	Kathleen Duffy (SHU)	11:00.83	10	<b>10,000 Meters</b>			<b>Time</b>			
3.	Jordhanna White (RMU)	11.43	6	2.	Heather Hoffman (QU)	11:29.92	8	1.	Katina Alexander (MON)	36:47.68	10			
4.	Suzanne Montecalvo (RMU)	11.42	5	3.	Ryan Rogers (WAG)	11:32.59	6	2.	Kathleen Henry (SHU)	37:29.33	8			
5.	Angie Jones (MSM)	11.37	4	4.	Abbey Gosling (QU)	11:37.18	5	3.	Taryn Gibson (SFPA)	37:51.86	6			
6.	Jill Albee (SFPA)	11.37	3	5.	Bridget Campbell (SFPA)	11:39.02	4	4.	Cristin Mullen (SFNY)	39:09.82	5			
7.	Heather Patton (LIU)	11.18	2	6.	Teresa Gibbons (MSM)	11:45.83	3	5.	Susan Ashe (QU)	39:27.44	4			
8.	Faith Clyburn (FDU)	10.95	1	7.	Danielle Green (QU)	11:58.19	2	6.	Sarah Defreitas (QU)	39:29.74	3			
<b>High Jump</b>			<b>Height</b>			<b>Pts.</b>			<b>Time</b>			<b>Pts.</b>		
1.	Erica Frazee (RMU)	1.64m	10	<b>5000 Meters</b>			<b>Time</b>			<b>Pts.</b>				
2.	Jamie Kilis (SHU)	1.64	8	1.	Kaitlyn Gwyther (QU)	16:33.09	10	<b>10,000 Meters</b>			<b>Time</b>			
3.	Latasha Leake (MON)	1.61	6	2.	Taryn Gibson (SFPA)	17:21.59	8	1.	Katina Alexander (MON)	36:47.68	10			
4.	Alaina Alfano (WAG)	1.58	4.5	3.	Whitney Schnarr (SFPA)	17:35.79	6	2.	Kathleen Henry (SHU)	37:29.33	8			
5.	Heather Patton (LIU)	1.58	4.5	4.	Katina Alexander (MON)	17:40.83	5	3.	Taryn Gibson (SFPA)	37:51.86	6			
6.	Tiffany Alford (WAG)	1.58	2.5	5.	Brittany McCann (MSM)	18:01.99	4	4.	Cristin Mullen (SFNY)	39:09.82	5			
7.	Brianne Hudak (SHU)	1.58	2.5	6.	Kathleen Henry (SHU)	18:06.07	3	5.	Susan Ashe (QU)	39:27.44	4			
8.	Linda Dolansky (SFPA)	1.58	1	7.	Kathleen Duffy (SHU)	18:19.33	2	6.	Sarah Defreitas (QU)	39:29.74	3			
									<b>Time</b>			<b>Pts.</b>		
									18:25.16			1		